## SPA GUIDELINES

To ensure your enjoyment, please take a moment to review our guidelines.

- ★ All users must be at least 18 years of age or older to enter spa area.
- No public display of affection is permitted.
- **★** 15 minute time limit in each area (hot tub, sauna, steam room).
- **Hot tub is restricted to a maximum of 10 bathers at a time.**
- **★** Steam room is restricted to a maximum of 11 people at a time.
- **X** Sauna is restricted to a maximum of 9 people at a time.
- No grooming of any kind is permitted in whirlpool, sauna or steam room. (shaving, scrubbing, washing, spitting, etc.)





- make sure footwear is clean and free of debris prior to entering the Steam Room or Sauna.
- ★ do not tamper with or remove the spa jet covers.



## **CAUTION**

Do Not Use Alone

Pregnant women, elderly persons, and persons suffering from heart disease, diabetes, or low blood pressure should not enter the spa/hot tub without prior medical consultation and permission from their doctor.

Do not use the spa/hot tub while under the influence of alcohol, tranquilizers, or other drugs that cause drowsiness or that raise or lower blood pressure.

Do not use at water temperatures greater than one hundred four degrees Fahrenheit.

Long exposure may result in nausea, dizziness or fainting.

Phone and safety equipment is available in the pool office.

Thank you for your cooperation.

