

# COVID-19

CORONAVIRUS DISEASE 2019 UPDATE



## Safe Ways to Help Elderly Citizens

Kettering is home to exceptional residents always looking for ways to lend a hand. As we work together to meet the needs of our community during the COVID-19 crisis, there are a few things we can do to help the most vulnerable in our city.

First we need to check on our elderly neighbors. When you go to the grocery store, give your senior neighbors a call to see if they need anything. Stay safe by leaving supplies outside their door.

Another way to help our elderly neighbors is by simply calling to check if they are well. The City will also be making calls daily to check on seniors in the community who may not have family or a support system in place... If you are interested in helping with these calls, or if you need us to call and check on you, please contact Vickie Carraher, Senior Service Coordinator at 937-296-3356 or email at [vickie.carraher@ketteringoh.org](mailto:vickie.carraher@ketteringoh.org)

Thank you for continuing to do your part for the safety of our community.