

# Age Friendly Fairfax Newsletter

December 2023



***Building a healthy and livable community for all!***

Visit our website: <https://www.townoffairfax.org/departments/age-friendly-fairfax/>

***Aging in Fairfax, everybody's doing it!***

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## ***Upcoming Events:***

**December 6:** Breakfast with Friends

**December 7:** Ross Valley Seniors

**December 9:** Fairfax Craft Faire with Wreath Making

**January 3:** Breakfast with Friends

**January 4:** Ross Valley Seniors

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**Age Friendly Marin "Breakfast with Friends", Wednesday, December 6 and January 3, 9:30-10:30am.** Socializing is important for all and it's fun to connect. Join us for our monthly coffee, tea and/or breakfast and a friendly and enjoyable chat at Barefoot Café in Fairfax! This is a monthly breakfast date on the first Wednesday of each month.

**Ross Valley Seniors, December 7 and January 4 11:00am - 2:00pm** at the Fairfax Women's Club. Join the Ross Valley Seniors the first Thursday of every month at the Fairfax Women's Club. Meetings include Bocce ball and

social time at 11:00, lunch at noon and then a variety of interesting programs from 1-2 pm. **For the December 7 meeting, come hear local band “Dream Circle” for their holiday Sing-A-Long and bring a dozen cookies for the annual Holiday Cookie Exchange!** Please call Vincent Lin at the San Anselmo Recreation Department, 415-258-4669 to RSVP.

**Fairfax Annual Craft Faire (11-5 pm) with Wreath Making (2-4 pm), December 9 at the Fairfax Pavilion.** Celebrate the season with a selection of over 40 crafters, live musical entertainment and activities for children!  
<https://www.townoffairfax.org/event/2023-fairfax-craft-faire/>

**Age-Friendly Marin Forum, 4<sup>th</sup> Wednesday from 10:30-11:45 am:**  
Postponed for December, will be back in January.

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### **Town of Fairfax:**

Are you receiving the weekly Town of Fairfax Newsletter? If not, we really encourage you to do so as there is LOTS of news, information and events listed. Click this link to start receiving the Town’s newsletter asap, [subscribe here](#).

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### **Fairfax Recreation Classes**

With a hybrid model of fee for service and free (donations accepted to help support these programs). Offerings include Chi Gong, Chair and Mat Yoga (Zoom available), Dance classes and more! Join the fun and sign up today!  
<https://www.townoffairfax.org/age-friendly-online-classes-events/>

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### **Local News & Resources:**

**Adult and Aging Services Information and Assistance Line** provides information and referrals to the full range of services available to older adults, adults with disabilities and their family caregivers: **415-473-INFO (4636)** 8:30 am to 4:30 pm weekdays; [473INFO@marincounty.org](mailto:473INFO@marincounty.org).

**Ongoing - Emeritus Students College of Marin (ESCOM)** provides engaging free learning opportunities/clubs (i.e., Book, Chess, Astronomy, Digital Camera, Food Glorious Food Clubs etc.), monthly interactive programs, celebrations, and publication of member's creative writing, art & photos online. Available online and in person at campuses in Kentfield and Indian Valley. To

learn more about classes:

<https://marincommunityed.augusoft.net/info/landing/classes>

**Congregate Meals** For seniors 60+ years, sponsored by Marin County Aging and Adult Services, Monday at noon San Geronimo Valley Community Center, Tue/Thurs at noon, Margaret Todd Senior Center, Wednesday at 11:30 am Albert Boro Community Center, Thursday at noon, Corte Madera Community Center and Friday at noon, The Hilarita in Tiburon.



<https://www.marinhhs.org/nutrition-services-older-adults>

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**Fairfax Library has in-person programming for adults in the Community Room.** Library hours are Mon-Thursday 9-8 pm, Friday and Saturday 10-5 pm. Program highlights are listed below or check out the Fairfax Library calendar or call 415-453-8151 for more details.



### **DIY Henna Candles for Adults, Teens and Tweens**

**Dec 2, 2023, 2:00 pm – 3:00 pm.** Make beautiful henna-decorated candles with artist Rachel-Anne Palacios. You will learn all about henna, its traditional uses and how it is made. Then you'll get to create your own art on candles that make wonderful and unique gifts.

<https://marinlibrary.bibliocommons.com/events/654136f5a9308cd2411e1dco>

### **Ongoing Fabric & Fiber Makers' Club at Fairfax Library,**

**Dec 11, 6:00 pm-7:45 pm.** Calling all Quilters, Sewing Sirens, Mending Divas, Knitters, Spinner and Crocheters: Bring your project(s) to work on in a fun and lively social environment. Share your knowledge and expertise! This group meets the 2nd Monday of each month.



<https://marinlibrary.bibliocommons.com/events/63acc4ca4c01981c125c2703>

**Art Docent: Botticelli Drawings at the Legion of Honor, Dec 14, 6:30 pm-7:30 pm.** Join docent from the Legion of Honor to hear about their latest exhibit: Botticelli Drawings. This is the first exhibition dedicated to the drawings of the renowned Renaissance artist Sandro Botticelli (1445 – 1510). Organized by the Fine Arts Museums of SF, the exhibition features rarely seen and newly attributed works of this famous Italian Renaissance artist.

<https://marinlibrary.bibliocommons.com/events/65394f60cb391ed4419049bb>

**Ongoing Community Poetry Group: Monday, Dec 18, 2023, 5:00-7:00 pm.** Bring your poetry and your creativity to this monthly gathering to learn and to celebrate the written word. Attendees collaborate with one another in a welcoming environment using in-class writing, positive feedback, suggested themes and review of poetic forms. Led by local poet and author Brent MacKinnon. Meets the third Monday of every month.

<https://marinlibrary.bibliocommons.com/events/64a867b2e2efd12f00236347>

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**GETSETUP! Live Online Learning** Marin County Free Library has teamed up with **GETSETUP!** to provide many live online classes to keep you mentally, physically and socially active. Classes are interactive, easy to join, offered day & night and are **FREE**. Click here: <https://www.getsetup.io/partner/cslmarin>

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