

March Mad Beach Rec Fitness & Events



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
Abbreviations BVH= Boca View Hall CC= City Centre Room OW= Ocean Walk MBSC= Madeira Beach Social Club	Madeira Beach Yoga Madeirabeachyoga.com Seriously Fun Fitness Seriouslyfunfitness.com				5:30, 7 & 9AM Head-to-Toe Conditioning College Softball Spring Games	8AM+10AM Cardio Drumming College Softball Spring Games
3	4	5	6	7	8	9
College Softball Spring Games	5:30, 7 & 9AM Head-to-Toe Conditioning 9AM Cardio Drumming 6:30PM Cardio Drumming 10am Bridge Lessons MBSC Meeting 1pm CC	9AM Cardio Drumming Zumba Gold w/Liz CC 10:30am	5:30, 7 & 9AM Head-to-Toe Conditioning 9am Bridge \$ Zumba w/Liza 10:30am BVH 6PM Cardio Drumming	9AM Cardio Drumming CC Zumba w/ Cheryl 9:15am BVH 6PM Cardio Drumming Zumba Gold w/Liz CC 10:30am	5:30, 7 & 9AM Head-to-Toe Conditioning College Softball Spring Games	8AM+10AM Cardio Drumming College Softball Spring Games
10	11	12	13	14	15	16
College Softball Spring Games	5:30, 7 & 9AM Head-to-Toe Conditioning 9AM Cardio Drumming 6:30PM Cardio Drumming Kite Day 10-1pm Spring Break Camp	9AM Cardio Drumming Zumba w/Liz CC 10:30am MBSC Trip Spring Break Camp	5:30, 7 & 9AM Head-to-Toe Conditioning Zumba w/Liza 10:30am BVH 6PM Cardio Drumming Spring Break Camp	9AM Cardio Drumming Zumba w/ Cheryl 9:15am BVH 6PM Cardio Drumming Zumba Gold w/Liz CC 10:30am Rotary Carnival Spring Break Camp	5:30, 7 & 9AM Head-to-Toe Conditioning Rotary Carnival Spring Break Camp	8AM+10AM Cardio Drumming Rotary Carnival
17	18	19	20	21	22	23
Happy St. Patty's Day!  Rotary Carnival	5:30, 7 & 9AM Head-to-Toe Conditioning 9AM Cardio Drumming 6:30PM Cardio Drumming 10am Bridge Lessons MBSC Lunch Bunch	9AM Cardio Drumming Zumba Gold w/Liz CC 10:30am	5:30, 7 & 9AM Head-to-Toe Conditioning 9am Bridge \$ Zumba w/Liza 10:30am BVH 6PM Cardio Drumming	9AM Cardio Drumming Zumba w/ Cheryl 9:15am BVH 6PM Cardio Drumming Zumba Gold w/Liz CC 10:30am Grunt Hunt	5:30, 7 & 9AM Head-to-Toe Conditioning	8AM+10AM Cardio Drumming Grunt Hunt Fish Fry
24	25	26	27	28	29	30
31	5:30, 7 & 9AM Head-to-Toe Conditioning 9AM Cardio Drumming 6:30PM Cardio Drumming 10am Bridge Lessons	9AM Cardio Drumming Zumba Gold w/Liz CC 10:30am	5:30, 7 & 9AM Head-to-Toe Conditioning 9am Bridge \$ Zumba w/Liza 10:30am BVH 6PM Cardio Drumming MBSC Trip	9AM Cardio Drumming CC Zumba w/ Cheryl 9:15am BVH 6PM Cardio Drumming Zumba Gold w/Liz CC 10:30am	5:30, 7 & 9AM Head-to-Toe Conditioning Final Friday – Johns Pass	8AM+10AM Cardio Drumming

Follow us on Facebook & Visit MadeiraBeachFL.gov/Recreation for more information!