



STAFF REPORT

TOWN COUNCIL MEETING OF OCTOBER 10, 2012

To: Town Council

From: Town Manager

Date: September 27, 2012

Subject: Area 4 Agency on Aging Presentation for Placer County

RECOMMENDATION:

Hear presentation. No action is requested at this time.

DISCUSSION:

At the August 14, 2012, Council requested that a presentation on aging by the Area 4 Agency on Aging be scheduled for a future meeting. Attached is information submitted by Nancy Vasquez, Program Manager for the Area 4 Agency on Aging. Ms. Vasquez and Deanna Lee will make the presentation at the Town Council meeting.

After reviewing the attached materials, it is apparent that there has been and continues to be a dramatic increase in the senior population in Placer County. According to the attached information, by the year 2040 over 151,000 people age 60 or older are projected to be living in Placer County. This presentation will be extremely important to the Town of Loomis with helping the Council take a long term approach for planning for the future as our population continues to age.

Attachments: Area 4 Agency on Aging materials

The Dual Challenge: Placer County

Senior Population

Senior Population

Senior Population

Health Status

Health Status

Health Status

Financial Status

Financial Status

Service Demand

Service Demand

Aging Network

Aging Network

Senior Population

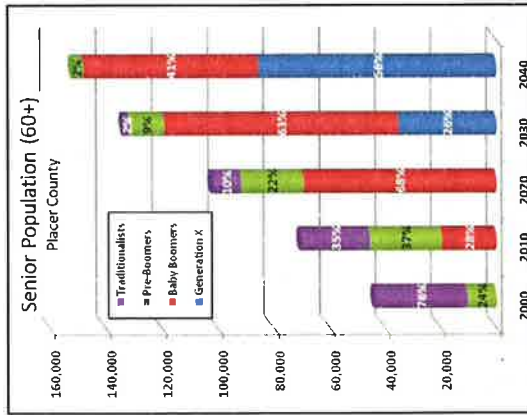
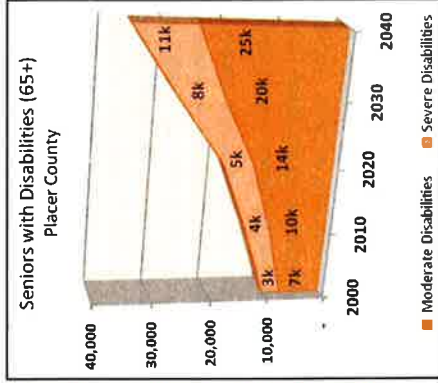
We are witnessing a dramatic and unprecedented increase in senior population, and it is driven largely by the aging of the Baby Boomers (shown in red on the charts below).

By 2040, over 151,000 people age 60 and older are projected to be living in Placer County. That figure is almost 3.5 times the number of seniors there were in 2000; it represents an astounding growth rate of 248% for the forty year period. In comparison, California's expected senior growth rate over those four decades is 170%.

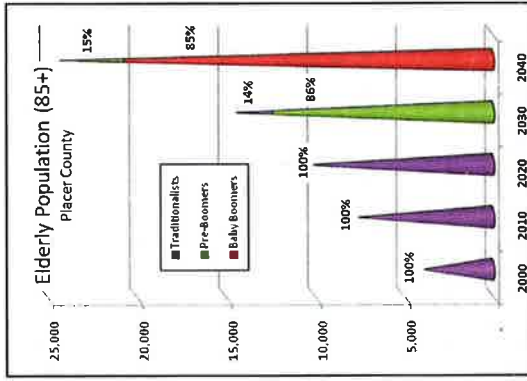
The 85 and older population is of particular concern, for they represent the most frail and vulnerable age group, and they utilize a sizeable share of all elder care services. Here, the situation is even more alarming. The number of elderly people in the county is projected to grow exponentially, resulting in more than a six-fold increase in frail persons (from about 3,800 to 24,000) by 2040.

Types of Disabilities Among Persons 65+ (2000 Census)	Placer County	PSA 4	CA
Any Disability (Persons with 1 or more types of disabilities listed below)	38.7%	41.7%	42.2%
Sensory Disability	14.5%	14.8%	14.5%
Physical Disability	25.9%	28.5%	28.4%
Mental Disability	10.1%	11.7%	12.2%
Self-Care Disability	7.3%	9.2%	9.9%
Difficulty Going Outside the Home Disability	16.6%	19.3%	20.8%

Moderate Disabilities = 1 or 2 Activities of Daily Living (ADLs) or Instrumental ADLs (IADLs)
Severe Disabilities = 3 or more ADLs or IADLs



Traditionalists (born 1900-1935); Pre-Boomers (born 1936-1945); Baby Boomers (born 1946-1964); Generation X (born 1965-1980)



Health Status

Disability rates in Placer County are somewhat lower than those in PSA 4 and in California as a whole. Coincidentally, the blue table is exclusive to Traditionalists, and the county total was roughly 31,000. Thus in 2000, almost 12,000 people 65 and older (38.7%) had some type of disability. By definition, older people with a "Self-Care" disability are reliant on others for meeting one or more of their personal needs; this describes nearly 2,300 seniors in Placer County. The "Difficulty Going Outside the Home" category is used to estimate the number of homebound seniors; 16.6% equates to over 5,100 older people in the area who must rely on others for transportation.

Experts predict the overall disability rate for older people will decline until 2020, then begin to rise as the Baby Boomers approach their 80th birthdays. The net effect in Placer County (shown in the orange chart) will be an increase in the number of older people with physical limitations that accelerates over time. The 3.5-fold increase in the local senior population from 2000 to 2040 will translate into a comparable increase in the number of older persons with functional limitations over that period.

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The Dual Challenge: Placer County



Senior Population
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Financial Standing
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Financial Standing

The federal poverty rate for older adults has fallen fairly steadily since 1959. Many experts have been critical of the official federal measure which is based on the consumer price index and does not account at all for the costs of transportation, housing or health care. Researchers at the Urban Institute have devised an alternate variable, called the Relative Poverty Level, which is indexed to wages. Applying their model, less than 3,200 Placer County seniors age 62 and older will officially be in poverty in 2020, but by then over 7,400 seniors will "feel" as though they are living in poverty.

In February 2008, the Insight Center for Community and Economic Development released findings from their California Elder Economic Security Initiative which used a new method to determine how much income older people need to meet their basic living costs. A condensed table for the county is shown below.

Insight utilizes the Elder Standard figures to demonstrate, in actual dollars, that older adults fall well short of the average costs of living when their only source of income is either SSI or standard Social Security benefits. In Placer County in 2007, the average elder person received an annual Social Security payment of \$12,884; the average elder couple received \$21,645. Even with this modest budget, seniors must have additional sources of retirement income in order to make ends meet.

Placer County, Elder Economic Security Standard™ Index, 2007

Monthly Expenses	Elder Person		Elder Couple	
	Owner with Mortgage	Renter, 1 Bedroom	Owner, No Mortgage	Owner with Mortgage
Housing	\$1,946	\$813	\$499	\$1,946
Food	263	263	486	486
Transportation	202	202	323	323
Health Care (Good Health)	283	283	566	566
Miscellaneous @ 20%	250	250	375	375
Monthly Elder Standard	\$2,943	\$1,811	\$2,249	\$3,695
Annual Elder Standard	\$35,321	\$21,727	\$26,985	\$44,342

(Adapted from the California Elder Economic Security Initiative, Insight, 2007)

Estimated Number of Seniors by Chances of Being Dependent, 2006
Non-institutionalized population 65+ (N = 48,019 persons)

Source: Author's Calculations of American Community Survey data

Low Ability = "self-care disability"

Middle Ability = "physical disability"

High Ability = no disabilities

Assets based on household income:

Low Assets = Less than \$20,000/yr

Middle Assets = \$20,000 - \$45,000/yr

High Assets = \$45,000 or more/yr

PHYSICAL ABILITY	FINANCIAL ASSETS		
	LOW	MIDDLE	HIGH
HIGH	Highest Risk 985 (2.1%)	High Risk 1,541 (3.2%)	Moderate Risk 2,276 (4.7%)
MIDDLE	High Risk 2,609 (5.4%)	Uncertain Risk 4,085 (8.5%)	Low Risk 6,031 (12.6%)
LOW	Moderate Risk 2,745 (5.7%)	Low Risk 9,788 (20.4%)	Lowest Risk 17,959 (37.4%)

Service Demand

At the most basic level, individuals who seek home and/or community-based care services generally have a physical limitation, an economic limitation, or both. To illustrate the subtle complexity of this concept, we have developed the Assets-Ability Matrix (see red chart above). Over time, people tend to move toward the highest risk category.

Using a combination of interrelated data sets from the Census Bureau's American Community Survey, we have computed estimated numbers of persons 65 and older in Placer County in each of the nine Matrix categories. As shown in the chart, 985 local citizens are in the highest risk group (darkest red). More than 4,100 additional seniors are in the high risk categories (red). Another 5,000 are classified as moderate risk (pink corner squares). Some 4,085 individuals have uncertain risk (center). Just under 38% of all people age 65 and older in the county are in the lowest risk box (white), therefore, about 62% of seniors had some risk of dependency in 2006.

Aging Network

How do we revamp programs and services for tomorrow's elders without compromising vital services for those with the greatest needs today? That is the dual challenge.

Want to help improve services for current and future generations of seniors? Contact the Placer County Commission at: (530) 886-3686

PLACER COUNTY

11/10/2009

Overall Rank	Senior Needs Chart For each data-gathering method used, the most frequently cited needs/concerns are shown in rank order. The overall rankings are computed using a simple point system.* (The letter "T" indicates a tie in the rankings)	Things that Concern Seniors (2008 County Senior Survey)	What do you need help with? (2008 County Senior Survey)	What should leaders focus on? (2009 OAAC Meeting)	Top unmet needs, FY 2008-09 (Senior Information & Assistance)	Greatest unmet senior needs (2009 Service Provider Survey)	Most significant senior problems (2009 Key Informant Interviews)
1	Getting transportation for errands <u>or</u> medical appts.	7	4	2	1	1	1
2	Paying for housing	T-4	6	T-3	6	T-2	T-8
3	Getting minor home repairs and/or modifications	T-4	T-2		5	4	
4	Paying for medical care <u>or</u> medicines		1	T-3	4		
T-5	Finding a reliable person to do in-home care			T-3		T-2	5
T-5	OTHER: Improving the network of available services (especially case management and mental health)				2	5	3
T-7	Finding services or benefits that could help me	9		1			2
T-7	OTHER: Having economic/financial concerns	1		T-3			T-8
9	OTHER: Coping with health problems	2	8			T-6	
10	Getting someone to do major home repairs	T-4	T-2				
11	Having enough food to eat				3		7
T-12	Getting the kind of medical care that I/we need			T-3			T-8
T-12	Paying out-of-pocket for home care or day care				7		4
T-14	Getting help with wills, trusts, powers of attorney	3					
T-14	Getting someone to do yard work			T-3			
16	Being able to continue living in my home		9				6
17	OTHER: Eating healthy meals		5				
T-18	OTHER: Feeling safe at home or going out					T-6	
T-18	OTHER: Medication Management .					T-6	
T-18	OTHER: Stronger advocacy needed for seniors					T-6	
T-21	OTHER: Money Management				8	T-10	
T-21	OTHER: Someone to help w/ housekeeping/shopping		7				
T-23	OTHER: Supporting family caregivers; respite				9	T-10	
T-23	OTHER: Using public transportation	8					
25	Dealing with loneliness or depression	10	10				
26	Understanding my health care options					T-10	
---	Having a serious fall						
---	Paying for dental care (included w/ med care in survey)						
---	Planning for future LTC needs (not asked in survey)						

* A rank of "1" equals ten points, 2= nine, 3= eight, 4= seven, 5= six, 6= five, 7= four, 8= three, 9= two, and 10= one point.

Placer County, CA 2010 Elder Economic Security Standard™ Index

Elder Index Per Year, Annual Comparisons, and Basic Monthly Expenses for Selected Household Types

Elder Index Per Year

	Elder Person			Elder Couple		
	Owner w/o mortgage	Owner w/mortgage	Renter, one bedroom	Owner w/o mortgage	Owner w/mortgage	Renter, one bedroom
Income Needed to Meet Basic Needs (based on monthly expenses shown below*)	\$17,903	\$34,866	\$21,905	\$26,382	\$43,345	\$30,384
Annual Comparison Amounts						
Federal Poverty Guideline (2010 DHHS)	\$10,830	\$10,830	\$10,830	\$14,570	\$14,570	\$14,570
% of Federal Poverty (Elder Index divided by (1) Federal Poverty Guideline)	165%	322%	202%	181%	297%	209%
SSI Payment Maximum, California 2010	\$10,140	\$10,140	\$10,140	\$16,886	\$16,886	\$16,886
SSI Income Gap (SSI Payment Maximum minus (-) Elder Index)	-\$7,763	-\$24,726	-\$11,765	-\$9,496	-\$26,459	-\$13,498
Median Social Security Payment 2009	\$12,815	\$12,815	\$12,815	\$20,289	\$20,289	\$20,289
Soc Sec Income Gap (Average Social Security Payment minus (-) Elder Index)	-\$5,088	-\$22,051	-\$9,090	-\$6,093	-\$23,056	-\$10,095

*Basic Monthly Expenses Used to Calculate Elder Index

	Elder Person			Elder Couple		
	Owner w/o mortgage	Owner w/mortgage	Renter, one bedroom	Owner w/o mortgage	Owner w/mortgage	Renter, one bedroom
Monthly Expenses						
Housing	\$491	\$1,904	\$824	\$491	\$1,904	\$824
Food	267	267	267	499	499	499
Transportation	214	214	214	299	299	299
Health Care (Good Health)	272	272	272	543	543	543
Miscellaneous @ 20%	249	249	249	366	366	366
Elder Index Per Month	\$1,492	\$2,905	\$1,825	\$2,199	\$3,612	\$2,532

For the complete report, methodology or other counties visit:
http://www.healthpolicy.ucla.edu/elder_index12jan.aspx

For more information about the California Elder Economic Security Initiative™ program visit:
<http://www.insightcced.org/communities/cfess/cal-eesi.html>

