

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
July 31	Aug 1	2	3	4	5	6
8:00am Beach Yoga 6:00pm Yin Yoga-Studio	8:00am Beach Yoga	8:00am Beach Yoga 6:00pm Restorative-Studio	8:00am Beach Yoga	6:45am Rise & Shine Beach Yoga 8:00am Beach Yoga	8:00am Beach Yoga	
7	8	9	10	11	12	13
7:30am Beach Yoga 6:00pm Yin Yoga-Studio	7:30am Beach Yoga	7:30am Beach Yoga 6:00pm Restorative-Studio	7:30am Beach Yoga	6:45am Rise & Shine Beach Yoga	7:30am Beach Yoga	8:30am Donuts & Down Dogs-Patio 7 th Anniv Free yoga, donuts, coffee bar, gifts, plus shop a mini-market
14	15	16	17	18	19	20
7:30am Beach Yoga 6:00pm Yin Yoga-Studio	7:30am Beach Yoga	7:30am Beach Yoga 6:00pm Restorative-Studio	7:30am Beach Yoga	6:45am Rise & Shine Beach Yoga 6:00pm Crystal Bowls & Restorative Yoga-Studio	7:30am Beach Yoga	8:30am Poolside Yoga & Swim Party, Courtyard by Marriott
21	22	23	24	25	26	27
8:00am Beach Yoga 6:00pm Yin Yoga-Studio	8:00am Beach Yoga	8:00am Beach Yoga 6:00pm Restorative-Studio	8:00am Beach Yoga	6:45am Rise & Shine Beach Yoga 8:00am Beach Yoga	7:30am Beach Yoga	
28	29	30	31	Sep 1	Sep 2	Sep 3
8:00am Beach Yoga 6:00pm Yin Yoga-Studio	8:00am Beach Yoga	8:00am Beach Yoga 6:00pm Restorative-Studio	8:00am Beach Yoga	6:45am Rise & Shine Beach Yoga 8:00am Beach Yoga	7:30am Beach Yoga	

Pre-registration required for all classes. \$17 single class pass, multi-class passes available. Beach classes held at Archibald Park, 15100 Gulf Blvd., park on the north side of the Snack Shack. Patio and Studio space is in the Madeira Beach Recreation Center Campus, 200 Rex Place. **727-401-7380** www.MadeiraBeachYoga.com
Outdoor classes weather permitting, registered students notified via text with any class location changes. Schedule subject to change without notice.