

















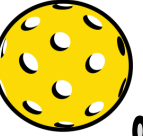



SEPTEMBER 2025

Program & Activity Calendar for Youth & Adults

MON	TUE	WED	THU	FRI	SAT
1  WE WILL BE CLOSED LABOR DAY	2  9:30 am	3 	4  5:30 pm	5  OPEN GYM KIDS 6 pm	6  10 am
8  OPEN GYM ADULTS 6 pm	9  9:30 am	10	11  9/11 ANNIVERSARY	12  OPEN GYM KIDS 6 pm	13  COMMUNITY YARD SALE 8 AM - 12 PM  Shred-it® 10 AM - 1 PM
15  OPEN GYM ADULTS 6 pm	16  16 SEPTEMBER MEXICAN INDEPENDENCE DAY	17	18  Trucks in the Park 4 pm	19  OPEN GYM KIDS 6 pm	20  Adult LINE DANCE 11:30 am
22  Hello FALL	23  9:30 am	24	25  5:30 pm	26  OPEN GYM KIDS 6 pm	27  HIP-HOP CLASS 11:30 am
29  OPEN GYM ADULTS 6 pm	30  9:30 am				 Lowell North Carolina LIVE LOVE LOWELL

SEPTEMBER 2025

Program & Activity Descriptions for Youth and Adults

OPEN GYM

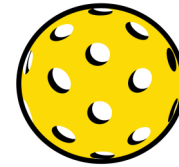


Basketball Open Gym KIDS

NEW! Friday Nights @ 6 pm, Lowell Recreation Ctr

Tennis shoes required!

FREE program!



Pickleball Schedule

Tuesday @ 9:30 am, Lowell Rec Ctr

Thursday @ 5:30 pm, Lowell Rec Ctr

Friday @ 9:30 am, Lowell Rec Ctr

Saturday @ 10 am, Lowell Rec Ctr *Sep 20 & 27 @ 1 pm

Bring your own paddle or use one provided.

FREE for all skill levels!

COMMUNITY
YARD SALE

Community Yard Sale

Saturday, September 13, 8:00 am to 12:00 pm

Harold Rankin Park

Shred-it®

Community Shred Day + Recycle +

Operation Medicine Drop

Saturday, September 13, 10:00 am to 1:00 pm

Harold Rankin Park



Adult Line Dance

Saturday, September 20 @ 11:30 am, Lowell Recreation Ctr

Cost: \$5 per class Instructed by: Keeisha

Bring a friend and enjoy the fun!!



TRUCKS IN THE PARK

Thursday, September 18, 4 pm-6 pm, Harold Rankin Park

See, Touch and Explore different types of vehicles!

Free event and open to the public!



Basketball Open Gym ADULTS

NEW! Monday Nights @ 6 pm, Lowell Recreation Ctr

Tennis shoes required!

FREE program!

NEW! Adult Hip Hop Class

Saturday, September 27 @ 11:30 am,

Lowell Rec Ctr

Cost: \$5 per class Instructed by: Keeisha

Bring a friend and enjoy the fun!!



Harold Rankin Park-519 Park Circle Bob Bolick Park-501 W. First Street McCord Family Park-101 W. First Street Lowell Recreation Center 715 N. Main Street

All programming may be subject to change at any time. Call Lowell Parks & Recreation Dept. (704) 315-8165 for questions and concerns.