

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Oct 30	Oct 31	Nov 1	2	3	4	5
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Halloween Beach Yoga, registered attendees receive a treat.	9:00am Beach Yoga	8:30am Beach Yoga	7:00am Rise & Shine Beach Yoga 8:30am Beach Yoga	8:30am Beach Yoga	
6	7	8	9	10	11	12
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Beach Yoga	9:00am Beach Yoga 6:00pm Restorative-Studio	9:00am Beach Yoga 5:00pm Pop-Up Sunset Beach Yoga	7:30am Rise & Shine Beach Yoga	8:30am Veterans Day Beach Yoga Veterans & Active Duty Service Members enjoy yoga for free.	
13	14	15	16	17	18	19
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Beach Yoga	9:00am Beach Yoga 6:00pm Restorative-Studio	9:00am Beach Yoga	7:30am Rise & Shine Beach Yoga	8:30am Beach Yoga	9:00am Poolside Yoga & Swim Party, Courtyard by Marriott
20	21	22	23	24	25	26
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Beach Yoga	9:00am Beach Yoga 6:00pm Restorative-Studio	9:00am Thanksgiving Gratitude Flow Beach Yoga	7:30am Rise & Shine Beach Yoga 6:00pm Crystal Bowls & Restorative Yoga-Studio	8:30am Beach Yoga & Mimosas Fundraiser for Arthritis Foundation. \$25 donation	
27	28	29	30	Dec 1	Dec 2	Dec 3
9:00am Beach Yoga 6:00pm Yin Yoga-Studio		9:00am Beach Yoga 6:00pm Restorative-Studio	9:00am Beach Yoga 5:00pm Sunset Beach Yoga	7:30am Rise & Shine Beach Yoga	8:30am Beach Yoga	

Pre-registration required for all classes. \$19 single class pass, multi-class passes available. Beach classes held at Archibald Park, 15100 Gulf Blvd., park on the north side of the Snack Shack. Patio and Studio space is in the Madeira Beach Recreation Center Campus, 200 Rex Place. **727-401-7380** [www.MadeiraBeachYoga.com](http://www.MadeiraBeachYoga.com)  
Outdoor classes weather permitting, registered students notified via text with any class location changes. Schedule subject to change without notice.