

May Mad Beach Rec Fitness & Events

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p><u>Abbreviations</u></p> <p>BVH= Boca View Hall CC= City Centre Room OW= Ocean Walk MBSC= Madeira Beach Social Club</p>	<p><u>Madeira Beach Yoga</u> Madeirabeachyoga.com</p> <p><u>Seriously Fun Fitness</u> Seriouslyfunfitness.com</p>					
2	3	4	5	6	7	8
8:30am Beach Yoga	9am Beach Yoga 5:45pm Beach Yoga	8am Pickle Ball Meet-up 9am Beach Yoga 10:30am Zumba Gold 6pm Patio Flow Yoga	8am Pickle Ball Meet up 9am Beach Yoga 10am Morning Market 5:45pm Beach Yoga	8am Pickle Ball Meet-up 9am Patio Flow Yoga 9am LIVE Zoom Yoga 9am Zumba 7pm Sunset Yoga	5:30, 7 & 9am Head-to-Toe Conditioning 8am Pickle Ball Meet-up 9am Beach Yoga 6pm LIVE Zoom Guided Meditation	8:30am Beach Yoga 9am Cardio Drumming-CC
9	10	11	12	13	14	15
8:30am Beach Yoga	5:30, 7 & 9am Head-to-Toe Conditioning 9am Beach Yoga 5:45pm Beach Yoga	8am Pickle Ball Meet-up 9am Beach Yoga 10:30am Zumba Gold 6pm Patio Flow Yoga	5:30, 7 & 9am Head-to-Toe Conditioning 8am Pickle Ball Meet up 9am Beach Yoga 10am Morning Market 5:45pm Beach Yoga	8am Pickle Ball Meet-up 9am Patio Flow Yoga 9am LIVE Zoom Yoga 9am Zumba 7pm Sunset Yoga	5:30, 7 & 9am Head-to-Toe Conditioning 8am Pickle Ball Meet-up 9am Beach Yoga	8:30am Beach Yoga 9am Cardio Drumming-CC Grunt Hunt- Madeira Beach Marina
16	17	18	19	20	21	22
8:30am Beach Yoga	5:30, 7 & 9am Head-to-Toe Conditioning 9am Beach Yoga 5:45pm Beach Yoga	8am Pickle Ball Meet-up 9am Beach Yoga 10:30am Zumba Gold 6pm Patio Flow Yoga	5:30, 7 & 9am Head-to-Toe Conditioning 8am Pickle Ball Meet up 9am Beach Yoga 10am Morning Market 5:45pm Beach Yoga	8am Pickle Ball Meet-up 9am Patio Flow Yoga 9am LIVE Zoom Yoga 9am Zumba 7pm Sunset Yoga	5:30, 7 & 9am Head-to-Toe Conditioning 8am Pickle Ball Meet-up 830am Beach Yoga	8:30am Beach Yoga 9am Cardio Drumming-CC Car Show & Music Fest- Madeira Way/ ROC Park
23	24	25	26	27	28	29
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8:30am Beach Yoga	5:30, 7 & 9am Head-to-Toe Conditioning 9am Beach Yoga 5:45pm Beach Yoga					

INFO: Ongoing May Events

- Tuesdays-Fridays 8-10am: Pickle Ball Meet-Up
- Thursdays 12pm: Golf Hockey

Follow us on Facebook & Visit
MadeiraBeachFL.gov/Recreation
 for more information!

