

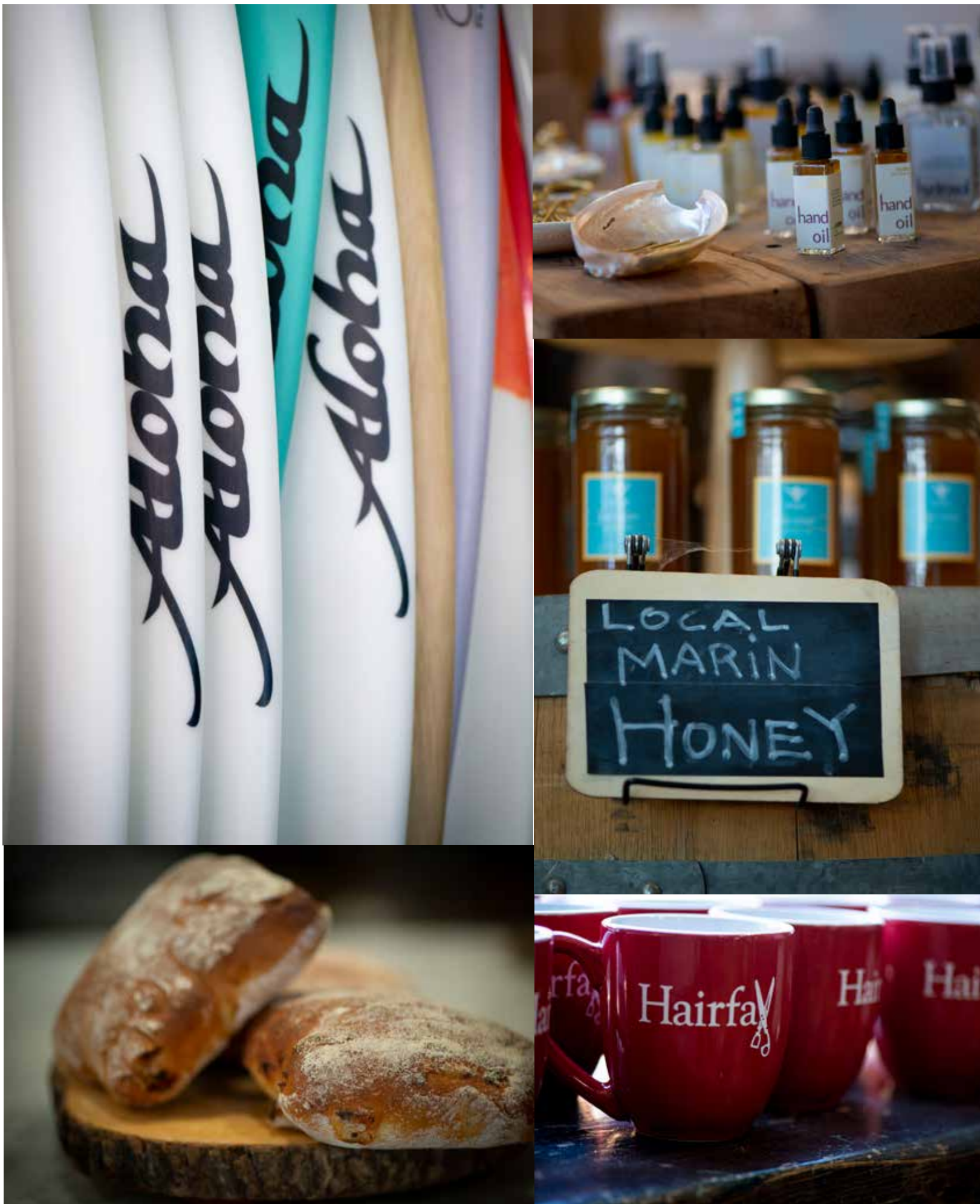


FAIRFAX RECREATION

classes -- community services -- events

SPRING/SUMMER 2021





Spring-Summer 2021

The month of March marks the one-year anniversary of when a global pandemic swept across the world transforming how we operate overnight.

The past year has certainly presented many challenges, both to individuals and families; big and small businesses, nonprofit organizations and small towns like Fairfax, in particular.

In order to meet the challenges presented by the COVID-19 pandemic era, the town quickly reinvented many of our programs and have seen positive new outcomes. The town was one of the first in the county to initiate the Volunteer Match to Match program, responded to small businesses with the recovery fund, safely re-opened summer camps, and created a professional Racial Equity Social Justice committee.

Additionally:

- We increased communications by offering weekly newsletters.
- We opened up the Pavilion for the Flying Dutchman Gymnastics to offer classes.
- We opened outdoor music pods for toddlers with local musician Dani Levy.
- We continued our Age Friendly free classes by offering online yoga six times a week, in person dance classes on Contratti field and outdoor yoga with proceeds going towards social justice programs.
- We celebrated our 90 + residents with carefully crafted gift baskets procured by local businesses and delivered in person by the Age Friendly Fairfax team.
- We offered virtual holiday events such as Fairfax Craft Faire and Wreathmaking.
- Provided over 100 volunteers masks and hand sanitizer helping with grocery deliveries.
- The Town Council approved a temporary skate park for our youth.
- Transformed the Mono Parking Lot into an outdoor dining area when it was allowed by the County of Marin Health order. The Chamber & the Town provided volunteers to set up, clean & disinfect dining areas, and take down tables & chairs every Thursday through Sunday.

We dedicate this season's catalog to the HEART of our downtown – our small brick and mortar businesses working so hard to keep Fairfax an amazing town. As we continue to make our town a thriving place to live, a refuge from the daily grind, a place to gather and be inspired and a source of healing and hope, we thank you for your support and generosity.

Warmly,

Anne Mannes, Camille Esposito and Maria Baird

Recreation and Community Services Department

**No individual or family will be turned away for lack of funds. Please contact Anne Mannes directly if you need to make alternative payment arrangements.*

Photo Credit - Our Artist in Residence Stephanie Mohan of Creative Portraiture



HONORING THE HEART

Fairfax's downtown small businesses are the heart and soul of our unique town. When we support them we keep the unique character of our town alive! We collaborated with the Chamber of Commerce for this edition to honor our merchants during these difficult times. For an extensive list of all the businesses in Fairfax and more insightful answers to our questionnaire please go to our website.

"EVERY TIME YOU SPEND MONEY, YOU'RE CASTING A VOTE FOR THE KIND OF WORLD YOU WANT" -- ANNA LAPPE



THE WAY STATION

The Way Station opened in March 22, 2013

We specialize in BBQ, Beer Garden, Catering & Events

We love Fairfax because...it is beautiful & abundant, and our customers are friendly & kind. We especially love a warm spring weekend day, with the sun shining, the beer garden full, live music playing, the bike rack full, and love & laughter in the air. People can help, if they are able to, by simply ordering takeout food & beer during these cold & wet months.



MYSTIC ROSE

We started around 2019 and over the last two years, Mystic Rose has become a special spot to score vintage clothing and unusual, magical gifts made from artists and small, often-local creators.

Everything is unique, from vintage designer pieces to tie dye and throwback Adidas. For the folks with style, who stand out, who get weird, Mystic Rose is all about those old-school Fairfax vibes.

We love Fairfax because...our community has been very supportive during these times, keeping this little shop afloat.



OF OUR DOWNTOWN

WAYS YOU CAN SUPPORT LOCAL BUSINESSES:

- SHOP LOCAL - ONLINE & IN PERSON
- ORDER TAKE OUT OR DELIVERY
- TIP A LITTLE MORE THAN YOU USUALLY WOULD
- LEAVE A POSITIVE REVIEW ONLINE
- SHARE WITH FRIENDS & FAMILY

MANA BOWLS

We opened our business in January 2012

We specialize in Organic Acai Bowls and Smoothies

We love Fairfax because...of the community! Providing healthy food to young and old. The community support has been amazing in this time!



PERUVA AUTO SERVICES

Peruva Auto Services joined the Fairfax community on Memorial Day, May 25th of 2020

Peruva specializes in providing honest and timely full service auto repairs to the families of Fairfax.

We love Fairfax because...it has that great small town feel and is very welcoming. We took over the space owned by Bob Parfit who had been providing great auto repair to Fairfax for over 20 years. Neighbors stop by just to say "Hello". Help us help you by coming in with any question auto related.

THE POTTING SHED

We opened in the year 2000 and has been under current ownership since 2008.

We specialize in eclectic gifts, locally made jewelry, arrangement deliveries (long-lasting unique plants instead of sending flowers), succulents & airplants.

We love Fairfax because...we are so very grateful to work & live in Fairfax, a community that is charming, down-to-earth and full of friendly, creative folks. You can support us right now by shopping online for free local delivery or curbside pick-up at www.potting-shed.com



COMMUNITY HAPPENINGS & FREE RESOURCES

EGG HUNT KIT/BASKETS AVAILABLE THIS YEAR

Curbside Pick up on March 29 and March 31 between 1-4pm

This year, we will distribute free activity baskets/kits to children 8 years old and under (limit of 1 per household) in advance of Easter Day and items can be used with home egg hunts activities. Please reserve one by e-mailing mbaird@townoffairfax.org. Maria will bring the baskets which will consist of candy, activities and games out to your car, on Park Road, near Peri Park. ***Please contact her early as only 60 kits will be available.***

OUTDOOR IN PERSON YOGA

with Veronica Geretz, M.A., E-RYT500

Mondays from 4-5pm - ongoing

Meet at Bolinas Park.

Maximum of 15 participants

FREE

To find out more about Veronica's yoga offerings visit www.veronicageretzyoga.com.

The class will be geared toward yoga students with a Beginner to Intermediate yoga practice. Please bring your own yoga mat, two yoga blocks and a yoga strap. If you do not have any of those props and are unable to procure them for any reason, please reach out to Veronica at geretzvj@gmail.com and she will work with you to find what you need at no cost.

PERI PARK RENOVATION PROJECT UPDATE

The two playground structures in Peri Park (ages 2-5) and (ages 5-12) will be replaced with new structures manufactured by Bear Playgrounds this summer. New designs and plans are uploaded to the website. If you'd like to support your local park we have these super price reduced Peri Park tee shirts and totes. Please continue to check back with us for updates at www.townoffairfax.org/peri-park-playground

SKATE PARK - COMING SOON!

We are happy to announce that the Town Council approved using the western portion of the Pavilion/Bank St. parking lot for a temporary skate board, scooter, and/or in-line/roller skates park. The construction is in process and the park will be open in early April! This is a community dream a long time in the making. A silver lining in the pandemic is that we have come together to support our youth community and make life in town a little sweeter.

EARTH DAY CELEBRATION

Please check out this creative project coordinated by our Artist in Residence, Susan Beran Pascal, taking place on **Sunday, April 25th from 9:30am - 11:30am at Loma Alta Preserve**. Fairfax Parks and Recreation with the Artist in Residence program are partnering with Fairfax Open Space Committee (FOSC) for this unique undertaking: our first Bioblitz to celebrate Earth Day. A BioBlitz is an event where a group of people tries to document as many species as possible in a specific time frame. It's a great way to get to know a place, local animals and plants, and collect real scientific data. We will also be learning some of the basics of wildlife photography. More info here: www.townoffairfax.org/departments/arts-and-culture



MUSIC PODS WITH DANI LEVY

Ongoing sessions starting in March

Location: Behind the Pavilion with spaced out hay bales and under lovely trees and nature during nice weather. We will move inside the Pavilion when it rains using safety protocols.

Ages 0-6 years

Register online under Toddler classes

There are no refunds for missed classes or classes missed due to illness.

**Each enrollment comes with a free digital download of Dani's children's album which includes some of the songs we'll be singing throughout the session.*

These custom pods are limited to 7 children and 1 adult per child—total of 14 participants. All adults must wear masks and socially distance to the best of their ability. We recommend that the same adult accompany the same child each session.

Music with Dani is a fun and interactive music and movement time for young children and families. Dani's music session will have the children singing, dancing, rhyming, using their imagination and having fun while creating music together!

Dani has been a music teacher at several preschools in Marin County for over 10 years now, as well as leading music and movement sessions at The Fairfax Library and Bon Air Center. She taught Kindermusik classes, has completed the Music Together teacher training and has also run a summer camp for preschool aged children in Ross for several years. Dani has a Bachelor's degree in music and studied Early Childhood Education at College of Marin. She is really excited to bring her music sessions to Fairfax Recreation!



FLYING DUTCHMAN'S GYMNASTICS PROGRAM

4 – 12 year olds

Check out their website: flyingdutchmangymnastics.com for more information.

Flying Dutchman Gymnastics is Marin's only entirely mobile recreational gymnastics program through a partnership with the Town of Fairfax and the recreation department. FDG teaches gymnastics to over 150 local children at the Pavilion in Fairfax. Our professional USAG certified coaches set up gymnastics equipment and teach classes, camps, birthday parties, games, festival events and more.

CAMP FAIRFAX - COUNSELOR IN TRAINING (CIT)

The CIT program offers unique opportunities for developing personal and professional skills while encouraging you to enjoy the natural beauty and wonder of our sweet town. The CIT program is for 11 – 15 year olds—middle school and early high school students. Parents must pay and register for the camp week to secure their CIT's spot. Once accepted the CIT's get a small stipend for their participation. We are accepting 2-3 CIT's for 2021 and they must commit to both weeks.

Please reach out to Anne at amannes@townoffairfax.org if you are interested in having your child participate in this program.

SUMMER IN FAIRFAX

Early bird deadline is July 1 for both summer camps we offer.

Any families submitting forms to us AFTER July 1, 2021, there will be a second tier registration time period and the fee will be an additional \$100.

There also will be \$20 change fee for families who need to withdrawal their child for any reason or switch their schedule.

ART AND NATURE CAMP

for children 4 -5 years (limit of 8 – 10 children)

Week of July 12th Monday – Friday from 9am – 12noon

Location: behind the Pavilion with hay bales under the lovely trees and nature (with access to inside the Pavilion and the ballfield).

Cost: \$325

This camp is designed for transitional Kindergarten and Kindergarten child/ren to get them comfortable for the new school year ahead. The flow of each day will include morning circle, music, storytelling and movement, snack time, and a short nature walk and art activity before pick up at 12 noon. Children will learn how to work within a group of peers, enhance listening skills with music exercises and do hands on crafts and nature exploration with skilled teachers. Please pack a water bottle and small snack for your child/ren each day. Safety protocols, such as masks and temperature checks, will be followed.

SUMMER FUN IN YOUR OWN BACKYARD!

CAMP FAIRFAX

Families signing up for Camp Fairfax this summer must sign up for the 2 consecutive weeks based on safety recommendations and protocols during Covid 19.

July 26 – August 6 from 10am – 4pm (AM/PM care available)

For Kids 6 – 10 years old *limit of 12 including CIT kids.

\$980 for two weeks

See registration details online

Camp Fairfax is a homegrown local camp for school aged youth going on its 12th year! During this special time of year campers and their counselors focus on the unique aspects of our little town and each other. This simple and old-style summer camp has evolved and this summer will include TWO specialized weeks with each week focusing on a theme. Week 1 will focus on the arts and week 2 will focus on the natural environment and music. We weave in teambuilding games and activities throughout each week and a highlight is our weekly Friday water play of running through sprinklers on the ballfield and balloon toss. We place heavy emphasis on community building scaffolding age ranges so campers can learn from each other and build confidence through collaboration. In addition, we have a variety of special circle times that happen throughout our camp including, storytelling, trust and kindness games.





Parks and Recreation Commission (PARC) continue its commitment to making arts more visible and supported in Fairfax. Spearheaded by the Fairfax Recreation and Community Services department, we are bringing together some exciting partnerships with Fairfax Volunteers and the Chamber of Commerce, among others, to bring the community the following art programs: Artist in Residence Collaborative- which includes the Fairfax Art Walk, Local Arts Pop Ups, and an Arts mentorship program, Public Art in the Parkade and the Fairfax Theater Company.

To learn more about these programs, please go to our website:
www.townoffairfax.org/departments/arts-and-culture

Age Friendly Fairfax has entered its 7th year and has been happily offering free classes and activities for older adults with Fairfax Recreation throughout each one of those years! We continue with our monthly forum, in collaboration with Age Friendly Marin, and monthly breakfast meeting via zoom and we encourage you to attend and further support your healthy aging. We are committed to deepening our inclusive and intergenerational community since one experience we all have in common is aging! Check the Town's website for up-to-date information on all our activities.

ALL AGE FRIENDLY CLASSES AND FORUMS ARE FREE AND PRIMARILY ONLINE until further notice. Please check website for most up to date zoom links and instructions.

AGE FRIENDLY FAIRFAX TASK FORCE MONTHLY MEETINGS

FREE and open to all (check zoom link on website)

4th Wednesday from 9:15am – 10:30am

Join our group and help us organize events and volunteer for special projects. We meet monthly to discuss issues facing the Age Friendly community. We are a group of the Parks and Recreation Commission.

AGE FRIENDLY FAIRFAX/MARIN FORUM (ON ZOOM)

FREE and open to all

4th Wednesday from 10:30am – 11:45am

Please check our Town website for monthly topics and zoom links. Topics have included Medicare Made Clear, Ageism, Wills & Trusts, Emergency Preparedness for Older Adults, Aging in Place with Grace, End of Life Planning, Medical Cannabis, Maximizing Your Memory, Smartphones, etc.

BREAKFAST WITH FRIENDS (ON ZOOM)

3rd Wednesday from 9:30am – 10:30am

Facilitated by a member of the Age Friendly Fairfax

Socializing is super important for older adults and for all ages! Join us with your coffee or tea, a muffin or toast to make new friends. Bring a neighbor, friend, family member or join us on your own. We'd love to have you. Zoom link on Town website.

ROSS VALLEY SENIORS

1st Thursday monthly

Fairfax and San Anselmo collaborate to offer this fun, active, social group with a monthly speaker or activity on zoom. For more information or to join the Ross Valley Seniors, contact: Kevin MacLeod at 415-258-4669 kmacleod@townofsananselmo.org

MAT YOGA & CHAIR YOGA WITH TAMELA (ONLINE)

Fairfax Recreation and Tamela are continuing to bring you SIX classes a week with online zoom Mat and Chair Yoga. Please email her directly at tamelak@comcast.net if you'd like to join this offering.

The yoga classes are designed for an adult age 55 or older. The theme of each class encourages beginners, and more active adults to become aware of their bodies through a gentle flow of yoga postures. Supported with a variety of props, the student is invited to explore safe alignment while improving their strength and balance. Each practice reinforces the relationship of breath with movement aiding the release of stress. The steady pace and instruction of class give students the confidence to begin or deepen a regular yoga practice.

PLATFORM: Zoom. You can sign up free: <https://zoom.us/> Please sign up and practice using the app before class.

Mondays

Chair Yoga 11:00-12:00 pm Please arrive and log-in early and get settled. The Zoom session will be open at 10:45 am We will start the class at 11:00 am.

Mat Yoga 1:00-2:00 pm Please arrive and log-in early and get settled. The Zoom session will be open at 12:45 pm We will start the class at 1:00 pm.

Wednesdays

Mat Yoga 9:30-10:30 am Please arrive and log-in early and get settled. The Zoom session will be open at 9:15 am We will start the class at 9:30 am.

Chair Yoga 12:00-1:00 pm Please arrive and log-in early and get settled. The Zoom session will be open at 11:45 am We will start the class at 12:00pm.

Fridays

Mat Yoga 9:30-10:30 am Please arrive and log-in early and get settled. The Zoom session will be open at 9:15 am We will start the class at 9:30 am.

Chair Yoga 12:00-1:00 pm Please arrive and log-in early and get settled. The Zoom session will be open at 11:45 am We will start the class at 12:00pm.

CLASS FEE: *Free (donations can be made to the Town of Fairfax)*

DANCE A LA MOXIE SENIORS

Contratti Ballfield
Instructor: Sisi M.P. Hansen
Tuesdays, 2:30-3:30pm; resumes February 23rd – ongoing
FREE

A progressive, FUN total body workout guaranteed to make you feel better, look better and be better! No experience necessary. The eclectic music will make you dance! Wear comfortable clothing and footwear to move in on the field. Covid protocols and safety will be followed. Please wear your mask.





FAIRFAX RECREATION

142 Bolinas Road, Fairfax, CA, 94930

www.fairfaxrec.com