

HEALTH & WELLNESS COMMITTEE MEETING

Ela Town Hall 1155 E. Route 22, Lake Zurich
Friday, May 26, 2023, 8:30 A.M.

MEETING MINUTES

Approved June 8, 2023

1. Call to Order: 8:30am
2. Roll Call: Supervisor Palmblad, Administrator Marciniak, Trustee Wilhoit, Trustee Sikes, Director Marx
3. Groups: Charity Knit going strong: anniversary party earlier this month, more autonomous. Starting a Grief Group in June, meet once a week for 8 sessions. Will talk to attendees and verify what they want (time/ dates). Caregivers Support Group started but is morphing into individual sessions.
4. Events: Yesterday hosted a successful dementia training program by Betsy. There were 12 attendees including AITCOY.
5. Lending Closet: began accepting donations needing things with wheels – wheelchairs and knee scooters. July 17th is scheduled to clean out an organize, highway removed old and broken things.
6. Staffing- no staffing issues.
7. Monthly Statistics & Trends: there have been more crisis calls from police and residents inquiring for resources for non-citizens. The department is seeing a total of 60 people this month. They see people, on average 8 weeks- sometimes less, sometimes more, if there are openings, they keep them. A lot of people drop off in the summer. People are coming here because waiting lists are long in other areas.
8. New Business
 - a. Active Shooter Training at Town Hall July 7, 2023 @8:30am, tentative dates for Community center 7.14 or 7.21 and Highway 8.4 – waiting on confirmation from kildeer.
 - b. Ela Coalition- on summer break
 - c. Interagency meetings – taking a summer break (usually works with school schedules)
 - d. Decrease in EA requests, maybe because the residents at Liberty Lakes are using their own program?
 - e. Fixed lending closet brochures with a sticker
 - f. Working the Police Departments on a restorative justice – working with people with community service / counseling and community services instead of fines.
 - g. Promoting current trends with Wellness Wednesdays on Facebook – targeting parents
 - h. Issues in the restrooms downstairs, may need to contact plumber
9. Old Business - none
10. Set Date for Next Health & Wellness Committee Meeting: Friday, August 4th, 8:30am
11. Adjournment: 8:55am

Respectfully submitted by Trustee Wilhoit, 5/31/2023