


June Mad Beach Rec Fitness & Events



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p><u>Abbreviations</u> BVH= Boca View Hall CC= City Centre Room OW= Ocean Walk MBSC= Madeira Beach Social Club</p>	<p>Madeira Beach Yoga Madeirabeachyoga.com</p> <p>Seriously Fun Fitness Seriouslyfunfitness.com</p>					<p>9AM Cardio Drumming</p> <p>District Softball Tournament</p>
2	3	4	5	6	7	8
District Softball Tournament	<p>5:30, 7 & 9AM Head-to-Toe Conditioning 9AM Cardio Drumming 6:30PM Cardio Drumming SUMMER CAMP BEGINS!!! </p>	<p>9AM Cardio Drumming</p>	<p>5:30, 7 & 9AM Head-to-Toe Conditioning</p> <p>6PM Cardio Drumming</p>	<p>9AM Cardio Drumming CC</p> <p>6PM Cardio Drumming</p>	<p>5:30, 7 & 9AM Head-to-Toe Conditioning</p>	<p>9AM Cardio Drumming</p>
9	10	11	12	13	14	15
	<p>5:30, 7 & 9AM Head-to-Toe Conditioning 9AM Cardio Drumming</p> <p>6:30PM Cardio Drumming</p>	<p>9AM Cardio Drumming</p>	<p>5:30, 7 & 9AM Head-to-Toe Conditioning</p> <p>6PM Cardio Drumming</p>	<p>9AM Cardio Drumming CC</p> <p>6PM Cardio Drumming</p>	<p>5:30, 7 & 9AM Head-to-Toe Conditioning</p>	<p>9AM Cardio Drumming</p>
16	17	18	19	20	21	22
	<p>5:30, 7 & 9AM Head-to-Toe Conditioning 9AM Cardio Drumming</p> <p>6:30PM Cardio Drumming</p>	<p>9AM Cardio Drumming</p>	<p>5:30, 7 & 9AM Head-to-Toe Conditioning</p> <p>6PM Cardio Drumming</p>	<p>9AM Cardio Drumming CC</p> <p>6PM Cardio Drumming</p>	<p>5:30, 7 & 9AM Head-to-Toe Conditioning</p>	<p>9AM Cardio Drumming</p>
23	24	25	26	27	28	29
30	<p>5:30, 7 & 9AM Head-to-Toe Conditioning 9AM Cardio Drumming</p> <p>6:30PM Cardio Drumming</p>	<p>9AM Cardio Drumming</p>	<p>5:30, 7 & 9AM Head-to-Toe Conditioning</p> <p>6PM Cardio Drumming</p>	<p>9AM Cardio Drumming CC</p> <p>6PM Cardio Drumming</p>	<p>5:30, 7 & 9AM Head-to-Toe Conditioning</p> <p>Sunset Series 5K Final Friday 6-9pm Johns Pass</p>	<p>9AM Cardio Drumming</p> <p>Just 4 Fun Softball Tournament</p>
<p>Just 4 Fun Softball Tournament</p>						

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