

# **CONTACT US**

(413) 534-2625

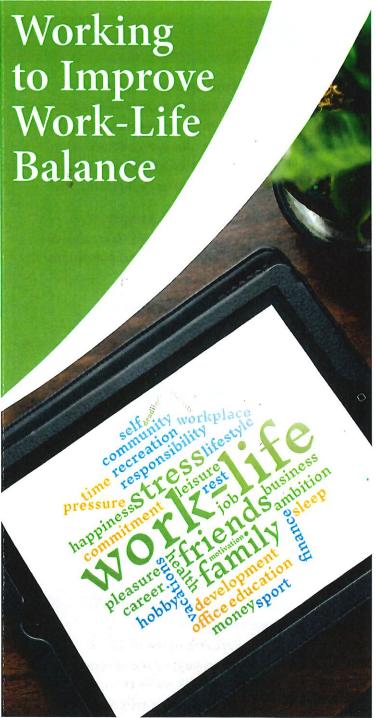
Holyoke Medical Center 10 Hospital Drive, Suite 306 Holyoke, MA 01040

Brock\_Joy@holyokehealth.com

www.concernwellness.com/hfd

Password: hfd600







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Stress and problems are a part of life. CONCERN recognizes the value of clarity and perspective, and knows it takes strength and courage to talk to someone outside of friends and family. Let us provide you with the resources you need to get back on track.

#### Information and Consultation

Don't know where to start? Give us a call and we can provide information and consult on concerns.

#### **Professional Assessment**

We do not diagnose, but we can address concerns to identify the exact nature of the problem.

### **Solution Focused Counseling**

You and your immediate family can receive one to six counseling sessions free. If a new problem arises or you find you need the service again, you can access CONCERN.

#### **Qualified Referrals**

If legal, financial or long-term therapy is needed, we help find the professional that is right for you. We do the work of finding them, so you don't have to.

# Unsure About Using CONCERN? Consider This:

- All services are free to use
- No insurance co-pays or out-of-pocket costs for CONCERN services
- Prompt response we usually schedule appointments within one to three business days and are responsive to your needs
- Both day and evening appointments are available

## **Confidentiality & Privacy**

Confidentiality and privacy is very valuable to us, which means you can self-refer. Human Resources, Supervisors, and Managers will not be aware you are utilizing the services unless you inform them.

If your job formally refers you, content is kept in strictest confidence. Additionally, our records are kept separate from company databases.

Therapy is a private event we take very seriously. No one will know you have contacted us, unless you tell them.

