

May 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
April 29	April 30	May 1	2	3	4	5
9:00am Beach Yoga	9:00am Beach Yoga,	9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	8:30am Beach Yoga	
6:00pm Yin Yoga-Studio		6:00pm Restorative Yoga-Studio				
6	7	8	9	10	11	12
7:30am NEW Monday Early Beach Yoga	9:00am Studio Yoga	9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	8:30am Beach Yoga	
6:00pm Yin Yoga-Studio		6:00pm Restorative- Studio				
13	14	15	16	17	18	19
7:30am Monday Early Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	8:30am Beach Yoga	9:00am Poolside Yoga After yoga, access to
6:00pm Yin Yoga-Studio		6:00pm Restorative Yoga-Studio				resort pool & jacuzzi -Courtyard by Marriott
20	21	22	23	24	25	26
7:30am Monday Early Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	8:30am Beach Yoga	
6:00pm Yin Yoga-Studio		6:00pm Restorative- Studio	8:00pm Full Moon Beach Yoga	6:00pm Crystal Bowls & Restorative Yoga-Studio		
27 7:30am Memorial Day Early Beach Yoga ~Veterans & Active	9:00am Beach Yoga	9:00am Beach Yoga	30 9:00am Beach Yoga	31 9:00am Beach Yoga	June 1 8:30am Beach Yoga	June 2
Duty service members enjoy yoga free, Email studio to pre-register.		6:00pm Restorative- Studio				

Pre-registration required for all classes. \$19 single class pass, multi-class passes available. Beach classes are held at Archibald Park, 15100 Gulf Blvd. Studio& Patio classes are in the Madeira Beach Recreation Center Campus, 200 Rex Place. Outdoor classes weather permitting. Registered students notified via text with any class location changes. Schedule subject to change without notice. Most current class schedule online. 727-401-7380 www.MadeiraBeachYoga.com