

HEALTH & WELLNESS COMMITTEE MEETING

Ela Town Hall 1155 E. Route 22, Lake Zurich

Friday, April 7, 2023 8:30 A.M.

MINUTES

Approved May 11, 2023

1. Call to Order: 8:35am
2. Roll Call: Trustee Wilhoit, Director Marx, Administrator Marciniak, Supervisor Palmblad, Trustee Sikes
3. Groups: Director Marx reached out to nursing homes, assisted living facilities to present the residents and families information about self-care, groups programs available. Charity Knit, anniversary party May 8th at 6pm. Ela Township is purchasing food for this meeting. Director Marx is updating the website with their blog. They meet the 2nd and 4th Mondays in person at township offices. Sara will talk to AA to see if they would be on the Ela website.
4. Events: NARCAN training for 4/28 at 11:30am, Sara submitted a flyer to Gloria and Ted. May 25th at 1pm a dementia training by Betsy with AITCOY for anyone who is interested, for counselors and professionals working with youth. Summer Olympics will not be happening due to lack of participation/ commitment from other townships. Sara has been talking with Chief Balinski about an active shooter training for Ela Township staff.
5. Lending Closet: It is full, we must stop accepting donations, except knee scooters. Director Marx's team is hoping to organize in early May, will need the boardroom to store items while cleaning.
6. Staffing: no updates.
7. Monthly Stats and Trends: Therapy is the number one reason people are coming and most referrals are from Lake Zurich. A lot of referrals from police departments, recently about evictions and house instability. Working with homeless, PADS for homeless people. There has been an increase in male referrals.
8. New Business: State Representative Nabeela Syed's office reached out for flyers and Director Marx delivered. Director Marx wrote articles for Perspectives Magazine, (TOI publication), for the May and June editions. EA- Liberty Lakes has their own rental forgiveness program through their company, Full Circle. There has been a decrease in applications. Betsy is attending the annual GA meeting in East Peoria on April 28th. She will be attending the EA/GA (GATI) training in Rockford as well. Director Marx is trying to attend the Farmer's Markets in the area this summer to be present and make public aware of services. The team will begin to track referrals given out by staff.
9. Old Business: IGA with Hawthorn Woods is signed and waiting for Ela's Signature. Hospital Beds- Highland Park Senior Center and Habitat For Humanity sometimes take hospital beds.
10. Next Meeting May 26th in 8:30am.
11. Adjournment: 9:07 A.M.

Respectfully submitted by Trustee Wilhoit, 4/7/23