Emergency Supplies Kit

Recommended Supplies to Include in a Basic Kit:

- Backpack or storage tub to hold your supplies
- Bottled Water
  - 1 gallon per person is recommended
- Non-Perishable food
  - If including canned foods, you must include a can opener
- Flashlight with extra batteries
- First Aid Supplies
  - Bandages
  - Ointment
  - Disinfectant wipes
- Tissues
- Toilet paper and bags with ties for personal sanitation
- Paper and pen or pencil (to take notes, play games, etc.)
- Sleeping bag or warm blanket (recommend one for each person in your home)
- Wrench or pliers to turn off utilities
- Personal hygiene items (travel size deodorant, cotton swabs, feminine items, etc.)
- Whistle to Signal for help
- Important documents (identification, insurance information, banking information, wills, etc.)
- Emergency reference materials such as a first aid book
- Battery powered radio and a NOAA Weather radio
- Formula and diapers (if there is an infant in the house)
- Extra pet food (if there are pets in the house)
- Dust mask or cotton t-shirt, to help filter the air
- Plastic sheeting and duct tape to shelter-in-place
- Can opener for food (if kit contains canned food)
- Cups and utensils
- A change of clothes for each person in your home (if you live in a cooler climate make sure the clothes are warm!)
  - Also include a jacket, hat, gloves and closed toe shoes for walking (boots or sturdy sneakers are best)
- Rain gear
- Cash
- Paper towels
- Fire Extinguisher
- Cards or game (it is important to have something to do to take your mind off the situation for a few moments or alleviate stress if you will be in your shelter for an extended time)