

Age Friendly Fairfax

Building a healthy and livable community for all!



Rolling on into Summer

Hello everyone,

The summer solstice is around the bend, time to plan a trip away or maybe just catch a ride with Marin Access? Getting around in Marin is the topic this month for our forum so we hope you can join us because it's always a good idea to have a Plan B, including for your travel options.

We're also moving back to the Barefoot Café for our Breakfast with Friends, roll on by and have a cup of Joe with us!

The Age Friendly Fairfax Task Force: Jody Timms, Barbara Coler, David Weinsoff, Francie Bedinger, Anne Mannes, Kelsey Fernandez and Jackie Engstrom.

Aging in Fairfax, everybody's doing it!

Marin County Commission on Aging

June 6th

10-11am

Margaret Todd Senior Center, 1560 Hill Road, Novato

“Mosaic of Family Caregiving,” will bring into focus the multi-faceted role of a family member providing care for a loved one; learn the six aspects of family caregiving.

Ross Valley Seniors

June 6th

12- 2pm

Fairfax Women's Club

Come socialize, and hear from Lorne Peterson of ILM Movies as he shares his experience working in the movie making business.

For more info, call 415-258-4669 or: [Click here for more details.](#)

Age Friendly Fridays @ the Fairfax Library

1-2pm

Fairfax Library, 2097 Sir Francis Drake Blvd.

Join us for chair yoga every 1st and 3rd Friday; and our monthly Forum switches to the 2nd Friday beginning in August (*Summer break for the month of July*).

Breakfast with Friends

June 19th

9:30 to 10:30am

Barefoot Cafe, 1900 Sir Francis Drake Blvd. (Note new location)

Join us for socializing, coffee and/or breakfast to make new friends and keep the old (you cover cost of your meal). Hosted by the Age Friendly Fairfax Task Force.

Ask an Expert

June 28th

12:30 to 1pm

Fairfax Library

Do you have concerns or questions about resources for older adults in Fairfax and Marin? Come meet one-on-one with a member of the Age Friendly Fairfax Task Force for information and support.

Age Friendly Fairfax Forum

Fairfax Library, 2097 Sir Francis Drake Blvd.

June 28th

1 to 2pm

“Getting Around in Marin”

What are all the transportation options available for older adults? We'll learn about the Marin Access suite of programs offered by Marin Transit, including travel navigators, paratransit and the Catch A Ride subsidized taxi program; also volunteer driver programs available from Marin Villages and Whistlestop; Marin Transit and Golden Gate Transit local bus services; Clipper cards; and Tech Tips for Transportation classes that teach you how to use technology and apps such as Marin Transit Connect, Lyft or Uber to get around.



Fairfax Recreation

Free classes for older adults such as beginners yoga, painting, singing, etc.

For more info [click here.](#)



Library Events

Come to the library any Friday at 1 pm for events throughout the month.

For more info [click here.](#)



Ross Valley Village

Curious about Ross Valley Village and the services available to you?

Get more [info here.](#)

Wondering what IS Age Friendly Fairfax??

Find out more here