Lowell Parks & Recreation Department

AUGUST 2025

Program & Activity Calendar for Youth & Adults

	MON	TUE	WED	THU	FRI	SAT
	Lowell North Carolina				9:30 am	MUSIC IN THE PARK 6 pm - 9 pm
	OPEN GYM 6 pm	NATIONAL NUT II OULS 6 pm	6	⁷ 5:30 pm	9:30 am	9 2 School 1 pm WATER BLAST
	OPEN GYM 6 pm	12 PICKLEBALL 9:30 AM	13 Back To School	14 5:30 pm	9:30 am	Adult LINE DANCE
A. Charles and A. Charles	OPEN GYM 6 pm	19	20	21 5:30 pm	EASTEANLE GLIME 6 pm	23
	OPEN GYM 6 pm	PICKLEBALL 9:30 AM	27	5:30 pm	9:30 am	10 am

Program & Activity Descriptions for Youth and Adults



Music in the Park featuring

Chris Taylor & The Rumor and Kudzu Jam

Saturday, August 2, 6 pm-9 pm, McCord Family Park Grab your lawn chair and join us for a fun-filled day of live music, delicious food and drinks, a kids zone, and non-stop entertainment!





Pickleball Schedule

Tuesday @ 9:30 am, Lowell Rec Ctr Thursday @ 5:30 pm, Lowell Rec Ctr Friday @ 9:30 am, Lowell Rec Ctr Saturday @ 10 am, Lowell Rec Ctr *Aug 9-Closed, Aug 16 @ 1 pm Bring your own paddle or use one provided. FREE for all skill levels!



Basketball Open Gym

Monday Nights @ 6 pm, Lowell Recreation Center Tennis shoes required! Open gym for all ages! FREE program!



Adult Line Dance

Saturday, August 16 @ 11:30 am, Lowell Recreation Ctr This class is designed to get adults up and moving while teaching different types of line dancing steps. These movements will help with flexibility and conditioning. Come have fun and meet others who want to stay on the move and be fit!

Cost: \$5 per class Instructed by: Keeisha Bring a friend and enjoy the fun!!



National Night Out with Lowell Police Dept.

Tuesday, August 5, 6 pm-8 pm, Harold Rankin Park Games, DJ, Obstacle Course, Free Giveaways and more! Don't miss the Annual Kids vs. Police Kickball Game!

FREE Community Event



Back 2 School Water Blast with Lowell Fire Dept.

Saturday, August 9, 1 pm-3 pm, Downtown Lowell (E. 2nd St –Beside Masonic Lodge) Be prepared to get soaked and have fun with friends!

FREE Community Event



FREE Baseball Clinic

Friday, August 22, 6 pm to 9 pm, Harold Rankin Park Developmental and instructional clinic for youth ages 7 to 13. Feel free to bring your own bat, glove and helmet or use the equipment provided. FREE program!

Harold Rankin Park-519 Park Circle Bob Bolick Park-501 W. First Street McCord Family Park-101 W. First Street

Lowell Recreation Center 715 N. Main Street