

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sep 26	27	28	29	30	Oct 1	2
8:30am In-Person Beach Yoga 6:00pm Yin Yoga-Studio	Cancelled Hurricane	Cancelled Hurricane	Cancelled Hurricane	Back on the Beach! 8:30am In-Person Beach Yoga	8:30am In-Person Beach Yoga	8:30am FREE Beach Yoga, Relax & Recover together.
3	4	5	6	7	8	9
8:30am In-Person Beach Yoga	8:30am In-Person Beach Yoga 6:00pm Full Body Flow-Studio	7:15am Beach Yoga 8:30am In-Person Beach Yoga 6:00pm Evening Flow in Studio with props	8:30am In-Person Beach Yoga	7:15am In-Person Rise & Shine Beach Yoga 8:30am Beach Yoga	8:30am In-Person Beach Yoga	
10	11	12	13	14	15	16
8:30am In-Person Beach Yoga 6:00pm Yin Yoga-Studio	8:30am In-Person Beach Yoga 6:00pm Restorative-Studio	7:15am Beach Yoga 8:30am In-Person Beach Yoga 6:00pm Evening Flow in Studio with props	8:30am In-Person Beach Yoga	7:15am In-Person Rise & Shine Beach Yoga 8:30am Beach Yoga	8:30am In-Person Beach Yoga	
17	18	19	20	21	22	23
9:00am In-Person Beach Yoga 6:00pm Yin Yoga-Studio	9:00am In Person Beach Yoga 6:00pm Restorative-Studio	7:30am Rise & Shine Beach Yoga 9:00am In-Person Beach Yoga	9:00am In-Person Beach Yoga	7:30am In-Person Rise & Shine Beach Yoga 9:00am In-Person Beach Yoga	9:00am In-Person Beach Yoga	9:00am Poolside Yoga & Swim Party-Courtyard by Marriott
24/31	25	26	27	28	29	30
9:00am In-Person Beach Yoga 31st- Halloween Beach Yoga 6:00pm Yin Yoga-Studio	9:00am In-Person Beach Yoga 6:00pm Restorative-Studio	7:30am Rise & Shine Beach Yoga 9:00am In-Person Beach Yoga	9:00am In-Person Beach Yoga	7:30am Rise & Shine Beach Yoga 9:00am In-Person Beach Yoga	9:00am In-Person Beach Yoga	

Pre-registration & payment required prior to all classes, class sizes limited. \$15 single class pass. Multi-class passes available. Beach classes held at Archibald Park, 15100 Gulf Blvd., park on the north side of the Snack Shack. Patio and Studio space is in the Madeira Beach Recreation Center Campus, 200 Rex Place.

Call **727-401-7380** or Online www.MadeiraBeachYoga.com Outdoor classes weather permitting, registered students notified via text with any class location changes.