

WE ARE RESPONSIBLE. WE ARE RESPECTFUL. WE ARE SAFE.

PLAY KETTERING

DECEMBER 2023 – FEBRUARY 2024



CITY OF KETTERING
PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT

December – February Program Registration Dates!

Four ways to register:

1. Online at www.playkettering.org
2. In person at one of our facilities
3. Over the phone
4. Through the mail

Register between
Oct. 30 – Nov. 12
to receive a **10%**
discount!

Kettering Residents
registration begins
October 30

Non-Residents
registration begins
November 6

Kettering Recreation Complex
937-296-2587
2900 Glengarry Dr.
Kettering, OH 45420

Rosewood Arts Center
937-296-0294
2655 Olson Dr.
Kettering, OH 45420

Kettering Fitness & Wellness Center
937-293-4FIT (4348)
3351 Shroyer Rd.
Kettering, OH 45429

Online Registration

To register online at www.playkettering.org, you will need a household account.
If you have not registered with us in the past, you can use the [create an account](#) link.
Once you submit your information, our staff will send your login information to the email you provide.

Forgot your password? Use the [forgot password](#) link to reset it.
If you do not know your login information, use the [forgot username](#) link or contact any information desk.

DIRECTOR'S LETTER



Dear Kettering Friends:

As the holiday season arrives, I am endlessly grateful for the warmth, spirit, and togetherness of this community. I am also thankful for your continued support of the Parks, Recreation and Cultural Arts Department (PRCA). We have made great strides this year thanks to you.

As we wrap up 2023 and look forward to 2024, I encourage you to stay active this winter by utilizing our excellent indoor fitness facilities. The Kettering Fitness & Wellness Center and Kettering Recreation Complex both offer indoor walking/running tracks, state-of-the-art fitness equipment, a variety of fitness classes for all ages, ice skating, personal training options and more.

With your support, we have made exciting progress on upgrades across Kettering.

Construction continues to progress steadily at the future site of Gentile Nature Park. It's so exciting to see the vision for this beautiful new neighborhood park coming to life. Gentile Nature Park remains on track for completion in summer 2024. Keep an eye on social media and [PlayKettering.org](https://www.playkettering.org) for updates on the progress!

The renovations at Rosewood Arts Center are also wrapping up after upgrades to the theater, painting and drawing studios, and more. We can't wait for you to see the reinvented and reinvigorated arts center at our celebratory open house on December 2nd. With specialized studios and exhibition space, Rosewood is ready to inspire creativity like never before.

Our expanded pickleball courts at Kennedy Park have been a huge hit since reopening in June. With 12 courts now available, Kettering has fully embraced this fun sport and hundreds of players are enjoying the game at a premium facility.

Of course, the holidays mean the return of cherished traditions like our Giving Tree program. Starting November 6th, you can visit city facilities to pick up a tag and shop for local students in need. Spreading holiday cheer to Kettering families is what it's all about.

And finally, ring in the season at the Mayor's Tree Lighting on December 1st at Lincoln Park Civic Commons! Enjoy carols from the Kettering Children's Choir, treats, and the lighting of the magnificent tree and lights throughout Lincoln Park. We'll also be supporting the Kettering Backpack Program, so please consider bringing mac and cheese cups to donate.

As 2023 draws to a close, I'm endlessly grateful to be part of such a vibrant, caring community. Thank you for your continued support of PRCA as we bring you exciting events and upgrades around Kettering. Here's to a wonderful holiday season and an amazing 2024!

Warm regards,

A handwritten signature in blue ink that reads "Mary Beth O'Dell".

Mary Beth O'Dell
Director



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REGISTRATION FORM

Can be found online at
playkettering.org/registration

REFUND POLICY

Our commitment is to make your experience successful. If you would like a refund, please contact us to discuss your experience.

Refund requests must be made within two weeks of a registered program's end date. For a full refund, requests must be made at least three days prior to the start of the program; otherwise a prorated refund of up to 75% will be offered. Special consideration may be given for life-altering situations and one-day experiences.

If payment method was cash, check or household credit, a refund will be via City check. There will be no cash refunds. If payment method was credit or debit card, a refund will be issued on the card used for payment.

This policy does not apply to facility rentals or pass purchases.

NOTICE TO PARTICIPANTS

Participants must recognize that all classes/activities of a physical nature involve some risk and by registering for a class/activity, there is an assumption of risk by the participant. The City of Kettering Parks, Recreation and Cultural Arts Department is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff. Every effort is made to ensure the safety of the participants and to provide them with first-class recreational activities, facilities and parks. In the event of a serious accident or illness, it is the policy of the City of Kettering to:

- Contact the Kettering Fire Department Paramedics to perform first aid and, when necessary, recommend transport of the victim to a hospital; and
- Reach the parent/guardian as soon as the situation allows.

FINANCIAL ASSISTANCE PROGRAM



The City of Kettering is committed to providing recreational opportunities to all Kettering area residents without regard to economic circumstances. For this reason, a financial assistance program is available for qualifying families or individuals through funds provided from the Kettering Parks Foundation. Applications for 2024 are available online and at all Kettering Parks, Recreation and Cultural Arts Department facilities. Applications are funded on a first-come, first-served basis, based upon eligibility. Funding decisions are typically awarded in April. More information on the Parks Foundation can be found on the website at: www.ketteringparksfoundation.org

FREE FAMILY FUN

We offer a variety of free events for you and your family to enjoy!



Mayor's Tree Lighting & Santa Paws

Friday, December 1, 6 – 8 p.m.
Lincoln Park Commons

Kickoff the holiday season with the *Mayor's Tree Lighting* and bring your pups for a photo op with Santa Paws!

For more information see page 20.



A Rosewood Holiday Arts Festival

Saturday, December 2, 11 a.m. – 3 p.m.
Rosewood Arts Center

Enjoy unique handmade gifts by local artists and take tours of the renovations of the Rosewood Arts Center!

For more information see page 50.



Meg Lagodzki (Painting) & Dayton/Kyoto Print Exchange

December 2 – January 6. Artists reception:
Saturday, Jan. 6, 11 a.m. – 1 p.m.
Rosewood Arts Center

View Meg Lagodzki's paintings of the Midwest landscape and the prints from Kyoto, Japan and Dayton, Ohio.

For more information see page 51.



34th Annual Works on Paper Juried Exhibition

January 22 – March 1. Artists reception:
Saturday, Jan. 27, 1 – 3 p.m.
Rosewood Arts Center

This popular exhibition returns for its 34th year, featuring artists living and working in Dayton!

For more information see page 51.



Sledding at Indian Riffle Park

When the snow falls, grab your sled and head to the Indian Riffle Park hill behind the Kettering Recreation Complex!

CITY OF KETTERING
PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT

Fitness Member Spotlight: Don Arnett

1. Tell us about yourself and how long you have been taking group exercises classes at the Kettering Recreation Complex.

I am a lifelong resident of the area, currently living in Oakwood. I have been attending classes at the Kettering Recreation Complex for a few years.

2. What personal obstacles have you overcome and how did our fitness facilities help you through?

The Kettering Recreation Complex helped to give me the confidence to achieve some of my dreams. The complex helped me to prepare for my pilgrimages and treks in the Himalayas and hikes in Croatia as well as Bosnia.

3. Do you have any personal health and fitness goals, have you won a competition, etc?

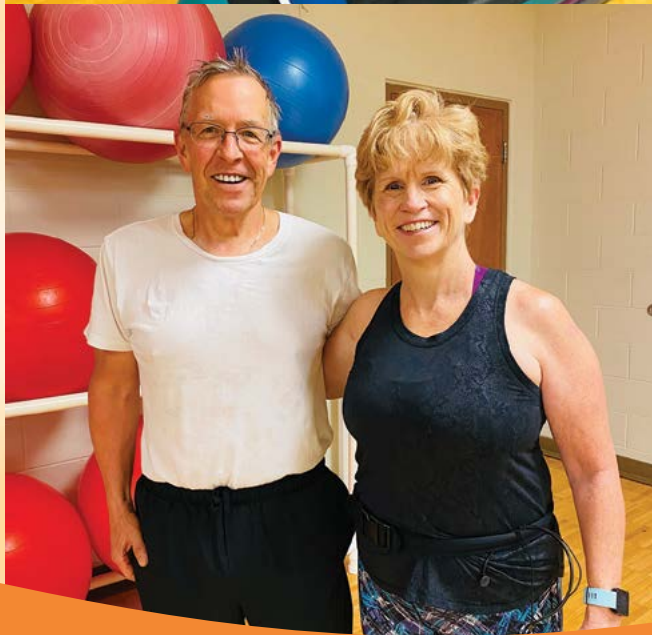
To be prepared for another, this time, successful completion of the Manasalu trek, as well as Mt. Everest base camp. (With no more helicopter rescues off the side of the mountain in the Himalayas.)

4. Why do you like attending the group exercise classes?

I enjoy the warmth and knowledge of the instructors as well as the people who attend. Everyone makes you feel very comfortable. I look forward to the classes as this has become not only a hobby but a lifestyle.

5. Is there anything else you would like to add?

The Kettering Recreation Complex is a treasure, a real gem. In our area, the value of what you receive is over the top. I have been coming to the complex for a few years. I have belonged to numerous exercise facilities throughout the area. The Kettering Recreation Complex is heads and shoulders above anything else.



Fitness & Wellness Supervisor
Lindsey Curry
937-296-2587
Lindsey.Curry@ketteringoh.org



Fitness Coordinator
Heather Boyer
937-293-4348
Heather.Boyer@ketteringoh.org

A variety of passes designed for **YOU!**



A **FITNESS PASS** provides access to both the Kettering Fitness & Wellness Center and Kettering Recreation Complex fitness rooms, the indoor tracks and spa.

An **EXERCISE PASS** provides unlimited access to drop-in exercise classes along with the indoor track.

If you want to use the fitness room and take drop-in exercise classes, our **FIT-EX COMBINATION PASS** allows you to do both.

If you like to swim, skate and work out, the **COMBINATION PASS** allows you to use the pool, ice arena, gymnasium, fitness rooms and participate in drop-in exercise classes.

No matter your goals, current fitness or comfort level, we have the facilities, classes and staff available to help you reach your goal!

With two fitness facilities, three exercise studios designed with you in mind, state-of-the-art equipment and knowledgeable and friendly staff, we will help you discover your fitness potential!

Kettering Recreation Complex

Home to a fitness center and three dedicated exercise studios, the Kettering Recreation Complex is our flagship fitness facility.

Kettering Fitness & Wellness Center

Featuring state-of-the-art fitness equipment.

2024 YEARLY UP-FRONT PRICING		
PASS TYPE	RESIDENT	NON-RESIDENT
FITNESS PASS		
Youth (12 – 17)*	\$125	\$182
Adult	\$190	\$277
Family (2 adults, 4 youth)	\$545	\$800
EXERCISE PASS		
Youth (12 – 17)	\$85	\$122
Adult	\$130	\$192
FIT-EX COMBINATION PASS		
Adult	\$245	\$357
COMBINATION PASS		
Youth (12 – 17)*	\$150	\$217
Adult	\$305	\$452
Family (2 adults, 4 youth)	\$885	\$1,310
NOTE: All passes are valid for 1 year from date of purchase unless noted. * Children ages 12-14 must be actively supervised by an accompanying adult, also in the fitness center, who can communicate and enforce behavior expectations.		

2024 12-MONTH INSTALLMENT PRICING		
PASS TYPE	RESIDENT	NON-RESIDENT
FITNESS PASS		
Youth (12 – 17)*	\$12	\$17
Adult	\$18	\$25
Family (2 adults, 4 youth)	\$48	\$69
EXERCISE PASS		
Youth (12 – 17)	\$9	\$12
Adult	\$13	\$18
FIT-EX COMBINATION PASS		
Adult	\$22	\$32
COMBINATION PASS		
Youth (12 – 17)*	\$14	\$20
Adult	\$28	\$40
Family (2 adults, 4 youth)	\$76	\$111
Monthly Installment Details <ul style="list-style-type: none"> • Passes do not automatically renew. • Payments are processed automatically on or after the 15th of every month. • A \$10 processing fee will be issued for declined payments. If two declined payments occur, the entire pass balance will become due immediately. 		

REGISTERED EXERCISE CLASSES



Gentle Stretch Yoga

Ages: 45+

In this gentle, full body workout, trust Kim to help you safely stretch your body and release all the tension and stress we accumulate daily. Great for individuals with movement limitations, beginners and seniors. Participants should bring a yoga mat, yoga straps and 2 yoga blocks. Limited shared equipment will be available. Please arrive no earlier than 5 minutes before class start time to find your stretching space. ***Classes will not meet on December 19, 21, 26 and 28 or March 26 and 28.**

01-20899-A	Tue.	8:30 – 9:45 a.m.	Nov. 28 – Jan.23
01-20899-B	Tue.	10 – 11:15 a.m.	Nov. 28 – Jan.23
01-20899-C	Thu.	9 – 10:15 a.m.	Nov. 30 – Jan. 25
01-20899-D	Tue.	8:30 – 9:45 a.m.	Feb. 6 – March 26
01-20899-E	Tue.	10 – 11:15 a.m.	Feb. 6 – March 26
01-20899-F	Thu.	9 – 10:15 a.m.	Feb. 8 – March 28

Fee: \$56/resident; \$70/non-resident
Location: Lathrem Senior Center
Instructor: Kim Zehnder



Tai Chi Chaun

Ages: Adult

Combat the stress in your life with a low-impact Tai Chi Chaun exercise class. The soft, slow, flowing movements aid balance, breathing, muscle tone, relaxation and concentration. Tai Chi Chaun even burns calories! This class is appropriate for participants with limitations on their level of activity. No equipment needed but please bring a water bottle.

01-20203-A	Sat.	10:15 – 11:15 a.m.	Dec. 2 – 23
01-20203-B	Sat.	11:30 a.m. – 12:30 p.m.	Dec. 2 – 23
01-20203-C	Sat.	10:15 – 11:15 a.m.	Jan. 6 – 27
01-20203-D	Sat.	11:30 a.m. – 12:30 p.m.	Jan. 6 – 27
01-20203-E	Sat.	10:15 – 11:15 a.m.	Feb. 3 – 24
01-20203-F	Sat.	11:30 a.m. – 12:30 p.m.	Feb. 3 – 24

Fee: \$30/resident; \$40/non-resident
Location: Kettering Recreation Complex Studio C



Adult Tai Chi

Ages: Adult

Tai Chi is a practice originating in China and has been used for many years to promote health and well-being. It has been seen that Tai Chi can help improve balance and relaxation. Tai Chi consists of slow, fluid motions, which are done in a standing position. This class is geared towards older adults and beginner Tai Chi participants. No equipment needed but please bring a water bottle.

01-20200-A	Tue.	8 – 9 a.m.	Dec. 5 – 26
01-20200-B	Tue.	8 – 9 a.m.	Jan. 9 – 30
01-20200-C	Tue.	8 – 9 a.m.	Feb. 6 – 27

Fee: \$30/resident; \$40/non-resident
Location: Kettering Recreation Complex Studio C



Ladies Group Training

Ages: Adult

Intimidated by weights and the typical Fitness Center image? Unsure of how to progress in weight training? Concerned that weight training will make you big and bulky? Our certified personal trainers will work you through these concerns and more in our 4-week group strength-training program for women. This program offers the same benefits of personal training at a fraction of the price, and with an added bonus of camaraderie. Exercise specialists and personal trainers will lead participants through a twice a week results-oriented, challenging, metabolism-kicking, and fun strength training program. Designed for both beginners and intermediate exercisers, goals and physical challenges will be established each week. Class is limited to six participants per session.

01-20209-A	M,W	4:30 – 5:30 p.m.	Jan. 8 – 31
01-20209-B	M,W	4:30 – 5:30 p.m.	Feb. 5 – 28

Fee: \$120/resident; \$150/non-resident
Location: Kettering Recreation Complex Studio C



PERSONAL TRAINING

Available at:

Kettering Recreation Complex Fitness Center
Kettering Fitness & Wellness Center

Learn more and meet our Personal Trainers on page 12.

Foam Roller Stretch

Ages: Adult



Learn how to use a foam roller to release muscle tension from your head to your toes. Foam roller class will offer many of the same benefits as a sports exercise massage, including myocardial release, breaking up trigger points and soothing tight fascia while increasing blood flow and circulation.

01-20205-A	Tue.	6:45 – 7:30 p.m.	Jan. 9 – 30
01-20205-B	Tue.	6:45 – 7:30 p.m.	Feb. 6 – 27

Fee: \$26/resident; \$33/non-resident

Location: Kettering Recreation Complex Studio C

Power Beats

Ages: Adult



Explore the exhilarating power of cardio drumming! Classes are designed for full body fitness, Drumbata, tone and strengthen, Fit Clix and wellness routines. Feel the pulsating rhythms with drumsticks and stability ball, while you dance and have fun with upbeat and cultural themes. Bring a Yoga Mat! No experience needed.

01-20234-A	Wed.	9 – 10 a.m.	Jan. 10 – Feb.14
01-20234-B	Wed.	9 – 10 a.m.	Feb. 21 – March 27

Fee: \$40/resident; \$50/non-resident

Location: Kettering Recreation Complex, Multipurpose Room

Instructor: Dorie Phillips

Drums Alive

Ages: 45+



Cardio drumming is specifically designed for full body fitness. Feel the pulsating rhythms while you dance, drum, tone and strengthen, while using drumsticks, stability ball, weights, shakers and more. Classes will accommodate seated or standing with modifications for all fitness levels. Come alive with Drums Alive! ***No class Monday, February 19**

01-20896-A	Mon.	12:30 – 1:30 p.m.	Jan. 22 – March 4
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Fee: \$40/resident; \$50/non-resident

Location: Kettering Recreation Complex, Studio B

Instructor: Dorie Phillips

Basic Self-Defense Education “R.A.D.”

Ages: 14+ (11 – 13 years old with adult)

The RAD program is a national program formally titled, “Rape, Aggression, Defense Systems.” Participants will learn realistic self-defense tactics and techniques. RAD is a comprehensive course for females that begins with awareness, prevention, risk reduction and avoidance while progressing on the basics of hands-on defense training.

	Tue.	6 – 9 p.m.	Feb. 6 – 27
	Tue.	6 – 9 p.m.	April 9 – 30

Registration: Call Lester Spinks at 937-296-2517, or email at lester.spinks@ketteringoh.org to reserve a spot

Fee: \$25 (\$10/additional family member)

Location: First class of each session meets at the Kettering Police Department, 3600 Shroyer Road. Last 3 classes of each session will meet at another location. Meeting location information will be given at the first class session.

Instructor: Lester Spinks, Kettering Police Department, Certified RAD Instructor

Ultimate Obstacles

Ages: 7 – 14



Inspired by the show “American Ninja Warrior,” this is a challenging and fun obstacle based course. Youth will work on developing strength, balance, jumping, rolling, footwork and grip! Don't miss out on this class opportunity!

01-20218-A	Sun.	12:30 – 1:45 p.m.	Feb. 25	Ages 7 – 10
01-20218-B	Sun.	2 – 3:15 p.m.	Feb. 25	Ages 11 – 14

Fee: \$9/resident; \$11/non-resident

Location: Kettering Recreation Complex Studio B

Group Exercise

Schedule and class descriptions can be found online at:

www.playkettering.org/group-exercise
the PlayKettering app or by calling
937-296-2587 for additional information.

	Res.	Non-Res.
Drop-in Class		
Youth (12 – 17)	\$6	\$9
Adult	\$7	\$11
Annual Pass		
Youth (12 – 17)	\$85	\$122
Adult	\$130	\$192



COLLEGE PASSES

College Winter Combo Pass

- Unlimited access to indoor pool and spa, ice arena, gymnasium, two fitness centers, and 55 drop-in exercise classes/week
- Valid from November 15 – January 15
- Residents \$81; non-residents \$117

College Winter Fitness Pass

- Unlimited access to both fitness centers
- Valid from November 15 – January 15
- Residents \$51; non-residents \$72

College passes require presentation of a valid, college student ID. College passes are paid in full, no monthly or prorated rates.



FITNESS CENTER GENERAL INFORMATION

Fitness Center Hours

Monday – Thursday: 5:30 a.m. – 10 p.m.
 Friday: 5:30 a.m. – 8 p.m.
 Saturday: 7 a.m. – 6 p.m.
 Sunday: 10 a.m. – 6 p.m.

Special Holiday Hours

Holiday	Date	Hours
Christmas Eve	December 24	10:00 a.m. – 2 p.m.
Christmas Day	December 25	Closed
New Year's Eve	December 31	10:00 a.m. – 2 p.m.
New Year's Day	January 1	Closed



playkettering.org

FREE FRIDAYS

Group Exercise Classes Kettering Recreation Complex

It's fun, it's fit, and it's free!

Join us the first Friday of every month for our **FREE** Group Exercise Day.

On the first Friday of each month all Group Exercise Classes at the Kettering Recreation Complex will be free of charge. Stop in to experience our fun, friendly, energetic, expertly taught, fat burning group exercise classes!

The class schedule for this day will vary each month and will be available online at www.playkettering.org and the PlayKettering app.

December 1

January 5

February 2

2024 Fitness Center Visit Fees	Res.	Non-Res.
Drop-in		
Youth (12 – 17)	\$6	\$9
Adult	\$7	\$11
Punch Card		
12 Visits	\$70	\$110

Don't Forget!

We have two indoor tracks available at the Kettering Recreation Complex and Kettering Fitness & Wellness Center.



For hours and guidelines go to:
www.playkettering.org/kettering-recreation-complex

Registration starts now!

Kettering Recreation Complex Amenities and Passes

We know that you have plenty of options for how to spend your free time and we invite you to stop by and spend some time with us. No matter your recreation or personal fitness goals, we have the facilities, classes and professionally trained staff to help you reach them!

**Welcome to the
Kettering
Recreation Complex
where our goal is
quality service
focused on you!**

AMENITIES

FITNESS CENTER

- Full line of free weights and strength equipment
- Over 35 pieces of cardio equipment
- Certified, affordable personal trainers

ADVENTURE REEF WATER PARK

- Family-friendly atmosphere
- Slides, waterfall, splash pad and shallow water play

NURSERY

- Childcare while you work out
- Ages 6 months – 10 years

EXERCISE CLASSES

- 55+ classes/week
- Classes 6 days/week
- Zumba, yoga, boot camp, TRX, cycling and more

ICE ARENA

- Public skating sessions for all ages
- Skating lessons

LATHREM SENIOR CENTER

- Access to card games, fitness, sports, wellness and enrichment programs
- Low cost transportation services for ages 60+

INDOOR POOL & SPA

- Whirlpool, sauna and steam room
- 25 meter pool, open year-round
- Water slide and diving board

GYMNASIUM

- 2 full-sized basketball courts
- 3 regulation volleyball courts
- Youth and adult sports leagues

WALKING TRACK

- 1/12 mile elevated above gymnasium
- Great for walking year-round
- Free for Kettering residents

PASSES DESIGNED FOR YOU

	Combination	Fit-Ex	Fitness	Exercise	Pool	Gymnasium	Skate	Water Park	Senior Center
INDOOR TRACK	●	●	●	●	●	●	●	●	●
TOWEL SERVICE	●	●	●	●	●	●			
COMPLIMENTARY LOCKERS	●	●	●	●	●				
WHIRLPOOL	●	●	●	●	●			●	
SAUNA	●	●	●	●	●			●	
STEAM ROOM	●	●	●	●	●			●	
KRC FITNESS ROOM	●	●	●						
KFWC FITNESS ROOM	●	●	●						
EXERCISE CLASSES	●	●		●					
GYMNASIUM	●					●			●
ICE ARENA OPEN SKATE	●						●		
INDOOR POOL & AQUA FITNESS	●				●			●	
ADVENTURE REEF WATER PARK	●							●	

AMENITIES



PERSONAL TRAINING

Our personal trainers provide motivation and use their knowledge and expertise to design individual training programs to help you meet your fitness goals.

Personal Fitness Guidance

A great introduction to personal training! This program includes an initial consultation and program development, as well as two one-hour personal training sessions.

Fee: \$70/ Resident; \$95/ Non-Resident



Our trainers will work one-on-one with you to ensure maximum results, variation in your workouts and enjoyment. Programs will be custom tailored with an initial consultation and ongoing feedback and results.

Hourly Rate: \$40/Resident; \$50/Non-Resident

Personal Training

Group Personal Training

Our group training offers the benefits of personal training with a group dynamic and a wallet-friendly fee structure. In addition to a certified trainer, group personal training offers a great way to get fit with friends and hold each other accountable.

Per Person Per Hour: \$30/Resident; \$35/Non-Resident



An annual fitness pass or daily drop-in fee must be purchased prior to any type of personal training.

If you are interested in personal training, you can fill out an online request form at: www.playkettering.org/personal-training or call 937-296-2587/937-293-4348.



CITY OF KETTERING
PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT

MOTIVATION



EDUCATION



ACCOUNTABILITY

PERSONAL TRAINERS

Visit playkettering.org/training
for more information or scan the QR code

Say hello to the friendly and professional personal trainers at the Kettering Recreation Complex and Kettering Fitness & Wellness Center! Let them design a fun and challenging training program that's tailored just for you!



SCAN ME

THOMAS JERVIS



"I take pride in my ability to help my clients set goals, shape new behaviors, and ultimately, reap the rewards that maintaining an active lifestyle has to offer. Part of what I love most about being a personal trainer is the lasting relationships I build with each client and getting to witness their growth throughout their programs. With more than eight years of personal training experience, I am passionate about sharing the benefits of healthy living with others."

BEN PARSONS



"I've been a personal trainer and group instructor for over 10 years, and I have worked with many people with different goals and different conditions over the years. Not only do I have the knowledge to help you reach your goals but also bring the experience. A personal challenge of mine was when I had my first knee surgery tearing both my MCL and ACL. With the proper exercise routine and schedule, I was able to overcome that and get back to doing what I love."

MICHAEL FREEMAN



"I am a Certified Personal Trainer with an accreditation from the National Academy of Sports Medicine. I aim to bring value to fitness enthusiasts of any level. New to the gym? I can help. Struggling with accountability? I can help. Hitting a plateau? I'm here to help you push through. Whatever the barrier is that is keeping you from reaching your goal; I can absolutely give you the tools and help you achieve it. I love all things fitness, from weights to cardio to circuits: I'm in. Let's go! Let me help you reach your goals."

ELI LYNCH



"I am an ISSA certified personal trainer and bodybuilding specialist. I will always do my very best to make a workout plan that allows you to achieve your goals. When you work out, you start feeling better about yourself and when you start feeling better about yourself, you start to excel in life. I try to ensure that all my clients are always happy and healthy."

EBONY MCCANTS



"I bring 15 years of personal training experience specializing in post rehabilitation, body sculpting, corrective exercise, pre/postnatal exercise, aquatic rehabilitation, and women's wellness. I hold a Bachelor's in Business Administration and Management as well as certifications in Personal Training, Corrective Fitness, Functional exercise, Exercise therapy, and nutrition. I enjoy helping women become their best selves in all stages of life."

APRIL RICH



"I've been in fitness over 10 years ago. I have been through many different stages of health and fitness including competing in several physique competitions. I started training 3 years ago and have successfully helped others achieve their goals of health and wellness. I am certified as a Health and Wellness Coach by IIN & I am a certified PT by ISSA."

DAVE MILLER



"Let's work together to improve your health and wellbeing. I will endeavor to instill a passion for fitness and good health, and help you reach your goals! Good health, through fitness is the ultimate wealth for a quality life!"

COLETON HAMMOND



"I'm here not only to help you learn and strive to achieve your goals, but also to make the gym a positive experience. Come join us and have a few laughs while working towards your goals!"

JAKE RADLOFF



"If you're ready to take your fitness journey to the next level and finally achieve the results you've been working towards, I'm here to help! I have the knowledge and experience to guide you through a safe and effective workout plan that is tailored to your unique needs and goals. With my expert guidance and support, we can work together to build healthy habits; overcome any obstacles that come our way, and ultimately help you reach your full potential. Don't wait any longer to invest in your health and well-being - let's get started on your journey to success today!"

LARRY FOX



"Through my 10 years of being a personal trainer, I have never had two clients that have been alike. Each client is different in their own unique way. It is my job as a trainer to research and educate myself to meet the needs of a client who has a certain injury, disease or medical condition. This allows me to design a safe, proper and effective program. I'm able to put myself in the shoes of my client and see things from their perspective in order to build their confidence and comfort level. This, with enthusiasm, keeps my clients motivated and builds adherence to a workout regimen."

GREG JANKOWSKI



"The Balance Professor NASM, National Academy of Sports Medicine certified personal trainer, core 'balance of power' movement specialist and fitness industry educator. Over his 30 plus year career, Greg has provided premier fitness, athletic performance and post-rehab fitness training services to a host of clients in Dayton, Chicago, Los Angeles, NYC, San Diego, Madrid, Spain and Saudi Arabia. An avid sports and music fan, Greg enjoys painting, photography and is a musician."



CITY OF KETTERING
PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT

KETTERING ICE ARENA

Daily Admission	Resident	Non-Resident
All Ages	\$6	\$9
CIL Member	\$5	\$8.50
Equipment Rental	Resident	Non-Resident
Skates	\$4	\$4
Drop-in Admission	Resident	Non-Resident
Stick Time Session	\$7	\$11
Freestyle	\$10	\$15

Skate Sharpening & Repair Services	Price
Skate Sharpening (Requires leaving skates)	\$8
Rivet Replacement	\$1 per rivet
Eyelets & Hooks	\$1 per item
Figure Skate Mounting	\$20
Figure Skate Heat Molding	\$20

Ice Arena Season Pass	Resident	Non-Resident
Youth (17 and under)	\$80	\$96
Adult	\$102	\$122
CIL Member	\$84	\$101
Family (2 Adults, 4 Youth)	\$230	\$276



Ice Arena Manager

Tony Habart

937-296-3309

Tony.Habart@ketteringoh.org

The Kettering Ice Arena is proud to welcome you to the **Learn to Skate USA** program. This nationally recognized educational ice skating program is for anyone interested in learning about this lifetime sport. Ages three and older will receive coaching from certified instructors on the best sheet of ice in the Miami Valley!

Learn-to-Skate Levels



Snowplow Sam *ages 3 – 6*



Snowplow Sam 1

Sit and stand up with skates on – off ice
Sit and stand up – on ice
March in place
March forward
March, then glide on 2 feet
Dip in place



Snowplow Sam 2

March followed by a long glide
Dip while moving
Backward walking
Backward wiggles
Forward swizzles 2 – 3
Beginning snowplow stop motion



Snowplow Sam 3

Forward skating
Beginning 1 ft glide
Forward swizzles 4 – 6
Backward swizzles 2 – 3
Moving snowplow stop
Curves



Snowplow Sam 4

Forward skating
Advanced 1 ft glide
Backward 2 ft glide
Backward swizzles 4 – 6
Rocking horse
Two-foot turn
Two-foot hop

Basic Skills *levels are for skaters ages 7 – 16*



Basic 1

Sit on ice and stand up
March forward across ice
Forward 2 ft glide
Dip
Forward swizzles
Backward wiggles
Beginning snowplow stop
Bonus: 2 ft hop



Basic 2

Scooter pushes
Forward 1 ft glide
Backward 2 ft glide
Rocking horse
Backward swizzles
Two-foot turn in place
Moving snowplow stop
Bonus: Curves



Basic 3

Beginning forward stroking
Forward ½ swizzle pumps
Moving 2 ft turn on circle
Beginning backward 1 ft glide
Backward snowplow stop
Forward slalom
Bonus: Forward pivots



Basic 4

Forward outside edge on a circle
Forward inside edge on a circle
Forward crossovers
Backward ½ swizzle pumps on a circle
Backward 1 ft glides
Beginning 2 ft spin
Bonus: Forward lunges



Basic 5

Back outside edges on a circle
Back inside edges on a circle
Backward crossovers
Forward outside 3-turn
Advanced 2 ft spin
Hockey stop
Bonus: Side to hop



Basic 6

Forward inside 3-turn
Backward to forward 2 ft turn
Backward stroking
Beginning 1 ft spin
T-stop
Bunny hop
Forward spiral
Mohawk

Free Skate *levels are for skaters who have passed Basic Skills 1 – 6*



Pre-Free Skate

Landing position
Back outside transition
Combination step sequence
One foot upright spin
Mazurka
Waltz jump
Bonus: Back inside pivots



Free Skate 1

Forward stroking
Fwd outside consecutive edges
Fwd inside consecutive edges
Back outside 3-turn
Upright spin
Half flip
Toe loop
Bonus: Waltz jump, waltz jump



Free Skate 2

Alternating spirals
Back outside consecutive edges
Back inside consecutive edges
Backward inside 3-turn
Beginning back spin
Half lutz
Salchow
Bonus: Spiral variation



Free Skate 3

Alternating back crossovers to back edges
Alternating mohawk sequence
Waltz threes
Advanced back spin
Loop jump
Waltz jump combination
Salchow jump combination
Bonus: Toe step sequence



Free Skate 4

Forward power 3-turns
Waltz eight
Forward to backward upright spin
Sit spin
Half loop jump
Flip jump
Bonus: Split, stag or split falling leaf jump



Free Skate 5

Backward outside 3-turn, mohawk
Five-step mohawk sequence
Camel spin
Waltz jump-loop jump combination
Lutz jump
Bonus: Loop-loop combination



Free Skate 6

Forward power pulls
Creative step sequence
Camel-sit spin
Layback or attitude spin
Waltz jump-half loop-salchow jump
Beginning axel
Bonus: Backward outside pivot

Adult Basic *levels are for skaters ages 15+*



Adult Basic 1

Falling and recovery
Forward marching
Forward 2 ft glide
Forward swizzles 4 – 6
Rocking horse
Dip
Forward stop



Adult Basic 2

Forward skating
Forward 1 ft glide
Forward slalom
Backward skating
Backward swizzles
Two-foot turns

Register here



for any of these classes
or stop by the front desk,
for more information.

SKATING LESSONS

The Kettering Ice Arena is proud to welcome you to the **Learn to Skate USA** program. This nationally recognized educational ice skating program is for anyone interested in learning about this lifetime sport. Ages three and older will receive coaching from certified instructors on the best sheet of ice in the Miami Valley!

Snowplow Sam

Ages: 3 – 6



Snowplow Sam is designed specifically for skaters age 3-6 years old. There are four levels in **Snowplow Sam** that need to be successfully completed before continuing on to **Basic 1** level. In this level, participants will become familiar with the ice skating environment and learn fundamental skills such as the correct way to fall and stand up, skating forward, gliding, stopping, backward skating. ***Classes will not meet Jan. 23 – 27.**

01-10230-A	Tue.	11 – 11:30 a.m.	Jan. 9 – Feb. 27*
01-10230-C	Wed.	5:45 – 6:15 p.m.	Jan. 10 – Feb. 28*
01-10230-D	Wed.	6:15 – 6:45 p.m.	Jan. 10 – Feb. 28*
01-10230-G	Sat.	11 – 11:30 a.m.	Jan. 13 – March 2*
01-10230-H	Sat.	11:30 a.m. – Noon	Jan. 13 – March 2*

Fee: \$75/resident; \$94/non-resident
Location: Kettering Ice Arena

Basic 1

Ages: 6 – 15



Basic 1 is for the beginner skater to become more comfortable on the ice. Participants will learn the fundamental skills of ice skating needed to progress through the **Learn to Skate USA** program. Skills learned in this level include forward skating across the ice, two foot glide, dip, backward wiggles, forward swizzles and stopping. ***Classes will not meet Jan. 23 – 27.**

01-10231-B	Tue.	11:30 a.m. – Noon	Jan. 9 – Feb. 27*
01-10231-C	Wed.	5:45 – 6:15 p.m.	Jan. 10 – Feb. 28
01-10231-D	Wed.	6:15 – 6:45 p.m.	Jan. 10 – Feb. 28*
01-10231-G	Sat.	11 – 11:30 a.m.	Jan. 13 – March 2*
01-10231-H	Sat.	11:30 a.m. – Noon	Jan. 13 – March 2*

Fee: \$75/resident; \$94/non-resident
Location: Kettering Ice Arena

Basic 2

Ages: 6–15



Skaters are required to complete **Basic 1** prior registering for this class. In **Basic 2** skaters will learn scooter pushes, forward one-foot glides, backward glides, rocking horse and backward swizzles. ***Classes will not meet Jan. 23 – 27.**

01-10232-B	Tue.	11:30 a.m. – Noon	Jan. 9 – Feb. 27*
01-10232-C	Wed.	5:45 – 6:15 p.m.	Jan. 10 – Feb. 28*
01-10232-D	Wed.	6:15 – 6:45 p.m.	Jan. 10 – Feb. 28*
01-10232-G	Sat.	11 – 11:30 a.m.	Jan. 13 – March 2*

Fee: \$75/resident; \$94/non-resident
Location: Kettering Ice Arena

Basic 3

Ages: 6+



Skaters are required to complete **Basic 2** prior to registering for this class. In **Basic 3** skaters will learn beginning forward stroking, forward half swizzle pumps on a circle, forward to backward 2 foot turn on a circle and forward slalom. ***Classes will not meet Jan. 23 – 27.**

01-10233-A	Wed.	5:45 – 6:15 p.m.	Jan. 10 – Feb. 28*
01-10233-B	Wed.	6:15 – 6:45 p.m.	Jan. 10 – Feb. 28*
01-10233-D	Sat.	11:30 a.m. – Noon	Jan. 13 – March 2*

Fee: \$75/resident; \$94/non-resident
Location: Kettering Ice Arena

Basic 4

Ages: 6+



Skaters are required to complete **Basic 3** prior to registering for this class. In **Basic 4** skaters will learn forward edges on a circle, forward crossovers, backward half swizzle pumps on a circle, backward one foot glides, beginning two-foot spin and forward lunges. ***Classes will not meet Jan. 23 – 27.**

01-10234-A	Wed.	6:45 – 7:30 p.m.	Jan. 10 – Feb. 28*
01-10234-B	Sat.	Noon – 12:45 p.m.	Jan. 13 – March 2*

Fee: \$85/resident; \$105/non-resident
Location: Kettering Ice Arena



Basic 5

Ages: 6+



Skaters are required to complete **Basic 4** prior to registering for this class. In **Basic 5** skaters will learn backward edges, backward crossovers, forward outside three turns, advanced two-foot spin and hockey stops. ***Classes will not meet Jan. 23 – 27.**

01-10235-A	Wed.	6:45 – 7:30 p.m.	Jan. 10 – Feb. 28*
01-10235-B	Sat.	Noon – 12:45 p.m.	Jan. 13 – March 2*

Fee: \$85/resident; \$105/non-resident

Location: Kettering Ice Arena

Free Skate 3

Ages: 6+



Skaters are required to complete **Free Skate 2** prior to registering for this class. In **Free Skate 3**, skaters will learn alternating mohawk sequences, waltz threes, advanced back spin, loop jump, waltz jump/ toe loop combination and salchow jump combination. ***Classes will not meet Jan. 23 – 27.**

01-10243-A	Wed.	7:30 – 8:15 p.m.	Jan. 10 – Feb. 28*
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Fee: \$85/resident; \$105/non-resident

Location: Kettering Ice Arena

Basic 6

Ages: 6+



Skaters are required to complete **Basic 5** prior to registering for this class. In **Basic 6** skaters will learn mohawks, forward inside three turns, backward to forward turns on a circle, backward turns on a circle, beginning one-foot spin, t-stop, bunny hop and forward spiral. ***Classes will not meet Jan. 23 – 27.**

01-10236-A	Wed.	6:45 – 7:30 p.m.	Jan. 10 – Feb. 28*
01-10236-B	Sat.	Noon – 12:45 p.m.	Jan. 13 – March 2*

Fee: \$85/resident; \$105/non-resident

Location: Kettering Ice Arena

Free Skate 4

Ages: 6+



Skaters are required to complete **Free Skate 3** prior to registering for this class. In **Free Skate 4**, skaters will learn forward power three turns, waltz eight, forward to backward upright spin, sit spin, half loop jump and the flip jump. ***Classes will not meet Jan. 23 – 27.**

01-10244-A	Wed.	7:30 – 8:15 p.m.	Jan. 10 – Feb. 28*
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Fee: \$85/resident; \$105/non-resident

Location: Kettering Ice Arena

Pre Free Skate

Ages: 6+



Skaters are required to complete **Basic 6** prior to registering for this class. In **Pre Free Skate** skaters will learn, landing position, mohawk sequence, mazurka, waltz jump and one foot spin. ***Classes will not meet Jan. 23 – 27.**

01-10237-A	Wed.	6:45 – 7:30 p.m.	Jan. 10 – Feb. 28*
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Fee: \$85/resident; \$105/non-resident

Location: Kettering Ice Arena

Free Skate 1

Ages: 6+



Skaters are required to complete **Pre Free Skate** prior to registering for this class. In **Free Skate 1**, skaters will learn forward power stroking, edges on a line, backward outside three turns, upright spin, half flip jump and toe loop jump. ***Classes will not meet Jan. 23 – 27.**

01-10241-A	Wed.	7:30 – 8:15 p.m.	Jan. 10 – Feb. 28*
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Fee: \$85/resident; \$105/non-resident

Location: Kettering Ice Arena

Free Skate 2

Ages: 6+



Skaters are required to complete **Free Skate 1** prior to registering for this class. In **Free Skate 2**, skaters will learn alternating forward spirals, backward edges, backward inside three turns, beginning back spin, half lutz jump and salchow jump. ***Classes will not meet Jan. 23 – 27.**

01-10243-A	Wed.	7:30 – 8:15 p.m.	Jan. 10 – Feb. 28*
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Fee: \$85/resident; \$105/non-resident

Location: Kettering Ice Arena



Did you know that the Kettering Ice Arena has a Pro Shop to meet all of your figure skating and hockey needs? We sell beginning to advanced figure and hockey skates, hockey sticks, equipment, t-shirts, accessories and more! Our qualified staff can sharpen your blades, replace rivets and eyelets, mount and waterproof figure skates.

If you have any questions, call 937-296-3270.

Free Skate 5

Ages: 6+



Skaters are required to complete **Free Skate 4** prior to registering for this class. In **Free Skate 5** skaters will learn backward power three turns, five step mohawk sequence, camel spin, waltz-loop jump combination, lutz jump and the loop-loop jump combination. ***Classes will not meet Jan. 23 – 27.**

01-10245-A	Wed.	7:30 – 8:15 p.m.	Jan. 10 – Feb. 28*
Fee:	\$85/resident; \$105/non-resident		
Location:	Kettering Ice Arena		

Free Skate 6

Ages: 6+



Skaters are required to complete **Free Skate 5** prior to registering for this class. In **Free Skate 6**, skaters will learn forward power pulls, creative step sequence, camel-sit spin combination, waltz-half loop- salchow jump combination and beginning axel. ***Classes will not meet Jan. 23 – 27.**

01-10246-A	Wed.	7:30 – 8:15 p.m.	Jan. 10 – Feb. 28*
Fee:	\$85/resident; \$105/non-resident		
Location:	Kettering Ice Arena		

Aspire

Ages: 6+



Aim higher with ASPIRE! Do you love skating and want to move beyond Learn to Skate classes? The Aspire program is the next step beyond Learn to Skate to becoming a figure skater. Aspire will begin to teach skaters how to train like high level figure skaters. In a group setting, skaters will begin to learn all the disciplines of figure skating for becoming a well-rounded skater. Aspire is an on ice and off ice class. Skaters will have 45 minutes of on-ice instruction and 30 minutes of off-ice instruction. The Aspire program is for skaters passed Basic 4 and above.

Aspire skaters will receive a link to register for a required \$40 yearly U.S. Figure Skating membership that is valid until 6/30/24. This is a separate and additional fee. With this membership, skaters will be eligible to compete and test at a higher level. Registration for this membership will need to be completed prior to the first day of class. ***Class will not meet on Jan. 27.**

01-10257-A	Sat.	12:45 – 2 p.m.	Jan. 13 – March 2*
Fee:	\$142/resident; \$178/non-resident		
Location:	Kettering Ice Arena		

**Private Lessons**

Are you interested in 1 on 1 instruction from our qualified staff? The Kettering Ice Arena offers private lessons for skaters of all ages and abilities! Please contact Penny Carpenter-Ice Arena Lessons Coordinator for more information. Penny.Carpenter@ketteringoh.org or 937-296-2587

Coming Soon**The Figure Skating Club of Kettering!****Theatre On Ice**

Ages: 6+



Learn what it's like to perform on stage while skating on ice. This class will enhance elements of choreography and skating movements to a theatre level performance. Skaters will have fun skating themed routines to music and discovering their inner performer. Completing **Basic 4** is recommended prior to taking this class. ***Class will not meet on Jan. 27.**

01-10251-A	Sat.	11:15 a.m. – Noon	Jan. 13 – March 2*
Fee:	\$85/resident; \$105/non-resident		
Location:	Kettering Ice Arena		

Off-Ice Conditioning Class

Ages: 6+



Off-ice training is an excellent way to improve skills necessary for advanced skating. **Off-Ice Conditioning Class** offers a variety of exercises and drills to improve strength, flexibility, balance and cardiovascular endurance of the skater. This class will enhance skating skills and help skaters handle the strength demands of jumping, spinning and doing a longer skating program! ***Class will not meet on Jan. 15.**

01-10247-A	Mon.	5:15 – 6:15 p.m.	Jan. 8 – Feb. 26*
Fee:	\$80/resident; \$100/non-resident		
Location:	Kettering Ice Arena		

Adult Basic 1

Ages: 15+



Adult Basic 1 is for the beginner skater to learn the fundamentals and become more comfortable on the ice. In the **Adult Basic 1**, skaters will learn proper falling technique, forward marching, forward two-foot glide, forward swizzles, rocking horse and stopping. ***Classes will not meet Jan. 23 – 27.**

01-10238-A	Tue.	10:15 – 11 a.m.	Jan. 9 – Feb. 27*
01-10238-B	Wed.	7:30 – 8:15 p.m.	Jan. 10 – Feb. 28*
01-10238-D	Sat.	Noon – 12:45 p.m.	Jan. 13 – March 2*
Fee:	\$85/resident; \$105/non-resident		
Location:	Kettering Ice Arena		

Adult Basic 2

Ages: 15+



Skaters are required to complete **Adult Basic 1** prior registering for this class. In **Adult Basic 2**, skaters will learn forward skating, forward two-foot glides, slalom, backward skating and backward swizzles. ***Classes will not meet Jan. 23 – 27.**

01-10239-A	Tue.	10:15 – 11 a.m.	Jan. 9 – Feb. 27*
01-10239-B	Wed.	7:30 – 8:15 p.m.	Jan. 10 – Feb. 28*
01-10239-D	Sat.	Noon – 12:45 p.m.	Jan. 13 – March 2*

Fee: \$85/resident; \$105/non-resident

Location: Kettering Ice Arena

Learn To Play Hockey

Ages: 6+



Completing **Snowplow Sam** or **Basic 1** is recommended prior to taking this class. If you are new to hockey, **Learn to Play Hockey** is a great place to start! This class will teach beginner skaters the necessary skills to play hockey. Full hockey equipment is required. ***Class will not meet on Jan. 24.**

01-10255-A	Wed.	4:45 – 5:30 p.m.	Jan. 10 – Feb. 28*
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Fee: \$85/resident; \$105/non-resident

Location: Kettering Ice Arena



Private Ice Rentals

The Kettering Ice Arena is the perfect place to host your birthday parties, scout groups, church events and more! For more information on private rentals, please contact Ice Arena Manager Tony Habart at Tony.Habart@ketteringoh.org or call 937-296-3309.

Hockey Skills & Drills

Ages: 6+



Skaters are required to complete **Basic 1** or **Adult Basic 1** before registering for this class. In **Hockey Skills & Drills**, skaters will learn necessary skating skills and drills beneficial to playing hockey such as: forward skating, backward skating, one foot glides, forward and backward crossovers, stopping transitions, stick and puck handling skills, agility and speed drills. Full hockey equipment is required. ***Class will not meet on Jan. 24.**

01-10240-A	Wed.	4:45 – 5:30 p.m.	Jan. 10 – Feb. 28*
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Fee: \$85/resident; \$105/non-resident

Location: Kettering Ice Arena

Adult Hockey Skills

Ages: 15+



Completing the **Adult 1** or **Basic 1** class is recommended prior to taking this class. For adults interested in refining your hockey skills, this is the class for you! In this class, skaters will learn proper skating technique, stick handling skills, passing and shooting drills. Full hockey equipment is required. ***Class will not meet on Jan. 24.**

01-10249-A	Wed.	4:45 – 5:30 p.m.	Jan. 10 – Feb. 28*
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Fee: \$85/resident; \$105/non-resident

Location: Kettering Ice Arena



Open Skate

These skates are open to everyone. No skates? No problem! We rent ice skates in preschool sizes 6-13 and youth/adult sizes 1-14. We also have hockey skates for rent. Please check out playkettering.org for the monthly public skate schedules!

Specialty Skates

Freestyle

Freestyle ice is designated practice ice for figure skaters to practice their skills, such as jumps and spins, on their own or with an approved City of Kettering private skating lesson coach.

Stick Time

Stick Time is provided for hockey players to come out and practice shooting, skating with stick and puck, hockey drills, etc. This is not a scrimmage or pick up hockey game setting. Full equipment required.

Season passes do not apply to these specialty skates — drop-in fees apply

THE KETTERING GIVING TREE

NOV. 6 – DEC. 3

The Kettering Giving Tree is a seasonal program organized by the City of Kettering Parks, Recreation and Cultural Arts Department to assist children who are in need in the Kettering community. Starting the week of November 6, stop by the Kettering Fitness & Wellness Center, Kettering Recreation Complex, Rosewood Arts Center, Kettering Government Center, as well as various partner sites throughout Kettering, to pick up a tag.

Shop for the items on your list and return the tag and unwrapped gifts to the same location no later than Sunday, December 3, 2023. Updates for the program will be posted on Facebook, Twitter and Instagram @PlayKettering throughout the season!



MAYOR'S TREE LIGHTING

FREE!

FRIDAY, DECEMBER 1
FROM 6 – 8 P.M.

Join Mayor Lehner in lighting the Kettering Christmas Tree. Celebrate the kickoff of the holiday season with hot chocolate, cookies and entertainment. Bring your pups to visit Santa Paws at a special photo stop at 6:45 p.m.

Location: Lincoln Park



CANDY CANE HUNTS



Ages: All

Some naughty elves have left candy canes all over the fields at Polen Farm! Help us clean up their mess and be rewarded with candy canes to eat or trim your tree. A hot chocolate and cookies to-go station will be set up in the lower level of the farm and a joyful bag craft will be available before you head out to collect your treats. **All attendees including adults must be registered.**

Fee: \$4/resident; \$6/non-resident

Location: Polen Farm

Twilight Candy Cane Hunt

Enroll Now

Ages: 1 – 5

This session is for children between the ages of 1 to 5 and will be held at dusk. A flashlight may be handy.

01-20971-A Sun. 5 – 5:30 p.m. Dec. 10

Flashlight Candy Cane Hunt

Enroll Now

Ages: All

Session B is for all ages. This session will be held after dark so please bring a flashlight.

01-20971-B Sun. 6 – 6:30 p.m. Dec. 10



SANTA PALOOZA

Enroll Now

Ages: All

It's a party with the big guy! This holiday fun with Santa is the perfect way to spend your morning. Families will create a wish list, play reindeer games, make a craft, and enjoy a doughnut with orange juice. No need to stand in line, enjoy the music and activities until your name is called for a special visit with Santa himself (we will give each family a number when you arrive to the party). **All attendees including adults must be registered.**

01-20973-A Sat. 9:30 a.m. – Noon Dec. 16

Fee: \$6/resident; \$8/non-resident

Location: Lathrem Senior Center



Program & Youth Development Supervisor

Shenna Manoussakis

937-296-3303

Shenna.Manoussakis@ketteringoh.org

Holiday Bingo



Ages: All



Get into the festive spirit with Holiday Bingo for families! It's the perfect way to celebrate the season together. Join us for a jolly time filled with laughter, prizes, and holiday cheer. Bring your loved ones, and let's create magical memories. Get ready for a fun-filled, family-friendly holiday Bingo extravaganza.

01-20904-A Thu. 6 – 7:30 p.m. Dec. 21

Fee: \$5/resident; \$7/non-resident

Location: Lathrem Senior Center

Winter Bingo

Ages: All



Escape the winter chill and come warm up with our Family Winter Bingo! Join us for a cozy and exciting time as we gather families together for a game of classic bingo, complete with fabulous prizes. Warm up along the way with hot chocolate and cookies! Whether you're a seasoned bingo player or new to the game, everyone is welcome to participate and enjoy the winter festivities. So, bundle up and let's create cherished memories together as we beat the cold with the warmth of family fun! **All participants must register.**

01-20906-A Fri. 6 – 7:30 p.m. Jan. 26

Fee: \$5/resident; \$7/non-resident

Location: Lathrem Senior Center

Valentine's Bingo



Ages: All



Join us for a heartwarming Valentine's Bingo night! Gather the whole family for an evening of love and laughter as you play Valentine's Bingo. Win sweet treats and delightful prizes while creating cherished memories. It's a night of bonding, games, and cherished memories. Let's make this Valentine's Day truly special.

01-20927-A Thu. 6 – 7:30 p.m. Feb. 8

Fee: \$5/resident; \$7/non-resident

Location: Lathrem Senior Center



Little Sweetheart Dance

Ages: All



Join us for an enchanting Little Sweetheart Dance, where families can create cherished memories together! Get ready to groove on the dance floor with our talented DJ, playing a mix of heartwarming tunes for all ages. Indulge in a delectable spread of delicious food and treats. Kids will have a blast with a variety of exciting activities planned just for them. Plus, don't miss your chance to win exciting prizes in our raffle! It's a night filled with love, laughter, and the joy of togetherness. Come dressed in your finest and let's celebrate the magic of family at the Little Sweetheart Dance.

01-20902-A Sat. 6:30 – 8:30 p.m. Feb. 10

Fee: \$8/resident; \$10/non-resident

Location: Lathrem Senior Center

SAVE THE DATE

FAMILY EASTER EGG HUNT

SATURDAY, MARCH 23

Hop into the fun! Join us for a family Easter egg hunt. Get ready for a day of egg-citing adventures, sweet treats, and unforgettable memories. Mark your calendar and bring the whole family for a hopping good time!



SAVE THE DATE

UNDERWATER EGG HUNT

SUNDAY, MARCH 24

Make this Easter an aquatic adventure for the whole family! Join us for an unforgettable Underwater Easter Egg Hunt filled with colorful surprises beneath the water. Dive in and discover the magic of Easter in a whole new way.



PRESCHOOL PROGRAMS

Fancy Book Club

Ages: 2 – 6

Story time with a twist, come to this unique interactive story time. It will be a hit with parents and kids alike. All dress up attire is welcome; we will focus on books that promote sensory and vocabulary for creative minds. You will experience the words as they come off the page with crafts. Refreshments and activities will all be a part of the experience.

An adult must accompany registered child.

01-20400-A	Fri.	10 – 10:45 a.m.	Dec. 15
01-20400-B	Fri.	10 – 10:45 a.m.	Jan. 12
01-20400-C	Fri.	10 – 10:45 a.m.	Feb. 9

Fee: \$5/resident; \$7/non-resident
Location: Kettering Recreation Complex



Countdown to Noon

Ages: 2 – 6

Ring in the Noon Year with your little ones at our Preschool New Year's Eve Party Countdown to Noon! Celebrate the excitement of a fresh start with a fun-filled event designed especially for preschoolers. From crafting colorful hats to playing festive games, there's something for every young heart. When the clock strikes noon, we'll raise our sparkling juice glasses for a joyful toast to a bright and happy year ahead. Join us for a magical and memorable celebration. **An adult must accompany a registered child.**

01-20490-A	Fri.	11 a.m. – 12:15 p.m.	Dec. 29
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Fee: \$5/resident; \$7/non-resident
Location: Kettering Recreation Complex



Messy Monday Mini

Ages: 3 – 6

Join us for Messy Monday, a fun and interactive mini program for preschoolers! Get ready to unleash their creativity and let their imagination run wild with a variety of messy crafts, projects, and experiments. **An adult must accompany a registered child.**

01-20407-A	Mon.	11 a.m. – Noon	Jan. 29
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Fee: \$5/resident; \$7/non-resident
Location: Kettering Recreation Complex



Nursery Song & Sign

Ages: 0 – 2

Babies will enjoy learning basic American Sign Language through dancing, singing songbooks, finger play, lap games and musical instruments to enhance language, communication, social and cognitive skills. Each class will include basic signing needs and wants. Dorie will provide guitar accompaniment for childhood songs, lullabies and instrument play. **Due to room capacity and popularity of class, each child must be registered and accompanied by an adult. *No class February 19 and March 11.**

01-20401-A	Mon.	10 – 10:45 a.m.	Feb. 5 – March 25*
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Fee: \$35/resident; \$45/non-resident
Location: Kettering Recreation Complex
Instructor: Dorie Phillips



Music Jamboree

Ages: 1 – 5

Children will enjoy music through storytelling, puppets, dancing. Singing and musical instruments to enhance motor coordination, social and cognitive skills. Guitar accompaniment and instruments are provided. **All children must be enrolled and accompanied by an adult. *No class February 19 and March 11.**

01-20421-A	Mon.	9 – 9:45 a.m.	Feb. 5 – March 25*
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Fee: \$35/resident; \$45/non-resident
Location: Kettering Recreation Complex
Instructor: Dorie Phillips



Playtime Hour

Ages: 2 – 6

Playtime Hour - where imagination knows no bounds and laughter fills the air! Our exciting program is a haven of fun and adventure. We will bring new surprises, games, and activities that spark curiosity and joy. From whimsical storytelling to creative arts and crafts, children will thrive in an environment designed to nurture their budding imaginations. Come join us for a world of wonder and discovery, where every moment is filled with laughter and happiness. Let the playtime magic begin! **An adult must accompany a registered child.**

01-20408-A	Mon.	11:30 a.m. – 12:30 p.m.	Feb. 12
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Fee: \$5/resident; \$7/non-resident
Location: Kettering Recreation Complex



Program & Youth Development Supervisor

Shenna Manoussakis

937-296-3303

Shenna.Manoussakis@ketteringoh.org





**Creating a common community language
to help our kids grow and succeed.**

ADOPT PROTECTIVE FACTORS

TO FACE CHALLENGES

BEHAVIORAL CHALLENGES



BEHAVIORAL
PROBLEMS



CONFLICTS WITH
FRIENDS OR FAMILY



TURNING TO DRUGS
AND ALCOHOL



PHYSICAL
ACTIVITY



EMOTIONAL
SUPPORT



SOCIAL
ACTIVITIES



SKILL
DEVELOPMENT



PROPER
NUTRITION



ADEQUATE
SLEEP



COVID-19
UNCERTAINTY AND
ADAPTATION



STRESS OF
STUDIES



ANXIETY AND
DEPRESSION

RESILIENCE

We are Responsible. We are Respectful. We are Safe.

Strengthening our youth to: learn new skills, build effective problem solving skills,
increase empathy and kindness, and improve social emotional self management.



WE ARE KETTERING

YOUTH & TEEN PROGRAMS

Kids Craft Club

NEW!

 Enroll Now

Ages: 6 – 10

Kids Craft club is where imagination takes shape and creativity knows no bounds! Enjoy a world of crafting wonders, where kids can explore and create to their heart's content. From colorful masterpieces to inventive DIY projects, every session is filled with fun and endless possibilities. With a variety of materials and themes, there's always something new to discover. Let's craft, create, and have a blast together! Sign up for one or all three, each class is different.

01-20505-A	Tue.	4 – 5:30 p.m.	Jan. 16
01-20505-B	Tue.	4 – 5:30 p.m.	Feb. 13
01-20505-C	Tue	4 – 5:30 p.m.	Feb. 20

Fee: \$9/resident; \$11/non-resident
Location: Kettering Recreation Complex

Kids Night Out

NEW!

 Enroll Now

Ages: 6 – 11

Parents, take a break to finish your Holiday shopping while your little ones dive into a world of festive creativity. They will be busy crafting heartfelt presents for loved ones, spreading joy with every stroke of paint and glitter. Let your kids be part of the gift-giving magic this season as they create treasured keepsakes for family and friends.

01-20515-A	Fri.	5 – 6:30 p.m.	Dec. 8
01-20515-B	Wed.	5 – 6:30 p.m.	Dec. 20

Fee: \$9/resident; \$11/non-resident
Location: Kettering Recreation Complex

Escape Room

NEW!

 Enroll Now

Ages: 8 – 12

Step into a world of mystery and excitement at our Made-Our-Own Escape Room Program for kids! Get ready to put on your detective hats and solve thrilling puzzles with your friends. This interactive adventure is full of surprises, secret codes, and hidden clues that will test your wits and teamwork. Unleash your inner detective as you work together to unlock the secrets of our custom-designed escape room.

01-20518-A	Fri.	6 – 7:30 p.m.	Feb. 23
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Fee: \$9/resident; \$11/non-resident
Location: Kettering Recreation Complex



Program & Youth Development Supervisor

Shenna Manoussakis

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Imagination Thursdays

 Enroll Now

Ages: 7 – 11

Come after school to explore the amazing world of science and STEM by working together with fun hands on science experiments. Each class you will dive into new experiments that will challenge your minds and spark your creativity. Register for one or all five, each program is different.

01-20521-A	Thu.	4 – 5:30 p.m.	Dec. 7
01-20521-B	Thu.	4 – 5:30 p.m.	Jan. 11
01-20521-C	Thu.	4 – 5:30 p.m.	Jan. 18
01-20521-D	Thu.	4 – 5:30 p.m.	Feb. 1
01-20521-E	Thu.	4 – 5:30 p.m.	Feb. 22

Fee: \$9/resident; \$11/non-resident
Location: Kettering Recreation Complex

Winter Break Camp

 Enroll Now

Ages: 7 – 11

Have a little stay-cation for this year's winter break. Play active games in the gym and outside, take a nature walk, make a craft to brighten up your room, learn to ice-skate and swim in the indoor pool. Enjoy everything the Kettering Recreation Complex has to offer.

01-20524-A	T-F	9 a.m. – 4 p.m.	Jan. 2 – 5
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Fee: \$130/resident; \$162/non-resident
Location: Kettering Recreation Complex

Manners 101

NEW!

 Enroll Now

Ages: 8 – 11

Teaching your kids to be kind and respectful? Enriching Kidz will reinforce your efforts! Through interactive role play, and fun hands-on activities, students will learn the meaning of manners and respectful behavior. Topics include table manners at home, at a nice restaurant and at a family gathering. We will also explore manners in public places and personal space. Other topics will also include, manners when hosting or attending a party, playdate or sleepover and how to write a thank you note! Your kids will come home excited to set the table!

01-20551-A	Sat.	10 a.m. – Noon	Feb. 10 & 17
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Fee: \$75/resident; \$94/non-resident
Location: Kettering Recreation Complex
Instructor: Enriching Kidz

Lego Night

Ages: 7 – 11



Come to the rec center to brick your way through this challenging night with friends! You will build different creations and test your skills to see who the Lego masters are! Prizes will be available for each challenge.

01-20555-A Tue. 4:30 – 6 p.m. Jan. 30

Fee: \$9/resident; \$11/non-resident

Location: Kettering Recreation Complex



Better Babysitters

Ages: 10 – 14



Learn the qualities of a good babysitter including the responsibilities of having a job, the rights of a baby sitter, how to handle an emergency or illness, perform first aid, and basic care routines for infants and children, including diaper changing, infant care and how to feed a toddler plus much more. Participants will be trained in First Aid and CPR and receive a completion certificate at the end of the program.

01-20563-A Sat. Noon – 4 p.m. Jan. 20 & 27

Fee: \$100/resident; \$125/non-resident

Location: Kettering Recreation Complex

Instructor: Enriching Kidz

Messy Monday

Ages: 7 – 11



Get ready to get messy on Mondays! Messy Monday is a whirlwind of fun for kids. From colorful art projects to exciting experiments, it's a day of creativity and exploration. Dive into a world of messy, hands-on excitement while making new friends and unforgettable memories. Embrace the mess and join us for a wild, wacky, and wonderfully messy adventure.

01-20566-A Mon. 4:30 – 5:30 p.m. Dec. 18 (Holiday Edition)

01-20566-B Mon. 4:30 – 5:30 p.m. Jan. 22

Fee: \$6/resident; \$8/non-resident

Location: Kettering Recreation Complex

Empowering Girls With Confidence

Ages: 9 – 12



This program will help prepare girls for successful friendships, relationships, and careers by empowering them with confidence at a young age. This fun and interactive workshop uses music, meditation, video, and crafts to teach girls to recognize the qualities that make them awesome, celebrate who they are, and gives them the tools to empower them when their self-esteem is challenged by insecurities or difficult situations.

01-20567-A Sat. 10 a.m. – 2 p.m. March 2 & 9

Fee: \$100/resident; \$125/non-resident

Location: Kettering Recreation Complex

Instructor: Enriching Kidz

Beginner Bakers

Ages: 9 – 13



This youth baking class will focus on the basics for young bakers with the help of Mary Cooney. Each class will feature a themed treat that participants can easily recreate at home.

Fee: \$34/resident; \$43/non-resident

Location: Lathrem Senior Center

Instructor: Mary Cooney

December

Cookies Browned butter and toffee chocolate chip cookies and snickerdoodle cookies rolled in cinnamon and sugar

01-20599-A Wed. 6 – 7:30 p.m. Dec. 13

January

Soft pretzel bites with a cheese sauce and soft pretzel cinnamon sugar bites

01-20599-B Wed. 6 – 7:30 p.m. Jan. 10

February

Strawberry pretzel dessert and chocolate dipped strawberries

01-20599-C Wed. 6 – 7:30 p.m. Feb. 7



APPLY
TODAY

WE ARE HIRING!

SCAN ME

Are you ready to make a positive impact on the community? Gain experience, develop leadership skills and work as a team with us!

Go to playkettering.org/jobs to learn more.
EQUAL OPPORTUNITY EMPLOYER

ADULT & SENIOR PROGRAMS

SPECIAL EVENTS

Holiday Goat Party

Ages: Adult

What could be cuter than little goats dressed in their favorite holiday sweater? Nothing. Find your craziest holiday sweater and come for lots of cuddles, pictures, laughs and of course, hot chocolate and treats. Prizes will be given out to our top 3 winners for the craziest sweater. **Sponsored by Cigna Healthcare. Registration deadline is December 4 at 5 p.m.**



Enroll Now

01-20605-A	Thu.	6:30 – 8 p.m.	Dec. 7
Fee:	\$8/resident; \$10/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Goat Country, LLC		

Singing in the Season – Kettering Show Choir Performance

Ages: Adult

The Kettering Senior Show Choir is back and ready to kick off your holiday season with a special, free concert. Registration is required. **Registration deadline is December 6.**

01-20845-A	Mon.	2 – 3 p.m.	Dec. 11
Fee:	Free		
Location:	Lathrem Senior Center		

Enroll Now

Very Merry Grinchmas Party

Ages: 55+

We have a wonderful, awful idea.

Let's gather together for some Grinchmas cheer.

We'll feast on Who Pudding and play a Who game Which we promise will not be totally lame.

There'll be holiday songs we'll certainly sing To make sure you have fun at this Grinchmasy thing.

And maybe, just maybe, at the end of the day

You'll feel Christmas spirit and be able to say

Your friends at Lathrem aren't Grinches, no way!



Sponsored by Brookdale and Nurses Care, Inc. Registration deadline is December 7

01-20823-A	Thu.	2 – 3:30 p.m.	Dec. 14
Fee:	Free for CIL members; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		

Enroll Now

Happy (almost) Noon Year's Eve Party

Ages: 55+

We're celebrating the New Year Bavarian style

With accordions and singing and plenty of smiles

We'll oompah and polka and dance willy nilly

Then collapse in our chairs and laugh ourselves silly.

There'll be pretzels and nibbles and a fake champagne toast

We'll sing Auld Lang Syne that they'll hear coast to coast.

So don't miss the fun, there's plenty of space don't you worry

Let's ring in the New Year just a couple of days early!

Sponsored by Legacy Health Services. Registration deadline is December 22.

01-20823-B	Fri.	11 a.m. – 12:30 p.m.	Dec. 29
Fee:	\$10/resident; \$12/non-resident		
Location:	Lathrem Senior Center		



Adult Euchre Tournament

Ages: Adult

Enjoy an evening of fun, clean competition in our 2nd Annual Adult Euchre Tournament. Participants compete as individuals. Light refreshments will be provided and gift card prizes will be given to the top winners. **Registration deadline is February 4.**

01-20621-A	Fri.	7 – 10 p.m.	Feb. 9
Fee:	\$8/resident; \$10/non-resident		
Location:	Lathrem Senior Center		



Enroll Now

Senior and Adult Program Supervisor

Jennifer Giessler

937-296-2480

Jennifer.Giessler@ketteringoh.org



SAVE THE DATE!

ADULT EASTER EGG HUNT

Friday, March 22 at 8 p.m.

Who says that Easter Egg Hunts have to be for just kids? If you are an adult, join us as we shake things up a bit and bring you a hunt for adults only. Bring your flashlights because we will be hunting in the dark for eggs that may redeem BIG prizes. We will have music, grab bags for each participant and a photo opportunity with the bunny himself



Registration opens
February 9 at 8 a.m.

To buy your tickets, please call 937-296-2587 or visit www.playkettering.org/events/adult-easter-egg-hunt.

Fee: \$6/resident; \$8/non-resident

Brookdale Lunch & Learn

Ages: 55+

Brookdale of Kettering is pleased to sponsor another season of Lunch & Learn's at the Lathrem Senior Center. Join us for a light, healthy lunch while learning about ways to keep healthy and active as you age. Pre-registration is required for all programs.

Fee: Free for CIL members;
\$3/resident; \$5/non-resident

Location: Lathrem Senior Center

Enroll Now

Holiday Wellness Tips

Learn easy ways to stay healthy both physically and mentally during the busy holiday season.

01-20882-A Wed. Noon Dec. 13

Enroll Now

B-fit for Life Session 1

Participants will learn myths and truths about exercising as you age and the benefits of getting and staying fit. The six dimensions of Optimum Life® and how they are impacted by your level of fitness will also be discussed.

01-20882-B Wed. Noon Jan. 10

Enroll Now

B-fit for Life Session 2

Participants will learn about cardiovascular exercise - what it is, the benefits of doing it and how much you should do, as well as the importance of nutrition in maintaining a healthy cardiovascular system.

01-20882-C Wed. Noon Feb. 14

Winter Cooking Series

Ages: Adult

Join Dorothy Lane Market Cooking Instructor, Mary Pietrantonio Cooney for another great season of cooking classes. Bring your appetite to enjoy the delicious dishes you'll create. Recipes will be provided. Pre-registration is required.

Fee: \$45/resident; \$56/non-resident
Location: Lathrem Senior Center

Enroll Now

Stuffed Shells

This session will inspire you to create an elegant holiday meal to wow your friends and family. Recipes include stuffed spinach and ricotta shells, fresh garden salad and orange ricotta cake.

01-20632-A Thu. 6 – 8 p.m. Dec. 14

Enroll Now

Beef Pot Roast

Warm up this winter with a delicious beef pot roast, creamy polenta and fresh green beans.

01-20632-B Mon. 6 – 8 p.m. Jan. 8

Enroll Now

Flatbread Pizza

Create a mouthwatering flatbread pizza with mushrooms, spinach and white sauce. This meal will be paired with perfectly cooked creamy lemon, thyme chicken thighs. For dessert, participants will enjoy mini chocolate cheesecake topped with raspberries.

01-20632-C Mon. 6 – 8 p.m. Feb. 5

CALL FOR VENDORS

Kettering Community GARAGE SALE

Saturday, April 27 9 a.m. – 2 p.m.

Lathrem Senior Center

Looking for a reason to get organized and gain back your space? Turn those unused items into cash by being a vendor at our big community sale. Items may include anything from craft supplies, decorations, books, outdoor gear or simply anything miscellaneous. After all, one person's junk might be someone else's treasure. Interested vendors, please visit playkettering.org/event/kettering-community-garage-sale or email brittany.kilburn@ketteringoh.org to receive an application.

**4TH
FRIDAY****SENIOR
SOCIALS**

Ages: 55+

 **Enroll Now****The Art of Cozy**

From Hygge to Nixsen to Fika and so much more, this program will invite you to examine how you move through the seasons and interact with others. You'll learn ways to slow down, relax and enjoy your days through little rituals and simple changes in your environment. Hot cider and doughnut holes will bring out the feeling of gezellig to keep you cozy as we learn together. **Sponsored by Vienna Springs. Registration deadline is January 19.**

01-20820-A	Fri.	3:30 – 4:30 p.m.	Jan. 26
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Meet new friends and enjoy the company of old friends at this new monthly social event. Each program features light refreshments, a different theme, highlights a sponsor and is loads of fun! Pre-register to avoid missing out on these unique adventures. Registration deadlines are a week before the 4th Friday of each month.

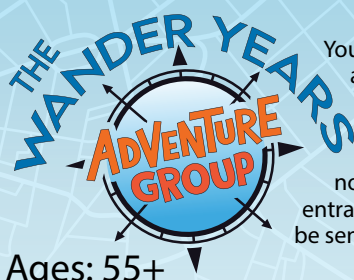
Fee: \$5/resident; \$7/non-resident

Location: Lathrem Senior Center


 **Enroll Now****Bunco Tournament**

This fast-moving, social dice game is easy to learn and fun to play. You'll team up, ring the bell, roll the dice, trade partners and then start all over again. No partner needed. Teams will be determined upon arrival. Prizes for the winners and snacks for everyone. **Sponsored by Legacy Health Services. Registration deadline is February 16.**

01-20820-B	Fri.	3:30 – 4:30 p.m.	Feb. 23
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Ages: 55+

**Volunteer Experience:
Gift Wrapping at Town & Country**
 **Enroll Now**

If you are someone who enjoys making holidays special for others, wander over to Town & Country Shopping Center and volunteer at the annual Kettering Noon Optimist (KNO) gift wrapping event. Volunteers wrap holiday gifts in exchange for a donation to support youth scholarships throughout the following year. Wrap up the wrapping shift by wandering over to First Watch in Town & Country for lunch with the group. The only cost is for your lunch, but registration is required. **Registration deadline is December 12.**

01-20818-A	Tue.	11 a.m. – 1:30 p.m.	Dec. 19
Fee:	Free		
Location:	Town & Country Shopping Center & First Watch		

You wander around your house. You wander around Walmart. Now you can wander about the Dayton area with a fun group of like-minded individuals. These meet-ups for active agers may include anything from volunteer experiences to dining out to entertainment and everything in between. The goal of the group is to create a vibrant community of adventurers who enjoy socializing, meeting new people, giving back to the community and just having fun! Although there is currently no fee to be in this program, pre-registration is required for all activities as some destinations have entrance fees and require advance payment. More information on how to be a successful wanderer will be sent to registered participants.

**Dining Experience:
Lunch at Coco's Bistro**
 **Enroll Now**

Blue Monday is a term commonly used to refer to the most depressing day of the year – the 3rd Monday in January. Whether it's failed New Year's resolutions, after holiday blues, trying to get right with your diet, Christmas bills rolling in or the gray and gloomy dark days Ohio winter weather brings, this day tends to hit hard. WE BEG TO DIFFER! Gather your people and meet at Coco's Bistro for a wonderful and inspiring lunch sure to lift your spirits. The only cost is for your lunch, but registration is required. **Registration deadline is January 9.**

01-20818-B	Mon.	11:30 a.m. – 1 p.m.	Jan. 15
Fee:	Free		
Location:	Coco's Bistro, 250 Warren Street		

AARP Income Tax Preparation Assistance Program

AARP Income Tax Preparation Assistance Appointment Scheduling Begins Tuesday, January 9, 2024! The AARP Foundation Tax-Aide program offers free tax preparation help to anyone and if you're 50 and older, and can't afford a tax preparation service, this program is made especially for you. The preparers are IRS-certified volunteers who understand that retirement or other life changes may mean your taxes are a little more complicated now.

Appointment Scheduling Begins:

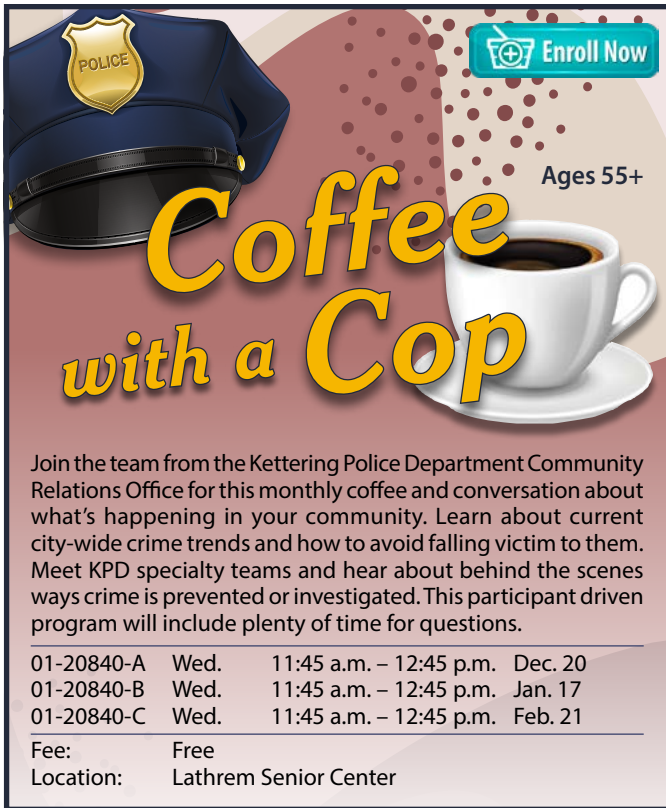
- **Tuesday, January 9 at 8 a.m. Call 937-296-2480 or 937-296-2587.**

In-Person Appointments Information:

- Appointments will be available Monday – Thursday, February 5 – April 11, 2024
- Appointments are at the Lathrem Senior Center 2900 Glengarry Drive.
- Appointments are limited to one hour per client.
- Clients will receive a reminder phone call up to 1 week in advance of their scheduled appointment.

Types of Returns Accepted:

- No complicated returns will be completed. Important guidelines of the program:
- **Volunteers** will prepare basic forms including the following:
 - 1040EZ, 1040A with Schedules 1, 2, 3 and EIC
 - 1040 with Schedules A, B, C-EZ, D, EIC, R and SE
 - 1040-V
 - 1040-ES
- Please bring the following to your appointment:
 - relevant paperwork for your 2023 taxes
 - a copy of your 2022 return
- Returns involving partnerships, income from rental property, or businesses will not be completed.



Enroll Now

Ages 55+

Coffee with a Cop

Join the team from the Kettering Police Department Community Relations Office for this monthly coffee and conversation about what's happening in your community. Learn about current city-wide crime trends and how to avoid falling victim to them. Meet KPD specialty teams and hear about behind the scenes ways crime is prevented or investigated. This participant driven program will include plenty of time for questions.

01-20840-A	Wed.	11:45 a.m. – 12:45 p.m.	Dec. 20
01-20840-B	Wed.	11:45 a.m. – 12:45 p.m.	Jan. 17
01-20840-C	Wed.	11:45 a.m. – 12:45 p.m.	Feb. 21

Fee: Free
Location: Lathrem Senior Center

GENERAL INTEREST CLASSES

Take Charge of Your Diabetes for the Holiday

Ages: Adult

This program will provide you with plenty of tips for managing your diabetes during the holidays. Whether it's preparing holiday favorites that are both nutritious and delicious or recipes to try at your holiday celebration, you'll leave with some great ideas you can put into use starting today. **Registration deadline is November 27.**

01-20835-A	Fri.	10 – 11 a.m.	Dec. 1
Fee:	Free for CIL members; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Pat Holmes, OSU Extension of Montgomery County		

Bootleggers, Bandits and Badges: From Dry Times to Hard Times in Dayton, OH

Ages: Adult

This detailed presentation about the days of prohibition and mobsters in Dayton includes a brief recounting of the Dillinger arrest and is in conjunction with Mr. Grismer's most recent book *The Dean, Dillinger and Dayton, Ohio - Legend - Lore - Legacy*. This exhibit at Carillon Historical Park closes at the end of December. Sponsored by CarePatrol. **Registration deadline is November 28.**

01-20835-B	Tue.	10 – 11 a.m.	Dec. 5
Fee:	Free for CIL members; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Stephen Grismer, Secretary-Treasurer of Dayton Police History Foundation, Inc.		

Area Agency on Aging Caregiver Series

Ages: 18+

This series provides valuable information for anyone providing support for aging parents or spouses. Whether you can attend one session or multiple sessions, this wonderful series will help you be the best caregiver you can be.

Fee: \$3/resident; \$5/non-resident
Location: Lathrem Senior Center

Part 1 – Just Breathe

As a caregiver, you know all too well how the day-to-day can take a toll. Love, compassion, caring and kindness are beautiful and necessary. But you need to keep your own cup full as well or it will not be enough. This one-hour session will introduce simple breathing techniques specific to helping manage stress and anxiety, as well as making the body and mind feel more relaxed and at ease.

01-20878-A	Tue.	1 – 2 p.m.	Jan. 9
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Part 2 – Sounds of Stress Relief

Sounds and frequencies can interfere with the natural cycles of our nervous system, even for individuals with hearing loss. This workshop will discuss how to reduce the noise around you and your loved one, calming the body and mind.

01-20878-B	Tue.	1 – 2 p.m.	Jan. 16
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Part 3 – The Healing Power of Touch

The session will focus on an exploration of touch and what it means to reconnect with yourself and your body. The instructor will demonstrate different techniques to connect and listen to the wisdom of your body, as well as self-massage techniques that you can use for relaxation and relief of tense muscles, for you and your loved ones.

01-20878-C	Tue.	1 – 2 p.m.	Jan. 23
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Part 4 – Putting it All Together

In this session, the ideas and practices discussed in the first three sessions will be brought together. The hour will be devoted to practice sessions, brainstorming ideas, and coming up with simple, yet doable ways to take what you've learned and incorporate it easily into your daily routine.

01-20878-D	Tue.	1 – 2 p.m.	Jan. 30
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Simply EZ Nutrition

Ages: Adult

If you are looking for local home meal delivery options, Simply EZ Meals is a new service designed to provide healthy, easy to heat meals. Learn all about the organization including which local aging programs you may be eligible for such as PASSPORT and MyCare Ohio.

01-20879-A	Thu.	11 a.m. – Noon	Dec. 7
Fee:	Free for CIL member; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		

Italian Apple Pie: Torta di Mele

Ages: Adult

This amazing and easier to make than you think, apple pie tort or Torta di Mele will make your kitchen smell amazing and impress everyone at your next event!

01-20612-A	Mon.	6 – 7:30 p.m.	Dec. 11
Fee:	\$19/resident; \$24/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Nicoletta Serenata, When I am in Rome, LLC		



Medication Safety for Mature Adults

Ages: Adult

This program focuses on the understanding that as we age our health may require support from doctors and medications. Whether it's blood pressure issues or arthritis, many Americans "have a pill for that". You will learn safe and secure storage and disposal and keeping track of what you have or haven't taken in a day. Boost your confidence knowing you are staying safe in your quest to stay healthy. If you are a caregiver for aging parents, this program will provide you with essential tools for safely caring for them as well.

01-20877-A	Tue.	11 a.m. – Noon	Dec. 12
Fee:	Free for CIL members; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Montgomery County Public Health Department		



Bingo Bonanza

Ages: Adult

Join us the second Tuesday of every month for good food and FUN! When you arrive, you'll walk into a festive, themed room and enjoy a scrumptious meal. After dinner, play 8 rounds of BINGO with a cover-all to end the event. Each winner receives a prize. Registration closes two days prior to the event date and drop-ins are not permitted. **Prizes sponsored by Oak Creek Terrace.**

01-20630-A	Tue.	6 – 8 p.m.	Dec. 12
01-20630-B	Tue.	6 – 8 p.m.	Jan. 9
01-20630-C	Tue.	6 – 8 p.m.	Feb. 13
Fee:	\$12/resident; \$17/non-resident		
Location:	Lathrem Senior Center		



The Beautiful World of Woodland Cemetery Mausoleums

Ages: Adult

A drive through Woodland Cemetery takes you past many magnificent structures with family names carved into the stonework. These family mausoleums not only reflect the men who commissioned the work, but the industry in which they served. You'll learn about the architecture and styling of the mausoleums and more about the lives lived by the men and women entombed within. Some of the families featured include Huffman, DeWeese, Schantz, Lowes, Ritty, Talbott, Berk, Turner and Price. **Registration deadline is January 2.**

01-20835-C	Tue.	10 – 11 a.m.	Jan. 9
Fee:	Free for CIL members; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Woodland Cemetery Volunteer		



Call for Volunteers!

Are you an avid card or billiards player with tons of patience? We need you! We receive regular requests for beginner or refresher card game classes for Euchre, Social Bridge, Pinochle and Canasta games and different Billiards games. Call Hayley Heck at 937-296-2480 to discuss starting a class with us to bring new members into your games.

Discover the Dayton Synchronettes

Ages: Adult

Did you know there is a competitive synchronized swim team in Dayton? You do now! The Dayton Synchronettes began in 1952 at the Dayton YMCA. Hear from several of their Master level members and, as a special surprise, see some of what makes them experts in their field of Artistic Swimming in our own Kettering Recreation indoor pool. With the Summer Olympics coming soon, this "mini-performance" and expert panel will help you understand what you are looking for as you cheer on Team USA! Do not miss out on this unique and fabulous program. **Registration deadline is January 5 and space is limited.**

01-20835-D	Fri.	9:30 – 10:45 a.m.	Jan. 12
Fee:	Free for CIL members; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Members of the Dayton Synchronettes		



From Your House to Senior Living the Stress-free Way

Ages: Adult

The process of moving into a senior living community doesn't have to be scary. Knowing your resources and having assistance with the process of this transition is important and very helpful. This class will help you reduce the stress and make the process a piece of cake. **Registration deadline is January 11.**

01-20835-E	Thu.	10 – 11 a.m.	Jan. 18
Fee:	Free for CIL members; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	April Hoskins, Senior Care Consultant, CarePatrol		



Medicare Education

Ages: Adult

Are you or a loved one eligible for Medicare? This informational session will teach you exactly what Medicare is, Medicare eligibility, Medicare coverage options and how to enroll. See how it works in your situation and learn about some of the scams to watch out for. There will be plenty of time for questions. **Sponsored by The Medicare Connection.**

01-20876-A	Mon.	10 – 11 a.m.	Jan. 22
01-20876 B	Mon.	5 – 6 p.m.	Jan. 22
Fee:	Free for CIL members; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	The Medicare Connection of Kettering		



Get Your Kicks on Route 66

Ages: Adult

RuthAnn from the WCPL is back to take you on a fun trip down Route 66 to discover historical places, beautiful landscapes and zany oddities!

Registration deadline is January 23.

01-20835-F	Tue.	10 – 11 a.m.	Jan. 30
Fee:	Free for CIL members; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Washington-Centerville Public Library Staff		



Organizing on a Budget

Ages: Adult

The whole point of organizing is to make life easier, NOT to spend a lot of money. This program will cover the best ways to get organized that are inexpensive or absolutely free! Using these hacks and tips can make a big difference in all areas of your home.

01-20609-A	Wed.	6:30 – 8 p.m.	Jan. 31
Fee:	\$12/resident; \$17/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Tami Doling, Silver Lining Organizers		



RSVP: Connecting You with Your Community

Ages: Adult

Have you heard of the Retired and Senior Volunteer Program (RSVP)? This national non-profit, a part of AmeriCorps, connects citizens 55 and over to volunteer needs in their communities. Learn interesting, new ways you could help a variety of organizations in the area. As part of this session, you will also be making alphabet flashcards to be donated to local early childhood education sites through the national non-profit organization, Love Letters for Literacy. **Registration deadline is January 30.**

01-20835-G	Tue.	10 – 11 a.m.	Feb. 6
Fee:	Free for CIL member; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Hiroko Schierman, RSVP Coordinator for Montgomery and Greene Counties		



Pick-A-Project with Kathleen

Ages: Adult

The creative Kathleen is back for the second in the Pick-A-Project series. Ring in Spring with two options: Spring Hanging Floral Arrangement or Decorative Bird House. Select your project at registration. **Sponsored by Walnut Creek. Registration deadline is February 6.**

01-20835-H	Tue.	10 – 11:30 a.m.	Feb. 13
Fee:	Free for CIL members; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Kathleen Tindle		



DAYTON
METRO
LIBRARY

Technology One-on-One Help with the Dayton Metro Library

Ages: 55+

Level up your technology skills with a one-on-one session to answer your tech related questions. Want to get eBooks? Don't have an email, but would like to create one? We can help you with that. Come with questions, inquiries and your device (if applicable). Contact the Lathrem Senior Center at 937-296-2480 to schedule your appointment.

Mondays, January 8 & 22 and February 12 & 26, 1 – 3 p.m.



For more information, call 937.296.2587.

Preplanning Your Funeral

Ages: Adult

No one wants to think about their death, but it happens to all of us eventually. This program will teach you all about the in's and out's of preplanning your funeral. Take the stress out of what is often a stressful experience and give your relatives peace of mind by preventing emotional over spending and guiding them through the tough decisions. To make the subject less stressful for you right now, enjoy a nice slice of pizza while you learn. There will be plenty of time for questions. **Registration deadline is February 13.**

01-20835-I	Tue.	11 a.m. – Noon	Feb. 20
Fee:	Free for CIL member; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Olivia Russell, Advanced Planning Specialist with Newcomers		

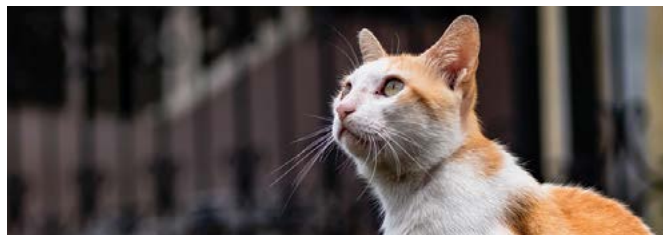


Community Cats

Ages: Adult

Help create a cat friendly community by learning about S.I.C.S.A.'s Trap, Neuter, Return and Monitor Team (TNRM). You'll learn about the program, its mission and what to expect as a volunteer. You'll also take a closer look at understanding cat behavior and how to interact with different categories of cats appropriately and effectively.

01-20636-A	Wed.	6 – 7:15 p.m.	Feb. 21
Fee:	\$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Becca Millis, S.I.C.S.A		



The Life and Times of Paul Laurence Dunbar

Ages: Adult

In honor of National African American History Month, we celebrate the life of Dayton native, Paul Lawrence Dunbar. Born to formerly enslaved parents from Kentucky, Mr. Dunbar was an American poet, novelist and short story writer of the late 19th and early 20th centuries. He began writing stories and verse as a child and rose to international acclaim for his impressive representation of Black life in the turn-of-the-century United States. **Registration deadline is February 20.**

01-20835-J	Tue.	10 – 11 a.m.	Feb. 27
Fee:	Free for CIL member; \$3/resident; \$5/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Ryan Qualls, National Park Service, US Department of the Interior and Dayton Aviation Heritage National Historical Park		



Elevate the "Scentses" with Oils & Perfumes

Ages: Adult

Explore the history of perfume making and the science of creating unique and toxin-free fragrances. Participants will also create a personalized perfume to enjoy or give as a gift.

01-20616-A	Thu.	6 – 7 p.m.	Feb. 29
Fee:	\$25/resident; \$32/non-resident		
Location:	Lathrem Senior Center		
Instructor:	Leah Smith, dōTERRA		



SENIOR SPORTS & FITNESS

Gentle Stretch Yoga

Ages: 45+



In this gentle, full body workout, trust Kim to help you safely stretch your body and release all the tension and stress we accumulate daily. Great for individuals with movement limitations, beginners and seniors. Participants should bring a yoga mat, yoga strap and 2 yoga blocks. Limited shared equipment will be available. Please arrive no earlier than 5 minutes before class start time to find your stretching space. ***Classes will not meet on December 19, 21, 26 and 28 or March 26 and 28.**

01-20899-A	Tue.	8:30 – 9:45 a.m.	Nov. 28 – Jan. 30*
01-20899-B	Tue.	10 – 11:15 a.m.	Nov. 28 – Jan. 30*
01-20899-C	Thu.	9 – 10:15 a.m.	Nov. 30 – Feb. 1*
01-20899-D	Tue.	8:30 – 9:45 a.m.	Feb. 13 – April 9*
01-20899-E	Tue.	10 – 11:15 a.m.	Feb. 13 – April 9*
01-20899-F	Thu.	9 – 10:15 a.m.	Feb. 15 – April 11*

Fee: \$56/resident; \$70/non-resident
 Location: Lathrem Senior Center
 Instructor: Kim Zehnder

Drums Alive – Golden Beats

Ages: 45+



Drums Alive – Golden Beats is the “original” rhythmical, drumming fitness program specifically designed for seniors. Each session includes cardio, power drumming, strength and toning with use of fitness balls, scarves, juggling, percussive instruments and more. No experience needed and each class accommodates a variety of fitness levels. Fitness balls and drumsticks provided. ***No class February 19.**

01-20896-A	Mon.	12:30 – 1:30 p.m.	Jan. 22 – March 4
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Fee: \$40/resident; \$50/non-resident
 Location: Kettering Recreation Complex, Studio B
 Instructor: Dorie Phillips

Archery for Seniors

Ages 55+



Learn a new skill while gaining strength and increasing focus. This class will cover safety, equipment, and technique. Archers will practice their skills on our indoor archery range.

01-20855-A	Fri.	3 – 5 p.m.	Jan. 26
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Fee: \$20/resident; \$25/non-resident
 Location: Kettering Recreation Complex

Senior Golf League

Ages: 55+



Golf is a great way to exercise, get outside and meet new people. Lathrem Senior Center members are invited to play in the mixed league at Community Golf Course on Thursday mornings throughout the summer. League registration forms and packets are available at the meeting and at the front desk. Lathrem Senior Center membership is required to participate. **For more information about our league, join us at the league planning meeting on March 21, at 10:30 a.m. at the Lathrem Center, or contact Jena Bosworth at jena.bosworth@ketteringoh.org. Space is limited. Register early. Deadline to register is Monday April 8.**

01-20860-A	Thu.	8 a.m. – 1 p.m.	Apr. 25 – Sept. 12
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Fee: \$40
 Location: Community Golf Course

Senior Exercise Drop-in Class Schedule

Fee: Free for CIL Exercise pass holders
 \$2/CIL member; \$3/resident; \$5/non-resident

Monday	9 – 9:50 a.m.	Senior Circuit Training Incorporates weights, ropes, steps and other equipment to provide a comfortable complete body workout.
Monday	10 – 10:50 a.m.	Chair Exercise Specific balance exercises that can reduce the risk of falling, combining strength and flexibility movements.
Wednesday	9 – 9:50 a.m.	Dance Cardio Choreographed, easy-to-follow dance moves that help with balance, coordination and keep the fun in fitness.
Wednesday	10 – 10:50 a.m.	Chair Exercise
Friday	9 – 9:50 a.m.	Senior Circuit Training

Hearing Screening
at the Lathrem Senior Center

The Family Hearing Center of Kettering is offering free hearing screening at the Lathrem Senior Center. Services include:

- Comprehensive hearing evaluation and video otoscopy
- Fitting the latest digital hearing aid technology
- Routine hearing aid maintenance and repairs
- Hearing aid batteries and supplies
- Live demonstrations and trial period

By appointment only

**Mondays: December 11, January 8 and
 February 12 from 8 a.m. – Noon**

Call 937-296-2480 to schedule your 30 minute screening.

Kettering Health
Blood Pressure Screening

**Wednesdays, December 13, January 10 and
 February 14 from 11 – 12:30 p.m.**

No appointment necessary

Lathrem Senior Center Lobby

Walnut Creek Senior Living
Blood Pressure/Sugar Screening

**Mondays, December 11, January 8 and February 12
 from 9:30 – 11:30 a.m.**

No appointment necessary

Lathrem Senior Center Lobby

LATHREM SENIOR CENTER ONGOING ACTIVITIES SCHEDULE

Fee: FREE/CIL member; \$3/resident; \$5/non-resident

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Double Deck Pinochle 1 – 4 p.m.	Euchre 1 – 4 p.m.	500 1 – 4 p.m.	Bingo 1 – 3 p.m.	Canadian Bid Euchre 1 – 4 p.m.	Senior Show Choir* 10 – 11 a.m.
	Board Games 1 st & 3 rd Mondays 1 – 4 p.m.	Social Bridge 1 – 4 p.m.	Hand & Foot 1 – 4 p.m.	Double Deck Pinochle 1 – 4 p.m.	Double Deck Pinochle 1 – 4 p.m.
	Mah Jongg 4 – 7 p.m.	Creative Writing Group (3 rd Tuesday) 2 – 4 p.m.	Canadian Bid Euchre 4:30 – 8 p.m.	Crooked Hookers Knit & Crochet Group (1 st & 3 rd Thursday) 2 – 4 p.m.	Social Bridge 1 – 4 p.m.

*CIL membership required. No drop-in

CHARLES I. LATHREM SENIOR CENTER

The Charles I. Lathrem Senior Center (CIL) remains dedicated to providing quality programs and services to adults ages 55 and older. Located in the south wing of the Kettering Recreation Complex (KRC), the CIL is fully handicap accessible and is a hub for the active Kettering adult. Membership benefits include free access to:

- Cards & Games
- Wellness Programs & Screenings
- Drop in Sports
- Music Groups
- an extensive menu of Enrichment Classes

CIL members also receive an automatic 10% discount on other programs and special events hosted at the CIL and KRC as well as discounted rates for passes at the KRC and Kettering Fitness & Wellness Center including two fitness rooms, group exercise studios, aquatic center and spa, gymnasium and ice arena. CIL members may register on the first day of program registration regardless of residency status.

LATHREM SENIOR CENTER HOURS

Monday – Thursday	8 a.m. – 8 p.m.
Friday	8 a.m. – 4 p.m.
Saturday	9 a.m. – Noon
Sunday	12:30 p.m. – 4 p.m.

HOLIDAY CLOSURES:

Christmas, Sunday, December 24, Monday, December 25 & Tuesday, December 26
 New Year's Eve, Sunday, December 31
 New Year's Day, Monday, January 1

LATHREM SENIOR CENTER MEMBERSHIP & DROP IN FEE INFORMATION

Type of Pass	CIL Member	Kettering Resident	Non-Resident
CIL Pass (1 year)		\$36/year	\$54/year
CIL Pass (6-month)		\$21/6 months	\$32/6 months
Daily Program Drop in Fees (Cards, games, enrichment, sports, etc.)	FREE!	\$3/program	\$5/program
CIL Exercise Pass	\$45/year	\$67/year	\$84/year
Senior Exercise Drop in Fees	\$2/class	\$3/class	\$5/class

Note: Spouses under 55 years of age may join the CIL for the same rate as their partner.

For more information, call 937.296.2587.

SENIOR TRANSPORTATION PROGRAM

The CIL offers transportation services for Kettering residents age 60 and older. For a small membership fee and inexpensive ride costs, our sedan and wheelchair-accessible vans can take you to medical



appointments, grocery shopping, CIL and Kettering Recreation Complex programs, hair salons, banks, pharmacies and more. Call 937-296-2483 for more information.

Weekly Bingo

Wednesdays from 1 – 3 p.m.

Wednesday bingo sponsors for December, January and February are as follows: Maudlin Senior Care Solutions, Vienna Springs, CareCore by Mary Scott, Cigna, Legacy Health Services, and the Montgomery County Treasurer. We are thankful for these partnerships and appreciate working with each of these sponsors.

Fee: Free for CIL members; \$3/resident; \$5/non-resident
 Location: Lathrem Senior Center

SPORTS PROGRAMS

CLOSING SOON!

WINTER YOUTH BASKETBALL LEAGUE

This recreational program for grades 1 through 12 will emphasize fundamentals, skill development, sportsmanship and fun! Winning is not the most important thing. Practices will begin at 5:15, 6:15, or 7:15p.m. once a week on weekdays. All practices and games will take place at Kettering Recreation Complex starting the week of December 4. No Practices the week of December 18 or 25. The 6-game season will begin Saturday, January 6. Games will be played on Saturday or Sunday based on the number of teams. Teams are coached by volunteer parents. Please register early if you are interested in coaching! T-shirts are included in price of registration. **Registration deadline is November 12. Requests are not guaranteed.**

Mandatory coaches meeting schedule for Monday, November 27

- 1st through 4th Grade at 6 p.m.
- 5th grade through High School at 6:45 p.m.



Boys Winter Kettering Youth Basketball

Grades: 1st – 12th

04-701110-A	Boys 1st Grade	Mon.-Sun.	Dec. 4 – Feb. 11
04-701110-B	Boys 2nd Grade	Mon.-Sun.	Dec. 4 – Feb. 11
04-701110-C	Boys 3rd Grade	Mon.-Sun.	Dec. 4 – Feb. 11
04-701110-D	Boys 4th Grade	Mon.-Sun.	Dec. 4 – Feb. 11
04-701110-E	Boys 5th Grade	Mon.-Sun.	Dec. 4 – Feb. 11
04-701110-F	Boys 6th Grade	Mon.-Sun.	Dec. 4 – Feb. 11
04-701110-G	Boys 7th Grade	Mon.-Sun.	Dec. 4 – Feb. 11
04-701110-H	Boys 8th Grade	Mon.-Sun.	Dec. 4 – Feb. 11
04-701110-I	Boys 9th/10th Grade	Mon.-Sun.	Dec. 4 – Feb. 11
04-701110-J	Boys 11th/12th Grade	Mon.-Sun.	Dec. 4 – Feb. 11

Fee: \$70/resident; \$87/non-resident
Location: Kettering Recreation Complex



Girls Winter Kettering Youth Basketball

Grades: 1st – 8th

04-701120-A	Girls 1st/2nd Grade	Mon.-Sun.	Dec. 4 – Feb. 11
04-701120-B	Girls 3rd/4th Grade	Mon.-Sun.	Dec. 4 – Feb. 11
04-701120-C	Girls 5th/6th Grade	Mon.-Sun.	Dec. 4 – Feb. 11
04-701120-D	Girls 7th/8th Grade	Mon.-Sun.	Dec. 4 – Feb. 11

Fee: \$70/resident; \$87/non-resident
Location: Kettering Recreation Complex



Sports Supervisor
Reed Gibson
937-296-3344
Reed.Gibson@ketteringoh.org

Early Bird Basketball

Ages: 4 – 8



This program is designed for Kettering boys and girls in grades K-2 and will be held Saturday mornings from 7:30 – 8:30 a.m. at the Kettering Recreation Complex. The Early Birds will focus on fundamental basketball skills with instruction from Dan VonHandorf and Fairmont Varsity Coaches Kenny Molz and Jeremy Finn. The Fairmont Girls and Boys Varsity players will also be assisting every session! The goal of this program is to introduce and build upon basic basketball skills that are crucial at a young age. All ability and skill levels are welcome to join. Players will receive hands-on instruction, and have the opportunity to learn through mass demos, station work, and play games! Players will also receive their own basketball and t-shirt! Players that attend this program can also play in the Kettering Basketball League, as it will not interfere with weekend basketball games run by the City of Kettering. ***No session on January 13 in observation of MLK Day. Registration deadline is December 17.**

01-111002-A Sat. 7:30 – 8:30 a.m. Jan. 6 – Feb. 10*

Fee: \$45/resident; \$56/non-resident

Location: Kettering Recreation Complex

SPORTS VOLUNTEER COACHES

Our department relies heavily upon volunteer coaches to help provide our youth sports participants with a quality recreational experience. Youth sports coaches are often an important figure in establishing a positive first exposure to sports and help plant the seeds for important values like discipline, hard work, respect, and self-esteem. These values transcend the field and court, and we would not be able to impart these lessons without our volunteers.

We believe that winning has less to do with the final score and more to do with the core values of sportsmanship, self-confidence, opportunity and fun. Our youth sports programs are designed to create a positive environment for youth by emphasizing the following:

- Teaching life skills, good sportsmanship and game fundamentals
- Participation in a safe and healthy environment
- Having a fun and enjoyable experience

Help in any capacity is welcomed, whether that be head coach, assistant coach, or just a helper. Our department provides resources to aid our coaches with practices and games. A willing individual is more important than a knowledgeable one. If you are interested in volunteering, please contact the Volunteer Office at 937-296-2433. Volunteer coaches are required to complete an application and pass a background check.

Spring Youth Basketball Clinic

Grades: 1 – 8



Extend your winter basketball season into our spring basketball clinic! Designed for beginner to intermediate players, this 4-day program will focus on the fundamentals of dribbling, passing, shooting, and defense. If interested in helping as a volunteer clinician, please contact the Youth Sports Coordinator at 937-296-3326. **Registration deadline is February 18.**

01-111000-A	Boys Gr. 1-2	Sat.	9 – 10:30 a.m.	March 2 – 23
01-111000-B	Girls Gr. 1-2	Sat.	11 a.m. – 12:30 p.m.	March 2 – 23
01-111000-C	Boys Gr. 3-4	Sat.	11 a.m. – 12:30 p.m.	March 2 – 23
01-111000-D	Girls Gr. 3-4	Sat.	12:45 – 2:15 p.m.	March 2 – 23
01-111000-E	Boys Gr. 5-8	Sat.	12:45 – 2:15 p.m.	March 2 – 23
01-111000-F	Girls Gr. 5-8	Sat.	2:30 – 4 p.m.	March 2 – 23

Fee: \$40/resident; \$50/non-resident
Location: Kettering Recreation Complex

Spring Pee Wee Youth Soccer

Ages: 4 – 9



Join our spring outdoor soccer program for a great introduction to the sport. This league will focus on fundamentals and is designed to create a positive environment with an emphasis on good sportsmanship. Teams will practice one evening per week at Delco Park at 5:30 p.m. or 6:30 p.m. and will have games on Saturday mornings. All teams are coached by volunteer coaches and if you are able to help out please register early and indicate you are interested in coaching during registration. **Registration deadline is March 10. Requests are not guaranteed.**

01-111020-A	Ages 4-5 (coed)	M-Th, Sat.	5:30 – 7:30 p.m.	April 1 – May 18
01-111020-B	Ages 6-7 (coed)	M-Th, Sat.	5:30 – 7:30 p.m.	April 1 – May 18
01-111020-C	Ages 8-9 (coed)	M-Th, Sat.	5:30 – 7:30 p.m.	April 1 – May 18

Fee: \$75/resident; \$94/non-resident
Location: Delco Park



Spring Youth Volleyball

Ages: 8 – 15



This youth volleyball league is set up for beginners to learn the game and for intermediate players to have fun in a recreational environment. If you are a travel level player this league is probably not for you. Volleyball practices are held at the Kettering Recreation Complex on either Mondays OR Wednesdays at 5:15 p.m. and games will be held on Friday evenings. Volunteer coaches are needed for this program. Please contact the youth sports coordinator at 937-296-3326 with questions or if you are interested in coaching. **Registration deadline is March 10. Requests are not guaranteed.**

01-211012-A	M, W, F	5:15 – 6:15 p.m.	April 1 – May 17
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Fee: \$75/resident; \$94/non-resident
Location: Kettering Recreation Complex

For more information, call 937.296.2587.

JUDO

Cadet Judo

Ages: 4 – 6



This introduction to Judo class will promote coordination, control, and basic motor skills will be enhanced while the student is having fun. New students are able to join in Section B (January), while Sections A (December) and Sections C (February) are for continuing students only. ***No class on December 25 or January 1.**

01-211036-A	M,W	5:30 – 6:30 p.m.	Dec. 4 – 27*
01-211036-B	M,W	5:30 – 6:30 p.m.	Jan. 1 – 31*
01-211036-C	M,W	5:30 – 6:30 p.m.	Feb. 5 – 28

Fee: \$40/resident; \$50/non-resident
Location: Kettering Recreation Complex
Instructor: Russ Scherer, 6th DAN Black Belt

Youth Judo

Ages: 7+



This Olympic sport is fun for the entire family. It builds self-confidence, self-control, and self-respect while developing coordination, strength, flexibility, agility, and balance. Learn how to better control your own body and the rules and strategies of Judo. New students are able to join in Section B (January), while Sections A (December) and Sections C (February) are for continuing students only. ***No class on December 25 or January 1.**

01-211038-A	M,W	6:15 – 7:30 p.m.	Dec. 4 – 27*
01-211038-B	M,W	6:15 – 7:30 p.m.	Jan. 1 – 31*
01-211038-C	M,W	6:15 – 7:30 p.m.	Feb. 5 – 28

Fee: \$40/resident; \$50/non-resident
Location: Kettering Recreation Complex
Instructor: Russ Scherer, 6th DAN Black Belt

Adult Judo

Ages: 14+



This Olympic sport is fun for the entire family. It builds self-confidence, self-control, and self-respect while developing coordination, strength, flexibility, agility, and balance. Learn how to better control your own body and the rules and strategies of Judo. New students are able to join in Section B (January), while Sections A (December) and Sections C (February) are for continuing students only. ***No class on December 25 or January 1.**

01-211040-A	M,W	7:15 – 8:45 p.m.	Dec. 4 – 27*
01-211040-B	M,W	7:15 – 8:45 p.m.	Jan. 1 – 31*
01-211040-C	M,W	7:15 – 8:45 p.m.	Feb. 5 – 28

Fee: \$40/resident; \$50/non-resident
Location: Kettering Recreation Complex
Instructor: Russ Scherer, 6th DAN Black Belt





ADVANTAGE KETTERING

presented by Technifibre

Ages: 8+

Tennis is a great all-around body conditioning, life-long sport that is fun for all ages. It is effective at building fine motor-skills, hand-to-eye coordination and muscular body strength, all while building confidence and longevity.

Individual and small group sessions will be offered for ages 8 and up and will be targeted to beginners.

Beginner Tennis

Players with little to no tennis experience. At this level, players will be working on developing ball control and proper racquet grip. Players will be introduced to forehand and backhand strokes, serving, returning and volleying.

Fast Track Tennis Training

These sessions will utilize the *Fast Track Tennis* training device for continuous loop hitting in order for players to refine technique, add new skills, and improve footwork and cardio fitness.

Rates

Individual Private Lessons: \$50/hr

Paired Lessons (2 People): \$25/hr per person

Groups (3-4 People): \$20/hr per person

Equipment Needed (provided by player): Racquet, tennis shoes, water bottle. *Beginner racquets are provided for players that don't yet have one of their own.

Instructor: Patrick Ellis, USPTR Certified
(937) 602-6206
tutor4tennis@gmail.com



FENCING

Ages: 10+

Fencing is an Olympic co-ed sport. Our program is year-round, can be enjoyed life long, and for the entire family. Students with no fencing experience must start with the *Beginning* or *Youth Beginning Foil Fencing* class, which is offered in the Fall and Winter. Please visit daytonfencing.org prior to class for details on joining USA Fencing and signing a waiver, both required. Long pants and closed-toed athletic shoes are required, and fencing gear will be rented for \$40 at the first day of class. Drop-In Fees: \$5

Youth Beginning Foil Fencing

Ages: 10 – 13

This class is for younger and beginning fencers.

01-211050-A	Tue.	4:15 – 5:15 p.m.	Jan. 16 – May 28
01-211050-B	Thu.	4:15 – 5:15 p.m.	Jan. 11 – May 30

Fee: \$115/resident; \$144/non-resident

Location: Kettering Recreation Complex

Instructor: Matt Denman & Kirsten Denman, USA Fencing Instructors



Beginning Foil Fencing

Ages: 13+

Class size is limited, and students may not join mid-session. This class is for students with limited or no experience. It teaches the basic skills of fencing and how to be self-sufficient in bouting classmates using electronic scoring equipment. *Beginning Foil Fencing* may not be joined part way through without previous experience and instructor permission. Fencers may advance to the intermediate class once they are ready, fencers may need to repeat the class multiple times. This is a good class for Adults too!

01-211050-C	Sun.	12:15 – 1:15 p.m.	Jan. 28 – May 19
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Fee: \$115/resident; \$144/non-resident

Location: Kettering Recreation Complex

Instructor: Matt Denman & Kirsten Denman, USA Fencing Instructors



Intermediate Foil Fencing

Students must pass *Beginning Foil Fencing* or have instructor permission to join. This class starts with group activities including warm ups, games, and drills. Students fence class mates using electric scoring equipment, and work one on one with an instructor through a self-paced progression of fencing. Fencers wanting to improve their skills faster or are interested in competing should take *Unlimited Fencing* and come to multiple classes per week.

01-211050-D	Sun.	1:30 – 2:50 p.m.	Jan. 28 – May 19
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01-211050-E	Tue.	5:30 – 7 p.m.	Jan. 16 – May 28
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01-211050-F	Thu.	5:30 – 7 p.m.	Jan. 11 – May 30
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Fee: \$115/resident; \$144/non-resident

Location: Kettering Recreation Complex

Instructor: Matt Denman & Kirsten Denman, USA Fencing Instructors



Intermediate Foil Fencing 2

Intermediate Foil 2 is for older, more advanced intermediate fencers.

01-211050-G	Sun.	3 – 4:20 p.m.	Jan. 28 – May 19
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01-211050-H	Tue.	7:10 – 8:45 p.m.	Jan. 16 – May 28
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01-211050-I	Thu.	7:10 – 8:45 p.m.	Jan. 11 – May 30
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Fee: \$115/resident; \$144/non-resident

Location: Kettering Recreation Complex

Instructor: Matt Denman & Kirsten Denman, USA Fencing Instructors



Advanced Foil Fencing

Students must pass *Beginning Foil Fencing* or have instructor permission to join. This class starts with group activities including warm ups, games, and drills. Students fence classmates using electronic scoring equipment and work one on one with an instructor through a self-paced progression of fencing. Fencers wanting to improve their skills faster or are interested in competing should take *Unlimited Fencing* and come to multiple classes per week.

01-211050-J	Sun.	3 – 5 p.m.	Jan. 28 – May 19
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01-211050-K	Tue.	7:10 – 9:30 p.m.	Jan. 16 – May 28
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01-211050-L	Thu.	7:10 – 9:30 p.m.	Jan. 11 – May 30
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Fee: \$115/resident; \$144/non-resident

Location: Kettering Recreation Complex

Instructor: Matt Denman & Kirsten Denman, USA Fencing Instructors



Registration starts now!

playkettering.org

Saber Foil Fencing



This class is specific to the weapon of saber. Saber fencers are also recommended to take a foil class to help work through various fencing skills.

01-211050-M Sun. 11 a.m. – Noon Jan. 28 – May 19

Fee: \$125/resident; \$156/non-resident

Location: Kettering Recreation Complex

Instructor: Greg Paquette, USA Fencing Instructor

Unlimited Foil Fencing



Allows fencers to come to any/all of the (non-beginner) fencing classes. Fencing 2-3 times per week is recommended for improvement and preparation for competition.

01-211050-N T,Th,Sun. Noon Jan. 11 – May 30

Fee: \$150/resident; \$187/non-resident

Location: Kettering Recreation Complex

HOME SCHOOL SPORTS PROGRAM

Ages: 5 – 14

This structured drop-in program will offer your home-schooled child the opportunity to learn sports, play and build interpersonal skills! They will get plenty of fun, healthy exercise in a supervised, non-threatening setting all while in a developmental format according to the Ohio Department of Education standards. Attendance will be tracked for those looking for verified hours! Sports that may be incorporated into this program are: basketball, soccer, floor hockey, kickball, volleyball and all of the favorite gym games. Participants will be grouped by age and ability as much as possible. **We follow the Kettering City Schools calendar for holidays and inclement weather. Please contact the Sports Supervisor at 937-296-3344 for additional information.**

Drop-in T/Th 2 – 3 p.m. Jan. 9 – May 16

Fee: \$3/resident; \$4/non-resident

Instructor: Kettering Recreation Complex Sports Staff

Drop-In Gymnasium Schedule

Effective December 1 – February 29

Mon.	Senior Basketball and Short Tennis 8:30 – 11 a.m.	Adult Basketball and Pickleball 11:30 a.m. – 1:30 p.m.	Youth Gym 3:15 – 5 p.m.
Tues.	Senior Volleyball and Pickleball 8:30 – 11 a.m.		Youth Gym 3:15 – 5 p.m.
Wed.	Senior Basketball and Short Tennis 8:30 – 11 a.m.	Adult Basketball and Pickleball 11:30 a.m. – 1:30 p.m.	Youth Gym 3:15 – 5 p.m.
Thurs.	Senior Volleyball and Pickleball 8:30 – 11 a.m.		Youth Gym 3:15 – 5 p.m.
Fri.	Senior Basketball and Short Tennis 8:30 – 11 a.m.	Adult Basketball and Pickleball 11:30 a.m. – 1:30 p.m.	Youth Gym 3:15 – 5 p.m.
Sat.	Senior Volleyball 8:30 – 10:30 a.m.		

*Youth Gym is only held when Kettering City Schools are in session.

ADULT SPORTS

Ages: 18+

We offer a variety of adult recreational and competitive athletic leagues. Members on the league champion team will receive individualized league champion shirts. Different skill levels are available in each league and officials/scorekeepers are provided. If you have questions on specific levels, please call the Adult Sports Coordinator at 937-296-3331. League duration will vary pending league size. Most leagues run 9-10 weeks in duration, which includes an end-of-season tournament (league play determines tournament seeding). Depending on league size the end of the year tournament may be broken up into two brackets. Basketball and volleyball league games are played in the evenings throughout the week. Game start times vary from 6:20 to 8:50 p.m.

CLOSING SOON!

3v3 BASKETBALL TOURNAMENT

3 v 3 Basketball Tournament

Ages: 18+

Join us for our Winter 3 v 3 Basketball Tournament! Games will be 20 minutes or first to 21, whichever occurs first, in a round-robin format before advancing into single elimination playoffs. Register as a team. **Registration deadline is November 26.**

04-721010-A Sat. 11 a.m. – 4:30 p.m. Dec. 2

Fee: \$55/resident; \$69/non-resident

Location: Kettering Recreation Complex

Spring Adult Basketball



The adult basketball leagues will feature a 7-game regular season followed by a single elimination tournament. Individuals on the winning team will receive a Champions T-shirt. Game start times vary from 6:20 to 8:50 p.m. **Registration deadline is February 4.**

01-721000-A Tue. Recreational Feb. 20 – April 16

01-721000-B Tue. Mid-Competitive Feb. 20 – April 16

01-721000-C Thu. Recreational Feb. 22 – April 18

Fee: \$495/team

Location: Kettering Recreation Complex

Spring Adult Volleyball



The spring volleyball league will feature a 9-week regular season with no end-of-season tournament. Individuals on the winning teams will receive a Champions T-shirt. Leagues can be further divided into more competitive leagues based on registration numbers. Game start times vary from 6:20 to 8:50 p.m. **Registration deadline is February 4.**

01-724000-A Mon. Ladies Competitive Feb. 19 – April 15

01-724000-B Wed. Ladies Mid-Competitive Feb. 21 – April 17

01-724000-C Wed. Coed Recreational Feb. 21 – April 17

Fee: \$280/team

Location: Kettering Recreation Complex

ATHLETIC SERVICE ORGANIZATIONS

The City of Kettering supports a variety of sports activities for both youth and adults. Below is a list of athletic service organizations and a contact person. If you are unable to locate a specific organization, contact the Parks, Recreation and Cultural Arts Department at **937-296-2454**.

The **Kettering Youth Sports Commission** is comprised of representatives from each land-based youth sport organization in Kettering. The Commission's purpose is two-fold. First, to ensure that the sports offered to the children of the community meet the needs and interests of the community. Second, to ensure that all youth participating in Kettering sports have the safest and best possible experience. This "greater good" concept is somewhat unique to the national youth sports world, but is what truly separates Kettering youth sports from national or other youth sports providers in the region. Please direct any questions or concerns to the **Recreation Manager** at **937-296-3280**.

BASEBALL/SOFTBALL/T-BALL

East Kettering Recreation Club	Youth T-ball, Baseball; State Farm Park www.ekrcbaseball.com	Ed Barnette	ekrcbaseball@yahoo.com	937-580-4630
Kettering Amateur Baseball Commission	Youth; Indian Riffle Park (Also offering special needs softball) www.kabcsports.com	Joe Baber	Submit form on website	937-974-4584
Kettering Parks, Recreation and Cultural Arts	Adult Softball, Basketball, Volleyball, Soccer Rainout Info/Field Conditions (after 3:30 p.m.) playkettering.org (App: PlayKettering)	Reed Gibson	Reed.Gibson@ketteringoh.org	937-296-3344

FOOTBALL

Kettering Youth Football/Cheer Org	Kettering Middle School/State Farm Park www.ketteringfirebirds.org	Richie Miller	ketteringfirebirdsfootball@gmail.com	937-367-9714
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SOCCER/LACROSSE

Kettering Peewee Soccer	Youth sport development programs/leagues	Reed Gibson	Reed.Gibson@ketteringoh.org	937-296-3344
South Dayton Catholic Lacrosse	High school age www.sdclax.org	Michael Dalidowicz	sdclax@gmail.com	
Metro F.C. Club	Youth Recreational and Select Soccer www.metrofutbolclub.org	Karl George	karl.george@metrofutbolclub.com	937-901-8104

FIGURE SKATING

South Dayton Figure Skating Club	USFS Affiliated www.sdfsc.org	Paul Robinson	Inosnibor2003@yahoo.com	937-367-6592
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ICE HOCKEY

Kettering Huff-n-Puff	Ages 30+, no check, no slapshot, non-competitive	Ron Sochocki	rsochocki@ymail.com	937-750-0651
Dayton Hockey Association (Dayton Stealth)	Youth; AHAUS Affiliated www.daytonstealth.com	Call 937-296-3224 to leave a message in the league's voicemail box, #4869		
Dayton Fangs	Women 18+	Renee Buck	hckychik248@gmail.com	
Wonder League Hockey	Adults; Friday Night Hockey League www.daytonhockey.com	John Wonderly	johnwonderly@sbcglobal.net	937-608-8488

BASKETBALL

Kettering Youth Basketball	Youth, ages 4 –18, recreational	Reed Gibson	Reed.Gibson@ketteringoh.org	937-296-3344
Future Firebirds (select)	www.futurefirebirds.com	Dave Roalef	president@futurefirebirds.com	937-985-6987

MISCELLANEOUS

BMX Association of Kettering	Youth; bicycle moto-cross www.usabmx.com/tracks/1268	Eric Jones	eric-jones@hotmail.com	937-726-2868
Tidal Wave Aquatics Swim Team	Youth and Teen www.tidalwaveaquatics.org	Stephanie Hundt	membership@tidalwaveaquatics.org	937-231-5936
Ohio River Road Runners	Youth/Adults, running races www.orrcc.org	Kathy Robins		937-640-2786



**DON'T MISS OUT
ON THE FUN!**

Let's get to know each other



CITY OF KETTERING
PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT



FISI ACCOUNTS INSURED UP TO \$500,000 **ESI**
American Share Insurance insures each account up to \$500,000. Excess Share Insurance Coverage provides up to an additional \$500,000 of insurance per account. This institution is not federally insured. **MEMBER ACCOUNTS ARE NOT INSURED OR GUARANTEED BY ANY GOVERNMENT OR COURT-APPOINTED CREDITORS AGENCY.**



at the Habitat Environmental Center

For information about this fun and educational birthday experience for you and your friends, contact

Habitat Environmental Center • 937-296-2477

Email: habitatcenter@ketteringoh.org



WILD ABOUT BIRTHDAYS!

Chances are good you know someone with a birthday coming up! Schedule a date at the The Habitat Environmental Center for a Wild Birthday Party!

Your two-hour rental will include a "Nature Host" who will lead a one-hour program, which will include:

- An age appropriate nature craft
- Nature activities based on the season and age of the birthday child
- An encounter with one of Habitat's animal ambassadors

SAVE THE DATE

Tree FEST

at Southdale Park & Habitat Environmental Center

April 20, 9 a.m. – Noon
3036 Bellflower St, Kettering

TreeFEST has become a yearly tradition for many residents. Join us this year and help plant trees and flowers for our pollinator friends, clean up the park, talk with firefighters, meet City officials, and enjoy giving back to planet earth! Bring gloves, shovels and a watering container if you have them! Open to all ages. Children must be accompanied by an adult.

Visit playkettering.org for more TreeFEST information or call 937-296-2477



Environmental Education Supervisor

Kerri Miles

937-296-2477

Kerri.Miles@ketteringoh.org

SAVE THE DATE

A CELEBRATION OF TREES AND CRAFT BEER

TREE LOVE

SATURDAY, APRIL 20
1 P.M. – 5 P.M.



Eudora Brewing Company

3022 Wilmington Pike,
Dayton, OH 45429

Stop by Eudora for this family friendly event all about TREES and their crucial role in the world. Enjoy children's activities, hear from local arborists, take part in the creation of an Arbor Day Beer, visit native trees, and win raffle prizes. Eudora's kitchen will be open.



YOUTH EDUCATION

Habitat Rangers

Ages: 6 – 12



This program is designed to engage students in outdoor learning and play to foster connections, curiosity and love for nature. During each session, rangers will explore, hike, and learn about the earth and how to care for it.

01-30106-A	Wed.	4 – 5:30 p.m.	Dec. 13
01-30106-B	Wed.	4 – 5:30 p.m.	Jan. 10
01-30106-C	Wed.	4 – 5:30 p.m.	Jan. 24
01-30106-D	Wed.	4 – 5:30 p.m.	Feb. 7
01-30106-E	Wed.	4 – 5:30 p.m.	Feb. 21

Fee: \$7/resident; \$9/non-resident
Location: Habitat Environmental Center

Art in the Wild Winter Workshop

Ages: 7 – 11



If your child loves art and nature, they will want to attend these half day workshops at the Habitat Environmental Center. Our guest artist and our naturalists will have plenty of activities on hand. We'll have the fireplace going and the holiday tree lit up as we explore animals in winter. Each session will have a different theme so consider signing up for both.

01-30203-A	Tue.	9 a.m. – Noon	Jan. 2
01-30203-B	Thu.	9 a.m. – Noon	Jan. 4

Fee: \$35/resident; \$44/non-resident
Location: Habitat Environmental Center

Wild Child Homeschool

Ages: 7 – 11



The Habitat staff will offer a series of science and nature based programs for homeschool students to do hand-on activities, experiments, and lessons in an outdoor setting to stretch their knowledge of the natural world. Topics will differ each week and some programs may be held at different locations around Kettering.

01-30500-A	Mon.	1:30 – 3 p.m.	Dec. 4
01-30500-B	Mon.	1:30 – 3 p.m.	Dec. 18
01-30500-C	Mon.	1:30 – 3 p.m.	Jan. 8
01-30500-D	Mon.	1:30 – 3 p.m.	Jan. 22
01-30500-E	Mon.	1:30 – 3 p.m.	Feb. 5
01-30500-F	Mon.	1:30 – 3 p.m.	Feb. 19

Fee: \$9/resident; \$11/non-resident
Location: Habitat Environmental Center

NATURE ADVENTURES

Holiday at the Habitat

Ages: 8 – 13



Spend a special evening with the Habitat animal ambassadors as we decorate the holiday tree, take a night hike and drink hot chocolate by the fireplace. Dress for the weather.

01-30122-A	Fri.	6 – 8 p.m.	Dec. 15
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Fee: \$8/resident; \$10/non-resident
Location: Habitat Environmental Center



Snowy Owl Camp-In

Ages: 6 – 10



Drop off your kids for a mock camp-out inside and out! There will be nature games, activities, a winter hike, and s'mores. Dress for the weather.

01-30109-A	Fri.	6 – 8 p.m.	Feb. 2
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Fee: \$8/resident; \$10/non-resident
Location: Habitat Environmental Center

Polar Bear Camp-In

Ages: 7 – 11



Did you know that polar bears are the only bear classified as a marine mammal? Want to learn about and celebrate polar bears? Then drop your kids off at the Habitat for some crafts and activities. We will end the camp-in with hot chocolate and a snack.

01-30308-A	Fri.	6 – 8 p.m.	Feb. 16
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Fee: \$8/resident; \$10/non-resident
Location: Habitat Environmental Center

PRESCHOOL PROGRAMS

Wiggle Worms

Ages: 3 – 5



Join our Naturalist at the Habitat and introduce your preschooler to the wonders of nature. Each week we will explore a new topic through hands-on activities, outdoor exploration, and more. We will be outdoors so dress for the weather. Children must be accompanied by an adult.

01-30204-A	Thu.	10 – 11 a.m.	Dec. 14
01-30204-B	Thu.	10 – 11 a.m.	Jan. 11
01-30204-C	Thu.	10 – 11 a.m.	Jan. 25
01-30204-D	Thu.	10 – 11 a.m.	Feb. 8
01-30204-E	Thu.	10 – 11 a.m.	Feb. 22

Fee: \$5/resident; \$7/non-resident
Location: Habitat Environmental Center

CONSERVATION

Young Birders Gathering



Ages: 11 – 18

Join other Ohio Young Birders for a pizza party and friendship before heading out to see what birds we can find in the December woods. Bring a friend who might be interested in trying out this fun hobby.

01-30501-A	Sat.	Noon – 2 p.m.	Dec. 9
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Fee: Free
Location: Habitat Environmental Center

Ohio Young Birders Club – Southwest Chapter

Ages: 11 – 18

Bird watching and identification is a fascinating subject. You will walk away with a greater knowledge of birds and their role in the ecosystem. Club activities are based on participant feedback, so you direct the focus of study. A light snack is included.

01-30240-B	Sat.	5:30 – 7 p.m.	Jan. 6*
01-30240-C	Sat.	10 – 11:30 a.m.	Feb. 17*
Fee:	Free but participants must become members of the Ohio Young Birders Club		
Location:	*Jan 6 will meet at Pondview Park; Feb 17 will meet at Cox Arboretum		



Feathered Friends

Ages: 7 – 10

This program will introduce young nature enthusiasts to the wonders of bird watching. Through engaging activities, guided bird walks, and interactive learning, participants will learn to identify birds, explore different habitats, and develop essential birding skills. Join Habitat staff as we discover the fascinating world of birds and nurture a love for nature in the next generation of birders.

01-30601-A	Mon.	4 – 5 p.m.	Feb. 12
Fee:	\$7/resident; \$9/non-resident		
Location:	Habitat Environmental Center		



Our Mission is to empower the Kettering Community to be actively engaged with the care of natural spaces and resources through service, leadership, and education.

We invite ALL members of our community to take part in this initiative. There are projects everyone can participate in such as:

- Invasive plant removal
- Native plant installation and care
- Local waterway monitoring and cleanup
- Educational programs
- Citizen Science projects

READY TO GET INVOLVED?

Contact the City of Kettering Volunteer Office at 937-296-2433 or visit www.ketteringoh.org/volunteer-department to complete a volunteer application.



Beekeeping 101

Ages: 15+

This popular course will consist of four classes that will educate the "new bee" about the honeybee and step-by-step instructions on how to successfully start your first hive. Learn what equipment you need, how to set up, what common pitfalls to avoid, and more. Local beekeepers, Adam Webber and Barry Cron, will be leading you. Whether you are looking to get started in beekeeping, or just curious about the hobby, you will learn a great deal about these fascinating little creatures.

01-30105-A	Tue.	6:30 – 8 p.m.	Jan. 9 – 30
Fee:	\$30/resident; \$40/non-resident		
Location:	Habitat Environmental Center		



Beekeeping 201

Ages: 15+

If you are a beekeeper who finished your first year or someone that feels the need for a refresher, this is the class for you. **Beekeeping 201** will cover how to deal with hives swarming, population growth, queens, robbing and how to stop it; making splits, hive maintenance; requeening a hive; capturing and installing swarms; preparing for winter; dealing with losses; extracting and bottling your honey; and other subjects. This three day class is taught by Adam Webber and Barry Cron, both experienced local beekeepers.

01-30107-A	Tue.	6:30 – 8 p.m.	Feb. 6 – 20
Fee:	\$30/resident; \$40/non-resident		
Location:	Habitat Environmental Center		



ARCHERY

Archery Basics for Youth and Adult

Ages: 15+, Adult

Looking for a fun new hobby or a refresher that will increase focus, strength, coordination, as well as build self-esteem? Kettering's Archery Basics might be the answer. Trained staff will lead this two hour class that will cover safety, equipment and technique. Girl Scout Archery Cadette Badge opportunity!

01-30300-A	Youth	Sat.	11:30 a.m. – 1:30 p.m.	Jan. 13
01-30111-A	Adult	Sat.	9 – 11 a.m.	Jan. 13
Fee:	\$20/resident; \$25/non-resident			
Location:	Kettering Recreation Complex			



Archery with a Twist

Ages: 9 – 14

An exciting adventure for our young Archers! Join us for our "Hungry Games" with an evening of archery and yummy treats. This program is only for those who have taken our archery basics for youth class. Drop off will be at the Kettering Recreation Complex.

01-30309-A	Fri.	6 – 8 p.m.	Jan. 26
01-30309-B	Fri.	6 – 8 p.m.	Feb. 9
Fee:	\$10/resident; \$15/non-resident		
Location:	Kettering Recreation Complex		



Family Archery

Ages: 9+

Spend time as a family learning a new hobby in an Archery Basics class. This class will teach you the basics on a compound bow as we focus on safety, equipment, and form. Trained staff will lead this two hour class. This is a Girl Scout Archery Cadette Badge opportunity!

01-30101-A	Sat.	10 a.m. – Noon	Feb. 10
Fee:	\$20/resident; \$25/non-resident		
Location:	Kettering Recreation Complex		



PLAYKETTERING COMMUNITY



Our Annual Giving Tree program
kicks off on Nov. 6, 2023!

All gifts are due by Sunday, Dec. 3

How does it work?

Guidance counselors in all of the Kettering City Schools work with parents to fill out a form for each child listing their gender, age, and gift ideas. Students must be on free/reduced lunch to qualify for this program. This is the only source of referrals accepted.

We create a tag of gift ideas and details about each student and distribute the tags throughout facilities run by the City of Kettering.

Anyone can select a tag from the trees. After selecting a tag, Givers shop for the child listed on the tag and return the tag and unwrapped gifts to any Giving Tree location.

Volunteers work to sort the gifts and package them by family. They are then delivered back to the schools, so that the parents can pick them up from the guidance counselor. This allows a parent to wrap the gift and enhances their pride and ownership in giving it.

Where can I find tags?

Kettering Fitness and Wellness Center, North and South Government Centers, Rosewood Arts Center, Lathrem Senior Center, and the Kettering Recreation Complex.

I can't get out shopping; can I still participate?

Yes! You can still make a difference by donating gift cards or money so that someone else can do the shopping for any unclaimed tags. Monetary donations can be made online at www.ketteringparksfoundation.org/support/donate or sent to Kettering Parks Foundation, 3600 Shroyer Road, Kettering, OH 45429.

THE KETTERING GIVING TREE

Volunteer Q & A with Kathleen Tindle



What inspired you to start volunteering for the Giving Tree program?

I've been aware of this program and the amazing work they do for several years. Last year when the opportunity came up for me to get more deeply involved I knew it was the right thing for me. As I worked with the leaders of the program and learned more about how it serves the needs of the community, I was even more inspired. It's great to be involved with a program that helps people in such a direct and personal way.

Name a memorable moment you've had as a volunteer

There was a family who volunteered several times to help with sorting and packaging gifts. The parents were home schooling their two grade-school aged children and all four of them came to help. It was a great learning experience for the kids and I was so glad to see the parents instilling values of service and support for the community.

What have you learned from volunteering for the Giving Tree program?

I learned the scale of needs within our community and the capacity we have to help each other. The number of families who asked for help for their kids and the huge number of volunteers and donors who stepped up to answer was amazing. I was also surprised to learn how basic the needs were, lots of clothes, shoes and things many of us take for granted.

I also learned just how much WORK is involved in making this program a success. From coordinating the gift tags and donor partners, to organizing the piles and piles of donated items for their intended destinations, to making a list and checking it twice to make sure every family received what they needed, it was a monumental effort! None of that would have been possible without the dedication of the army of volunteers to help with the tasks.

What advice would you give to someone who is thinking about volunteering for the program?

If you're thinking about volunteering for this program, just do it! Whatever time commitment you can make, whatever skills you have, all are welcome and vital to a successful program. I can tell you that this program is one that gives back as much as you put in. It is truly a rewarding experience and it made my own holiday all that much sweeter. I loved knowing that there were hundreds of families in our community who were opening gifts they would not have had without the support of the program.



Ages: 16+

NEW YEAR'S WATER WORKOUT CHALLENGE

WEDNESDAY, JANUARY 3, 10 – 10:50 A.M.

Start off your New Year with a fitness challenge that will inspire you to sign up for the new Registered Water Workout classes on Monday and Wednesday mornings or to drop in to another water program. This class will get your heart pumping, through both deep and shallow water exercises while also enhancing your overall strength and range of motion. Just pay the daily drop-in fee to start the "new year" off right.

Fee: Adult \$5/resident; \$10/non-resident
Youth/CIL \$4/resident; \$9/non-resident



BUY-ONE-GET-ONE BFF SWIM

SATURDAY, FEBRUARY 24
2 – 5 P.M.

Why swim alone when you can bring a friend for "free" today. Every paying customer gets free entry (of equal or lesser value) for a friend.



IN-WATER FREE THROW SHOOTING CONTEST

Ages: 12+

SATURDAY, MARCH 16
3 – 5 P.M.

In celebration of college basketball's March Madness Tournament, KRC Aquatics is hosting our 1st annual "In-Water" Free Throw shooting contest. There will be both Youth and Adult divisions in this double elimination tournament. Pre-registration not required, event included in Open Swim fee.

Fee: Adult \$5/resident; \$10/non-resident
Youth/CIL \$4/resident; \$9/non-resident



CITY OF KETTERING
PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT

WE ARE HIRING!



APPLY TODAY

WHISTLE WHILE YOU WORK!

Enjoy the pool all year long! Join our team as a lifeguard or swim instructor and help keep the Kettering Recreation Complex pool safe and fun! Receive free lifeguard certification training when you become part of the aquatics team!

Go to playkettering.org/jobs to submit an application.

EQUAL OPPORTUNITY EMPLOYER

SAVE THE DATE

UNDERWATER EGG HUNT

SUNDAY, MARCH 24

Make this Easter an aquatic adventure for the whole family! Join us for an unforgettable Underwater Easter Egg Hunt filled with colorful surprises beneath the water. Dive in and discover the magic of Easter in a whole new way.



Aquatics Supervisor

Taylor Sensenbaugh

937-296-3253

Taylor.Sensenbaugh@ketteringoh.org

AMERICAN RED CROSS (ARC)

The Kettering Parks, Recreation and Cultural Arts Department provides American Red Cross Safety programs taught by authorized instructors in a supportive environment. Should you have any questions about the following programs, please email aquatics@ketteringoh.org. Be sure to include your full name and phone number with your communication.

ARC CPR & First Aid



American Red Cross

Ages: 14+

Be Prepared! Would you know what to do if someone you loved stopped breathing, started to choke or had a heart attack? This course teaches both the average citizen and the professional rescuer how to recognize and care for breathing and cardiac emergencies in adults, children and infants as well as identify and care for life-threatening bleeding, choking, sudden illness and injury. After passing the exam, participants in this course will receive a 2 year certification in both American Red Cross CPR and AED and First Aid. **This class does not qualify for the 10% discount.**

01-10156-A	Sun.	9 a.m. – 2 p.m.	Jan. 28
01-10156-B	Sun.	9 a.m. – 2 p.m.	Feb. 25

Fee: \$95/resident; \$115/non-resident
Location: Kettering Recreation Complex
Instructor: American Red Cross Instructor

ARC Pre-Skills Test



American Red Cross

Ages: 14+

(must be 15+ or turn 15 before the end of the LG course you register for)

Pre-Skills Testing for American Red Cross Lifeguard Certification

Testing consists of the following:

- Swim 300 yards continuously, demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both, but swimming on the back or side is not allowed (goggles may be worn).
- Tread water for two minutes using only the legs. Candidates should place their hands under their underarms.
- Timed Event: Starting in the water swim 20 yards, the face may be in or out of the water (goggles are not allowed), surface dive, feet first or head first, to a depth of 7 to 10 feet to retrieve a 10-pound object. Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface with the ability to get a breath. Candidates should not swim the distance under water. Exit the water without using a ladder (completed within 1 minute and 40 seconds).

Upon successful completion, you may register for the *American Red Cross Lifeguarding* course which is also offered at the Kettering Recreation Complex. You may not register for an American Red Cross lifeguarding course until you pass the pre-skills test. Should you cancel your session or not be successful, no refunds will be available. **This class does not qualify for the 10% discount.**

01-10151-A	Sat.	Noon	Dec. 16
01-10151-B	Sat.	Noon	Feb. 3

Fee: \$15/resident; \$20/non-resident
Location: Kettering Recreation Complex
Instructor: American Red Cross Instructor

ARC Lifeguarding



American Red Cross

Certification Course- Blended Learning

Ages: 15+

Prerequisite: Successful completion of *ARC Pre-Skills Test*

The American Red Cross (ARC) Lifeguard Certification Course trains candidates to act with speed and confidence in emergency situations both in and out of the water. Topics include; water rescue skills, surveillance and recognition, first aid, breathing and cardiac emergencies, CPR, AED, and more. Attendance at all scheduled sessions is required for successful completion of course requirements. Successful completion of this course offers a two-year certification that includes Lifeguard, First Aid, CPR and AED. Course material requirements and additional class information will be provided following registration. **This class does not qualify for the 10% discount.**

01-10152-A	Fri.	5 – 10 p.m.	Jan. 5
	Sat.	8 a.m. – 2 p.m.	Jan. 6
	Sun.	8 a.m. – 2 p.m.	Jan. 7

01-10152-B	Fri.	5 – 10 p.m.	Feb. 9
	Sat.	8 a.m. – 2 p.m.	Feb. 10
	Sun.	8 a.m. – 2 p.m.	Feb. 11

Fee: \$225/resident; \$260/non-resident
Location: Kettering Recreation Complex
Instructor: American Red Cross Instructor

ARC Lifeguard Recertification



American Red Cross

Ages: 15+

Prerequisite: Participant must be currently certified as an *American Red Cross Lifeguard*.

Valid certification must be presented to the Instructor on the first day of class. Participants must pass the *Pre-Skills Test* on the first day of the course. This *Lifeguard Recertification* course is designed to update your skills while also extending your certification for another two years. Attendance at all scheduled sessions is required for successful completion of course requirements. If you have questions, please email aquatics@ketteringoh.org. **This class does not qualify for the 10% discount.**

01-10153-A	Fri.	5 – 10 p.m.	Jan. 5
	Sun.	8 a.m. – 2 p.m.	Jan. 7

01-10153-B	Fri.	5 – 10 p.m.	Feb. 9
	Sun.	8 a.m. – 2 p.m.	Feb. 11

Fee: \$100/resident; \$125/non-resident
Location: Kettering Recreation Complex
Instructor: American Red Cross Instructor

AQUATIC ACTIVITIES FOR FITNESS

Lap Swimming

Lap swimming is great exercise for people of all ages. There are 72 lengths to a mile in the Kettering Recreation Complex pool.

Etiquette:

Lap lanes are offered on a first come basis. Please be courteous to all swimmers. If you are joining a lane that is already occupied please stop and discuss how you will be sharing the lane with those who are already swimming. When more than two people are sharing a lane please circle swim counter clockwise and stay as far to the right of the lane as possible. If the swimmer behind you is faster, allow them to pass by stopping at the wall. Lanes closest to the lifeguard are designated for our slower swimmers and our first lap lane is reserved for individuals with disabilities. Do not lap swim outside of the lane lines during programs or Open Swim. We do NOT allow lap swimming during swim lessons.

Youth:

How do you know if your child is ready to start lap swimming? If your child can swim 50 yards continuously on their stomach using their arms and legs with some form of rhythmic breathing, tread water for 60 seconds in deep water without panicking; and understand lap swim guidelines including how to circle swim, then they are ready to utilize the lap lanes at our Main Pool.

Fit Swim/Aqua Jogging

Fitness comes in many forms for different people. Not everyone is a traditional lap swimmer. Some prefer to use an aqua jogging belt and attain their fitness goals or rehab in the form of aqua jogging. We encourage aqua jogging during our normal lap swim times. We ask that all "fit swimmers" please share lanes as needed and go in the direction of the lanes rather than across the lanes. Aqua jogging is also permitted in the shallow or deep end if the opposite end of the pool is ONLY being used for a water workout class.

Water Exercise Classes

We offer a variety of Water Workout classes both drop-in and registered. All water workout classes consist of aerobic routines, stretching and toning with benefits such as improved flexibility, improved muscle strength, cardiovascular fitness, and limited to no impact on joints. **Shallow Water Workout** (limited impact) classes are performed in waist to shoulder deep water. **Deep Water Workout** (no impact) classes take place in the deep end with floatation belts available for class participants to borrow. Check out our Drop-In Water Workout Schedules online at www.playkettering.org or download the Play Kettering App - available for download from the Apple iTunes or Google Play stores - for our most up-to-date schedule information.

Aqua Zumba

Sunday's 10 a.m.

Have you tried our **Aqua Zumba**? **Aqua Zumba** is similar to Zumba on-land, but takes place in the shallow end of our pool. This class is perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine. Aqua Zumba® blends the Zumba® philosophy with water resistance, for one pool party you shouldn't miss! Water creates natural resistance, which means every step is more challenging. Plus, as water has less impact on your joints, you can really let loose. Come dance with us every Sunday morning!

REGISTERED WATER EXERCISE

Ensure your spot for water workout by registering for these classes. Swim passes are not valid for Registered Water Exercise classes. No swimming skills required. Water shoes are recommended.

Registered Water Workout

Ages: 16+



This class consists of aerobic routines, stretching and toning performed in chest to shoulder-deep water.

01-10141-A	T,Th	10 – 10:50 a.m.	Jan. 9 – Feb. 15
01-10141-B	M,W	10 – 10:50 a.m.	Jan. 8 – Feb. 14
01-10141-C	T,Th	10 – 10:50 a.m.	Feb. 20 – March 28
01-10141-D	M,W	10 – 10:50 a.m.	Feb. 19 – March 27

Fee: \$60/resident; \$75/non-resident

Location: Kettering Recreation Complex

2024 Kettering Aquatics
Daily Admission and Pass Pricing

	Residents	Non-Residents
Daily Admission		
2 and Under (free with pass)	\$2	\$4
Youth (3 – 17)	\$6	\$9
Adult (18+)	\$7	\$11
Annual Pass – (monthly rate) <i>Valid 1 year from date of purchase</i>		
Youth (3 – 17)	\$115 (\$13)	\$172 (\$18)
Adult (18 +)	\$150 (\$15)	\$222 (\$22)
Family (2 adults, 4 youth)	\$420 (\$37)	\$630 (\$55)
<i>Daily Admission and Passes may be applied to all public Open Swim, Lap Swim, Water Workout (drop-in only), and Spa visits.</i>		

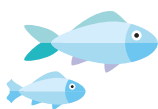
KETTERING AQUATICS SWIM LESSON PROGRAM

Powered by the American Red Cross Learn-to-Swim program, The Kettering Recreation Complex's swim lessons are unlike anything offered by other programs. Participants progress through the levels at their own pace, mastering the skills in one level before advancing to the next. Skills are taught progressively throughout each level to ensure participants have the opportunity to succeed. Participants must receive a certificate of completion from their instructor or approval from the Aquatic Program Administrator before moving on to the next level. Please be aware that skills are gained accumulatively and it frequently takes more than one session to master the skills required to move up to the next level. If you are unsure of which level to register your child, please email aquatics@ketteringoh.org.

Tips for Picking the Right Level for Your Child

Below is a breakdown of skills that your child must have mastered prior to beginning each level. Approval is required for first time participants to register for levels 2 or higher in Preschool and Youth lessons.

Kettering Aquatic Swim Lessons Levels



Parent and Child (6 months to 3 years of age)

LEVEL 1 (6 months – 3)

- No Experience Required

LEVEL 2 (6 months – 3)

- Comfortable in water
- Blow bubbles
- Submerge mouth, nose, and eyes
- Rudimentary kicking, pulling, floating on back and belly



Preschool (Ages 3 – 5)

Skills at these levels can be performed with assistance except where noted otherwise.

BEGINNER

- No Experience Required

INTERMEDIATE

- Enter independently
- Travel 5 ft
- Submerge mouth, nose, and eyes
- Blow bubbles, 3 seconds
- Glide on front, 2 body lengths
- Roll front to back and back to front
- Recover to vertical position
- Swim on front and back, 2 body lengths
- Float independently, 3 seconds



Youth (Ages 6 – 12)

Which level should you register for? Can your child perform these skills independently?

BEGINNER

- No Experience Required

ELEMENTARY

- Enter and exit from side in chest-deep water
- Back float, 15 seconds
- Tread water, 15 seconds
- Swim on front and back 5 body lengths
- Fully submerge 5 times
- Recover to vertical position
- Roll front to back and back to front
- Swim 5 body lengths on front, float on back 15 seconds, continue swimming on front 5 body lengths

INTERMEDIATE

- Jump into deep water and recover to surface
- Back float, 1 minute
- Tread water, 1 minute
- Push off in streamline position
- Swim front crawl 15 yards
- Swim elementary backstroke 15 yards
- Swim front crawl and/or elementary backstroke, 25 yards

ADVANCED

- Enter deep water feet first
- Swim front crawl, 25 yards
- Swim elementary backstroke, 25 yards
- Swim breaststroke, 25 yards
- Swim back crawl, 25 yards
- Swim 3-5 body lengths underwater



Adult Swim Lessons (Ages 13+)

Adult swim lessons are available for all swim abilities!

INFANT AND TODDLER AQUATICS

Aquatic readiness is based on developmental age, maturity, and on previous aquatic experience. The foundation of *Infant and Toddler Aquatics* courses is a set of basic skills that help prepare young children to become comfortable in the water so they are willing and ready to learn to swim. With a focus on safety and an emphasis on fun, these courses provide parents with information and techniques to create safer aquatic experiences for their children. Skills are taught with a child's developmental age in mind and with the understanding that younger children may not be able to perform skills as well as older children.

Parent and Child Level 1: Water Acclimation



6 months to 3 years

This class is designed for young ones with little or no water experience. Using play, songs, and/or games, parents will be led by the instructor in water acclimation techniques to help children become comfortable and safe in and around water. Skills covered may include entering and exiting a pool, blowing bubbles, paddling, kicking, floating and underwater exploration. Next level based on ability to perform skills with prompting and support from parent and/or instructor. **One parent per participant is required to be in the water every class.**

01-10101-A	Tue.	5:10 – 5:40 p.m.	Jan. 23 – Feb. 27
01-10101-C	Sat.	11:20 – 11:50 a.m.	Jan. 27 – March 9
Fee:	\$60/resident; \$75/non-resident		
Location:	Kettering Recreation Complex Main Pool		

Parent and Child Level 2: Water Exploration



6 months to 3 years

Prerequisite: Participation in *Parent and Child Level 1* or Aquatic Supervisor approval.

This class builds on the skills gained in *Parent and Child 1: Water Acclimation*. Parents will be led by the instructor in activities designed to teach children how to become more confident and take another step toward independent swimming. Skills covered may include swimming on front with assistance, underwater exploration, retrieving a submerged object, glides, and floating. **One adult per participant is required to be in the water every class.**

01-10102-A	Tue.	5:10 – 5:40 p.m.	Jan. 23 – Feb. 27
Fee:	\$60/resident; \$75/non-resident		
Location:	Kettering Recreation Complex Main Pool		



PRESCHOOL AQUATICS

Children, ages 3 to 5, will learn water safety, survival skills and foundational swimming concepts in a safe and fun environment. Skills are age-appropriate, allowing students to achieve success on a regular basis.

Preschool Beginner: Introduction to Water Skills



Ages: 3 – 5

Prerequisite: 3 years old or Aquatic Supervisor approval.

This introductory course is for preschoolers with little or no swimming experience. Children will learn comfort and confidence in the water while gaining foundational swimming concepts. Skills covered may include water entry and exit, floating, gliding, swimming on front, swimming on back, and treading water.

01-10111-A	Tue.	5:55 – 6:25 p.m.	Jan. 23 – Feb. 27
01-10111-C	Sat.	9 – 9:30 a.m.	Jan. 27 – March 9
Fee:	\$60/resident; \$75/non-resident		
Location:	Kettering Recreation Complex Main Pool		

Preschool Intermediate: Advancement of Water Skills



Ages: 3 – 5

Prerequisite: Successful completion of all *Preschool Beginner* skills or Aquatic Supervisor approval.

Advancing skills learned in *Preschool Beginner*, this course will work on building strength and endurance for participants to gain the ability to float and swim for short distances independently. Skills covered may include jumping into deep water, front, jellyfish, and tuck floats, recovering from glides and floats, and swimming on front and back independently.

01-10112-A	Tue.	5:55 – 6:25 p.m.	Jan. 23 – Feb. 27
01-10112-C	Sat.	9 – 9:30 a.m.	Jan. 27 – March 9
Fee:	\$60/resident; \$75/non-resident		
Location:	Kettering Recreation Complex Main Pool		

YOUTH AND ADULT AQUATICS

These programs are designed to instruct basic to advanced swimming skills to participants from ages 6 years to adults. Every participant can progress at their own pace. Each level of our *Youth Aquatics* program includes training in basic water safety in addition to stroke development. Our *Adult Aquatics* program works with all abilities to help you reach your personal swimming goals.

Youth Beginner: Fundamental Aquatic Skills



Ages: 6 – 12

Prerequisite: 6 years old. No swimming skill necessary.

This introductory course is for children with little or no swimming experience. Children will learn comfort and confidence in the water while gaining foundational swimming concepts and the ability to swim short distances independently. Skills covered may include water entry and exit, floating, gliding, swimming on front, swimming on back, and treading water.

01-10121-A	Tue.	6:30 – 7 p.m.	Jan. 23 – Feb. 27
01-10121-C	Sat.	9:35 – 10:05 p.m.	Jan. 27 – March 9
Fee:	\$60/resident; \$75/non-resident		
Location:	Kettering Recreation Complex Main Pool		

Youth Elementary: Stroke Introduction



Ages: 6 – 12

Prerequisite: Successful completion of all **Youth Beginner** skills or successful completion of all **Preschool Intermediate** skills with Aquatic Supervisor approval.

Using children's ability to swim independently, this course builds on the skills learned in **Youth Beginner**. During this course participants will gain a rudimentary introduction to strokes and build stamina to swim 25 yards continuously. Skills covered may include jumping into deep water, sitting and kneeling dives, tread water, flutter, dolphin, scissor, and breaststroke kicks, front crawl and elementary backstroke.

01-10122-A	Tue.	6:30 – 7 p.m.	Jan. 23 – Feb. 27
01-10122-C	Sat.	9:35 – 10:05 a.m.	Jan. 27 – March 9

Fee: \$60/resident; \$75/non-resident
Location: Kettering Recreation Complex Main Pool

Youth Intermediate: Stroke Improvement



Ages: 6 – 12

Prerequisite: Successful completion of all **Youth Elementary** skills or Aquatic Supervisor approval.

Building on the stroke introduction provided in **Youth Elementary**, this course will improve participants proficiency in performing the swimming strokes. Skills covered may include compact and stride dives, swimming underwater, open turns, treading water, front crawl, breaststroke, butterfly, elementary backstroke, back crawl, and sidestroke.

01-10123-A	Sat.	10:45 – 11:15 a.m.	Jan. 27 – March 9
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Fee: \$60/resident; \$75/non-resident
Location: Kettering Recreation Complex Main Pool

Youth Advanced: Stroke Refinement



Ages: 6 – 12

Prerequisite: Successful completion of all Learn to Swim Intermediate skills or Aquatic Supervisor approval.

This course will focus on refining strokes and aquatics skills while building endurance and stamina to swim for fitness. Participants will work on all strokes (front crawl, back crawl, breaststroke, butterfly, elementary backstroke, sidestroke) in addition to standing dives, surface dives, survival swimming, flip turns, and treading water.

01-10124-A	Sat.	10:45 – 11:15 a.m.	Jan. 27 – March 9
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Fee: \$60/resident; \$75/non-resident
Location: Kettering Recreation Complex Main Pool

Adult Swim Instruction



Ages: 13+

This class is designed to assist adults of all swim levels to set personal goals and learn the skills to achieve those goals. If you are swimming for the first time, learning a new stroke, refining swim techniques or wanting to swim for sport, this class will be instructed with a personalized plan to help you learn the skills necessary to reach your goals.

01-10132-A	Sat.	11:20 – 11:50 a.m.	Jan. 27 – March 9
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Fee: \$60/resident; \$75/non-resident
Location: Kettering Recreation Complex Main Pool

ADAPTIVE AQUATICS

Our Parent and Child, Preschool, Youth, and Adult Aquatics programs strive to be inclusive for all participants.

Adapted Swim Lesson



Ages: 3 – 18

This class is offered for individuals with disabilities that prefer a one-on-one setting. The program is designed to provide participants with a positive water acclimation experience. This is not a therapeutic program. Classes are taught by an experienced swim lesson instructor. A parent, sibling, or a responsible friend is invited to be in the water as a volunteer to assist the instructor at any time during the session. A meeting with parents, participant, and instructor will take place at the beginning of the first class to discuss session goals and any considerations that will aid the participant and instructor. Participants may not register for two consecutive classes that would have them in the water for a full hour.

01-10131-A	Sat.	Noon	Jan. 27 – March 9
01-10131-B	Sat.	12:30 – 1 p.m.	Jan. 27 – March 9

Fee: \$60/resident; \$75/non-resident
Location: Kettering Recreation Complex

The City of Kettering invites people with disabilities to enjoy our programs, services, parks and facilities. Please call 937-296-2439 for more information about accessibility or to request a modification. For TTY assistance, contact Ohio Relay Service at 800-750-0750.



A ROSEWOOD *Holiday* ARTS FESTIVAL

SATURDAY, DECEMBER 2
11 A.M. – 3 P.M.

ARTIST VENDORS • HOLIDAY MUSIC
CHILDREN'S ACTIVITIES • SOUP BOWL FUNDRAISER



ROSEWOOD ARTS CENTER

2655 OLSON DR., KETTERING, OH 45420

937-296-0294

PLAYKETTERING.ORG/ROSEWOOD



SCAN ME



KETTERING HEALTH ART GALLERY AT ROSEWOOD ARTS CENTER

DECEMBER 2, 2023 – JANUARY 6, 2024

ARTISTS RECEPTION

SATURDAY, JANUARY 6, 11 A.M. – 1 P.M.

MEG LAGODZKI

Meg Lagodzki creates paintings, drawings and collages of Midwestern landscapes, often focusing on the geological features around her in Bloomington, Indiana. Working from observation, she strives to “slow down and capture moments of awe and mystery.”



Meg Lagodzki, *Quarry Study*, Oil on panel

DAYTON/KYOTO PRINT EXCHANGE

The Dayton/Kyoto Print Exchange features artists from the Dayton Printmakers Cooperative and the Gen Studio Group in Kyoto, Japan. The exchange started in 2003, with each year featuring a new theme. The 2023 exchange's theme is “Everyday Life,” and features a wide variety of printmaking techniques and subject matter.

Nobuko Ueda, *Daily Life 23*,
Gel print and monotype



JANUARY 22 – MARCH 1

ARTISTS RECEPTION

SATURDAY, JANUARY 27, 1 – 3 P.M.

34TH ANNUAL WORKS ON PAPER JURIED EXHIBITION

Works on Paper is a juried exhibition for artists living within a 40-mile radius of Dayton, Ohio. Entries must be original works in any media (2-D or 3-D) on or of paper, completed within the last four years. Jurying will take place from actual work. Entry information can be found at www.playkettering.org/gallery.

Submission drop off dates:

Saturday, January 6, 1 – 3 p.m.

Monday, January 8, 12 – 8 p.m.



Works on Paper 2023 Best of Show Award Winner:
Amy Stuck Deal, *Beneath the Distractions* (detail),
2022, monoprints collage.

playkettering.org/gallery



GALLERY PROGRAMS

ROSEWOOD GALLERY BOOK CLUB

Monday, January 22, 2024

6:30 p.m.

Ages 16+

Join Rosewood Gallery and Dayton Metro Libraries in a lively discussion about a current book featuring art and/or artists as central elements. Enjoy light refreshments and the company of fellow art and book lovers at our quarterly events. Free and open to the public, ages 16+. The January book is: *All the Beauty in the World* by Patrick Bringley. Books are made available for checkout at the Dayton Metro Library's Kettering Wilmington-Stroop branch. **Free and open to the public!**

ART START PRESCHOOL STORYTIME

2nd Thursday of the month

11:30 a.m. – 12:15 p.m.

Foster an early love of art with Storytime at Rosewood Gallery! Parents and children ages three through six are invited to enjoy one to four stories followed by a hands-on craft led by a Rosewood instructor. **Free and open to the public!**



DAYTON
METRO
LIBRARY



ART LUNCH

2nd and 4th Thursdays each month

Noon – 1 p.m.

Join fellow artists and art lovers for a casual lunch get together. Share current projects, collected works or art stories. Bring a lunch and your love of art! **FREE!**



Division Manager of Cultural Arts

Shayna McConville

937-296-0294

rosewood@ketteringoh.org



A Collaborative Community Project with Leesa Haapapuro

Through March 2024

FREE ARTMAKING WORKSHOPS

Inspired by hand painted and gilded manuscripts of the Middle Ages and Incunabula, or books printed before 1500, Leesa Haapapuro invites the community to participate in a series of free printmaking, painting and gilding workshops using the William Carlos Williams' epic poem *Asphodel, That Greeny Flower*.

To learn more and to participate in Passages at Rosewood Arts Center, please visit leesahaapapuro.com or www.playkettering.org/rosewood.

This project was made possible by Montgomery County Arts and Cultural District's Artist Opportunity Grant administered by CultureWorks with additional support from the City of Kettering's Rosewood Arts Center.

UPCOMING WORKSHOPS

Dec. 2 A Rosewood Holiday Arts Festival
at Rosewood Arts Center, 2655 Olson Drive, Kettering
11 a.m. – 3 p.m.

2024 Dates To Be Announced



Cultural Arts Program Supervisor

Andy Dailey

937-296-0294

rosewood@ketteringoh.org

YOUTH VISUAL ARTS

Art in the Wild Winter Workshop

Ages: 7 – 11

If your child loves art and nature, they will want to attend this half day workshop at the Habitat Environmental Center. Our guest artist and our naturalists will have plenty of activities on hand. We'll have the fireplace going and the holiday tree lit up as we explore animals in winter. Each session will have a different theme so consider signing up for both.

01-30203-A	Tue.	9 a.m. – Noon	Jan. 2
01-30203-B	Thu.	9 a.m. – Noon	Jan. 4
Fee:	\$35/resident; \$44/non-resident		
Location:	Habitat Environmental Center		
Instructor:	Judy Campbell-White		



Wheel Pottery for Teens

Ages: 12+

A pottery class for teens that focuses on developing skills with the potter's wheel. Beginners learn basic centering and form-building. Students with more experience hone their skills with more advanced techniques and forms. Class fee includes clay and tool usage as well as glazes and firings. ***Class will not meet January 15 or February 19.**

01-40110-A	Mon.	6 – 8:30 p.m.	Jan. 8 – Feb. 26*
Fee:	\$100/resident; \$110/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Alison Fawcett		



Exploring Hand Built Pottery Skills

Ages: 8 – 11

Students learn clay hand building techniques while creating beautiful functional ceramic plates, bowls and more. Please allow at least two weeks for finished artwork to be ready for pickup. Class fee provides each student with clay, glazes and related firings.

01-40161-A	Thu.	6 – 8 p.m.	Jan. 11 – Feb. 15
Fee:	\$100/resident; \$110/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Rachael Ward		



Parent & Child Clay

Ages: 5 – 12

Parents and children share creative quality time while making functional and decorative pieces from clay. Please allow at least two weeks for finished artwork to be ready for pickup. Class fee provides each student with clay, glazes and related firings.

01-40180-A	Sat.	10 – 11:30 a.m.	Jan. 13 – Feb. 3
01-40180-B	Sat.	10 – 11:30 a.m.	Feb. 17 – March 9
Fee:	\$70/resident; \$88/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Rachael Ward		



Darkroom Photography for Teens

Ages: 13 – 18



This class is an introduction to black and white 35mm photography just for teens. Students will learn the basics of using a 35mm camera, processing negatives and printing black and white photos. Students are encouraged to bring their own 35mm cameras but there are a limited number available to use for class.

01-40624-A	Thu.	6 – 8 p.m.	Jan. 11 – Feb. 1
Fee:	\$100/resident; \$125/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Staff – TBA		

Cartooning and Illustration for Kids

Ages: 8 – 12



Get those creative cartoon ideas down on paper! Instruction begins with the basics of working with shapes to create original characters. Learn to draw expressions and basic body positions, explore movement, animals, comic strips and more.

01-40712-A	Tue.	5:30 – 7 p.m.	Feb. 15 – March 7
Fee:	\$65/resident; \$82/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Eva Lewis		

Parent & Child Painting

Ages: 5 – 10



Parents and children get colorful in this class. Explore various paint media while spending some quality creative time with your kids. Projects will consist of watercolor, acrylic and tempera paintings.

01-40798-A	Tue.	5:30 – 7 p.m.	Jan. 16 – Feb. 6
Fee:	\$70/resident; \$88/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Judy Campbell-White		

Youth Painting

Ages: 7 – 12



Explore the world of painting in this fun and creative class. Students will learn watercolor, tempera and acrylic painting techniques while exercising their individual creativity.

01-40799-A	Tue.	5:30 – 7 p.m.	Feb. 20 – March 12
Fee:	\$65/resident; \$82/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Judy Campbell-White		

Teen Painting

Ages: 12 – 17



Teens discover the possibilities of painting while tapping into their creativity. Students learn basic painting techniques with various media.

01-40794-A	Wed.	5:30 – 7 p.m.	Jan. 10 – 31
Fee:	\$100/resident; \$125/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Judy Campbell-White		

Rosewood Participants

All artwork unclaimed after several weeks runs the risk of being lost, misplaced, broken, or mistakenly taken by other students. Please check the art studio for your work within two weeks of the end of class. Artwork unclaimed after 30 days will be discarded or considered a donation to Rosewood.

YOUTH DANCE

Dance students will be in class without parents. Please be sure your child can participate independently.

Stretch & Point

Ages: 3 – 6

This is an introduction to coordination and movement. Ballet, jazz and tumbling are combined for boys and girls, 3 to 6 years of age. Monday and Tuesday at 10 a.m. are designed especially for beginners who are 3 years old. ***Class will not meet on January 15 and February 19.**

01-40201-A	Mon.	10 – 10:30 a.m.	Jan. 8 – March 11*
01-40201-B	Mon.	10:45 – 11:15 a.m.	Jan. 8 – March 11*
01-40201-C	Tue.	10 – 10:30 a.m.	Jan. 9 – Feb. 27
01-40201-D	Tue.	10:45 – 11:15 a.m.	Jan. 9 – Feb. 27

Fee: \$58/resident; \$72/non-resident
Location: Rosewood Arts Center
Instructor: Sammie Sue Edmondson



Dance For The Very Young

Ages: 4 – 6

We'll combine ballet, jazz and tumbling basics in this 45-minute class.

01-40202-A	Thu.	5:30 – 6:15 p.m.	Jan. 11 – Feb. 29
01-40202-B	Sat.	11:15 a.m. – Noon	Jan. 6 – Feb. 24

Fee: \$58/resident; \$72/non-resident
Location: Rosewood Arts Center
Instructor: Nancy Boss



Afterschool Dance

Sec A: Ages: 6 – 9

Sec B: Ages: 10 – 12

Creativity with a challenge! Experience ballet and tap with stretches, barre work and ballet combinations. Tap with style while learning step, timing and movement to music. Previous dance experience required. ***Class will not meet on January 15 and February 19.**

01-40208-A	Mon.	4 – 4:45 p.m.	Jan. 8 – Feb. 26*
01-40208-B	Mon.	5 – 5:45 p.m.	Jan. 8 – Feb. 26*

Fee: \$58/resident; \$72/non-resident
Location: Rosewood Arts Center
Instructor: Sammie Sue Edmondson



Dance Apparel

Dance classes are conducted in the Rosewood Arts Center dance studio. Street shoes are not allowed on the dance studio floor. Slippers or socks with treads are recommended, as well as comfortable clothing that will allow you to move easily. Tap shoes or hard-soled shoes are required for tap. For information, please call 937-296-0294.

Tumble, Tap and Ballet Combo

Ages: 5 – 6

We will tap our toes to fun music, then point and plié as ballerinas. Tap shoes not required. Child must have previous dance experience.

01-40211-A	Sat.	10:15 – 11 a.m.	Jan. 6 – Feb. 24
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Fee: \$58/resident; \$72/non-resident
Location: Rosewood Arts Center
Instructor: Nancy Boss



Tap and Ballet Combo

Ages: 3 – 5

Basic tap and ballet steps will “move” us during our class. We will do stretching, splits, straddles and more in this 45-minute class. Tap shoes not required.

01-40213-A	Sat.	12:15 – 1 p.m.	Jan. 6 – Feb. 24
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Fee: \$58/resident; \$72/non-resident
Location: Rosewood Arts Center
Instructor: Nancy Boss



Youth Dance Combo

Ages: 7 – 10

Join us for three styles of dance steps. Ballet barre work and stretches will warm us up, followed by modern jazz moves and tapping our toes to popular music. Tap shoes not required.

01-40242-A	Tue.	5:30 – 6:15 p.m.	Jan. 9 – Feb. 27
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Fee: \$58/resident; \$72/non-resident
Location: Rosewood Arts Center
Instructor: Nancy Boss



Tap and Tumble

Ages: 7 – 10

Tap our toes for the first portion of our class and move onto basic tumbling tricks!

01-40260-A	Tue.	6:30 – 7:15 p.m.	Jan. 9 – Feb. 27
01-40260-B	Sat.	11:15 a.m. – Noon	Jan. 13 – March 2

Fee: \$58/resident; \$72/non-resident
Location: Rosewood Arts Center
Instructor: Nancy Boss



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YOUTH THEATRE

Basic Theatre Instruction

Ages: 9 – 15



This class provides instruction in the basic theatre skills of pantomime, movement, voice and diction, improvisation, script work, audition techniques and performing a monologue. This is a prerequisite for the *Kettering Children's Theatre* and *Advanced Theatre Instruction*. ***Class will not meet on February 19.**

01-40460-A	Mon.	4:30 – 5:30 p.m.	Jan. 22 – March 4*
Fee:	\$84/resident; \$105/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Teresa Connair		

Advanced Theatre Instruction

Ages: 9 – 15



This course builds on the skills gained in *Basic Theatre Instruction*. We will focus on proper breathing techniques, voice projection, speech and diction exercises, audition techniques (including selection and preparation of individual audition pieces), developing a character, and performing a short play. Enrollment is limited to 12 to allow for the depth of work required. **Prerequisite: Basic Theatre Instruction.** This is a prerequisite for the *Kettering Children's Theatre*. ***Class will not meet on February 19.**

01-40461-A	Mon.	5:45 – 6:45 p.m.	Jan. 22 – March 4*
Fee:	\$92/resident; \$115/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Teresa Connair		

Kettering Children's Theatre

Ages: 9 – 15



The Kettering Children's Theatre Production is a youth theatre program for elementary through junior high students. The theatre program produces two plays per year. Prerequisites to this production are the *Basic Theatre Instruction* and/or *Advanced Theatre Instruction* classes at Rosewood Arts Center or by permission of the instructor. Students are required to make a commitment to three rehearsal sessions per week. Parent participation is strongly encouraged. **A mandatory parent meeting is scheduled for January 9, 5 – 6 p.m. Winter performance dates are March 22, 23, 24, 29, 30 and 31.**

01-40462-A	T,Th	5 – 6:30 p.m.	Jan. 9 – March 31
	Sat	10 a.m. – 12:30 p.m.	
Fee:	\$125/resident; \$157/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Mary Snapp		



For more information, call 937.296.0294.

ADULT / TEEN CERAMICS

Clay for the Extreme Beginner

Ages: 16+



This is a class for students with very little to no experience working with clay. Students will explore various hand-building methods to familiarize themselves with clay to create a number of pieces. Class fee provides each student clay, glazes and related firings.

01-41115-A	Wed.	6 – 8 p.m.	Jan. 24 – Feb. 14
Fee:	\$100/resident; \$125/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Alison Fawcett		

Introduction to Wheel Pottery

Ages: 16+



This class focuses on the basics of creating forms on the potter's wheel. Students explore making traditional tableware including bowls, cups and mugs with self-directed projects for more experienced students. Special surface decoration and glazing techniques are also covered to achieve unique results. Class fee provides each student 25 pounds of clay, glazes and related firings. Clay tool kit required and may be purchased at Rosewood front office. ***Class will not meet on January 15 and February 19.**

01-41111-A	Tue.	6:30 – 9 p.m.	Jan. 9 – Feb. 27
01-41111-B	Thu.	6:30 – 9 p.m.	Jan. 11 – Feb. 29
01-41111-C	Mon.	10 a.m. – 12:30 p.m.	Jan. 8 – March 11*

Fee:	\$175/resident; \$190/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Sec A&B: Cynthia Bornhorst-Winslow Sec C: Alison Fawcett		

Wheel Pottery: Beginning & Beyond

Ages: 16+



Learn basic skills on the potter's wheel. Although this is a beginning class, all skill levels are welcome. Class fee provides each student 25 pounds of clay, glazes and related firings. Clay tool kit required and may be purchased at Rosewood front office.

01-41110-B	Wed.	10 a.m. – 12:30 p.m.	Jan. 17 – March 6
01-41110-C	Thu.	10 a.m. – 12:30 p.m.	Jan. 11 – Feb. 29
01-41110-D	Sat.	10 a.m. – 12:30 p.m.	Jan. 13 – March 2

Fee:	\$175/resident; \$190/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Sec B: Shelly Burden Sec C: David Kirchner Sec D: April Lemaster		

Continuing Wheel Pottery

Ages: 16+



Class will focus on creating larger pots, refining shapes and challenging students to become better potters. Students are encouraged to work at their own pace while exploring more advanced pottery techniques. Class fee provides each student 25 pounds of clay, glazes and related firings. Clay tool kit required and may be purchased at Rosewood front office. Prerequisite: Students must have completed either *Introduction to Wheel Pottery* or *Wheel Pottery: Beginning and Beyond* before taking this class. ***Class will not meet on January 15 and February 19.**

01-41112-A	Mon.	6:30 – 9 p.m.	Jan. 8 – March 11*
01-41112-B	Wed.	6:30 – 9 p.m.	Jan. 10 – Feb. 28

Fee:	\$175/resident; \$190/non-resident		
Location:	Rosewood Arts Center		
Instructor:	April Lemaster		

Wheel Pottery: Cone 10

Ages: 16+



Class will focus on creating pieces specifically to be fired in the reduction kiln. Students work at their own pace while exploring more advanced pottery techniques. All pieces produced in this class will be fired at cone 10 in the gas reduction kiln. Class fee provides each student 25 pounds of clay, glazes and related firings. Clay tool kit required and may be purchased at Rosewood front office. Prerequisite: Students must have completed either *Introduction to Wheel Pottery* or *Wheel Pottery: Beginning and Beyond* before taking this class.

01-41114-A	Fri.	10 a.m. – 12:30 p.m.	Jan. 12 – March 1
Fee:	\$175/resident; \$190/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Brandon Lowery		

Clay Hand Building

Ages: 16+



This is a beginning class for students with little to no hand building experience. Instruction is given for making tiles, vessels and sculptural forms using clay slabs and coils. Surface enrichment and glaze application is also covered. Students work with their own ideas at their own pace. Class fee provides each student 25 pounds of clay, glazes and related firings.

01-41121-A	Tue.	10 a.m. – 12:30 p.m.	Jan. 9 – Feb. 27
01-41121-B	Tue.	6:30 – 9 p.m.	Jan. 16 – March 5
Fee:	\$175/resident; \$190/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Sec A: David Kirchner, Sec B: Patricia Boone		

Reduction Firing

Get unique and beautiful glaze results using our reduction kiln and cone 10 specific glazes. Patrons may use up to 3 cubic feet of space per firing included in the cost of class or open studio use. Cost of additional space needed in a single firing is \$20 per cubic ft. Firings are scheduled when enough work is generated to fill the kiln (generally once a month). Anyone interested in firing work in the reduction kiln may sign up for an individual orientation in the Rosewood office.

ADULT/TEEN DRAWING & PAINTING**Drawing for the Extreme Beginner**

Ages: 16+



Drawing For the Extreme Beginner is the place to start for those who are interested in drawing but have very little or no experience. This class introduces enough of the basics to get students started.

01-41703-A	Thu.	6 – 8 p.m.	Jan. 11 – Feb. 1
Fee:	\$55/resident; \$69/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Eva Lewis		

Oil Painting for the Extreme Beginner

Ages: 16+



Oil Painting For the Extreme Beginner is the place to start for those who are curious but have very little or no experience with the medium. Students learn enough of the basics to get started.

01-41704-A	Thu.	6 – 8 p.m.	Feb. 15 – March 7
Fee:	\$65/resident; \$82/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Eva Lewis		

Beginning Watercolor

Ages: 16+



Have you always wanted to give watercolor painting a try? Have you painted in the past and want to start again? This is the class for you! Join us as we learn to create successful paintings with demonstrations and hands-on experience with new techniques. Class materials are not provided. Supply list is attached to your receipt or is available in the Rosewood Arts Center office. ***Class will not meet on January 15 and February 19.**

01-41736-A	Mon.	6:30 – 8:30 p.m.	Jan. 8 – March 11*
Fee:	\$80/resident; \$100/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Bonnie Kuntz		

Intermediate Watercolor

Ages: 16+



Students push their watercolor skills beyond the basics in this course. This class is for students who have experience in watercolor and wish to continue to hone their skills while learning new methods and techniques. Previous watercolor experience required.

01-41737-A	Wed.	10 a.m. – 1 p.m.	Jan. 10 – Feb. 28
Fee:	\$78/resident; \$88/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Sharon Stolzenberger		

**Watercolor, Any Skill Level**

Ages: 16+



Class focuses on painting landscapes with demonstrations and hands-on experience. Beginners will gain experience, learning in the basics about brushes, paints and other materials to use. Those with some experience will have the opportunity to improve their painting skills. Class materials are not provided. Supply list is attached to your receipt or is available in the Rosewood Arts Center office.

01-41739-A	Thu.	10 a.m. – 1 p.m.	Jan. 11 – Feb. 29
Fee:	\$78/resident; \$88/non-resident		
Location:	Rosewood Arts Center		
Instructor:	Bonnie Kuntz		

Art for the Extreme Beginner

Enroll Now

Ages: 16+

Are you feeling creative and want to take an art class but don't know where to start? Art for the Extreme Beginner is a crash course in a small sampling of different art media. Try your hand at painting, clay, printmaking and more. A different material will be introduced each week. Absolutely no art experience required! Students should bring a small sketchbook and drawing pencils. All other art materials provided.

01-41309-A Tue. 6:30 – 8:30 p.m. Jan. 9 – 30

Fee: \$65/resident; \$82/non-resident

Location: Rosewood Arts Center

Instructor: Eva Lewis

Paper Making

Ages: 16+

Students learn the basic steps and materials required to create textured sheets of handmade paper in this informative hands-on paper making workshop.

01-41311-A Sat. 1 – 3:30 p.m. Feb. 3

Fee: \$50/resident; \$63/non-resident

Location: Rosewood Arts Center

Instructor: Staff – TBA

ADULT/TEEN PRINTMAKING

Printmaking for the Extreme Beginner

Ages: 16+

Printmaking for the Extreme Beginner is a crash course in printmaking media for those who have little to no experience. Students will explore various methods including relief, monotype and intaglio.

01-41744-A Tue. 6 – 8 p.m. Jan. 9 – 30

Fee: \$80/resident; \$100/non-resident

Location: Rosewood Arts Center

Instructor: Brooke Griffin

Relief Printmaking Intro

Ages: 16+

Students learn the basics of relief printmaking. Working with linoleum and woodcut materials, tools and techniques, students create and edition hand-pulled prints.

01-41742-A Tue. 6 – 8:30 p.m. Feb. 6 – 27

Fee: \$100/resident; \$125/non-resident

Location: Rosewood Arts Center

Instructor: Brooke Griffin

Copperplate Etching Intro

Ages: 16+

Students learn the basics of etching utilizing copperplate intaglio and printing techniques. Students will etch their original drawn images onto a copper plate and hand-pull a small edition of etchings.

01-41743-A Wed. 6 – 8:30 p.m. Feb. 7 – 28

Fee: \$100/resident; \$125/non-resident

Location: Rosewood Arts Center

Instructor: Brooke Griffin

Screen Printing Intro

Ages: 16+

Students learn the methods and materials to create screen prints.

01-41746-A Thu. 6 – 8:30 p.m. Jan. 18 – Feb. 8

Fee: \$100/resident; \$125/non-resident

Location: Rosewood Arts Center

Instructor: Staff – TBA

ADULT/TEEN PHOTO

Darkroom Photography for the Extreme Beginner

Ages: 16+

Students get a crash course in black and white 35mm photography while learning the basics of printing and developing in the darkroom. Film and photo paper is provided. Students are encouraged to bring their own 35mm cameras but a limited number of cameras are available to use for class.

01-41624-A Sat. 1 – 3 p.m. Jan. 20 – Feb. 10

Fee: \$100/resident; \$125/non-resident

Location: Rosewood Arts Center

Instructor: Staff – TBA



Darkroom Photography Refresher

Ages: 16+

Do you have darkroom experience but it's been awhile? This class is designed to get students with some experience back in the darkroom to dust-off those skills.

01-41627-A Sat. 1 – 3 p.m. Feb. 17 – March 2

Fee: \$100/resident; \$125/non-resident

Location: Rosewood Arts Center

Instructor: Staff – TBA

Special Consideration for Teens

Special considerations can be made for teen students interested in adult classes.



ADULT/TEEN METALS & JEWELRY

Wirewrapping for Jewelry



Enroll Now

Ages: 16+

Enjoy a creative alternative to standard jewelry. This class requires minimal tools, no soldering and is completely portable. Each class will complete a project involving wire only and/or with another object, including plastic, glass, minerals or polished stones. Wire is provided for first class only. **\$3 materials fee due to instructor at first class.**

01-41530-A	Wed. 7 – 9 p.m.	Jan. 10 – Feb. 28
Fee:	\$78/resident; \$97/non-resident	
Location:	Rosewood Arts Center	
Instructor:	Donna Kuszpa	

Basic Jewelry Construction

Enroll Now

Ages: 16+

This class is an introduction to the basics of jewelry construction. Students will explore a project from start to finish and gain knowledge of sawing, filing, soldering and polishing. Brass and copper for one project is included and tools will be provided. ***Class will not meet on January 15.**

01-41541-A	Mon. 6 – 9 p.m.	Jan. 8 – 29*
Fee:	\$110/resident; \$138/non-resident	
Location:	Rosewood Arts Center	
Instructor:	Mary Patterson	



Metal Texturing

Enroll Now

Ages: 16+

Students learn the various methods and tools necessary to add texture such as hammering, stamping, and roller printing to metalwork. **Prerequisite: Basic Jewelry Construction or Silver Soldering. *Class will not meet on February 19.**

01-41542-A	Mon. 6 – 9 p.m.	Feb. 5 – March 4*
Fee:	\$110/resident; \$138/non-resident	
Location:	Rosewood Arts Center	
Instructor:	Mary Patterson	

Metal Weaving

Enroll Now

Ages: 16+

Students work with various metals on a small handmade loom and learn basic weaving patterns to create intricate pieces of jewelry.

01-41543-A	Thu. 6 – 9 p.m.	Jan. 11 – 25
Fee:	\$110/resident; \$138/non-resident	
Location:	Rosewood Arts Center	
Instructor:	Mary Patterson	

Bezel Settings



Enroll Now

Ages: 16+

Students focus on Bezel settings to learn the proper methods and variations of this core jewelry form. **Prerequisite: Basic Jewelry Construction or Silver Soldering. \$10 materials fee due to instructor at first class.**

01-41544-A	Thu. 6 – 9 p.m.	Feb. 8 – 29
Fee:	\$110/resident; \$138/non-resident	
Location:	Rosewood Arts Center	
Instructor:	Mary Patterson	

Metals Open Studio

Enroll Now

Ages: 16+

Practitioners utilize the metals studio under the supervision of a master metalsmith. Participants must bring their own projects and materials; this is not a structured class. The metals studio monitor is present to troubleshoot projects and provide guidance on designs, materials and techniques in a casual setting. Students must have prior experience.

01-41545-A	Sat. 10 a.m. – Noon	Jan. 13 – Feb. 3
Fee:	\$110/resident; \$138/non-resident	
Location:	Rosewood Arts Center	
Instructor:	Mary Patterson	

ADULT/TEEN GLASS

Stained Glass-Intro Workshop



Enroll Now

Ages: 16+

This 6 week class covers the basic skills for producing leaded and foiled stained glass art. Students will learn beginning techniques and fundamentals of stained glass construction, including cutting, grinding, foiling, leading and soldering. Upon the completion of the class, students will have completed two projects from a selection of skill appropriate original designs. **\$65 materials fee due to instructor at first class.**

01-41514-A	Tue. 5:30 – 8:30 p.m.	Jan. 9 – Feb. 13
01-41514-B	Sat. 10 a.m. – 1 p.m.	Jan. 6 – Feb. 10
Fee:	\$100/resident; \$125/non-resident	
Location:	Rosewood Arts Center	
Instructor:	Sue Shira	

Rosewood Glass Club

January 8 & March 18, 6 p.m.

Glass artists and enthusiasts come share your work with like-minded practitioners. Enjoy occasional demonstrations, guest artists and show-and-tell in a casual setting.

Glass Fusing-Intro Workshop

Ages: 16+

Students learn how to cut and arrange glass to create a kiln-fused 2 piece set of matching dishes. This class can be taken as an introduction or as a skill refresher. Projects will be kiln fired and ready to pick up from Rosewood Arts Center two weeks after class. **\$10 – \$29 materials fee, depending on the student-selected project, due to instructor at first class.**

01-41522-A	Wed.	6 – 8:30 p.m.	Jan. 17
01-41522-B	Wed.	6 – 8:30 p.m.	Feb. 21

Fee: \$75/resident; \$94/non-resident
Location: Rosewood Arts Center
Instructor: Sarah Wrona

Glass Fusing – Series

Ages: 16+

Students create multiple fused glass projects over the span of this course. Each week, students focus on a different project while exploring core skills. Projects will be kiln-fired and ready two weeks after class ends. **\$40 – \$75 materials fee, depending on the student-selected projects, due to instructor at first class.** *Glass Fusing Intro Workshop* is a recommended prerequisite or previous experience.

01-41523-A	Thu.	6 – 8:30 p.m.	Jan. 25 – Feb. 8
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Fee: \$110/resident; \$138/non-resident
Location: Rosewood Arts Center
Instructor: Sarah Wrona

ADULT / TEEN DANCE



Ballet Basics

Ages: 16+

Increase your flexibility and strength while learning basic dance positions and steps. Floor and barre work will be included. Beginners welcome.

01-41201-A	Wed.	10 – 10:45 a.m.	Jan. 10 – Feb. 14
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Fee: \$58/resident; \$72/non-resident
Location: Rosewood Arts Center
Instructor: Sammie Sue Edmondson

Adult Tap Dance

Ages: 16+

Enjoy low impact, good exercise and fun. Dance in a non-competitive environment. Learn music timing, dance routines and tap exercises.

01-41261-A	Thu.	10 – 10:45 a.m.	Jan. 11 – Feb. 15
01-41261-C	Wed.	11 – 11:45 a.m.	Jan. 10 – Feb. 14

Fee: \$58/resident; \$72/non-resident
Location: Rosewood Arts Center
Instructor: Sammie Sue Edmondson

Belly Dancing

Ages: 13+

This class will consist of traditional Belly Dance moves, shimmy, hip pop combinations including working with a veil scarf and we will cool down with traditional Ballet Barre stretches for the entire body.

01-41242-A	Thu.	6:30 – 7:30 p.m.	Jan. 11 – Feb. 29
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Fee: \$58/resident; \$72/non-resident
Location: Rosewood Arts Center
Instructor: Nancy Boss

ADULT / TEEN SEWING

Adult Machine Basics

Ages: 16+

Learn to use your sewing machine or borrow one of Rosewood's in a fun setting. Students review threading, stitches, tension, bobbins, bobbin winding, parts of the machine, accessories and trouble shooting. Students have 2 easy practice projects to learn seam allowance, precision, stitch lengths and widths. Students should bring small sewing kit, thread and machine (optional).

01-41342-A	Sat.	10 a.m. – 12:30 p.m.	Jan. 13
01-41342-B	Wed.	6 – 8:30 p.m.	Feb. 21

Fee: \$45/resident; \$57/non-resident
Location: Rosewood Arts Center
Instructor: Tracy McElfresh

Pattern Reading, Layout and Drafting

Ages: 16+

Pattern reading and layout is Tracy's favorite. Students learn the history of pattern sizing, how to take measurements, how to read a sewing pattern, popular symbols, tips on buying patterns and much more. As a special bonus there is an extra hour for this class to draft a simple A line skirt pattern. Students should bring a note pad, pen or pencil and a tape measure.

01-41344-A	Wed.	6 – 8 p.m.	Jan. 31
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Fee: \$35/resident; \$44/non-resident
Location: Rosewood Arts Center
Instructor: Tracy McElfresh



OPEN STUDIO

Rosewood Arts Center Open Studios

Open studio sessions are designed to allow artists and craft persons the opportunity to work on their own projects in a creative environment with equipment perhaps not available to them at home. Open studio hours are determined by class schedules.

The Code of Conduct applies to all participants at Rosewood Arts Center, including in Open Studios.

OPEN STUDIO FEES

Drop-in fee per visit: \$8/resident; \$16/non-resident
Open Studio Pass (10 visits): \$60/resident; \$120/non-resident

All participants and observers must pay open studio fees to use open studios. Children under 5 years old are not permitted in open studio. Those under 16 must be supervised by an adult 21 years of age or older (no more than two children per adult).

All studio patrons, including currently enrolled students, must sign in and pay fees at the Rosewood office. All open studio work-in-progress may not be left more than 30 minutes unattended.

Students staying over 30 minutes after the end of class must sign in and use a pass visit.

Unclaimed pieces left after 30 days will be discarded or considered a donation to Rosewood.

CERAMICS STUDIO: Clay fee of \$25 includes 25 pounds of clay and related firing and glazes. Only clay purchased at Rosewood may be used in our studios and firings. Clay purchased at Rosewood may not be removed from the facility for work at home. Storage on-site is first-come-first-served, limited and is not guaranteed. You must supply your own tools. The studio is designed as a community facility and, as such, is not equipped to accommodate production pottery quantities.

All open studio and private studio users are limited to one (1) cubic foot every two weeks of kiln use. Attendance at a free ceramics studio orientation is required of all participants. All prospective studio users must have demonstrable proof of prior ceramics experience.

DARKROOM: Participants must demonstrate previous experience in black and white darkroom processes and attend a Rosewood orientation session. All chemicals needed for black and white photography processing are included in studio drop-in rates. The darkroom is only available when classes are not in session.

PAINTING STUDIO: The painting studio at Rosewood is complete with sturdy, large H-frame easels that can easily accommodate canvases up to 6 feet in height. A large podium is available for setting up a still-life display or can provide plenty of space to study the human form. The studio is available when classes are not in session. Call for available times.

No paint, thinners or other supplies are provided.

DANCE STUDIO: The dance studio features 600 square foot of sprung beech wood flooring and 24 feet of mirrors. Street shoes are not allowed on the dance studio floor. The dance studio is available when classes are not in session. All ages are welcome, but children must be supervised by an adult at all times.

GLASS STUDIO: The glass studio at Rosewood is for experienced glass artists or students currently enrolled in a Rosewood glass class. In order to use the glass studio, previous experience in glass art must be demonstrated and an orientation must be completed. Firing fees are in addition to the drop-in rate and must be purchased in advance.

METALS STUDIO: The metals studio at Rosewood is for experienced jewelry or metal artists or those currently enrolled in a jewelry class at Rosewood. In order to use the jewelry studio, participants must demonstrate previous experience in jewelry making and an orientation must be completed.



ROSEWOOD IS... **REINVENTED & RENOVATED!**

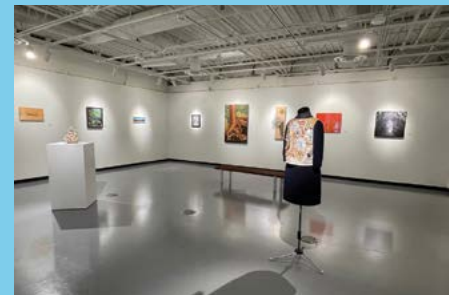
**OPENING CELEBRATION
DECEMBER 2, 10 A.M.**

NEW ADDITIONS INCLUDE:

- Specialized studios for specific disciplines and artistic endeavors
- Improved exhibition capacity for the Gallery
- A professional dance floor for the Center's most popular kids program
- A new theatre space with new technology and fixed seating
- Reimagined layout to create a welcoming environment and easier building access
- A new sense of place for artists to identify with their art and create a community
- More opportunities to experience and observe a variety of creative disciplines.

The renovation of Rosewood Arts Center is now complete! The final phase included the renovation of the painting and drawing studios, the theater, and the establishment of a printmaking studio. The new ceramics and dance studios, and a darkroom were opened this past spring.

The new ceramics studio features state-of-the-art equipment, kilns, and other amenities with additional capacity to support creativity in clay. The popular dance studio was also renovated with a professional sprung dance floor and more space for movement.



The renovation included infrastructure improvements (mechanical, electrical and plumbing) and the creation of efficient, customized learning environments for various artistic disciplines.

It expanded educational spaces for youth arts instruction, ceramics, painting and drawing, and added specialized spaces for glass and metal working.



The renovated Rosewood Arts Center now provides customized spaces for creativity, collaboration, and connection through the arts!



We can help you achieve all of your dreams for that special day! Call 937-435-5787 and make an appointment today to speak with one of our talented event coordinators.



photos by Rachael Leigh Photography

Polen Farm, a beautiful and historic 19th century farmhouse and barn situated on 15 picturesque acres at 5099 Bigger Road, is a favorite with area residents for weddings, receptions, graduation parties, meetings, luncheons, small conferences, retreats, reunions and other social affairs.

Polen Farm is operated by the Kettering Parks, Recreation and Cultural Arts Department. Groups may rent portions of the farm or the entire facility, depending on the number of people involved and the type of event. Guests may choose their own caterer or carry-in food and provide their own alcohol. Ample parking is available.

The Polen Farm House includes a roomy living room, dining room, sun porch and banquet room. A seasonal tent covers a large patio providing the flexibility of an indoor or outdoor event. These features make the Polen Farm House the perfect place for a small, intimate gathering or a slightly larger event, of up to 130 people.



Unequaled in the community is the Polen Farm Barn. The beautifully renovated barn is an ideal setting for wedding receptions, graduation parties, family reunions, company picnics and many other events. The lower level, which features a small service kitchen, will accommodate up to 125 people and is usable year-round. The upper level is roomy enough for up to 175 guests and is heated for year-round use. The grounds around the farmhouse and barn have been preserved to a large extent in their natural condition. Highlights include a formal garden patio and a gazebo perfect for outdoor weddings.

How to Rent Polen Farm

To find out how Polen Farm can best suit your needs, call **937-435-5787** from 9:30 a.m. to 2:30 p.m., Monday through Friday. Tours may be scheduled during office hours or on evenings/weekends if needed.

When calling about your event, it is helpful if you are prepared with the following information: type of event, number of people attending and date and time preferred (first and second choices). Reservations for 2025 will begin on January 1, 2024. You may call or visit Polen Farm to make your reservation.



Polen Farm Supervisor
Beth Brubaker

937-435-5787

Beth.Brubaker@ketteringoh.org

TREES, LIGHTS, ACTION!

Have you ever wondered how we choose and collect trees for our holiday display each year? Look no further! We have an inside look at our selection and harvesting process and tips on what to do with your own trees and lights once the holidays season comes to an end.



Trees are harvested by a team of Parks Crew Leaders in November. The process proves to be rigorous and extra special care is taken into consideration as trees can be severely damaged once cut and dropped.



Mayor's Tree 2019



Trees are selected based on a number of factors. Height, location, circumference, limb/branch count and color are just a few qualification that are considered when choosing trees. Safety and a full proximity of harvesting to ensure there is minimal damage and no injuries can be a deal breaker for even the best looking trees.

AND AFTER THE HOLIDAYS...

- Consider donating your live trees to an organization that does an annual "sinking" of trees into bodies of water for marine life habitat regeneration
- Instead of tossing items in the landfill, recycle your holiday lights and holiday waste (decorations, materials, paper) with a local business or parks agency



For more information on where to take your holiday items, please call the Parks Division at (937) 296-2486

Barry Sanders

Parks Manager

Barry.Sanders@ketteringoh.org

937-296-2486

Ant Brown

Parks Manager

Ant.Brown@ketteringoh.org

937-296-2486

Gary Schussler

Parks Superintendent

Gary.Schussler@ketteringoh.org

937-296-2486

PARKS MAINTENANCE CENTER 937-296-2486
3170 Valleywood Drive, Kettering, OH 45429
Monday – Friday 8 a.m. – 4 p.m.

ENVIRONMENTAL SUSTAINABILITY PROGRAMS

Citizen Tree Planting Program

To maintain quality street trees in Kettering, a limited number of trees are available for purchase annually to Kettering residents.

Living Tree Program

The Living Tree Program is designed for persons or organizations desiring to commemorate a particular event by planting of a tree and a bronze plaque.

Yard Debris Drop-Off Program

Residents can dispose of their yard debris (other than grass clippings) at the Yard Debris Drop-off site located at 1840 Woodman Center Drive between Dorothy Lane and Woodman Drive.

Open the first Monday in March through the first Saturday in December

Monday – Friday, 3 – 8 p.m.

Saturday, 9 a.m. – 3 p.m.

Closed the remainder of the year, on holidays and during inclement weather.

Tree and Brush Chipping Program

The Kettering Parks, Recreation and Cultural Arts Department's chipping program is designed to provide the most extensive service possible. For the best results, download the chipping fact sheet from our website and call before you begin your trimming.

Leaf Compost and Wood Mulch Program

Leaf compost and wood mulch are available FREE to Kettering residents beginning in April until our supply runs out. Compost and wood mulch may be picked up in your truck, trailer or other container at Indian Riffle Park, 2801 E. Stroop Road (behind Tannenberg Kennels). The site is open daylight hours, seven days a week. Volunteers are on site to ensure the mulch goes only to Kettering residents.

**Go to playkettering.org
for detailed descriptions of these
Parks programs.**

ATHLETIC FIELD CLOSURE POLICY

Decisions for field closures are made no earlier than 3 p.m. Monday through Friday by Parks staff. Please go to playkettering.org or download the FREE **Play Kettering** app to stay current on field closures.

FISHING PONDS

Free fishing ponds located in Delco, Indian Riffle, Lincoln and Pondview parks. No fishing license is required to fish in these ponds which are stocked with bluegill and bass. Fishing is permitted between dawn and dusk, seven days a week. We encourage catch and release.

For more information, call 937.296.2587.

J. F. KENNEDY PARK SPLASH PAD



The splash pad is **FREE** and open seven days a week, from sunrise to sunset, of Memorial Day weekend through September 30. It is located at 5073 Bigger Road, close enough to ride a bike or walk.

Groups of 10 or more are limited to a 2-hour stay at the splash pad per visit, 10 a.m. – Noon or Noon – 2 p.m.

The splash pad will not be available for groups of 10 or more between the hours of 2 p.m. and 8 p.m.

There is no bus parking in the splash pad parking lots. Space is limited with many different activities in the park besides the splash pad.

PARKS RESERVATIONS

Picnic Shelters

The City of Kettering Parks, Recreation and Cultural Arts Department has several **reservable** picnic shelters within the following parks: **Delco Park, Indian Riffle Park, Ernst Park and Irelan Park.**

Non-reservable shelters (first-come, first-served basis) are located in: **J. F. Kennedy Park, Oak Park, State Farm Park, Tait Park, Van Buren Park and Wenzler Park.**

Kettering residents may reserve the shelters beginning the first work day in January. Non-residents may reserve beginning the first work day in March. Shelters may be reserved between April 1 and October 31. There is no rental or reservation fee to use a picnic shelter. Shelters are reserved in one time slot only—from dawn to dusk.

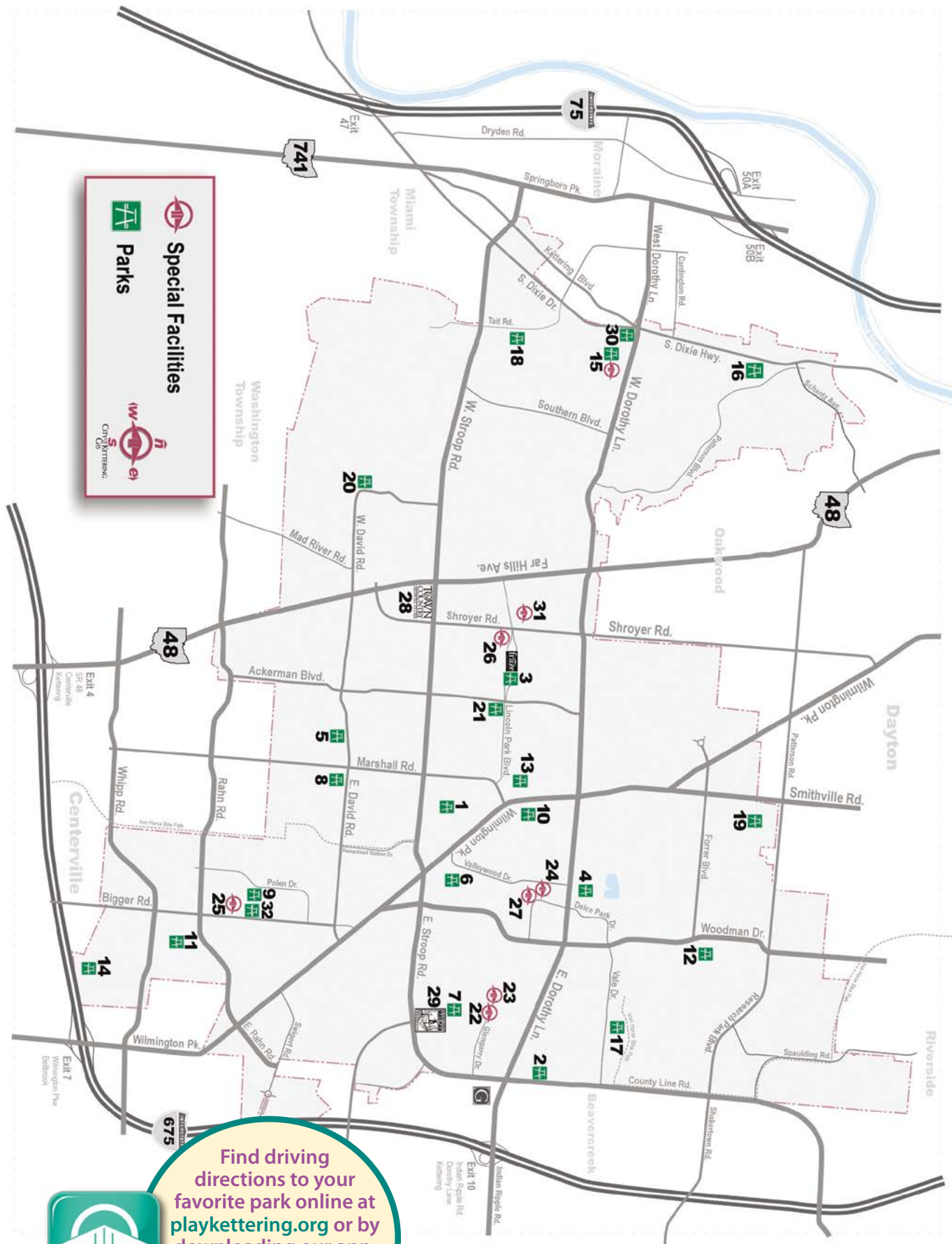
Athletic Fields

If you would like to reserve a sports field, please print out and complete the **Field Use Reservation Form** that can be found on our website.

Special Group Events in a Kettering Park

Please contact Parks Superintendent Gary Schussler, at Gary.Schussler@ketteringoh.org to see if one of our parks might be able to accommodate your event.

**Go to playkettering.org to get
more detailed information on how to reserve a
shelter or athletic field.**



Find driving directions to your favorite park online at playkettering.org or by downloading our app. Search Play Kettering in the App Store or in Google Play.

AMENITIES

<div>PLAY</div> <div>KETTERING</div>	Park Size in Acres	Ball Fields	Basketball Courts	Bike Racks	BMX Track	Civic Art	Disc Golf Course	Fishing Pond	Football/Soccer Fields	Grill(s)	Horseshoe Pits	Pickleball Court(s)	Par Course Fitness Trail	Picnic Shelter(s)	Picnic Tables/Benches	Playground Equipment	Rest rooms	Shuffleboard Courts	Splash Pad	Tennis Court(s)	Volleyball Standard(s)	Water Fountain
1. Berwin Park 1400 Berwin Ave.	1.7		•												•	•						
2. Blackhawk Park 3005 Blackhawk Dr.	7.3	•	•	•											•	•						•
3. Civic Commons 675 Lincoln Park Blvd.	14.0			•		•		•							•		•					•
4. Delco Park 1700 Delco Park Dr.	69.0	•	•		•	•		•	•	•			•	•	•	•	•				•	•
5. Ernst Park 1030 E. David Rd.	14.1	•							•	•				•	•	•	•			•	•	•
6. Glaser Park 1851 Doris Dr.	0.8		•												•	•						
7. Indian Riffle Park 2801 E. Stroop Rd.	94.2	•	•	•		•	•	•	•	•	•			•	•	•	•	•			•	•
8. Irelan Park 4532 Marshall Rd.	16.0	•		•					•	•				•	•	•	•				•	•
9. J.F. Kennedy Park 5073 Bigger Rd.	15.0	•		•		•			•	•		•	•	•	•	•	•		•			•
10. Kantner Park 1512 Brownleigh Rd.	5.0	•	•												•	•				•		•
11. Oak Creek Park 2239 Berrycreek Dr.	5.0	•	•												•	•						
12. Oak Park 2055 Malcom Ave.	3.6	•	•							•				•	•	•				•		•
13. Pasadena Green Space 3200 N. Marshall Rd.	1.5														•							
14. Pondview Park 2320 Pondview Dr.	12.5							•							•		•					•
15. Southdale Park 3036 Bellflower St.	8.0					•									•	•						
16. Southern Hills Park 1545 Sacramento Dr.	2.0	•	•	•											•	•				•		•
17. State Farm Park 2510 Blackhawk Dr.	31.6	•		•					•					•	•	•	•					•
18. Tait Park 3750 Tait Rd.	9.1	•	•											•	•	•				•		
19. Van Buren Park 1450 Scottsdale Ave.	5.5	•	•											•	•	•						
20. Walther Park 4421 Overland Tr.	4.5			•											•	•				•		•
21. Wenzler Park 3535 Sharewood Ct.	4.6	•	•			•				•				•	•	•				•		•

FACILITIES

3. Frazee Pavilion for the Performing Arts
695 Lincoln Park Blvd., 937-296-3300

15. Habitat Environmental Center
3036 Bellflower St., 937-296-2477

22. Kettering Recreation Complex
2900 Glengarry Dr., 937-296-2587
Kettering Ice Arena, 937-296-3293
Charles I. Lathrem Senior Center
937-296-2480

23. Rosewood Arts Center
2655 Olson Dr., 937-296-0294

24. Parks Maintenance Center
3170 Valleywood Dr., 937-296-2486

25. Polen Farm
5099 Bigger Rd., 937-435-5787

26. Kettering Government Center
3600 Shroyer Rd., 937-296-2454

27. Yard Debris Drop-off
Enter from Woodman Center Dr.
Call 937-296-3255 for a recorded message.

28. The Kettering Connection
300 East Stroop Rd., 937-296-3330

29. Rob Dyrdek/DC Shoe Skate Plaza
2801 East Stroop Rd.

30. Governor's Place Plaza
Governor's Place Blvd.

31. Kettering Fitness & Wellness Center
(in the James S. Trent Arena)
3351 Shroyer Rd., 937-293-4FIT (4348)

32. Splash Pad at J.F. Kennedy Park
5073 Bigger Rd.

33. Beavertown Cemetery
2000 Cemetery Ln.

KETTERING RECREATION COMPLEX

2900 Glengarry Drive, Kettering, OH 45420

937-296-2587

Facility Hours

Monday – Thursday	5:30 a.m. – 10 p.m.
Friday	5:30 a.m. – 8 p.m.
Saturday	7 a.m. – 6 p.m.
Sunday	10 a.m. – 6 p.m.

Special Dates**Holiday****Hours**

Christmas Eve	December 24	10:00 a.m. – 2 p.m.
Christmas Day	December 25	Closed
New Year's Eve	December 31	10:00 a.m. – 2 p.m.
New Year's Day	January 1	Closed

Facility Rental

- **Kettering Recreation Complex**— Consider holding your meeting or private party at the Recreation Complex.
- **KRC Gymnasium**—Groups may rent half of the gym or the entire gym for an hourly fee.
- **KRC Main Pool**—Groups may rent the pool after open hours for private parties.
- **Kettering Ice Arena**—Individuals and organizations can rent the ice arena for a variety of uses, including hockey and figure skating.

For rates and availability, please call 937-296-2587.

CHILD CARE: For the most up to date schedule information, please check our website at www.playkettering.org/nursery.

DEPARTMENT STAFFMary Beth O'Dell, *Director*

MaryBeth.ODell@ketteringoh.org 937-296-2454

Christopher George, *Superintendent of Administration & Special Projects*
Christopher.George@ketteringoh.org 937-296-3375Shauna Lewallen, *Recreation Superintendent*

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Kerri Miles, *Environmental Education Supervisor*

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Taylor Sensenbaugh, *Aquatics Supervisor*

Taylor.Sensenbaugh@ketteringoh.org 937-296-3253

Ant Brown, *Parks Manager*

Ant.Brown@ketteringoh.org 937-296-2486

KETTERING FITNESS & WELLNESS CENTER

3351 Shroyer Road, Kettering, OH 45429

937-293-4348

Facility Hours

Monday – Thursday	5:30 a.m. – 10 p.m.
Friday	5:30 a.m. – 8 p.m.
Saturday	7 a.m. – 6 p.m.
Sunday	10 a.m. – 6 p.m.

Special Dates**Holiday****Hours**

December 24	Christmas Eve	10 a.m. – 2 p.m.
December 25	Christmas Day	Closed
December 31	New Year's Eve	10 a.m. – 2 p.m.
January 1	New Year's Day	Closed

LATHREM SENIOR CENTER

2900 Glengarry Drive, Kettering, OH 45420

937-296-2480

Facility Hours

Monday – Thursday	8 a.m. – 8 p.m.
Friday	8 a.m. – 4 p.m.
Saturday	9 a.m. – Noon
Sunday	12:30 p.m. – 4 p.m.

Special Dates**Holiday****Hours**

December 24	Christmas Eve	Closed
December 25 & 26	Christmas Holiday	Closed
December 31	New Year's Eve	Closed
January 1	New Year's Day	Closed

ROSEWOOD ARTS CENTER

2655 Olson Drive, Kettering, OH 45420

937-296-0294

Facility Hours

Monday – Thursday	10 a.m. – 9 p.m.
Friday	10 a.m. – 5 p.m.
Saturday	10 a.m. – 3 p.m.
Sunday	Closed

Special Dates**Holiday****Hours**

December 25 & 26	Christmas Day	Closed
January 1	New Year's Day	Closed

Rosewood Facility Closed for Renovation Construction:

November 27 – December 1

December 18 – 30

**Please note that construction is affecting Rosewood Arts Center hours.*

Visit www.playkettering.org/rosewood or call 937-296-0294 before your visit.

FRAZE PAVILION

695 Lincoln Park Boulevard, Kettering, OH 45429

937-296-3300

WWW.FRAZE.COM

Facility Hours: Monday – Friday 9 a.m. – 5 p.m.

HABITAT ENVIRONMENTAL CENTER

3036 Bellflower Street, Kettering, OH 45409

937-296-2477

PRCA DEPARTMENT ADMINISTRATION

Kettering Government Center, North Building

3600 Shroyer Road, Kettering, OH 45429

937-296-2454

Business Hours: Monday – Friday 8 a.m. – 5 p.m.

PARKS MAINTENANCE

3170 Valleywood Drive, Kettering, OH 45429

937-296-2486

Business Hours: Monday – Friday 8 a.m. – 4 p.m.

POLEN FARM

5099 Bigger Road, Kettering, OH 45440

937-435-5787

Business Hours: Monday – Friday 9:30 a.m. – 2:30 p.m.
Evenings and weekends by appointment.

MISSION

We are here to provide quality parks, recreation and cultural arts that make Kettering home.

VISION

We envision an exceptional and engaging parks, recreation and cultural arts department that improves the quality of life for everyone in our community.

VALUES

We make the experience successful for each customer through providing quality service focused on community.

ACCESS TO ALL

If you are a person with a disability and would like more information regarding accessibility of the facility, please call 937-296-2587. Patrons who require assistance to participate in our drop-in activities are required to pay admission, but their attendants are admitted at no charge.

DEPARTMENT HOTLINE 937-296-2500

Recorded information, available 24 hours per day.

INCLEMENT WEATHER

Updated on PlayKettering.org and in the PlayKettering App.

CODE OF CONDUCT

Upon entering a City of Kettering recreation facility and/or grounds, you are a participant of the Parks, Recreation and Cultural Arts Department's program and, therefore, required to abide by the rules of the department. Your cooperation and consideration of these rules will help ensure all participants' enjoyment of our programs. For Code of Conduct details, visit playkettering.org.

RESIDENT STATUS

To receive resident rates when attending drop-in and/or daily admission activities or registering for a program, Kettering residents or a person working in Kettering must produce identification. The following sources of I.D. are accepted as proof of residency.

Living in Kettering:

- A valid Ohio driver's license with Kettering address.
- Current utility bill with Kettering address, accompanied by a valid photo I.D.

Working in Kettering:

- Pay stub that includes City of Kettering income tax withholding.

Youth (defined as persons 17 or younger):

- School I.D.s are accepted for youth 17 and under.

The Resident Card has been designed to identify resident/non-resident users. The Resident Card will provide quick identification at Parks, Recreation and Cultural Arts facilities or programs and identify them to be entitled to the Kettering resident fee. The free Resident Card can be obtained at any information desk.

2023/2024 KETTERING MAYOR & COUNCIL

Peggy Lehner, Mayor

Peggy.Lehner@ketteringoh.org 937-477-7640

Jacque Fisher, Vice Mayor, At Large

Jacque.Fisher@ketteringoh.org 937-232-1637

Jyl Hall, At Large

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Lisa Duvall, District 1

Lisa.Duvall@ketteringoh.org 937-838-7425

Bob Scott, District 2

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Tony Klepacz, District 3

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Bruce E. Duke, District 4

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Matt Greeson, City Manager

Matt.Greeson@ketteringoh.org 937-296-2412

Steven Bergstresser, Assistant City Manager

Steven.Bergstresser@ketteringoh.org 937-296-2412

Council Office Phone Number: 937-296-2416

Council Email: ketteringmayorcouncil@ketteringoh.org

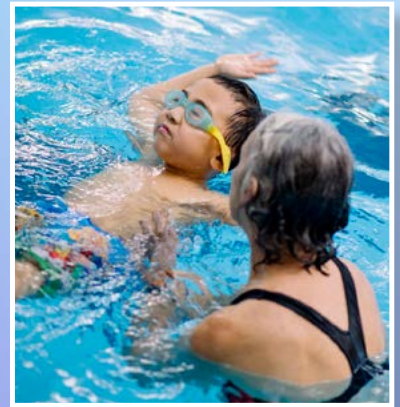
City of Kettering Home Page: www.ketteringoh.org

REGISTRATION FORM

Can be found online at playkettering.org/registration.

JOIN OUR TEAM ANYTIME!

- Part-time positions available for ages 15 and up
- Flexible and fun
- Hours that fit your schedule
- Morning, afternoon, evening shifts
- Competitive pay



**We have jobs for
students, adults and seniors!**

Go to playkettering.org/jobs
to browse open positions!



SCAN ME



EQUAL OPPORTUNITY EMPLOYER

SPOTLIGHT ON PLAYKETTERING

Summer camps at the Habitat Environmental Center had campers hiking, fishing, learning archery and all about nature! What could be better than enjoying the great outdoors during summer?



playkettering

FOLLOW



Art on the Commons at Lincoln Park Civic Commons was August 13th. It was a beautiful day to enjoy the arts! Our artists, volunteers, committee members, staff and patrons all came together for what turned out to be a truly wonderful year for AOTC!



playkettering

FOLLOW



National Night out drew a crowd August 1st as visitors enjoyed free food, games, mascots and a dunking booth! This annual community-building event enhances the relationship between neighbors and law enforcement while bringing back a true sense of community.



playkettering



playkettering



The Kennedy Park Pickleball Courts officially opened with a grand opening celebration and celebrity tournament June 25th! The courts were expanded from 6 to 12 and hundreds of players are utilizing the new facility every week.

playkettering

FOLLOW



playkettering

FOLLOW



The Gentile Park Groundbreaking was held July 21st, with more than 100 community members in attendance. Many years in the making, this park will add two playground areas, a walking path, green space and more when it opens in the summer of 2024!



playkettering

FOLLOW



People are at the heart of everything we do! Follow PlayKettering on Facebook, Twitter and Instagram to meet more of the staff and patrons who make our programs great. Plus, get the latest updates, jump behind the scenes and share your own story with us.



CITY OF KETTERING

PARKS, RECREATION AND CULTURAL ARTS DEPARTMENT
3600 SHROYER ROAD • KETTERING, OHIO 45429-2799
playkettering.org



SAVE THE DATES

DECEMBER



Mayor's Tree Lighting & Santa Paws

FREE!

Friday, December 1 from 6 – 8 p.m.
Lincoln Park Civic Commons



A Rosewood Holiday Arts Festival

FREE!

Saturday, December 2 from 11 a.m. – 3 p.m.
Rosewood Arts Center



3v3 Basketball Tournament

Saturday, December 2 from 11 a.m. – 4:30 p.m.
Kettering Recreation Complex



Candy Cane Hunts

Sunday, December 10 from 5 – 6:30 p.m.
Polen Farm



Santa Palooza

Saturday, December 16 from 9:30 a.m. – Noon
Lathrem Senior Center

FEBRUARY



BOGO BFF Swim

Saturday, February 24 from 2 – 5 p.m.
Kettering Recreation Complex Main Pool

MARCH



In-Water Free Throw Shooting Contest

Saturday, March 16 from 3 – 5 p.m.
Kettering Recreation Complex Main Pool



Adult Easter Egg Hunt

Tickets go on sale February 9 at 8 a.m.
Friday, March 22 at 8 p.m.
Lathrem Senior Center



Family Easter Egg Hunt

Saturday, March 23
Kettering Recreation Complex



Underwater Easter Egg Hunt

Sunday, March 24
Kettering Recreation Complex