

Kettering Recreation Complex, TRENT Center and CIL Center
Holiday Hours December 31, 2018 – January 6th, 2019

Monday 12.31	Tuesday 1.1	Wednesday 1.2	Thursday 1.3	Friday 1.4	Saturday 1.5	Sunday 1.6
Facilities Open:	Facility Closed – Happy New Year!	Facilities Open:	Facilities Open:	Facilities Open:	Facilities Open:	Facilities Open:
CIL: CLOSED KRC/TRENT: 5:30a-3p		CIL: 8a-8:30p KRC/TRENT: 5:30a-10p	CIL: 8a-8:30p KRC/TRENT: 5:30a-10p	CIL: 8a-5p KRC/TRENT: 5:30a-8p	CIL: 9a-Noon KRC/TRENT: 7a-6p	CIL: 12:30-4:30p KRC/TRENT: 10a-6p
Pool Schedule:		Pool Schedule:	Pool Schedule:	Pool Schedule:	Pool Schedule:	Pool Schedule:
Lap Swim: 5:30-8a (8 lanes) 8-10a (4 lanes) 10a-1p (2 lanes) Open Swim: 10a-1p KRC Closes at 3p		Lap Swim: 5:30-7a (7 lanes) 7-8a (8 lanes) 8-10a (4 lanes) 10-11a (8 lanes) 11a-Noon (4 lanes) Noon-1p (8 lanes) 3:45-5:30p (2 lanes) 5:30-6:30p (5 lanes) 6:30-7p (4 lanes) 7:30-8p (1 lane) 8-9:30p (2 lanes) Splash Time & Homeschool Swim: 11a-Noon Open Swim: 3:45-5:30p	Lap Swim: 5:30-7a (4 lanes) 7-8a (8 lanes) 8-10a (4 lanes) 10a-1p (8 lanes) 3:45-6p (2 lanes) 6-7p (4 lanes) 7-8p (1 lane) 8-9:30p (2 lanes) Open Swim: 3:45-6p	Lap Swim: 5:30-8a (8 lanes) 8-9a (4 lanes) 9-10a (8 lanes) 10a-Noon (4 lanes) Noon-1p (8 lanes) Splash Time & Homeschool Swim: 11a-Noon Main Pool Closes at 1p for Fairmont High School Swim Meet	Lap Swim: 7-8a (8 lanes) 8-9a (4 lanes) Noon-1p (2 lanes) 1-2p (8 lanes) 2-5:45p (2 lanes) Open Swim: 2-5:45p (Diving Board will not be available)	Lap Swim: 11a-Noon (8 lanes) Noon – 4p (2 lanes) Party in the Pool: Noon-2p (Diving Board will not be available) Open Swim: Noon-4p (Diving board will not be available)
Spa Open: 7a-2:45p		Spa Open: 5:30a-1p & 3:45-9:30p	Spa Open: 5:30a-1p & 3:45-9:30p	Spa Open: 5:30a-1p & 3:45-7p	Spa Open: 7a-5:45p	Spa Open: 11a-5p
Water Exercise Classes: 8a – Shallow & Deep 9a – Deep		Water Exercise Classes: 8a – Shallow & Deep 9a – Deep 6:35p – Shallow & Deep	Water Exercise Classes: 8a – Deep 9a – Shallow & Deep 6:05p – Deep	Water Exercise Classes: 8a – Shallow & Deep 10a – Deep	Water Exercise Class: 8a – H2O Cardio Cross Training	Water Exercise Class: 4p – Aqua Nia
Ice Arena Schedule:		Ice Arena Schedule:	Ice Arena Schedule:	Ice Arena Schedule:	Ice Arena Schedule:	Ice Arena Schedule:
Adult Skate: 8-10a Holiday Open Skate: 1-3p		Adult Skate: 8-10a Stick Time: 10-11a Holiday Skate: 11a-1p & 3-5p	Holiday Skate: Noon-2p Mixed Freestyle: 2-4p	Adult Skate: 8-10a Stick Time: 10-11a Holiday Skate: 11a-1p & 3-5p	Holiday Open Skate: 1-3p & 8-10p	Holiday Open Skate: 1-3p
Exercise Schedule:		<p>Each Certified Group Exercise Instructor is unique, with some teaching exercise classes in a darkened atmosphere and some in a lighted atmosphere. * denotes classes taught in a darkened atmosphere; ** denotes classes taught in a lighted atmosphere</p>				
Studio A 7:15a TRX Deep Stretch* 9:30a TRX* Studio B 9:00a Weights** 10:00a Zumba** 11:00a Pilates* Studio C 8:30a Indoor Cycle* KFWC 8:30a Indoor Cycle*						
Gym Schedule:	Gym Schedule:	Gym Schedule:	Gym Schedule:	Gym Schedule:	Gym Schedule:	
Senior: 8:30-11a	Senior: 8:30-11a Adult: 11:30a-1:30p Youth: 3:15-5p	Senior: 8:30-11a Youth: 3:15-5p	Senior: 8:30-11a Adult: 11:30a-1:30p Youth: 3:15-5p	Senior: 8:30-10:30a	Community: 1:30-3:30p Adult Volleyball: 3:45-5:45p	
Nursery Hours:	Nursery Hours:	Nursery Hours:	Nursery Hours:	Nursery Hours:	Nursery Hours:	
Closed	8a-12:45p & 5-8p	8a-12:45p & 5-8p	8a-12:45p	8:45a-Noon	Closed	