

## **HEALTH & WELLNESS COMMITTEE MEETING**

Ela Town Hall 1155 E. Route 22, Lake Zurich  
Friday, February 3, 2023 8:30 A.M.

### **MEETING MINUTES**

Approved March 9, 2023

1. Call to Order: Trustee Wilhoit called the February 3, 2023 Health & Wellness Committee meeting to order at 10:02 a.m.
2. Roll Call: Present were Supervisor Palmblad, Trustee Wilhoit, Trustee Sikes, Township Manager Marciniak, and Director Marx.
3. Groups: Pushing for Caregivers Support group- a lot of interest, but no one will commit. They are going to Community Center, local rehab, assisted living, and library to promote and gain interest. Betsy would be running it.
4. Events: Betsy is hosting a dementia training for AITCOY. Dementia training is needed for professional licensure renewal. CPR class with LZ Fire Department 2/11, 3 classes, and Self Defense class in April by Hawthorn Woods Police Department. Interagency meeting -Director Marx attended with school staff and police. Trying to work on relationship with school and police, a lot of vaping and fighting. Next meeting February 17<sup>th</sup>.
5. Staffing: Melanie will return next Wednesday, 2/8. There is currently not a work from home policy. The board should look at parameters. Melanie will have 8 days WFH to transition to full-time in person. Work from home protocol: Director Marx will share with Ted the policies that she helped create in her last job.
6. Monthly Statistics & Trends: Director Marx shared diagrams with numbers that were helpful to see trends.
7. New Business – Hawthorn Woods should sign IGA in February. Director Marx to meet with Cherry Hill Counseling to see how they can work together. Ela can refer patients requiring long-term and specialty needs. Director Marx was able to get a non-profit version of Canva for design which saved money. Received a donation from Walgreens for shower chairs, bed rail, and rollators. How do we connect hospital beds and people need them. Director Marx to contact Good Shepherd.
8. Old Business: Officer Lonski new officer at school, creating a new program when caught vaping – restorative justice type program possibly. Director Marx meeting with her next week to discuss. Brochures came in and look great and under budget. They are located downstairs and EA upstairs as well. Some at Police departments. Getting Betsy a new chair- in budget. One EA case given to Gloria to review.
9. Set Date for Next Health & Wellness Committee Meeting: April 7, 2023 at 8:30 a.m.
10. Adjournment: Trustee Wilhoit adjourned the meeting at 10:30 a.m.

Respectfully submitted: Trustee Wilhoit