

## January 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Jan 1	2	3	4	5	6	7
9:00am New Year Beach Yoga	9:00am Beach Yoga,	9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	8:30am Beach Yoga	
		6:00pm Restorative- Studio				
8	9	10	11	12	13	14
9:00am Studio Yoga	9:00am Studio Yoga	9:00am Beach Yoga	8:00am Studio Yoga	9:00am Studio Yoga	8:30am Beach Yoga	
6:00pm Yin Yoga-Studio		6:00pm Restorative- Studio				
15	16	17	18	19	20	21
9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	8:30am Beach Yoga	
6:00pm Yin Yoga-Studio		6:00pm Restorative- Studio				
22	23	24	25	26	27	28
9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	8:00am Beach Yoga	9:00am Beach Yoga	8:30am Beach Yoga	
6:00pm Yin Yoga-Studio		6:00pm Restorative- Studio				
9:00am Beach Yoga	9:00am Beach Yoga	9:00am Beach Yoga	Feb 1 9:00am Beach Yoga	Feb 2 9:00am Beach Yoga	Feb 3 8:30am Beach Yoga	Feb 4
6:00pm Yin Yoga-Studio		6:00pm Restorative- Studio				

Pre-registration required for all classes. \$19 single class pass, multi-class passes available. Beach classes are held at Archibald Park, 15100 Gulf Blvd. Studio& Patio classes are in the Madeira Beach Recreation Center Campus, 200 Rex Place. Outdoor classes weather permitting. Registered students notified via text with any class location changes. Schedule subject to change without notice. Most current class schedule online. 727-401-7380 <a href="https://www.MadeiraBeachYoga.com">www.MadeiraBeachYoga.com</a>