



# FAIRFAX RECREATION

*classes -- community services -- events*





WELCOME TO THE FALL 2020 SPECIAL EDITION CATALOG AIMED TO DOCUMENT THIS HISTORIC MOMENT IN TIME IN OUR TOWN AND COMMUNITY AND AS ALWAYS OFFERING PROGRAMMING WE HOPE WILL ENRICH YOUR LIVES.

This catalog will mark our 20th publication for the town and our nearly 10 years of being our own independent recreation department. In March, when the world turned upside down, Fairfax Recreation quickly shifted our focus from in person classes to offering classes and content online. Our jobs shifted as the landscape of our world changed overnight. Camille's hours increased rapidly by becoming the chief communications magician for all town information. Maria, along with a team of council members and community volunteers, developed the 1:1 Volunteer Match program and Anne transitioned our programming to online, assisted with the Small Business Recovery Fund, and re-invented our summer camps. We all are re-imagining our future.

We hope you find in the pages ahead images and content that warms your heart. We are lucky to have our Artist in Resident, Stephanie Mohan, on hand to help us capture our town so beautifully. And, we are happy so many of you reached out to help us document the Shelter in Place order with your black and white images.

Our team is small but mighty. Thank you for sticking with us during these most unusual of times.

In gratitude,  
Anne, Camille and Maria

Anne Mannes, Camille Esposito, and Maria Baird  
Town of Fairfax  
Recreation and Community Services Manager  
[www.fairfaxrec.com](http://www.fairfaxrec.com)

*Photo Credit - Stephanie Mohan & various local photographers who contributed to the Shelter in Place photography open call.*

*\*No family will be turned away for lack of funds. Please contact Anne Mannes directly if you need to make alternative payment arrangements.*



# HOW WE ARE HELPING & RESPONDING TO THIS MOMENT

## MESSAGE FROM MAYOR GODDARD

Covid-19 has challenged us to the core, but an extraordinary increase in volunteerism and commitment to connect and provide equal access to support systems has kept us resilient. We each have a role to play. We are each 1 of 7,555 critical pieces of the puzzle called Fairfax. As always we create a unique picture, but one that is incomplete if anyone is left behind. Fairfax has activated and shown flexibility in painting a path forward that is inclusive, equitable and dedicated to the health of all members of our community.

With tremendous gratitude,  
Renee

## VOLUNTEER 1 TO 1 MATCH

The Fairfax 1:1 Volunteer match program was initiated by Council Member Stephanie Hellman and Mayor Renee Goddard on March 21, 2020. Just 5 days after the shelter-in-place was declared by the County, these Town leaders implemented a one on one volunteer assistance program to help residents in need of basic services, primarily seniors who were unable to leave the house. The list of duties included grocery shopping, prescription re-fills, dog walking, and other errands. A call for volunteers was met with an overwhelming response to help those who were unable to perform these duties during the COVID-19 crisis. Since the elderly and those with compromised immune systems were particularly at risk, medical professionals discouraged them from visiting public places where they could potentially be exposed. Six months into this program, the list of volunteers is at 150, and the list of people in need is at 40. Volunteers continue to grocery shop and assist those who need help during this Corona virus pandemic.

## SMALL BUSINESS RECOVERY FUND

As part of its COVID-19 response, the Fairfax Small Business Storefront Recovery Fund was created by the town of Fairfax in partnership with the Fairfax Chamber of Commerce, and the County of Marin. The goal of this fund is to offer storefront businesses with financial aid in the form of small grants during this pandemic. In doing so it will help these small businesses sustain their operations and adjust to new policies and weather the COVID-19 pandemic.

The town of Fairfax recognizes that businesses have been severely impacted by COVID-19 and the limitations that have come about due to the necessary health and safety precautions the County of Marin has been taking through the Shelter in Place Orders. This relief fund is intended to assist qualified small businesses pay for immediate operational costs, including but not limited to rent, payroll, utilities and loan payments.

Thus far, we have supported and awarded the 25 businesses who applied and were eligible during the 1st and 2nd rounds of the process. Applications are currently on hold while we review our available funds. We will update the website accordingly.

## SUMMER CAMPS

Camp Fairfax continued this summer with 12 stable campers over 3 consecutive weeks adapting to new protocols and filling the socialization gap caused by Covid 19. And, we even had some fun in the process. Mostly, we enjoyed seeing campers happy and parents getting some much-needed recovery time before back to school remote learning commences.

## CHIPPER DAYS MAKE FAIRFAX SAFER DURING WILDFIRE SEASON

This summer, the Town of Fairfax conducted 8 chipper days over the course of 4 weekends. A total of 64 tons of vegetation debris was collected from the 321 households that participated in the program. Additionally, Fire Safe Marin began its own chipper day program that serviced Marinda Oaks, a newly incorporated Fire Wise neighborhood as well as Canyon Village and East Fairfax. These chipper days were provided by Measure C funding from the Marin Wildfire Prevention Authority which the voters approved in the last election.



## RACIAL EQUITY & SOCIAL JUSTICE COMMITTEE (RESJ)

A new committee is forming for the Town of Fairfax. It will focus on actively dismantling and eradicating systemic and individual racism, bigotry, and discrimination within our Town, in an effort to create a Fairfax that is explicitly antiracist, equitable, and inclusive in both word and deed. The RESJ Committee will be tasked with A) Identifying all non-equitable, racist, and/or non-inclusive aspects of our Town's function; B) Bringing awareness and action to these problems, prioritizing those items that cause the most harm, and finding ways to dismantle problematic policies and structures where necessary; and C) Identifying key opportunities for growth of and education about antiracist, equitable, forward-thinking practices and policies within all aspects of Fairfax life.

Committee members must be committed to the active work of antiracism, which includes examining and actively improving all aspects of the Town's function to better align with antiracist goals. This includes but is not limited to questions of education, housing, health, accessibility, budgets, and public safety (including policing practices). The RESJ Committee will center the voices of Black, Indigenous, and People of Color as a primary driver of its function. A subcommittee of the RESJ Committee will be formed to specifically focus on policing within Fairfax.

To learn more, go to: [www.townoffairfax.org/racial-equity-and-social-justice-committee](http://www.townoffairfax.org/racial-equity-and-social-justice-committee)



# COMMUNITY SERVICES & EVENTS

DURING THIS TIME OF UNCERTAINTY DUE TO COVID 19, WE WILL BE PLANNING FOR BOTH IN PERSON AND VIRTUAL OPTIONS FOR OUR EVENTS. PLEASE CHECK OUR WEBSITE FOR THE MOST UP TO DATE INFORMATION.

## SHELTER IN PLACE ONLINE ART SHOW - BUY WORK OF LOCAL ARTISTS

In response to COVID-19 the Town of Fairfax has created this online venue to showcase local and area artists of Fairfax, Ross Valley, and West Marin. We have suggested that artists donate a percentage of all sales to a favorite local Fairfax merchant impacted by the Shelter in Place order.

Here is how it works: Contact the artist direct from their page on this site or view more work on their website. When you make a purchase, please tell 'your' artist that this purchase is in support of their participation in Shelter in Place, The Town of Fairfax Online Art Show. Thank you for supporting the arts community during this crisis! <https://fairfaxartwalk.com/>

## ART IN THE PARKADE

**Portal Of Change** by Zach Laurie    **Materials:** redwood, concrete, copper and steel

The central redwood circle suspended between copper rods is based on a Chinese coin that is used to consult the I-Ching or Book of Changes. The Book of Changes is a ~2500 year old text rooted in the principles of Yin and Yang / Chaos and Order. The larger C structure represents an incomplete circle, symbolic of change constantly happening and perfection always outside our grasp.

The current times find us in social, political and environmental upheaval. In such times of dynamic change we need to learn to engage with the many forces and elements around us to bring forward meaningful shifts in perspective, while also calling in the subtle personal and larger societal changes necessary to bring the world back into balance.

## FAIRFAX CRAFT FAIRE

We wish we could invite everyone back to the Pavilion for our annual Craft Faire. Alas, the times are not allowing for such gatherings. We want to support the amazing vendors that we have all come to rely on for unique holiday gifts. We considered an outdoor option but weather in December is unpredictable, so will be offering an online option. Each vendor will have a mini homepage on our Town Website and you can contact them directly to shop. We will create a social media campaign to help promote the online faire and the Holiday Wreathmaking & Caroling events.

Please visit [www.townoffairfax.org/departments/fairfax-craft-faire](http://www.townoffairfax.org/departments/fairfax-craft-faire) to connect with your favorite craftspeople! We will charge a small fee for helping to promote the crafters all season long so this will still be a benefit for the Fairfax Recreation & Community Services department.

## VIRTUAL HOLIDAY WREATHMAKING EVENT

Join us for a "virtual" wreath making holiday event., Sunday December 13th from 2 to 5pm. A Do-It-Yourself wreath making YouTube video will be streamed with a Fairfax Volunteer Board member teaching you how to make a wreath at home. Pre-made wreath-making materials can be picked up curbside during the week of December 7th by making an appointment with Maria Baird at: [mbaird@townoffairfax.org](mailto:mbaird@townoffairfax.org)





# NEW FREE RESOURCES



## OUTDOOR YOGA

with Veronica Geretz, M.A., E-RYT500

Mondays from 5:30-6:30pm, at Contratti Field until the rainy season

Maximum of 15 participants

FREE

Join your community in our sweet, centralized, grassy green park for a socially-distanced outdoor yoga class. The class will be geared toward yoga students with a Beginner to Intermediate yoga practice. Please bring your own yoga mat, two yoga blocks and a yoga strap. If you do not have any of those props and are unable to procure them for any reason, please reach out to Veronica at [geretzvj@gmail.com](mailto:geretzvj@gmail.com) and she will work with you to find what you need at no cost. To find out more about Veronica's yoga offerings visit [www.veronicageretyoga.com](http://www.veronicageretyoga.com). Please Note: this Outdoor Yoga offering will follow Covid 19 protocols of physical distancing. Please bring & wear your masks.

The instructor will not be doing any hands on adjustments.

This class is free, though there will be a chance to donate if you have the capacity. Donations (cash only, please) will go to the Town of Fairfax & SURJ Marin. SURJ Marin engages white people to dismantle systems of white supremacy and join the ongoing multiracial movement for racial justice. Our work is informed by relationships of accountability with local Black, Indigenous, People of Color (BIPOC) organizations and community leaders. SURJ Marin splits 75% of their funds raised with both the Marin City Health & Wellness Center and The Multicultural Center of Marin.

## CAREER REINVENTION IN UNCERTAIN TIMES

With Michelle Olsen

Friday, October 17 from 12-2pm

Contact Anne Mannes at [amannes@townoffairfax.org](mailto:amannes@townoffairfax.org) to register. A Zoom link will be sent to you once you sign up. FREE

This two-hour workshop will be an opportunity for you to take the big picture view of your life and spark inspiration in the direction of a career reinvention.

There is no doubt the world is changing and the future may be unclear, but the truth is, the future is always uncertain, and this pandemic is amplifying that fact and presenting the opportunity to shift your career in a direction that nourishes your heart and soul.

When unexpected events like this happen, they knock us out of our routines, and take us out of our comfort zone. This is such an event. Yet, it is an opportunity to answer the calling of moving towards a more fulfilling and satisfying career.

If you hear the calling or even the whispers of something new emerging for you and your career, then please join us.

## FAIRFAX WOMEN'S SUPPORT GROUP

With Michelle Olsen of GreenLight Coaching

Michelle M. Olsen is a Career and Life Coach. For more info, go here: <https://greenlight-coaching.com>

Dates:

- September 25, 12-2pm
- October 23, 12-2pm
- November 20, 12-2pm

Contact Anne Mannes at [amannes@townoffairfax.org](mailto:amannes@townoffairfax.org) to register. A Zoom link will be sent to you once you sign up. FREE

We are living in unprecedented times. It is vital that we find ways to manage our stress, overwhelm and anxiety. We are dealing with a global pandemic, recession and climate change and political unrest. So let's gather, virtually of course. There is something magical that happens when women gather in support of each other.

This group will be for any woman who identifies as a caretaker and is craving reflection time for herself. This will be an opportunity to slow down, go within, connect with your heart and other fabulous women.

This group will meet 3 times in the Fall. Ideally you could register for all 3 and create deeper connections with the other women in the group.



# PERI PARK

As Shelter in Place Order took us all into our homes and playgrounds shut down, we have not forgotten about Peri Park. Just as the little engine who could, we too are chugging and pushing this project along.

## PARKS AND RECREATION COMMISSION HAS ACCOMPLISHED THE FOLLOWING:

- Secured Measure A funds
- Hired a surveyor to create a site map of Peri Park
- Secured volunteer designer and hired architect to help place the design concepts into site map
- Secured Pacific Playgrounds as vendor to purchase events for the structure

## NEW UPDATES DURING COVID THAT OCCURRED:

- We hired a structural engineer to review the plans
- We have received initial comments from Coastland

Our next steps are to satisfy the comments and requirements needed for Coastland and then get cost estimates on the full project so PARC can approve. If approved, the proposal will then go to Town Council for final review and approval.

It's up to volunteers, like you, to maintain the park and make sure it stays fresh and clean for generations to come. If you would like to donate to this project, please go to:

[WWW.TOWNOFFAIRFAX.ORG/PERI-PARK-PLAYGROUND](http://WWW.TOWNOFFAIRFAX.ORG/PERI-PARK-PLAYGROUND)



DID YOU KNOW  
THAT OUR  
BELOVED PARK  
WAS BUILT BY  
VOLUNTEERS?



PLEASE CHECK DIRECTLY WITH EACH SPORTS TEAM AND ORGANIZATIONS USUALLY PLANNED IN THE PAVILION REGARDING THEIR STATUS UNDER COVID 19.

### Gymnastics in the Pavilion

To learn more information about Flying Dutchman Gymnastics contact Dirk at: [www.flyingdutchmangymnastics.com](http://www.flyingdutchmangymnastics.com)

### CYO Basketball

Pavilion  
Tuesdays and Thursdays 4pm-8pm

To learn more about CYO Basketball in the Pavilion contact Paul Guzman at: [cyostrita@gmail.com](mailto:cyostrita@gmail.com)

### Futsal

Pavilion  
Saturdays and Sundays

To learn more about Futsal in the Pavilion contact Frank Bonardi at: [Futsal4u@hotmail.com](mailto:Futsal4u@hotmail.com)

# SCHOOL AGED KIDS



# OLDER ADULTS



**Age Friendly Fairfax** has entered its 6th year and has been happily offering free classes and activities for older adults with Fairfax Recreation throughout each one of those years! We continue with our monthly forum and monthly breakfast meeting via zoom and we encourage you to attend and further support your

healthy aging. We are committed to deepening our inclusive and intergenerational community since one experience we all have in common is aging! Giving back to the community can be rewarding and we invite you to attend our Age Friendly Fairfax meetings, and perhaps volunteer if you'd like. Check the Town's website for up-to-date information on all our activities.

*ALL AGE FRIENDLY CLASSES AND FORUMS ARE FREE AND PRIMARILY ONLINE until further notice. Please check website for most up to date zoom links and instructions.*

## AGE FRIENDLY FAIRFAX/MARIN FORUM

FREE and open to all

Fourth Wednesdays at 10:30 am (except holiday months of Nov-Dec)

**September 23: "Ageism 101 & Allyship"** Join us as we have discussions about building our capacity to respond to ageism. Learn how you can be a positive force for change in fighting systemic racism and achieving social justice for low income communities.

**October 28: "Medicare and Insurance Changes & Challenges"** Come learn all about your Medicare choices whether you're just getting started or needing to consider options during open enrollment, we're here to help.

**November 20: "Getting Your Ducks in a Row for End of Life Planning"** It's never too early for a heart to heart conversation with yourself and your family so you can put your end of life plan in place, including having an Advance Directive, a POLST (Physician Order for Life Sustaining Treatment), and making your final arrangements.

**December 18: "Life Reflections & Looking Ahead to 2021"** 2020 has been a year unlike any other. How have we grown in this new situation? What are our hopes for 2021 for the world, for our communities and for ourselves? How can we create a plan that will allow us to thrive through the challenges and as we age?

## STORYTELLING ON ZOOM FOR OLDER ADULTS

Instructor: Sam Parry

Wednesdays 7-8:30PM

8 weeks, September 22 - November 11, 2020.

FREE

Limit of 8 students

Fairfax Recreation and Sam Parry are offering Storytelling classes/sessions via zoom. Please email Sam directly at [theatrewallah@yahoo.com](mailto:theatrewallah@yahoo.com) if you'd like to join this offering and he will forward you the zoom link.

This class will cover story-telling (both historical and current trends) - will explain the basics of storytelling in voice and script - will encourage participants to "Tell their story" within a warm and welcoming group - and will cover the differences between 'visual' storytelling (stories that are best acted out) and 'reading' stories (intonation, characterization, pacing, phrasing, etc). It promises to be a fun session!



## YOGA

Fairfax Recreation and Tamela are continuing to bring you online zoom Mat and Chair Yoga. Please email her directly at [tamelak@comcast.net](mailto:tamelak@comcast.net) if you'd like to join this offering.

PLATFORM: Zoom. You can sign up free: <https://zoom.us/> Please sign up and practice using the app before class.

DATE/TIME:

### Mondays

**Chair Yoga 11:00-12:00 pm** Please arrive and log-in early and get settled. The Zoom session will be open at 10:45 am We will start the class at 11:00 am.

**Mat Yoga 1:00-2:00 pm** Please arrive and log-in early and get settled. The Zoom session will be open at 12:45 pm We will start the class at 1:00 pm.

### Wednesdays

**Mat Yoga 9:30-10:30 am** Please arrive and log-in early and get settled. The Zoom session will be open at 9:15 am We will start the class at 9:30 am.

**Chair Yoga 12:00-1:00 pm** Please arrive and log-in early and get settled. The Zoom session will be open at 11:45 am We will start the class at 12:00pm.

### Fridays

**Mat Yoga 9:30-10:30 am** Please arrive and log-in early and get settled. The Zoom session will be open at 9:15 am We will start the class at 9:30 am.

**Chair Yoga 12:00-1:00 pm** Please arrive and log-in early and get settled. The Zoom session will be open at 11:45 am We will start the class at 12:00pm.

CLASS FEE: *Free (donations can be made to the Town of Fairfax)*

## DANCE A LA MOXIE SENIORS

Contratti Ballfield

Instructor: Sisi M.P. Hansen

Tuesdays, 2-3pm; September 22 – November 11, 2020 in person and online during rainy season

FREE

A progressive, FUN total body workout guaranteed to make you feel better, look better and be better! Discover the fun of dance through a variety of styles and movements. Regain your Moxie! This class offers a unique way to get you moving, sweating and feeling really good about yourself.

Open to all levels of experience and all levels of physical ability. Wear comfortable clothing to move in.



## BREAKFAST WITH FRIENDS (ON ZOOM)

3rd Wednesday from 9:30am – 10:30am

Facilitated by a member of the Age Friendly Fairfax

Socializing is super important for older adults and for all ages! Join us with your coffee or tea, a muffin or toast to make new friends. Bring a neighbor, friend, family member or join us on your own. We'd love to have you. Contact Jody Timms at [jodytimms@comcast.net](mailto:jodytimms@comcast.net) if you'd like to join via zoom.

OLDER ADULTS





# **FAIRFAX RECREATION**

142 Bolinas Road, Fairfax, CA, 94930

[www.fairfaxrec.com](http://www.fairfaxrec.com)