



Supervisor's Office
Gloria M. Palmblad

Town Hall: 1155 East Route 22 • Lake Zurich, IL 60047
Phone: 847-438-7823 **Fax:** (847)438-9269
E-Mail: info@elatownship.org

HEALTH & WELLNESS COMMITTEE MEETING

Ela Town Hall 1155 E. Route 22, Lake Zurich
Friday, August 4, 2023, 8:30 A.M.

MEETING MINUTES – Approved August 10, 2023

1. Call to Order: Trustee Samz called the August 4, 2023, Health & Wellness Committee meeting to order at 8:41 a.m.
2. Roll Call: Present were Supervisor Palmblad, Township Manager Marciniak, Trustee Samz, Trustee Ufodike, and Director Marx.

Since committee members were attending their first meeting, Director Marx gave an overview of the entire department and all they do to help the community.
3. Groups:
 - a. Care Giver Support Group starting in August - will be led by Betsy.
 - b. Grief Support Group will start in fall and will again be led by Melanie.
4. Events: Will have table at community center event 9/17/23.
5. Lending Closet: In need of ramps, otherwise in good shape.
6. Staffing: No staffing issues.
7. Monthly Statistics & Trends: Second quarter year to year comparison by service reason generally comparable. Seeing approximately 250 people per month and 230 phone calls per month.
8. New Business: Preparing for school starting soon and an increase in seeing students. Staff is also beginning to plan for the upcoming holidays.
9. Old Business: None
10. Set Date for Next Health & Wellness Committee Meeting: Friday, November 17, 2023 at 8:30 a.m.
11. Adjournment: 9:31 a.m.

Respectfully submitted by Trustee Samz 8/4/2023