



Creating a common community language to help our kids grow and succeed.

ADOPT PROTECTIVE FACTORS

TO FACE CHALLENGES

BEHAVIORAL CHALLENGES



BEHAVIORAL PROBLEMS



CONFLICTS WITH FRIENDS OR FAMILY



TURNING TO DRUGS AND ALCOHOL



PHYSICAL ACTIVITY



EMOTIONAL SUPPORT



SOCIAL ACTIVITIES



SKILL DEVELOPMENT



PROPER NUTRITION



ADEQUATE SLEEP



COVID-19 UNCERTAINTY AND ADAPTATION



STRESS OF STUDIES



ANXIETY AND DEPRESSION

RESILIENCE

We are Responsible. We are Respectful. We are Safe.

Strengthen our youth to: learn new skills, build effective problem solving skills, increase empathy and kindness, and improve social emotional self management.



WE ARE KETTERING