

























# AUGUST 2025

Program & Activity Calendar for Active Adults 50 & Up

MON	TUE	WED	THU	FRI	SAT
	 9:30 am			1  9:30 am 	2 <b>PICKLEBALL 10 AM</b> <b>MUSIC IN THE PARK</b> 6 pm - 9 pm
4	5  9:30 am	6 	7  10:30 am <b>PICKLEBALL 5:30 PM</b>	8  9:30 am	9  <b>CLOSED</b>
11 	12  9:30 am	13	14 <b>SUMMER</b> 12 pm <i>Luau</i> <b>PICKLEBALL 5:30 PM</b>	15  9:30 am	16  11:30 am <b>PICKLEBALL 1 PM</b>
18 	19  9:30 am	20	21  <b>PICKLEBALL 5:30 PM</b>	22  9:30 am	23  10 am
25	26 <b>PICKLEBALL 9:30 AM</b>  10:30 am	27 	28  5:30 pm	29  9:30 am	30  10 am

# AUGUST 2025

## Program & Activity Descriptions for Active Adults 50 & Up

### MUSIC IN THE PARK

#### Music in the Park featuring Chris Taylor & The Rumor and Kudzu Jam

Saturday, August 2, 6 pm-9 pm, McCord Family Park  
Grab your lawn chair and join us for a fun-filled day of live music, delicious food and drinks, a kids zone, and non-stop entertainment!

FREE ADMISSION



#### Pickleball Schedule

Tuesday @ 9:30 am, Lowell Rec Ctr

Thursday @ 5:30 pm, Lowell Rec Ctr

Friday @ 9:30 am, Lowell Rec Ctr

Saturday @ 10 am, Lowell Rec Ctr **\*\*Closed Saturday, Aug 9**

**\*\*1 pm on Aug 16**

Bring your own paddle or use one provided.

FREE for all skill levels!



#### BINGO

Thursday, August 7 @ 10:30 am, Lowell Rec Ctr

Grab a friend and come play BINGO for a chance to win awesome prizes! FREE Event!



#### Family Feud

Tuesday, August 26 @ 10:30 am, Lowell Rec Ctr

Join us for some Family Feud fun and games in partnership with The Center. FREE!



#### Adult Line Dance

Saturday, August 16 @ 11:30 am, Lowell Recreation Ctr

This class is designed to get adults up and moving while teaching different types of line dancing steps. These movements will help with flexibility and conditioning. Come have fun and meet others who want to stay on the move and be fit!

Cost: \$5 per class Instructed by: Keeisha



#### Summer Luau

Thursday, August 14 | 12:00 pm-1:30 pm

Presbyterian Church of Lowell

Games ~ Music ~ Door Prizes ~ Food ~ Fun

\$5 Lowell Residents/ \$8 Non-Residents

RSVP Required by August 8th by calling 704-315-8165 or email [anixon@lowellinc.com](mailto:anixon@lowellinc.com).



**National Senior  
Citizens Day  
August 21, 2025**

Harold Rankin Park-519 Park Circle

Bob Bolick Park-501 W. First Street

McCord Family Park-101 W. First Street

Lowell Recreation Center 715 N. Main Street

All programming may be subject to change at any time. Call Lowell Parks & Recreation Dept. (704) 315-8165 for questions and concerns.