

Age Friendly Fairfax

Building a healthy and livable community for all!



Offerings in October

Hello everyone,

Our sunny days continue a bit longer as we move into Fall and pass the balanced vernal equinox, 12 hours of daylight, 12 hours of darkness! We'd love your company at any of these October outings: learn about Census 2020 on October 3rd; get an update on Medicare and Plan D options on October 11th; or join us for breakfast on October 16th. Also we're holding a special event for all Fairfaxians who are 90+ years old on October 10th. Enjoy what October has to offer!

The Age Friendly Fairfax Task Force: Jody Timms, Barbara Coler, Susan Branborg, Francie Bedinger, Anne Mannes, Kelsey Fernandez and Jackie Engstrom.

Aging in Fairfax, everybody's doing it!

Marin County Commission on Aging

October 3rd

10-11am

Marguerita C. Johnson Senior Center, 630 Drake Ave, Marin City.

“Census 2020 is for You!” Join speaker Stephanie McNally from Canal Alliance as she shares what the census is all about and how to include everyone in Marin’s all important count.

Ross Valley Seniors

October 3rd

12- 2pm

Fairfax Women's Club

Come socialize, enjoy the luncheon, and hear from John Martini, “San Francisco’s Forgotten Fair- 1894 Midwinter Fair in Golden Gate Park.”

For more info, call 415-258-4669 or: [Click here for more details.](#)

Age Friendly Fairfax Forum

October 11th

1-2pm

Fairfax Library

“Medicare Made Clear” Join us to learn all about your Medicare choices. We’ll also share tools and resources to help you understand the coverage that may be right for you, including free educational guide. Whether you’re just getting started or simply looking to learn more, we’re here to help.

Ask an Expert, 12:30-1 pm: Come early and meet one-on-one for information and support if you have specific concerns or questions about resources for older adults.

Breakfast with Friends

October 16th

9:30 to 10:30am

Barefoot Cafe, 1900 Sir Francis Drake Blvd.

Join us for socializing, coffee and/or breakfast to make new friends and keep the old (you cover cost of your meal). Hosted by the Age Friendly Fairfax Task Force.

Age Friendly Fridays @ the Fairfax Library

1-2pm

Fairfax Library

Join us for chair yoga on the 1st and 3rd Friday the month; our monthly Forum on the 2nd Friday.



Fairfax Recreation

Free classes for older adults such as beginners yoga, painting, singing, etc.

For more info [click here.](#)



Library Events

Come to the library any Friday at 1 pm for events throughout the month.

For more info [click here.](#)



Ross Valley Village

Curious about Ross Valley Village and the services available to you?

Get more [info here.](#)

Find out more here