



September 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aug 28	29	30	31	Sep 1	2	3
8:00am Beach Yoga 6:00pm Class Cancelled Storm prep	Classes Cancelled Hurricane Idalia Stay Safe	Classes Cancelled Hurricane Idalia Stay Safe	Classes Cancelled Hurricane Idalia Stay Safe	8:00am Slow Flow on the Patio Welcome back friends!	8:00am Beach Yoga	
4	5	6	7	8	9	10
8:00am Labor Day Morning Beach Yoga	8:30am Beach Yoga	8:30am Beach Yoga 6:00pm Restorative- Studio	8:30am Beach Yoga	7:00am Rise & Shine Beach Yoga 8:30am Beach Yoga	8:30am Beach Yoga	
11	12	13	14	15	16	17
8:30am Beach Yoga 6:00pm Yin Yoga-Studio	8:30am Beach Yoga	8:30am Beach Yoga 6:00pm Restorative- Studio	8:30am Beach Yoga	7:00am Rise & Shine Beach Yoga 8:30am Beach Yoga	8:30am Beach Yoga	
18	19	20	21	22	23	24
8:30am Beach Yoga 6:00pm Yin Yoga-Studio	8:30am Beach Yoga	8:30am Beach Yoga 6:00pm Restorative- Studio	8:30am Beach Yoga	7:00am Rise & Shine Beach Yoga 8:30am Beach Yoga 6:00pm Crystal Bowls & Restorative Yoga-Studio	8:30am Beach Yoga	8:30am Poolside Yoga & Swim Party, Courtyard by Marriott
25	26	27	28	29	30	Oct 1
8:30am Beach Yoga 6:00pm Yin Yoga-Studio	8:30am Beach Yoga	8:30am Beach Yoga 6:00pm Restorative- Studio	8:30am Beach Yoga	7:00am Rise & Shine Beach Yoga 8:30am Beach Yoga	8:30am Beach Yoga	

Pre-registration required for all classes. \$17 single class pass, multi-class passes available. Beach classes held at Archibald Park, 15100 Gulf Blvd., park on the north side of the Snack Shack. Patio and Studio space is in the Madeira Beach Recreation Center Campus, 200 Rex Place. **727-401-7380** www.MadeiraBeachYoga.com
Outdoor classes weather permitting, registered students notified via text with any class location changes. Schedule subject to change without notice.