



**Note: all Beach Yoga Classes currently held on SOUTH side of Archibald Park**

# August 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
July 29	30	31	Aug 1	2	3	4
7:30am Memorial Day Early Beach Yoga 6:00pm Yin Yoga-Studio	8:30am Patio Yoga	8:30am Beach Yoga	8:30am Patio Yoga	8:30am Beach Yoga	8:30am Beach Yoga	8:30am MBY 8 <sup>th</sup> Anniv Party FREE Patio Yoga, ice cream social, mini-artisan market
5	6	7	8	9	10	11
7:30am Monday Early Beach Yoga 6:00pm Yin Yoga-Studio	8:30am Beach Yoga	8:30am Beach Yoga 6:00pm Restorative-Studio	8:30am Patio Yoga	8:30am Beach Yoga	8:30am Beach Yoga	
12	13	14	15	16	17	18
7:30am Monday Early Beach Yoga 6:00pm Yin Yoga-Studio	8:30am Beach Yoga	8:30am Beach Yoga 6:00pm Restorative Yoga-Studio	8:30am Patio Yoga	8:30am Beach Yoga 6:00pm Crystal Bowls & Restorative Yoga-Studio	8:30am Beach Yoga	
19	20	21	22	23	24	25
7:30am Monday Early Beach Yoga 6:00pm Yin Yoga-Studio	8:30am Beach Yoga	8:30am Beach Yoga 6:00pm Restorative-Studio	6:00pm Evening Patio Yoga	8:30am Beach Yoga 6:00pm DIY Painting & Prosecco Chill Out Series-Studio	8:30am Beach Yoga	
26	27	28	29	30	31	Sep 1
7:30am Beach Yoga 6:00pm Yin Yoga-Studio	8:30am Beach Yoga	8:30am Beach Yoga 6:00pm Restorative-Studio	8:30am Patio Yoga	8:30am Beach Yoga	8:30am Beach Yoga	

Pre-registration required for all classes. \$19 single class pass, multi-class passes available. Beach classes are held at Archibald Park, 15100 Gulf Blvd. Studio & Patio classes are in the Madeira Beach Recreation Center Campus, 200 Rex Place. Outdoor classes weather permitting. Registered students notified via text with any class location changes. Schedule subject to change without notice. Most current class schedule online. **727-401-7380** [www.MadeiraBeachYoga.com](http://www.MadeiraBeachYoga.com)