

HEALTH & WELLNESS COMMITTEE MEETING

Ela Town Hall 1155 E. Route 22, Lake Zurich
Friday, November 17, 2023 8:30 A.M.

MEETING MINUTES

Approved December 14, 2023

1. Call to Order: Trustee Samz called the November 17, 2023 Health & Wellness committee meeting to order at 8:30 A.M.
2. Roll Call: Present were Supervisor Palmblad, Trustee Samz, Township Manager Marciniak, and Director Marx
3. Public Comment: None
4. Groups:
 - a. Grief Group, Last Tuesday of the month from 3-4:30pm. Well attended.
 - b. Charity Knit: going strong, donating a lot of things, connected them with KPD.
5. Events
 - a. Thanksgiving Meals from Jewel Osco and Blue Heron Cafe. Deadline to sign up for meals is 11/16.
 - i. Jewel Osco will provide a whole cooked turkey with sides (heat-n-serve) and H&W will deliver the box meals.
 - ii. Blue Heron will provide single serve meals (heat-n-eat) with sides and will deliver the meals.
 - b. Christmas Meals from Jewel Osco and DJ Bistro. Deadline to sign up for meals is 12/18.
 - i. Jewel Osco will provide a whole cooked ham with sides (heat-n-serve).
 - ii. DJ Bistro will provide single serve (heat-n-serve) meals with sides.
 - iii. The Health & Wellness team will deliver all the meals for Christmas.
 - c. Holiday Giving Tree for children ages 0-17 and senior citizens. Sign up ends 11/3.
 - i. Working with Messiah Lutheran Church and Kiddie Academy to host tree/ certain number of gifts.
 - ii. We plan on putting the gifts in the small conference room downstairs.
 - iii. Also looking for residents interested in adopting a kid or two...or three!
 - d. Shop with a Cop in partnership with LZPD. Exact date 11.29 from 5:30-7:30pm.
 - i. Limited space, for ages 8-13
 - e. CERT of South Lake County Mental Health Training at Vehe Barn scheduled for 11/14 from 7-10pm.
 - f. EA/GA Training to review new laws on 10.25
 - i. Webinar from Hanover, more training is needed.
6. Lending Closet:
 - a. Doing well at this time, no report.
 - b. Getting the word out more, stats indicate we are increasing the people that use it.
7. Staffing
 - a. May be losing Melanie to the VA for a better opportunity.
8. Monthly Statistics & Trends:

- a. 19 referrals so far this month, last year we had 17 total.
 - i. Seeing more villages represented, even people outside the community are reaching out.
 - ii. Doing better at using non-triggering language, more information over the phone, taking more time with them at a slower pace.
 - iii. Doing better at reaching more people outside LZ, can always do better.
9. New Business:
 - a. Working on updating the website to best represent the department. May not get to it until next year due to high demand in referrals, events, clients.
10. Old Business: None
11. Set Date for Next Health & Wellness Committee Meeting: February 16th at 8:30 AM
12. Adjournment: Trustee Samz adjourned the meeting at 9:35 A.M.

Respectfully Submitted: Township Manager Marciniak