

## **HEALTH & WELLNESS COMMITTEE**

Ela Town Hall 1155 E. Route 22, Lake Zurich  
Friday, December 9, 2022, 8:30 A.M.

### **MEETING MINUTES** Approved January 5, 2023

1. Call to Order: Trustee Wilhoit called the December 9, 2022 Health & Wellness Committee meeting to order at 8:34 A.M.
2. Roll Call: Present were Supervisor Palmblad via Zoom, Trustee Wilhoit, Trustee Sikes, Township Manager Marciniak, and Health & Wellness Director Marx.
3. Groups: Concluded for now with Melanie on leave. Caregivers support group may start as virtual in January- Betsy will take the lead. Parents/ Women's group may start in January, once a month – Sara will lead. Grief group signups in March, estimating April to begin – Melanie to lead.
4. Events: Finished Shop with a Cop that went well this week. Will host a table at Liberty Lakes "Get to Know You" on December 21. Sara will be joining the chaplain program with the LZ Police and Fire departments. Meeting next week with LZ Police and Lake County mobile crisis unit to see what they offer.
5. Staffing: Good on staffing. Melanie is on leave through March, clients have been reassigned. There has been higher number of referrals and calls. The superintendent of CUSD 95 mentioned at the LZACC board meeting that fighting is up at schools. Director Marx is aware. Betsy & Michelle have achieved 90 days. Ordered business cards and postcards through Jumbo Postcard.
6. Monthly Statistics & Trends: The department is seeing a lot more youth clients, they think because parents are watching kids closer. Schools are doing a mini-psych screening and referring many kids to H&W.
7. New Business: Intergovernmental agreements- new contact for Hawthorn Woods, Deputy Chief, Sarah Canada. Sara will reach out to her for interest in agreement. People call with donating hospital beds – try to find a place to store.
8. Old Business- Lending closet- not taking donations right now. EA – Betsy is very good with case management. Sara created a Standard Operating Procedure for EA with a checklist for everyone in the office. Looking for someone to make and deliver hot meals to seniors on Christmas Day. Boxes of meal items left over from Thanksgiving will be used with those for people who can cook for themselves.
9. Set Date for Next Health & Wellness Committee Meeting: Friday, February 3, 2023 at 8:30 A.M.
10. Adjournment: Trustee Wilhoit adjourned the meeting at 8:59 A.M.

*Respectively submitted by: Trustee Laurie M. Wilhoit*

Ela Township, December 9, 2022