



February 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Jan 30	Jan 31	Feb 1	2	3	4	5
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Beach Yoga	9:00am Beach Yoga 6:00pm Candlelight Restorative-Studio	9:00am Beach Yoga 5:00pm Sunset Beach Yoga	9:00am Beach Yoga 6:00pm Crystal Bowls & Restorative Yoga-Studio	9:00am Beach Yoga	
6	7	8	9	10	11	12
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Beach Yoga	9:00am Beach Yoga 6:00pm Candlelight Restorative-Studio	9:00am Beach Yoga 5:00pm Sunset Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beginner Partner Yoga & Mimosas- Patio
13	14	15	16	17	18	19
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Valentine's Beach Yoga Treats for registered attendees, while supplies last.	9:00am Beach Yoga 6:00pm Candlelight Restorative-Studio	9:00am Beach Yoga 5:00pm Sunset Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	
20	21	22	23	24	25	26
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Beach Yoga	9:00am Beach Yoga 6:00pm Candlelight Restorative-Studio	9:00am Beach Yoga 5:00pm Sunset Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	
27	28	Mar 1	Mar 2	Mar 3	Mar 4	Mar 5
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Beach Yoga	9:00am Beach Yoga 6:00pm Candlelight Restorative-Studio	9:00am Beach Yoga 5:00pm Sunset Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	

Pre-registration & payment required prior to all classes, class sizes limited. \$17 single class pass. Multi-class passes available. Beach classes held at Archibald Park, 15100 Gulf Blvd., park on the north side of the Snack Shack. Patio and Studio space is in the Madeira Beach Recreation Center Campus, 200 Rex Place. Call **727-401-7380** or Online www.MadeiraBeachYoga.com Outdoor classes weather permitting, registered students notified via text with any class location changes.