

Age Friendly Fairfax

Building a healthy and livable community for all!



Juggling in July

Hello everyone,

The summer begins and many of us are juggling vacations and time away with just being home in (age) friendly Fairfax. We won't have a forum meeting at the library this month but do try to attend the "Disaster Preparedness" presentation, our monthly breakfast and/or luncheon, or try a yoga class, for free! EnJOY!

The Age Friendly Fairfax Task Force: Jody Timms, Barbara Coler, David Weinsoff, Francie Bedinger, Anne Mannes, Kelsey Fernandez and Jackie Engstrom.

Aging in Fairfax, everybody's doing it!

Marin County Commission on Aging

July 11th

10-11am

Tiburon Town Hall, 1505 Tiburon Blvd., Tiburon, CA

“Disaster Preparedness for Older Adults” will focus on what older adults need to know and do to prepare for natural disasters, given we were disproportionately affected by the 2017 North Bay and 2018 Butte County fires. Speakers Lisa Santora, MD, Marin County Deputy Public Health Officer and Jason Weber, Marin county Fire.



When disaster strikes
how will you be informed?

The Marin Sheriff's office wants to ensure you're informed during an emergency. Please sign up for [Alert Marin](#), Marin County's emergency alert system.

Ross Valley Seniors

July 11th

12- 2pm

Fairfax Women's Club

Come socialize, enjoy our annual BBQ luncheon, and Team Trivia.

For more info, call 415-258-4669 or: [Click here for more details.](#)

Age Friendly Fairfax Task Force

July 12th

9:15-10:30 am

53 Taylor Dr. Fairfax

If you'd like to attend our monthly meeting or join the task force and help us create even more ways to enhance the quality of life and health of older adults, come to our next meeting (the second Friday of each month at Bennett House).

Breakfast with Friends

July 17th

9:30 to 10:30am

Barefoot Cafe, 1900 Sir Francis Drake Blvd. (Note new location)

Join us for socializing, coffee and/or breakfast to make new friends and keep the old (you cover cost of your meal). Hosted by the Age Friendly Fairfax Task Force.

Age Friendly Fridays @ the Fairfax Library

1- 2pm

Fairfax Library

Join us for chair yoga every 1st and 3rd Friday; and our monthly Forum on the 2nd Friday, resumes on September 13th.



Fairfax Recreation

Free classes for older adults such as beginners yoga, painting, singing, etc.

For more info [click here.](#)



Library Events

Come to the library any Friday at 1 pm for events throughout the month.

For more info [click here.](#)



Ross Valley Village

Curious about Ross Valley Village and the services available to you?

Get more [info here.](#)

Wondering what IS Age Friendly Fairfax??

Find out more here