

WELLNESS PORTAL

In order for your participation in the program to be tracked, eligible participants must be registered under the **City of Kettering Wellness Portal**. Please follow the steps below to log into your Wellworks For You account. **In accordance with HIPAA confidentiality laws, your individual data is accessible only to you and the third-party vendor, Wellworks For You.**

LOG INTO THE WELLNESS PORTAL

1. Go to www.wellworksforyoulogin.com
2. Your username will be: **Employee ID + COK**
 - Example: E01234COK (no spaces, dashes, or other punctuation)
3. Your temporary password* will be: **DOB in MMDDYYYY**
 - Example: 05121994
4. Accept the terms of the Consent Form
5. Fill in the required information

***PLEASE NOTE:** The temporary password is only for the first time you access the Wellness Portal and you will be prompted to change it upon entry. If you have accessed the Wellness Portal in the past, you should continue to use your existing password.

FORGOT YOUR USERNAME OR PASSWORD?

1. Go to www.wellworksforyoulogin.com
2. Click the link **Forgot Username** or **Forgot Password**
3. Follow the instructions to retrieve your username or reset your password
4. If issues persist, please contact Wellworks For You at **800.425.4657**

