

Emergency Supplies Kit

Recommended Supplies to Include in a Basic Kit:

- **Backpack or storage tub to hold your supplies**
- **Bottled Water**
 - 1 gallon per person is recommended
- **Non-Perishable food**
 - If including canned foods, you must include a can opener
- **Flashlight with extra batteries**
- **First Aid Supplies**
 - Bandages
 - Ointment
 - Disinfectant wipes
- **Tissues**
- **Toilet paper and bags with ties for personal sanitation**
- **Paper and pen or pencil** (to take notes, play games, etc.)
- **Sleeping bag or warm blanket** (recommend one for each person in your home)
- **Wrench or pliers to turn off utilities**
- **Personal hygiene items (travel size deodorant, cotton swabs, feminine items, etc.)**
- **Whistle to Signal for help**
- Important documents (identification, insurance information, banking information, wills, etc.)
- Emergency reference materials such as a first aid book
- Battery powered radio and a NOAA Weather radio
- Formula and diapers (if there is an infant in the house)
- Extra pet food (if there are pets in the house)
- Dust mask or cotton t-shirt, to help filter the air
- Plastic sheeting and duct tape to shelter-in-place
- Can opener for food (if kit contains canned food)
- Cups and utensils
- A change of clothes for each person in your home (if you live in a cooler climate make sure the clothes are warm!)
 - Also include a jacket, hat, gloves and closed toe shoes for walking (boots or sturdy sneakers are best)
- Rain gear
- Cash
- Paper towels
- Fire Extinguisher
- Cards or game (it is important to have something to do to take your mind off the situation for a few moments or alleviate stress if you will be in your shelter for an extended time)