

healthy
WOMEN
MIND. BODY. SPIRIT.

A to Zumba

**Tuesday
February 13**

5:30-8 p.m.

**Kettering Recreation Complex
2900 Glengarry Drive • Kettering**

every **heart** *matters*

**FREE
EVENT**

Zumba Heart Healthy Tips
Cooking Demos **Prizes**

Register Today!

(937) 558-3988

ketteringhealth.org/heart

 **KETTERING**
Health Network™

 **CITY OF KETTERING**
PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT

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