Mayor’s Greeting

Dear Friends,

One of my greatest privileges each year is to present the State of the City. As I prepared the highlights from 2019, I was, once again, overwhelmed with pride in all that the City accomplished throughout the year; and, I am excited to witness the fantastic developments on the horizon. I encourage you to visit the City’s website at www.ketteringoh.org to watch or read the full State of the City Address to celebrate our accomplishments and see what’s in store for 2020.

During 2019, we continued our dedication to redevelopment and reinvestment in Kettering. We enjoyed watching many of those projects come to fruition leading to another year of vital expansions.

Kettering Business Park is now home to an Amazon “last-mile” package distribution center. The site holds a 100,000 square foot distribution center and associated delivery vehicle parking areas. The Amazon facility began processing and delivering packages in July and is now fully staffed and operational. Nearly 400 part time Amazon employees are working in the facility with 6 companies providing drivers for the operation.

Alternate Solutions Health Network continues to thrive and expand in their new headquarters with expected growth in employment of 340 jobs by 2021.

Kettering Health Network opened their state-of-the-art command center to handle scheduling and patient management bringing 25 jobs to Kettering Business Park. The facility could eventually house up to 300 employees.

Tenneco made significant improvements and major equipment purchases at their facility on Woodman Drive. Tenneco’s employment rose during 2019, and we anticipate continued growth through 2020.

Community Tissue Services is slated to complete the 132,000 square foot expansion of their headquarters in the Miami Valley Research Park in 2020. The City completed the construction of College Drive, extending the roadway from Research Boulevard to Founders Drive. Our investment to complete this roadway will significantly enhance opportunities for future expansion of CTS and will help to attract new companies to the adjacent available parcels.

We place a great deal of focus on attracting new businesses and helping those already in Kettering grow and thrive. In Kettering, the vast majority of our amenities and valued city services are funded by income tax. A strong Kettering workforce supports the infrastructure, facilities and services our residents and business communities treasure.

Our most important goal is to protect the investment that you made when you decided to call Kettering home. To continually achieve and exceed that goal, we invest in our commercial centers to support job growth, as well as in our neighborhoods and world-class amenities to maintain the exceptional quality of life we are known for here in Kettering.

Sincerely,

Donald E. Patterson, Mayor

Visit www.ketteringoh.org and sign up to receive The Starter—Kettering e-newsletter.
“It is my belief that a community cannot remain strong without a tradition and spirit of volunteerism. Through activities, the volunteer becomes knowledgeable about the community, its goals and its problems. The volunteer thereby joins forces for improvement. A volunteer becomes a spokesperson for a better community and, in turn, recruits others to a charitable or community cause. Volunteers are, indeed, Kettering’s most valuable asset.”

These were the words spoken by Mayor Charles F. Horn in 1979, as the vision for a formalized volunteer program became a reality.

Fast forward 40 years. What began with a small group of volunteers has now become a force of over 1,100 dedicated individuals who work diligently to improve and enhance the City’s programs and activities. In fact, volunteers still work toward the mission established long ago.

The mission of the Kettering Volunteer program is to offer citizens opportunities to become involved in their city by assisting City staff in a variety of jobs and organizing activities that expand programs, enhance services, build an understanding of city government and encourage community pride.

November 21, 2019, was a historic day in Kettering as members of City Council, City staff and hundreds of volunteers gathered at Presidential Banquet Center to celebrate the 40th anniversary of the City of Kettering Volunteer Program which was one of the first local government programs in our nation.

As guests enjoyed a traditional Thanksgiving meal, Vice Mayor Bill Lautar presented volunteers with certificates and gifts in recognition of the thousands of hours donated. From July 1, 2018, until June 30, 2019, 1,124 volunteers contributed 31,831 hours. This gift of time and talent saved the City over $787,000 in staff time in one year and over $23 million since the program’s inception.

Congratulations to all of our volunteers! The City of Kettering is thankful for their enthusiasm, wisdom, time and talents. We look forward to working with them to continually improve and strengthen our city.
Medicare Counseling Saves Kettering Residents Money

Medicare is one of the most complex programs that the Federal Government offers. There are hundreds of options from which to choose with various price tags that can change drastically from year to year. The Ohio Senior Health Insurance Information Program (OSHIIP) provides one-on-one assistance to help seniors navigate through the many offerings and ensure they opt for the plan that best fits their needs.

The OSHIIP volunteer counselors are not agents. They are specially trained by the State Department of Insurance to meet the medical insurance needs of those with Medicare and Medicaid. Counselors receive no compensation from insurance companies, and they provide their services free of charge to anyone who needs their help. There is no pressure to buy anything.

The Kettering Connection in Town and Country Shopping Center is staffed with two OSHIIP counselors to provide assistance. Vickie Carraher, City of Kettering Senior Services Coordinator and Connie Blum, Montgomery County Volunteers Coordinator, have more than 30 years of experience with the OSHIIP program and are ready to help make the process less confusing.

During open enrollment, the counselors at the Kettering Connection assisted 236 people with an average savings of $452 per year totaling $106,672 in savings. One client seeking assistance with drug coverage found it difficult to afford the insulin needed to control diabetes. She was only taking half the dose that the doctor prescribed to curb her expenses. Upon meeting with an OSHIIP counselor, the client discovered she qualified for a prescription assistance program. The cost of her insulin went from $1,250 per month to being fully covered by the program. Not only did this savings allow her to take the proper dosage prescribed, she can now afford fresh fruits and vegetables to help control her diabetes.

Counselors are available throughout the year to help those new to Medicare, individuals needing assistance filing for Medicaid and people seeking solutions to decrease drug costs. OSHIIP counselors are also available to assist with Medicare and Medicaid appeals.

For more information about the OSHIIP program, please contact the Senior Service Coordinator at 937-296-3356 or by email at vickie.carraher@ketteringoh.org.

Area Code Dialing Required February 8

Beginning February 8, 2020, all local phone calls will require dialing an area code plus the 7-digit number. Beginning March 8, 2020, the 326 area code—approved by the Ohio Public Utilities Commission—will be assigned to new phone numbers in the same geographic region as the current 937 area code.

Christmas Gathering at Polen Farm

Each year, Polen Farm serves as a beautiful setting for the annual Christmas Day Open House. Thanks to the commitment of our dedicated volunteers, more than 350 guests were able to enjoy the holiday surrounded with the warmth and fellowship of the season! We are truly grateful to our volunteers and to the area businesses for supporting this effort. A very special thank you to the following community partners:

- Kohler Catering
- Kettering Noon Optimist Club
- Day Air Credit Union
- Kettering Medical Center
- Mikesell’s
- 2nd & Charles
- Town & Country Shopping Center

Your support allows us to continue offering this event to our community free of charge.
Kettering & Steyr Celebrate 50 Years as Sister Cities

This year, Kettering and Steyr, Austria celebrate their 50th year as sister cities. In July, an adult group, as well as students participating in the exchange program, will travel to Germany and Austria.

Sister Cities, originally known in Europe as “town twinning”, is a concept whereby towns or cities in geographically and politically distinct areas are paired with the goal of forging relationships and cultural links. Following World War II, “twinning charters” between cities formerly on opposite sides fostered a closer understanding of each other, promoting acts of peace and reconciliation. In North America, the official American “Sister Cities” program was launched in 1956 by President Dwight Eisenhower. The Kettering City Council established the Kettering Sister City Committee more than 50 years ago on March 28, 1967. Mayor Charles Horn said, “Kettering embraced the Sister Cities concept to promote cultural understanding of another city and country and build international friendships.”

After three years of research, the Sister City Committee made two recommendations to City Council. Kettering’s relationship with Steyr, Austria was established by City ordinance in March 1970, and with the Borough of Kettering, England, in February 1978.

Sister Cities often have similar demographic and other shared characteristics. Mayor Horn said, “Steyr was selected because it was similar to Kettering in many ways and would be the most likely to attract the interest of our citizens.” Steyr is about the same size as Kettering, and the cities share a history of auto and tool manufacturing.

Steyr is located on the confluence of two rivers and Kettering is close to five rivers. Both cities benefited by visionary industrialists who advanced modern industrial techniques while at the same time improving conditions for workers. There are differences, too. Steyr is more than 1,000 years old and Kettering was only 20 years old at the time. Both cities have a common goal of fostering strong relationships by bringing people together.

On October 2, 1971, Mayor Charles Horn and Councilmember Gerald Busch made a sponsored trip to Steyr to sign the Treaty of Friendship, and the exchange program began. A delegation from Steyr visited Kettering in 1975; and in 1976, Mayor Horn and Councilmember Busch led a group of Kettering citizens to Steyr.

The visits are valuable in creating an understanding of each other as guests are hosted by local families and live with them during their stay. Many longtime friendships have developed.

Busch said, “When you sit in someone’s home in another country, there is an understanding established. You talk about your children and grandchildren and really get to know each other.”

The Kettering Sister Cities program is award winning, receiving international recognition for Best Overall Youth Exchange in 1987 and a five-time winner of Best Overall Program. A particular point of pride for the Kettering Sister Cities Association is the continuous history of youth exchanges. Every year since 1976, Steyr and Kettering youth groups have alternated visits to each other’s countries. Because of these student interactions, many long-term friendships have been established.

During the early years, the Sister Cities Committee held many events and cultural activities to promote their affiliation with Steyr, and many of them are continuing today. The first Spass Nacht was held in 1975 and remains an annual, summer event in Lincoln Park. Proceeds benefit the Kettering Sister Cities Association’s successful cultural exchange programs.

Kettering Sister Cities Committee is a volunteer organization which relies on the support of their dedicated members to make events like Spass Nacht and the annual Youth Enrichment Exchange possible.

To kick off the 50-Year Celebration of the Kettering and Steyr affiliation, there will be two tours to Steyr—an adult group and a student exchange. Al Fullenkamp, Chair of the Kettering Sister Cities Committee, said, “We continue to work toward fulfilling our mission to build relationships with our Sister Cities worldwide.”

This is a terrific opportunity to build relationships with fellow Kettering residents and far beyond with our sister city friends. To be a part of this tradition, visit www.ketteringsistercities.com.

Find out how you can join our adult and student groups traveling to Steyr in July 2020. Visit www.ketteringsistercities.com.
Your 2019 City of Kettering Income Tax Return is due on April 15, 2020

Our Tax Department recently mailed the 2019 City of Kettering Income Tax postcard. In an effort to reduce costs related to paper, printing, and postage, please note that NO TAX FORMS WILL BE MAILED TO YOU. Forms are available on our website at www.ketteringoh.org or you may utilize one of the alternative filing methods described below. To avoid late filing fees, your 2019 return must be received in our office or postmarked by April 15, 2020.

Who Must File

All residents (including part-year residents) of the City of Kettering who are 18 years of age and older are required to file an annual income tax return. A return is required regardless of income or employment status. Please note: Active duty military personnel and individuals with no reportable income or loss for the current year are subject to the mandatory filing requirements.

Non-residents of the City of Kettering who have income or loss, earned or derived from within the City, and from which Kettering tax was not fully withheld, must file a return.

Exceptions to Mandatory Filing Requirement

Permanently retired/disabled individuals with only non-taxable sources of income or loss (such as social security, pension, interest, and dividends) may qualify for exemption. If you feel you qualify for an exemption, please complete the Declaration of Exemption return (available on our website) and submit it to our office with all required documentation as specified on the form.

Filing Methods

There are several convenient options for filing your city income tax return. Electronic filing and fill-in forms are available on the City of Kettering website at www.ketteringoh.org

Individuals with only wage income reported on Form W-2 are eligible to file electronically. All other individuals may utilize the fill-in forms.

Additionally, you may visit the Income Tax Division office, located at 3600 Shroyer Road, Kettering, OH 45429, to obtain forms or have your return prepared by one of our staff members.

City of Kettering Income Tax Return preparation is a free service and no appointment is necessary.

Visit our office before April 1 for the fastest service.

Required Documents

As required under state law, the Federal Form 1040 must be attached to the City of Kettering Income Tax Return at the time of filing.

Additional supporting documentation that is required to be attached to the City of Kettering Income Tax Return includes (but is not limited to): Form(s) W-2 (if applicable), Federal Schedules C, E, F or K-1, Form(s) 1099-Misc and Form(s) W-2G.

Part-year residents should also include pay statements reflecting year-to-date figures relating to the period of time you resided within the City.

Online Payment System

An online payment system is available for the payment of tax balances, estimated tax payments and payment plan payments via electronic check, credit card or debit card. Please note, a convenience fee will be added to all credit and debit card payments.

Contact Information

Mail your return to:
City of Kettering Income Tax Division
P. O. Box 639409
Cincinnati, OH 45263-9409

Physical location:
3600 Shroyer Road
North Building
Kettering, OH 45429

Business Hours:
Monday – Friday
8 a.m. – 5 p.m.

Phone: 937-296-2502
Fax: 937-296-3242

Website: www.ketteringoh.org
Email: ketteringtax@ketteringoh.org

(The information contained herein is illustrative only. The City of Kettering Income Tax Code and the Ohio Revised Code supersede any interpretation presented.)

Safety Village Registration Begins

Kettering Safety Village, sponsored by the Dor-Wood Optimist Club, is a week-long transportation and life-safety program for children who are entering Kindergarten. Registration begins for Kettering residents on February 17, 2020, and is open to non-residents on April 1, 2020. The registration fee is $20 for all participants and space is limited.

Safety Village is held at J.F. Kennedy Elementary School, June 1-19, 2020. Two sessions are offered each week: 8 to 10 a.m. and 10:30 a.m. to 12:30 p.m. For information, visit www.ketteringoh.org/kettering-safety-village/
Spring is an ideal time to accomplish projects that improve your home's curb appeal. Here is a checklist of 19 projects that can make a big difference:

- Clear out landscape beds and put down fresh mulch. Mulch and compost are available free for Kettering residents in the spring at Indian Riffle Park.
- Trim trees and shrubs. Remember that they may not overhang sidewalks or streets. Remove overgrown and invasive shrubs. Yard debris may be placed in your Waste Management toter for collection on your regular trash day or it can be taken to the Yard Debris Center beginning March 2.
- Repair broken, cracked or deteriorated siding or trim.
- Repaint areas with cracked and peeling paint.
- Seal doors and windows to improve energy efficiency and prevent drafts.
- Check the roof for peeling or missing shingles and loose flashing.
- Check gutters and downspouts for debris. Repair any leaks or damage.
- Dispose of unlicensed or inoperable vehicles.
- Mow the grass and weed the landscaping on a regular basis. Grass must not exceed a height of 8”.
- Regularly remove trash and yard debris and clean up after pets.
- Avoid erosion by seeding bare spots in the yard.
- Check fences and sheds, replace and repair broken or rotting sections. Repaint as necessary. Clean up areas along your property that are adjacent to public streets and alleys.
- Don’t store household furniture or appliances outdoors. Keep items which are meant to be stored outdoors in a neat and orderly appearance.
- Replace or repair missing or damaged entry doors and garage overhead doors.
- Check hinges or latches on windows and doors to ensure they function properly.
- Check for loose or cracked mortar joints in brickwork.
- Make sure steps and walkways are in good condition, free from debris, cracks, holes and flaking concrete.
- Check house foundation and walls for cracks or breaks.
- Check windows and doors for broken glass, torn screens and deteriorated or loose frames, sills, or sashes.

You should annually evaluate the condition of your property to identify needed repairs. A lot of money can be saved by correcting problems before they become major repairs.

If you need financial assistance with the cost of making repairs to your home in Kettering, we may be able help. The City of Kettering has programs to assist low and moderate income families with emergency repairs, minor repairs and comprehensive rehabs. To qualify your household must meet established income limits and typically your home should have some built-up equity. If you are interested in any of these programs or need more information, please call Andria Perkins at 937-296-3308.
We’re all hoping for an early spring for obvious reasons. But, for us, it’s not just for warmer weather. The Kettering Police Department has many things to celebrate this spring—many of which include our continued partnership with our residents!

We will watch our police building transform into one that meets our needs spatially, tactically and technologically. This long-awaited renovation will include a second story for administrative offices and reorganized space in the original building.

As spring approaches, we will watch our employees acclimate to new roles and responsibilities. During December, we said goodbye to Captain Mark Burian who served KPD since 1992 after serving the Howland (OH) Police Department. Captain Burian’s departure left room for promotions to take place. Lt. Mike Gabrielson was promoted to Captain, Sergeant Adam Savino stepped up to Lieutenant and Patrol Officer Matt Morgan rose to Sergeant.

Each spring, we pay homage to peace officers who made the ultimate sacrifice and those who continue to serve during National Police Memorial Week May 10 through 16. Several of our officers attend the tributes in Washington, DC to proudly represent the Kettering Police Department. Stay tuned for details on KPD’s annual police memorial ceremony. We encourage the public to attend.

The warmer weather brings opportunities for KPD to spend more time with our residents. The Touch a Truck event is a community favorite as people of all ages can check out first responder vehicles. Fire engines, police cruisers, SWAT vehicles and a host of other trucks and equipment will be on display. Families can bring their little ones to touch, climb on and sit in any of the cool vehicles we will have at the event.

Finally, just before summer arrives, Safety Village will begin. Safety Village teaches incoming kindergartners basic traffic safety concepts to heighten injury prevention awareness and life safety skills. Kettering Safety Village is a week-long summer program operated by the Engineering Department Safety Section in collaboration with Kettering City Schools, Kettering Fire Department, Kettering Police Department and middle and high school student volunteers, and is sponsored by the Dor-Wood Optimist Club.
Recreational Fires & Yard Debris

Spring brings thunderstorms and windy days, often littering our yards with sticks and other debris. Kettering Fire Department often gets called when this yard debris is burned and the smoke becomes a nuisance to the neighboring properties. Please remember that recreational fires can only be fueled by clean dry firewood. Fresh cut sticks and other yard debris create excessive smoke when it is burned.

All yard debris can be dropped off at the Kettering Yard Debris Center beginning March 2, at 1840 Woodman Center Drive. Please visit ketteringoh.org/yard-debris-center or call 937-296-3255 for information about this center.

Fall Prevention

Nearly five times per day, The Kettering Fire Department responds to help someone who has fallen. These falls often result in serious injury requiring surgery and extensive rehabilitation. According to the U.S. Center for Disease Control, one in four Americans, aged 65 and older, fall each year. Below are a few tips to follow to prevent falls and maintain your independence.

1. Talk to Your Doctor – Have a discussion with your doctor about any chronic or acute conditions that may affect your balance. Discuss the medications you are taking and how they may affect your balance.

2. Schedule an Eye Exam – Make an appointment with your eye doctor annually to ensure that you are using the appropriate corrective lenses.

3. Wear Sturdy Shoes – Wear shoes that fit firmly on your foot with a rubber sole that grips the floor.

4. Assess Your Home – Evaluate each room of your home while considering the following recommendations.
   - Remove or secure loose rugs.
   - Remove clutter from pathways through your home, including stairwells.
   - Ensure good lighting is provided throughout your home, especially at the top and bottom of stairwells.
   - Ensure lighting is available when getting up at night.
   - Have sturdy grab bars available in tub/shower and near toilet.

Tornado Sirens

The City of Kettering owns and operates nine disaster warning sirens located throughout the city. These sirens emit two types of warnings—constant and Hi-Lo tones. The constant or non-oscillating tone is used for disaster (i.e. tornado warning), and the Hi-Lo tone is for civil defense issues. An operational test of these sirens is conducted at noon, on the first Monday of each month. A few common questions we receive concerning these sirens include:

Will the sirens be activated again for the “All Clear”?

No. You should tune into local emergency broadcasts for further information. During an emergency of long duration (i.e. long storm), they may be activated more than once.

When I’m indoors, the sirens don’t seem loud enough, can you turn them up?

No. The siren warning system is designed to notify people outdoors of impending danger in order to seek shelter.

The siren near my house is very loud, can you turn it down?

No. Each siren covers a specific area; for those who live near one it will be louder than for those who live further away. If we turn them down, residents who live farther away may not hear the siren.
New Residential Refuse & Recycling Provider Requires Zero Preparation from Residents

Beginning July 1, 2020, Rumpke Waste & Recycling will begin hauling refuse and recycling for all 1, 2, and 3-unit dwellings. The City will enter a five-year contract from July 1, 2020, through June 30, 2025. Residents DO NOT need to re-register to continue their current service level. Trash collection days will remain the same.

Rumpke was selected for the new waste removal contract through a competitive proposal process conducted in September and October 2019. Rumpke provided the lowest and best cost proposal of the four hauling companies that submitted proposals. Waste Management’s proposed pricing was significantly higher than their current contract, and the highest of the haulers that submitted proposals.

Rumpke is equipped with new trucks and plenty of staff to meet Kettering’s needs.

Weekly refuse and recycling collection service levels will remain the same as well:

- Regular curbside automated service
- Subscription house side service
- Income-eligible senior rate service

New Rumpke disposal carts will be distributed throughout the City during June 2020. The current Waste Management toters will be collected during June and July 2020. Stay tuned for more information in the coming months regarding the transition from Waste Management to Rumpke.

City of Kettering Community Survey

The City of Kettering annually prepares an Action Plan to submit to the U.S. Department of Housing and Urban Development (HUD). The Action Plan explains how the City will assist low-to-moderate income residents in our community. The City is gathering input from stakeholders and residents in order to assess the needs of this community. Your input is extremely valuable to the City of Kettering and greatly appreciated.

Remember: What you share with us affects how we implement funding and programs in our community. Simply visit the website below, and take a few minutes to share your input.

Thank you.

The survey can be found online at this link:

www.ketteringoh.org/needs-survey/
As the City of Kettering ages, it is our responsibility to ensure that appropriate maintenance is scheduled to preserve the safety and appearance of our infrastructure, roadways and sidewalks. Each year, the City’s Engineering Department conducts a sidewalk, curb and drive approach repair program.

The program calls for a different section of the City to be inspected and appropriately maintained each year. The goal is to cover every area of the City within a 20 to 25 year period.

Along with most communities, Kettering property owners are responsible for the sidewalk, curbs and drive approaches abutting their properties. In Ohio, state law provides for this practice on the premise that property owners get the most benefit from these items because they are available for their use, and it enhances the value of their property.

The City Engineering Department inspectors review sidewalks, curbs and drive approaches and mark the sections that must be replaced based on established criteria. After the marking is completed, an explanation of the markings, a copy of the required work, an estimated cost and the options for completing the work are mailed to the affected property owners.

If there is a disagreement between the inspector and the property owner regarding replacement orders, the City Engineer will re-examine the curb, sidewalk or drive approach in question and make the final determination.

The two options for repairing the sidewalks and curbs are:

1. The property owner may hire a contractor. The contractor must obtain a right-of-way construction permit to replace the sidewalk, drive approach and/or curbs. The contractor has 30 days from the time the permit is issued to complete the work. The contractor must post a performance bond which will remain on file with the City for a period of 12 months. The contractor must also provide proof of insurance, listing the City of Kettering as an additional insured. The work must also have a final inspection from the City inspector. You may contact the Engineering Department at 937-296-2436 to check on contractor's bond and insurance status.

2. The contractor the City hires may complete the work. In the spring of the year the work is to be performed, the resident receives a letter stating the estimated cost. The City pays the contractor for the actual cost of the work. Once the work is completed and a final letter is sent to the property owners, the property owner may either pay cash to the City for the work or have the actual cost plus interest, and a County collection fee assessed to their property taxes.

Sidewalk, curb and drive approach repair is a vital part of neighborhood pride, as well as overall community spirit. If everyone does their part, improvements will be a lot easier. Any property owner that has questions about the program should contact the Engineering Department at 937-296-2436, Monday through Friday, 8 a.m. to 5 p.m. or at KetteringEngineering@ketteringoh.org

**City of Kettering Finance Department Receives Awards**

The City of Kettering Finance Department has been honored for 37 years with The Certificate of Achievement for Excellence in Financial Reporting and for 34 years with The Distinguished Budget Presentation Award from the Government Finance Officers Association.

The Certificate of Achievement for Excellence in Financial Reporting is awarded to governmental entities whose Comprehensive Annual Financial Report achieves the highest standards in government accounting and financial reporting.

The Distinguished Budget Presentation Award is presented to governmental entities that publish a budget document, which meets program criteria as a policy document, an operations guide, a financial plan and a communications medium.

Also, after an official review with Moody’s Credit Rating Services in July, the City’s Aa1 bond rating was reaffirmed.

Finally, the Finance Department received the Ohio Auditor of State Award with Distinction for the City’s 2018 audit and Comprehensive Annual Financial Report.

Visit our website www.ketteringoh.org/city-salary-and-spending-database/ to view the City’s annual budget, our Comprehensive Annual Financial Report, a searchable database of all city expenditures, a full listing of all city employee annual compensation and the latest version of all city collective bargaining agreements.
Pastor Brian Law and Serve Director Chris Wright of Christ Church United Methodist accepted the 2019 Kettering Volunteer Council Partnership Award from Advisory Council Chair, Kari Basson, at the annual Kettering Volunteer Recognition Luncheon held in November at Presidential Banquet Center. This award was created in 2016 by the Advisory Council as a way to recognize organizations and businesses that make significant contributions to the betterment of our community through continued service and dedication.

Christ Church was selected based on support provided for programs such as Cities of Service; National Make A Difference Day; the Christmas Day Open House at Polen Farm; and the Kettering Leadership Academy.

The members of Christ Church make service to our community a high priority. Their involvement with City of Kettering programs serves as a true model for other organizations. With the support of Christ Church, we’ve been able to expand and enhance our programs. We are truly grateful for this partnership!

Volunteer Advisory Council
The Volunteer Advisory Council was formed in the early 1980s to provide suggestions and advice for promoting volunteerism in the City of Kettering. The Council shares insight and expertise while being ambassadors for our volunteer program. They lend support to the Volunteer Administrator to champion volunteerism.

Pastor Brian Law and Serve Director Chris Wright of Christ Church United Methodist accepted the 2019 Kettering Volunteer Council Partnership Award from Advisory Council Chair, Kari Basson, at the annual Kettering Volunteer Recognition Luncheon held in November at Presidential Banquet Center. This award was created in 2016 by the Advisory Council as a way to recognize organizations and businesses that make significant contributions to the betterment of our community through continued service and dedication.

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Volunteer Opportunities
Spring and summer bring a multitude of opportunities to volunteer! Fraze Pavilion is an excellent way to enjoy the summer weather while meeting and greeting guests as they come to see their favorite artists perform. Volunteers attend a mandatory orientation in May and sign up for shows that work best with their own schedules.

What a great way to enjoy the summer!
- The Parks, Recreation & Cultural Arts Department provides several opportunities for students—14 and over—and adults to help at one of the many summer camps offered by Rosewood Arts Centre and Habitat Environmental Center. Camps are held throughout the summer. Volunteers may help for a week or two; or all summer. We will work with different schedules. This is an excellent chance to work with children as they discover new skills and talents! It is also a wonderful way to fulfill service hours required by schools or churches.

For volunteers only available evenings and weekends, why not help with some of our special events? Springtime brings a plethora of events coordinated by our Parks, Recreation & Cultural Arts Department. Most of these events are designed for families. Volunteers are needed to help with registration, serving food, set up and tear down, and youth activities. Volunteers are vital in ensuring the success of these events!

Please contact the Volunteer Office at 937-296-2433 to learn how you can be part of our amazing team or visit www.ketteringoh.org to complete an application.
2019 Make A Difference Day
Accomplishments
in Numbers

1.75 tons of brush and debris removed from the 2019 Cities of Service Neighborhood
4 garage sales held
6 properties improved
9 trees planted
180 volunteers participated
175 holiday place mats created for area nursing homes
279 emergency preparedness starter kits distributed
282 holiday greeting cards created for active duty military
450 volunteer hours donated

SPECIAL THANKS TO:
Christ Church United Methodist
Kettering Centerville Kiwanis
Muslim Sisters of Dayton
Adventure Princesses
Church of Jesus Christ
of Latter Day Saints
WSU Compassion in Action
David's United Church of Christ
St. Charles School Staff
SIGNS Youth Group
Good Shepherd Lutheran Church
ServeOhio
City of Kettering Volunteers
Kettering Volunteer Advisory Council
Cities of Service Team
Mayor Patterson and City Council
Day Air Credit Union
Town & Country Shopping Center
Kettering Health Network
Montgomery County

TOGETHER WE MADE A DIFFERENCE!
Adult Basketball Leagues: Friendly Competition

We talk a lot about the benefits of team sports for kids, but staying active and participating in a leisure activity with friends is just as important for adults. According to research by the Harvard University School of Public Health, adult sports leagues reduce the risk of heart disease, high blood pressure, certain cancers and stroke. They also help to reduce stress, boost self confidence and improve cognitive function.

The main reason adults don’t participate in sports is a lack of time (no surprise there), lack of fitness and lack of interest. As adult priorities and schedules take over, many people simply don’t consider participating in sports beyond high school or college age. But with so many physical, mental and emotional benefits, it’s time to put sports back on your radar.

John Beyer’s on Beyer Plumbing basketball team has played in the Kettering Recreation Complex league for around 14 years. “Playing sports with friends is something I’ve done since I was a child. We would get together after school and play basketball, baseball or football at somebody’s house,” Beyer explained. “An adult rec league was just the natural progression as we have aged. We still love the physical activity and competition.”

Andrew Hall and his friends on team Carpet House enjoy playing basketball and softball together.

Hall said, “We decided to form a basketball team because it is a great way to spend time with each other as we progress in our lives. We played softball together, but enjoyed being able to play basketball year round.”

Both teams cite the bond they’ve formed with their teammates as one of the most important aspects of the experience. “I enjoy the competition, the physical activity and the camaraderie with my teammates. Most of us have families that keep us busy, so basketball night is our one night that we kind of have to ourselves. We go out after our games for food, drinks and to watch sports. As we have gotten older, the after-game experience has become what it’s all about,” Beyer said.

“We really enjoy the bond that we have formed during our time absolutely dominating the competition. Our friendship off the court is reflected in our stellar play on the court,” Hall said. “Our favorite memory is winning back-to-back titles! Our team played for years without winning a title. However, we prevailed and lifted the trophy together! And then did it again.”

So, why play at the KRC? “A lot of us are from Kettering originally. And, it is the best quality and organized league in the area,” Hall said. “Niko and Jake do a great job at communicating and making it an enjoyable experience.”

Adult sports leagues are one of the best ways to stay physically active while having fun, maintaining a social life and taking time to PLAY! Don’t let these needs fall by the wayside—taking care of yourself is paramount. If you have kids, playing sports sets great examples for sportsmanship and staying fit.

The Kettering Recreation Complex offers adult basketball for recreational, mid-competitive and competitive teams. Softball and volleyball are also offered at various times throughout the year. For more information, visit playkettering.org.
Philip Found Fitness Success at the Kettering Recreation Complex

We're starting 2020 by celebrating Philip Erskine's success! Philip, who works out at the Kettering Recreation Complex and trains with Ben, lost 130 pounds on his journey toward health and wellness. How? We will let Philip tell you in his own words:

“I started my weight loss journey in April of 2018. After I decided that I wanted to lose weight, my first stop was the Kettering Recreation Complex to start my membership. It's affordable, convenient and my family has been coming here for years to participate in kids sports leagues. I have had a membership in the past, and I feel comfortable working out here.

My goal was to work out about four days a week. I started out slow and gradually built up intensity using weight machines and doing cardio on the elliptical. I knew that if I wanted to lose weight, I needed to change my diet, as well. I started using an app to track my calories and weight loss. It recommends a daily calorie amount based on my height and weight and adjusts as I lose weight. I started seeing results right away with diet and exercise. I knew I had a long way to go but I was making progress and that was encouraging.

After about six months of working out on my own, I decided to look into working with a personal trainer. I felt like my routine was getting stagnant. I started working with Ben twice a week. He challenges me and keeps things interesting by varying routines. I like that no two workouts are the same. Once in a while he’ll ask me how my diet has been, and if I say “it’s ok, not great”, he’ll say just try to have more good days than bad days. I try to keep that in mind when I have a not-so-good day; and, I try to do better the next day.

I started running in June 2019, and completed a 5k in August with my wife and kids. It felt so good to cross the finish line, and it was awesome having my family there supporting me. In September, I ran the Air Force 10k, and I hope to do the Air Force Half Marathon next fall.

I have lost about 130 pounds so far. I hope to lose a few more and learn how to keep it off. I'm grateful for Ben, the rest of the staff and the many people I've met while working out here. It's always nice to see a familiar face and hear some words of encouragement.”

Interested in trying one of our fitness centers or working with a personal trainer? Find out how to begin your journey by stopping by the front desk of the Kettering Fitness & Wellness Center or Kettering Recreation Complex, by visiting playkettering.org or by calling 937-296-2587.

Planning an Event in 2020? Reserve a Shelter

Let Kettering parks be a beautiful backdrop for your celebration this year! Birthday parties, anniversary celebrations, graduation parties or baby showers — our park shelters are clean, accessible and FREE! Shelters may be reserved between April 1 and October 31. There are several picnic shelter options:

**Non-Reservable Shelters** *(First-come, first-served basis)*
- Kennedy Park
- Oak Park
- State Farm Park
- Tait Park
- Van Buren Park
- Wenzler Park

**Reservable Picnic Shelters**
- Delco Park
- Indian Riffle Park
- Ernst Park
- Irelan Park

For more information, call the Parks Maintenance Office at 937-296-2486.
Kettering is Home to great job opportunities! Numerous seasonal temporary openings are available working with talented people who are dedicated to the community and want to be part of something bigger.

Our certified lifeguards supervise the safety of visitors at both Adventure Reef Water Park and the Main Pool at the Kettering Recreation Complex.

Our summer camps are staffed to help kids learn, stay engaged, grow and remain connected to their friends and our community during the summer.

We’re always looking for enthusiastic, friendly, customer-service minded team members to assist guests, answer questions and provide exceptional experiences at Fraze.

Our parks staff enjoy working outside in a beautiful setting, getting their hands dirty and seeing the impact of their work in our 21 parks.

You can make an impact close to home, while earning competitive pay, working a flexible schedule in modern facilities, expanding your resume and receiving training and certifications.

Visit playkettering.org/join-our-team to learn more about pay and qualifications, and to download an application.

Equal Opportunity Employer

Contact Numbers

Emergency
Police/Fire/Paramedic Emergency .................. 9-1-1
Non-Emergency
Police and Fire Dispatch ......................... 937-296-2555
Frequently Called Numbers
Animal Control ........................................... 937-296-3266
Building Permits & Zoning ............................ 937-296-2441
City Income Tax ...................................... 937-296-2502
Government Center .................................. 937-296-2400
Housing Rehabilitation ............................... 937-296-2441
Polen Farm ............................................. 937-435-5787
Property Maintenance Hotline ................. 937-296-3286
Recreation Complex/Water Park/Pool ... 937-296-2587
Rosewood Arts Centre ............................... 937-296-0294
Senior Adult Recreation ............................. 937-296-2480
Trash Information ..................................... 93-29-TRASH
Volunteer Office ........................................ 937-296-2433
Yard Debris Hotline ................................... 937-296-3255

Contact with Kettering is published quarterly by the City of Kettering to inform citizens about services, programs and issues in Kettering. Comments or suggestions are welcome and should be sent to the City of Kettering, 3600 Shroyer Road, Kettering, OH 45429.

Mary Azbill, Editor
Administrative Systems: Production

The City of Kettering invites people with disabilities to enjoy our programs, services, parks, and facilities. Please call 937-296-2439 for more information about accessibility or to request a modification. For TTY assistance, contact Ohio Relay Service at 800-750-0750.