




FAIRFAX RECREATION

classes -- community services -- events



FALL 2018

A close-up photograph of a hand holding a branch of blueberries and greenery. The hand is positioned in the upper right quadrant, with fingers gently gripping the stem. The blueberries are small, round, and have a dusty blue hue. The greenery consists of thin, needle-like leaves, possibly from a cedar or juniper tree. The background is softly blurred, showing hints of other people and foliage.

*No spring nor summer
beauty hath such grace
as I have seen in one
autumnal face.*

-- John Donne

FALL 2018

We did it again! We finished up a great summer and now turn to welcome in the change of season. Welcome and thank you for supporting Fairfax Recreation and learning about what we have to offer you this season in the pages ahead.

As we move into a new school year calendar it is exciting to mention a few events and programs that we will be focusing on and what we hope will bring support and enrichment to the community.

Resulting from the hard work of our Artist in Residence, Stephanie Mohan, and collaborative efforts with Fairfax Volunteer member, Georgia Gibbs, we will be hosting the 2nd annual Art Walk on September 28th from 5-8pm in downtown Fairfax.

We are partnering with Girls Leadership this fall to offer school aged girls a workshop with their parents on Nine Tools for True Friendship.

We are adding more classes to our Older Adults programming thanks to the support from Town Council and the Age Friendly Fairfax initiatives.

And, the Parks and Recreation Commission is making progress on the Peri Park renovations by working with well-known local playground designer, Richard Sloan, and a handful of community volunteers.

Have a season full of wonder & warmth ahead!

Anne, Camille and Maria

Anne Mannes, Camille Esposito, and Maria Baird
Town of Fairfax -- Recreation and Community Services Department
www.fairfaxrec.com

No family will be turned away for lack of funds. Please contact Anne Mannes directly if you need to make alternative payment arrangements.

The beautiful photos in this catalog thanks to : Stephanie Mohan & Jacquelyn Warner



FAMILY & COMMUNITY EVENTS

TOWN PICNIC ON THE BALLFIELD

Sunday, September 16th from 12-5pm

Annual town-wide picnic for all residents on the ballfield--food, games, and fun!
Come meet your neighbors!

ART WALK

Friday, September 28th 5-8pm
Downtown Fairfax

Come celebrate Fairfax's unique creative spirit. Artists, makers, musicians, and poets will be showcased by our vital local business community. Plus, join the scavenger hunt for a prize drawing. This event is family friendly and stamped with an "Only in Fairfax" approval rating.

A CHEESE & WINE TASTING WHODUNNIT

Friday, September 21st 7-8:30pm
Fairfax Women's Club - 46 Park Road

Enter a 1920's "Speak Cheesey" where you will enjoy an array of delicious cheeses paired with various sustainable and organic wines (along with plenty of accouterments). FTC will be your guide and will take you on a journey of the senses. Learn about cheese and wine while being entertained by the Fairfax Theatre Company. Enjoy an evening's educational and very tasty entertainment! Presented by the FTC, sponsored by Fairfax Recreation and Good Earth Natural Foods.

\$30/person. Adults 21 and over (ID required).

Proceeds will benefit the Fairfax Theater Company and Fairfax Parks and Recreation. Call 415-302-0659 or go to www.fairfaxrec.com for more details.



HALLOWEEN PARADE

Wednesday, October 31st 5pm
Downtown Fairfax

Arrive in costume. Meet at the movie theater, and walk down Broadway. Parade culminates at Bolinas Park, where children will be delighted with the “Haunted Grove”. Sponsored by the Fairfax Chamber of Commerce and Town of Fairfax Parks and Recreation Commission

PERI PARK CLEAN UP

Saturday, November 3rd 9am - 12noon

Come help us freshen up our beloved park, raking the sand, sprucing up the benches and fixing toys and play equipment. Please bring shovels, rakes and wheelbarrows (if you have them)!

FAIRFAX CRAFT FAIRE

Saturday, December 8th 11-5pm
The Pavilion

Come help set up or break down, bake something yummy for bake sale, help out at the Fairfax Recreation table or get a table and sell your creative wares or share one with a friend. 50% of proceeds will benefit Town of Fairfax Recreation.

HOLIDAY WREATH-MAKING AND CAROLING

Sunday, December 9th 2-5pm
Fairfax Women’s Club - 46 Park Road

Join us for a merry afternoon of holiday fun! Begin with a visit by Santa, who arrives by fire truck to greet all the awaiting children! Then, sit around the cozy fireplace where traditional carols will be sung! Visit the outdoor deck, for an opportunity to make a homemade wreath! Decorations & wreath rings will be provided. Finally, don’t forget to bring a delicious dish to share with your friends & family! Sponsored by the Fairfax Volunteers.



NEWBORN TO PRESCHOOL

Fairfax Moms

We are a local grassroots group for parents of young children. We offer a way for new parents to connect and establish meet ups or events via our Facebook group. New parenthood is an opportune time to invest in community and to build local networks. This program is run by volunteers.

Please plan on connecting and organizing via this platform:
www.facebook.com/groups/fairfaxmoms

You also can email fairfaxmoms@gmail.com to get connected.

New Moms and Babies Group

Birth through first year

Fairfax Community Center (next to Peri Park)

Tuesdays 11-12:30pm

Starts up again September 4 (ongoing fall, winter, spring offering)

Facilitator: Angela Pollock – Certified Lactation Counselor and Certified Birth and Postpartum Doula

FREE

Join us for an ongoing drop in group with an accepting and friendly tone. Our group offers a safe and supportive environment conducive to sharing about topics such as emotional and physical recovery after birth, expectations surrounding being a mother, changes in lifestyle and in relationships, finding support and trusting caregivers, life balance and sleep, navigating medical care, child development, play and temperament, among other topics and issues. It is a time to get out, meet other new moms and dads and talk about whatever is on your mind surrounding parenting. This is a participant led group; please suggest speakers and/or topics of interest.

Bring your baby - feel free to feed, change and let baby talk or fuss.



Community Music Class

0-4 years old
 Fairfax Women's Club at 46 Park Road
 Mondays at 10-10:45am
 Starts September 10 (ongoing class- takes a break in the summer and around holidays – check website for updates)
 Instructor: Renee Goddard
 \$20 drop in per child (2nd child \$10 drop in).
 Please note: for **families** with more than 2 children, the others are welcome for free
 \$75 for a five class card

Come join us for 45 minutes of music and play, including rhythmic rhymes, songs and instrument play. During this lively session, young ones learn traditional folk songs and hands on music and circle games. The class is informal, non-performance-oriented and developmentally appropriate for children and parents/caregivers. Music selection will primarily be based on requests, so be ready to sing your favorites, and learn a few more! **No prior musical experience necessary.*

Pavilion Playgroup

0-5 years
 Wednesday and Friday 9:30am -12:30pm *(we no longer will be open on Thursdays)
 December thru end of March (based on weather)
 Run by local parents
 \$8 per child per visit or \$60 for a 10 visit punch card
**babies under 8 months are free*

Pavilion Playgroup will resume on Wednesday, December 5. This group happens December through end of March each year. Indoor playtime during the soggy season! Join other moms, dads and kids at the charming red building on the hill. Children/ infant to 5 years enjoy playing with toys, riding scooters and climbing on a variety of soft blocks and mats. Parents enjoy mingling, playing and drinking fresh coffee and tea.

Fairfax Pavilion - 142 Bolinas Road (*actually on Elsie Lane if you are looking for directions online type in "Elsie Lane, Fairfax, CA" and it will get you closer than the Bolinas Road address*) on the hill behind Town Hall near the Ball Field



SCHOOL-AGED STUDENTS

Nine Tools for True Friendship -- a partnership with Girls Leadership

Women's Club – 46 Park Road
Grade 2 and 3
Dates: Mondays, September 10 – October 1 from 5:30-7pm
Instructor: Girls Leadership
Sliding scale: \$150 per family pair *Fairfax Recreation is offering a sliding scale to families for this offering.
Regular price is: \$220/family pair
*10-12 families needed to make this happen
Parent/guardian and daughter, Dad and daughter, Grandmother and daughter, Aunt and daughter, Mother and daughter pairs all welcome.

A 4-PART SERIES OF 90 MINUTE WORKSHOPS
Like any pursuit – soccer, dance, or writing poetry – developing social-emotional intelligence and learning authentic self-expression takes practice.

Through fun and interactive games and discussions girls and grown-ups will learn and practice how to explore and share feelings, communicate authentically, and make healthy relationship choices.

Program Summary:
September 10: Standing Up For Yourself
September 17: Sharing Feelings
September 24: Double Sorry - 6:45pm end time
October 1: Choices For Friend Trouble
Cancellation Policy:
No refunds or credits are available within 30 days of the start of the program.

Interested families must contact Fairfax Recreation to register and before attending at amannes@townoffairfax.org



GYMNASTICS IN THE PAVILION

Pavilion

4 – 12 year olds

Mondays, Wednesdays and Fridays 3:30pm-7:30pm

And, Saturdays from 9-1pm

Ongoing and resuming September 10, 2018 – June 1, 2019

Check out flyingdutchmangymnastics.com for more detailed class information.

Flying Dutchman Gymnastics is Marin's only entirely mobile recreational gymnastics program through a partnership with the Town of Fairfax and the recreation department. Currently, FDG teaches gymnastics to over 150 local children at the Pavilion in Fairfax. Every week, on Monday, Wednesday, and Friday afternoons. Our professional USAG certified coaches set up a gymnastics floor, bars, rings, full size tumbling trampoline, and other gymnastics equipment and teach classes, camps, birthday parties, games, festival events and more.

We are grateful to the town for helping us launch this successful program! We recognize the Pavilion is a community space and home to several other programs for infants, toddlers, school aged children, seniors and more.

After doing our mobile program for two and a half years, we realize that we need a "forever home" to provide more services and safer equipment to the children of Fairfax and West Marin. These students are dedicated, advanced and deserve a full set of equipment in a full size gym on a full time basis. We are researching every possibility to provide the children of Fairfax with a permanent gymnastics home. But we need your help!

Gymnastics programs need a large space with high ceilings. At first sight, there are none such facilities in Fairfax. However, we believe that there are always creative ways of making things work. This is why we are asking for your input into creating a way for the 500 children on the FDG mailing list to do gymnastics in or close to Fairfax and not have to travel elsewhere.

If you have any solutions, suggestions or ideas (buildings, barns, fields) please contact us at: FlyingDutchmanGymnastics@gmail.com or call: 707-328-4760



ARTS IN FAIRFAX

Artist in Residence - For the past decade or so, the Town of Fairfax has benefited from the services of Artists' working as an Artist in Residence. These artists have given of their time and creative energy to the citizens of Fairfax. Moving into 2018, we are changing our Artist in Residence program from one artist and expanding it to be an Artist in Residence Collaborative which will now consist of up to 3 artists working together at a time to boost the visibility of the arts in Fairfax. The next RFP cycle for this program will be happening in late 2018.

Our current Artist in Residence, Stephanie Mohan, will continue to help us create this collaborative. In addition, she is creating a book project, called Faces of Fairfax, featuring the variety of characters and public servants that make up the town. The project will span her current residency 2016-2018 and the book will be available to purchase at the December 2018 Craft Faire.

Contact Stephanie if you'd like to be part of it at Stephanie@creativeportraiture.com

Art Walk - Come celebrate Fairfax's unique creative spirit on September 28 from 5-8pm in downtown Fairfax. Artists, makers, musicians, and poets will be showcased by our vital local business community. Plus, join the scavenger hunt for a prize drawing. This event is family friendly and stamped with an "Only in Fairfax" approval rating.

Parks and Recreation Commission (PARC) continue its commitment to making arts more visible and supported in Fairfax. Spearheaded by the Fairfax Recreation and Community Services department, we are bringing together some exciting partnerships with Fairfax Volunteers and the Chamber of Commerce, among others, to bring the community the following art programs:

Public Art in the Parkade - is a rotating art exhibit that was created in 2017 by the Fairfax Parks & Recreation Commission (PARC). Originally brought to the Park & Rec by "Peaceman", a local artist who had the idea of showing public art in the downtown venue, the exhibit has evolved into showcasing a different artist every three months. Each applicant comes before the Parks & Recreation Commission with photos of their artwork, which PARC considers for approval and then schedules for display downtown.

Fairfax Theater Company - (FTC) is a grass roots, non-profit community theatre company that evolved from the former Fairfax Players. Since we were established in 2008 we have produced first rate entertainment for the community—everything from Shakespeare to original musicals. We draw on the wealth of talent in our town and represent all age groups within the performing arts. FTC partners with the town every year utilizing the Pavilion facilities to bring the community a summer play.

To learn more about these programs, please go to our website www.fairfaxrec.com and/or contact us if you would like to be part of this newly developing initiative.



ADULTS AND SENIORS

Age Friendly Fairfax and Fairfax Recreation are pleased to offer several free classes for older adults this Fall, as well as a monthly forum, monthly breakfasts and a monthly luncheon. We are committed to building a healthy and livable community for all because when it comes to aging, everybody's doing it! We invite you to attend and engage with your peers to support healthy aging.

If you'd like to join the Age Friendly Fairfax Task Force and help us create even more ways to enhance the quality of life and health of older adults, come to our monthly meeting the 4th Friday of the month at Bennett House at 9:15 am, see www.fairfaxrecreation.com for details.

Improv and Acting

Older Adults

Pavilion

Instructor: Sam Parry

Sundays 4:30-6pm; September 16 – November 4

Free

*limit of 20 students

Have fun as part of a nurturing, non-pressured and supportive group. Bring out the inner Oscar/Tony Award winner in you! Laughs, and more. No prior stage/film experience necessary. Life experience a must! Instruction will be given in stagecraft, voice projection, expression, and much more.

About instructor: Sam is a playwright and screenwriter. He has written, produced and directed 22 plays over a period of 50 years in England, Scotland, and here in the U.S. He is the founder and Artistic Director of the Fairfax Theater Company. He has also written a number of film scripts and produced and directed the film, "Sweetpeas".

Beginners Yoga Classes for Older Adults

Seniors 55 and over - all levels welcome

FREE

- Mondays 2-3:15pm (All Year Round) Mat Yoga
Fairfax Women's Club – 46 Park Road, Fairfax
- Wednesdays 2-3:15pm – (All Year Round) Chair Yoga
Bennett House 53 Taylor Drive, Fairfax
- Fridays 9:30-10:45am (All Year Round) Mat Yoga
Fairfax Women's Club – 46 Park Road, Fairfax
- Check the Fairfax recreation website for the most up to date information

These classes are designed for beginners, or anyone looking to refresh their understanding of yoga fundamentals. Classes will explore safe and personalized alignment in foundational yoga poses. The class offers specific exercises designed to enhance the mind-body connection, and techniques that unite the relationship of breath to health and vitality. We utilize props for support and alignment to assist the student in building strength and flexibility. The steady pace and instruction of these classes will give students the confidence to begin or deepen a regular yoga practice. Join us with this gentle steady practice to reset your mind as well as heal and rejuvenate the body.



Dance a la Moxie for Seniors

Seniors
Pavilion
Instructor: Sisi M.P. Hansen
Tuesdays, 2-3:15pm
September 11– May 28, 2019 - ongoing class with break over summer
FREE

A progressive, FUN total body workout guaranteed to make you feel better, look better and be better! Discover the fun of dance from 20s & 30s and jazz to the joy of Bollywood dance. Regain your Moxie. This class offers a unique way to get you moving, sweating and feeling really good about yourself.

Open to all levels of experience and all levels of physical ability. Wear comfortable clothing to move in. We dance on cushioned, gymnastic carpet thanks to The Flying Dutchman Gymnastics program, so no shoes necessary!

Painting with Acrylics

Older Adults - beginner and intermediate levels
Fairfax Pavilion
Instructor: Sam Parry
Tuesdays 10am-12noon
8 week session September 11 – October 30
Seniors are FREE – materials cost may apply
**limit of 15 participants*

Have fun creating your own art on canvas, painting on tile, wood or found materials. We will explore landscapes, still life and more. This is a fun way to spend a couple hours a week with a community of art learners. Special attention will be given to free expression and abstraction.

Qi Gong

Women's Club – 46 Park Road
Instructor: Calvin Ahlgren
Fridays 1-2pm; September 14 – December 21
FREE

The healing form called Tai Chi Qigong takes its name for the Daoist phrase Tai Chi, meaning The Supreme Ultimate, or the best there is! The form is a one-hour, participatory seated exercise that balances and enhances the body's whole energy (qi: "chee") system from top to bottom. Working along the same energy pathways (meridians) that are used in acupuncture and acupressure, Tai Chi Qigong requires no special clothing (though looser is better) or equipment, and neither calls on special training or esoteric knowledge, nor makes physical demands on participants. You will come off the hour relaxed and energized, internally balanced and, usually, blissed. Do yourself a favor and try it out!

Heartsongs

Fairfax Community Center – 16 Park Road
Coordinator: Laurie Olson
Thursdays 2:30-3:30pm
September 13 – December 20 – no class October 18 or Thanksgiving
FREE

Calling all non-singers, wounded childhood singers, and those who love to sing to create a sacred circle together and join our voices. Heart opening songs will be taught each week through call and response. Singing with others builds community and promotes a healthy sense of belonging to something greater than ourselves. It also lights up more areas of the brain than any other human activity. Learning new songs increases neuroplasticity. So come sing with us when your schedule permits; your heart, brain, inner child and expanding awareness will be glad you did!

Fairfax on Foot - Walks and Hikes with Sustainable Fairfax

Seniors (& welcome to all ages)
Area trails
Facilitators: Sustainable Fairfax
FREE

Sustainable Fairfax leads enjoyable walking tours of the paths, historical public right of ways, and open space trails throughout Fairfax. These walks are open to people all ages.

Email SustainFX@gmail.com or call 415-408-6008 to be placed on the notification list. Or check the calendar at www.sustainablefairfax.org.

Breakfast with Friends

Barefoot Café – 1900 Sir Francis Drake Blvd.
3rd Wednesday from 9:30am – 10:30am
Facilitators – Age Friendly Task Force
**Cost is not covered*

Join us for socializing, coffee and/or breakfast to make new friends and keep the old (you cover cost of your meal). Hosted by the Age Friendly Fairfax Task Force. Location varies, check www.fairfaxrec.com for updates.

Ross Valley Seniors

The Ross Valley Seniors is a fun, active, social group who meet on the first Thursday of each month. Fairfax and San Anselmo collaborate to bring seniors a monthly luncheon with special topics. Activities include historical talks, physical activities (including Bocce Ball!), information on resources for the aging population, games, crafts and many other activities. Lunch is provided.

To get more information or to join the Ross Valley Seniors, contact Dana Gibson at 415-258-4669 or Maria Baird at 415-456-5652.

Ask an Expert: Do you have any concerns or questions about resources? Come to the Fairfax Library early, at 12:30 pm, on the 4th Friday of the each month to meet with a task force member.

Age Friendly Fairfax Forum *Resources for Older Adults & Their Loved Ones*

FREE and open to all
Fairfax Library, 2097 Sir Francis Drake Blvd., Fairfax
Facilitator: Jody Timms and invited guest speakers
Fourth Friday 1-2pm

August 24: *“Staying Physically Fit & Preventing Falls”* How important is exercise as we age and what are the benefits? What types of exercise are best for older adults - cardio, stretching, core strengthening? A fall might not seem like it will happen to us but what are the ways in which we can prevent falls, at any age?

September 28: *“Can We Prevent and Even Reverse Cognitive Decline Through What We Eat?”* What underlies our cognitive health and how can we care for ourselves on a daily basis so we can age with clarity and vitality? Eating healthy is an on-going goal for all of us. Come hear the latest in research and practice from Leni Felton, Clinical Nutritionist.

October 26: *“Standing on Solid Ground: Taking Care of Financial and Insurance Needs”* Join us as we look over our financial health and consider how to plan for a strong financial future. We’ll also reflect on our insurance choices, including how to evaluate our Medicare options and if we’ve enrolled in a long term care insurance plan, how and when to utilize its benefits.

November 16: *“Housing Challenges: What Are Our Options and Our Rights?”* If you are a homeowner in Marin, what might be your options to stay in your home as you age—have you considered a junior or accessory unit, or sharing your home? If you are a renter, what are your rights when rents get raised and what other options might be available for your housing needs?

December 21: *“Handling Life’s Emotional Ups & Downs”* Enjoying and feeling at ease with life, and also experiencing loneliness and depression are common at all ages. But aging brings its own special challenges and advantages. What specific tools or resources can help us with these ups and downs of living? Join our conversation with a clinical therapist to consider making the most of our feelings and experiences.

The Age Friendly Fairfax Forum may continue the 4th Friday through the Summer. For further information, check www.fairfaxrec.com.



7 STEPS TO WILDFIRE SAFETY

We all want to be prepared in case of a wildfire. Here are some safety tips from Fire Safe Marin:

- 1) Make sure you're signed up at AlertMarin.org to receive wildfire and other emergency notifications affecting ALL addresses of concern to you: home, parents, children, business...
- 2) Clear debris from roof & gutters. Remove shrubs under windows and tree limbs within 8 feet of ground. Cover house vents with 1/8" screen. Clear brush within 30-100 feet. Keep driveways clear. (See links below for defensible space details.)
- 3) For insurance, take photos of everything in your house, especially important items, and store the photos at another location. Uploading to the cloud works fine, if you use a cellphone or digital camera. So does a thumbdrive in a safe deposit.

- 3) Assemble valuables and essentials - such as jewelry, hard-to-replace documents, and medications - in a carry-case or collapsible crate so you can grab it in a minute on your way out the door, in the dark.
- 4) Prepare an emergency "Go Bag" and keep it near the door. If you have a pet, keep the pet carrier or a folding crate there, too. Include pet food and medications in your safety plan. When evacuating, keep pets in a carrier or on the leash.
- 5) Plan and practice: What to take, where to meet, your contact person outside Marin. When instructed to leave, aim to be on the road within 5 minutes. If NOT instructed to leave, there's a public safety reason. Stay inside and do not panic.

The more you know, the safer you'll be. You'll find a full-range of expert info at firesafemarin.org.



NEW COMMUNITY RESOURCE IN FAIRFAX

the indie alley

Marin has long been home to a creative, entrepreneurial population. The Indie Alley, a new coworking and community space in Fairfax, has opened its doors for people who work remotely, have their own business, or just need a creative space outside of the home.

MEMBERSHIPS:

Located in the heart of downtown Fairfax, The Indie Alley is an affordable, comfortable and flexible space for however you work, whenever you work. We offer several membership levels, including – a social membership, a daily drop in and punch card, or an all-access, 24-7 membership, perfect for those who need flexibility. Visit www.theindiealley.com for more information.

PROGRAMS:

During the off hours, The Indie Alley host events, workshops, lectures, maker sessions, social gatherings, and much more. Open to members (at a discount) and the public, our programs are designed to be multigenerational, integrated and accessible.

Fall Highlights include:

The Indie Alley Social Club: our monthly get together, loosely themed. So far we've had vintage board games, a clothing swap, a trivia night, and a film night, amongst others.

Craft Loves Company: Here you get to make gorgeous things for yourself and your home. Bring a project of your own or purchase one of our specially designed kits.

Culture Club: Like a book club, but with podcasts, TV series, non-fiction, and articles, here's where we chat about the subjects that we are most passionate about.

RENTALS:

Did you know that The Indie Alley also has a Wellness Room, a Conference Space, a Makers Den and a Living Room available to non-members? For special occasions you can also rent the entire Indie Alley. Reach out to us at hello@theindiealley.com for more details.

Over the year, we partner with Fairfax Recreation on special memberships, programs and rentals. Check our website for details www.theindiealley.com, or subscribe to our newsletter to be the first to know about what we're up to.

Come check us out!



BIRTHDAY PARTY RENTALS

Come out and see why Fairfax is a hidden gem for birthday party rentals in Marin! All birthdays offer plenty of party time in one of our local buildings, unlimited fun for your guests, and help from our staff to help you along the way.

The DIY Pavilion Package:

- 3 hours of exclusive use of the Pavilion.
- Tables and chairs, a stage and lots of room to play.
- DIY treasure hunt, play sports, and option to rent a jumpy too!

We are happy to offer our special Youth and Recreation Rate of \$50/hr for kids parties in the Pavilion (3 hour minimum). There is a \$100 refundable deposit required to hold your spot.

The Gymnastics Party:

- A lively one-hour session of gymnastics games with one of the Flying Dutchman Gymnastics coaches.
- 2 hours exclusive use of the Pavilion.
- A gathering area with tables, chairs and plenty of room for your DIY cupcake or cake celebration

This party is \$300 for 2 hours for 10 kids. This party is \$350 for 2 hours for 20 kids.

*Please call: 415.458.2340 or
email: amannes@townoffairfax.org to schedule your event!*



FAIRFAX RECREATION REGISTRATION FORM

Name of Applicant: _____
 Street Address: _____
 City: _____ State: _____ Zip: _____
 Email Address: _____
 Emergency Contact Name: _____
 Phone: _____
 Participants Name: _____ Age: _____
 School: _____ Grade: _____

Course Title	Date of class	Fee
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Yes, I'd like to donate to Fairfax Recreation and support local community programs: \$ _____

Total amount of payment: \$ _____

Personal assumption of all risk liability release, waiver and hold harmless agreement

I seek to participate in the above listed activities sponsored by the Town of Fairfax. I understand that participating in the above activities, and traveling to and from any place to participate in them, may result in injury to me, and may expose me to risks both known and unknown while traveling to or from the site where the activity is taking place, and while participating in the activities. I seek to participate in the activities notwithstanding such known or unknown injury or risk of injury that might result to me. By engaging in the above activities, I ASSUME ALL RISK OF INJURY TO MYSELF that might result to me as a result of my engaging in the activities. I, on behalf of myself, my heirs, executors, and administrators, do hereby RELEASE, WAIVE, DISCHARGE, HOLD HARMLESS AND COVENANT NOT TO SUE, the Town of Fairfax, its officers, agents, employees, and contractors for ANY INJURY AND OR DEATH, whether foreseeable or not, that might occur to me as a result of engaging in the activities. This release, waiver and hold harmless agreement is made and granted regardless of how any injury might occur, and regardless of whether it occurs on Town or private property and regardless of who causes the injury. This release, waiver and hold harmless agreement shall apply during any transportation to or from the Activity, and shall apply to any persons or entity that owns any property at which the Activity shall convene. I further understand that photographs or video may be taken of me or my child during the course of the said program and that these may be used for Town publications.

Name (clearly written):

Signature:

INFORMATION AND REGISTRATION

Ways to Register for Fairfax Recreation classes and events:

1. For **Drop In or free** classes, simply show up and pay at the door.
Checks should be made out to *Town of Fairfax*.
2. For all other classes offered (except gymnastics):
Fill out registration form on the next page
OR download it from our website at www.fairfaxrec.com, fill it out and send it (or drop it off) with a *check payable to Town of Fairfax*
Mail to: Fairfax Recreation 142 Bolinas Road, Fairfax, CA 94930.
Cash or checks only.
3. For gymnastics contact the organization directly to register.
4. Still have more questions? email us at amannes@townoffairfax.org or call 415-458-2340.

FAIRFAX RECREATION

142 Bolinas Road, Fairfax, CA, 94930

www.fairfaxrec.com

415-458-2340