June Mad Beach Rec Fitness & Events 🚈





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
Abbreviations	Madeira Beach Yoga	~				9AM Cardio Drumming
BVH= Boca View Hall	Madeirabeachyoga.com	SSEA BEAC				
CC= City Centre Room						
OW= Ocean Walk	Seriously Fun Fitness					
MBSC= Madeira Beach	Seriouslyfunfitness.com	THELAS COURT				
Social Club						District Softball
						Tournament
	3	4	5	6	7	
	5:30, 7 & 9AM Head-to- Toe Conditioning	9AM Cardio Drumming	5:30, 7 & 9AM Head- to-Toe Conditioning	9AM Cardio Drumming CC	5:30, 7 & 9AM Head- to-Toe Conditioning	9AM Cardio Drumming
	9AM Cardio Drumming		to-roe conditioning		to-roe conditioning	
	6:30PM Cardio Drumming					
District Softball	SUMMER CAMP		6PM Cardio Drumming			
Tournament	BEGINS!!!		or in Cardio Drumming	6PM Cardio Drumming		
9	10	11	12	13	14	1
	5:30, 7 & 9AM Head-to-	9AM Cardio Drumming	5:30, 7 & 9AM Head-	9AM Cardio Drumming	5:30, 7 & 9AM Head-	9AM Cardio Drumming
	Toe Conditioning		to-Toe Conditioning	CC	to-Toe Conditioning	
	9AM Cardio Drumming					
				6PM Cardio Drumming		
	6:30PM Cardio		6PM Cardio Drumming			
	Drumming		orm cardio Drumming			
16	17	18	19	20	21	2
	5:30, 7 & 9AM Head-to-	9AM Cardio Drumming	5:30, 7 & 9AM Head-	9AM Cardio Drumming	5:30, 7 & 9AM Head-	9AM Cardio Drumming
	Toe Conditioning 9AM Cardio Drumming		to-Toe Conditioning	CC	to-Toe Conditioning	
	9AM Cardio Drumming					
	6:30PM Cardio		6PM Cardio Drumming			
	Drumming		orm cardio Diumining	6PM Cardio Drumming		
23	24	25	26	27	28	2
	5:30, 7 & 9AM Head-to-	9AM Cardio Drumming	5:30, 7 & 9AM Head-	9AM Cardio Drumming	5:30, 7 & 9AM Head-	9AM Cardio Drumming
	Toe Conditioning	_	to-Toe Conditioning	CC	to-Toe Conditioning	
	9AM Cardio Drumming					
30					Sunset Series 5K	
	6:30PM Cardio				Final Friday 6-9pm	
Just 4 Fun Softball	Drumming		6PM Cardio Drumming	6PM Cardio Drumming	Johns Pass	Just 4 Fun Softball
ournament				5		Tournament

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