

Age Friendly Fairfax

Building a healthy and livable community for all!



An April to Remember!

Hello everyone,

Goodness sakes, we are all going down a new road together! Many of us have gone from boomers to zoomers! We are planning to hold a few of our events this month using Zoom, the audio and/or video conferencing tool. You can call in on a cell phone or use a computer, email us if you're wondering how and we'll do our best to assist you. We hope you can join us for "breakfast," this month's forum or our task force meeting. Also check out the Town's website for all Parks and Rec events and important links and updates. Be well!!

The Age Friendly Fairfax Task Force: Jody Timms, Barbara Coler, Susan Brandborg, Francie Bedinger, Anne Mannes, Kelsey Fernandez, Jessica Price, Wendy Nuessle and Jackie Engstrom.

Aging in Fairfax, everybody's doing it!

Age Friendly Special Online Offerings

April 10th 1-2pm: "The Climate Emergency: Time to Get Involved!" Climate change has gone from a global phenomenon to an urgent fight for our very lives, join us in honor of the 50th anniversary of Earth Day, as we focus on sharing solutions.

Join Zoom Meeting by clicking on the link:

<https://zoom.us/j/696634149>

Meeting ID: 696 634 149

Yoga with Tamela Smith is coming soon!

Marin County Commission on Aging

April 2nd

10-11am

Virtual Meeting

Marin County Area Agency on Aging (AAA) Area Plan 2020-2024 Public Hearing

Learn about what the AAA Older Adult Needs Assessment revealed and how it will shape goals, strategies and priorities for the coming four years. Your presence and comments are important as we discuss our work and its impact in the community.

This presentation will be exclusively about the Area Plan 2020-2024. A draft of the Area Plan 2020-2024 is posted on www.livelonglivewellmarin.org.

You can request a copy by emailing agingandadult@marincounty.org or calling 415-457-INFO (4636).

To Join the Zoom meeting click on the link below:

[https://zoom.us/j/244688598?
pwd=aWxITGRtcoNuSkN6WjU2R3VEM3A5Zz09](https://zoom.us/j/244688598?pwd=aWxITGRtcoNuSkN6WjU2R3VEM3A5Zz09)

Meeting ID: 244 688 598

Password: 129612

CALL IN:

(301) 715 8592

Meeting ID: 244 688 598

Age Friendly Task Force

April 10th

9:15-10:30 am

Virtual Meeting

You're welcome to attend, bring your energy and ideas!

To join the Zoom meeting click on the link:

<https://zoom.us/j/8539357484>

Meeting ID: 853 935 7484

Breakfast with Friends

April 15th

9:30 to 10:30am
Zoom Meeting Online

We still want to stay connected - even if it's online! Join us for socializing, coffee or breakfast to make new friends and have a friendly chat.

Join Zoom Meeting by clicking on the link:

<https://zoom.us/j/8539357484>

Meeting ID: 853 935 7484

Questions about services for older adults?

Call 415-457-4636 (INFO)



Fairfax Recreation

Free classes for older adults such as beginners yoga, painting, singing, etc.

For more info [click here.](#)



Library Events

Come to the library any Friday at 1pm for events throughout the month.

For more info [click here.](#)



Ross Valley Village

Curious about Ross Valley Village and the services available to you?

Get more [info here.](#)

Find out more here