

# General Guidelines for Everyone

## GENERAL REQUIREMENTS FOR INDIVIDUALS:

- All individuals living in the City of Jackson are encouraged to stay at home when not engaged in permitted activities.
- When not at home maintain social distancing of a minimum of six-feet between each individual.
- Gatherings of more than ten people are prohibited.
- Any individual who is over age two and able to medically and physically tolerate a face-covering (a mask or cloth face covering) shall be required to cover their nose and mouth with a face covering when in a public place when social distancing of six-feet between individuals cannot be consistently maintained.

## GENERAL RECOMMENDATIONS FOR ALL INDIVIDUALS:

- Continue following the [Five Core Actions](#)
- Minimize non-essential travel and follow CDC guidelines regarding quarantine following travel.

## HIGHER-RISK INDIVIDUALS

All vulnerable individuals, including all elderly individuals (age 65 or older per CDC guidelines) and individuals with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune system are compromised as such by chemotherapy for cancer or any other condition requiring such therapy, are especially encouraged to continue to stay at home.