

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Jan 29	Jan 30	Jan 31	Feb 1	2	3	4
9:00am Studio Flow	9:00am Beach Yoga,	9:00am Beach Yoga 6:00pm Restorative-Studio	9:00am Beach Yoga	9:00am Beach Yoga	8:30am Beach Yoga	
5	6	7	8	9	10	11
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Studio Yoga	9:00am Beach Yoga 6:00pm Restorative-Studio	5:00pm Sunset Beach Yoga	9:00am Beach Yoga	8:30am Beach Yoga	
12	13	14	15	16	17	18
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Beach Yoga	9:00am Valentine Beach Yoga (treats for registered attendees) 6:00pm Restorative-Studio	9:00am Beach Yoga	9:00am Beach Yoga	8:30am Beach Yoga	
19	20	21	22	23	24	25
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Beach Yoga	9:00am Beach Yoga 6:00pm Restorative-Studio	8:00am Beach Yoga	9:00am Beach Yoga	8:30am Beach Yoga	
26	27	28	29	Mar 1	Mar 2	Mar 3
9:00am Beach Yoga 6:00pm Yin Yoga-Studio	9:00am Beach Yoga	9:00am Beach Yoga 6:00pm Girls Night Out! Restorative-Studio Essential oil gift, Extended savasana with foot masks, goody bag	9:00am Beach Yoga	9:00am Beach Yoga	8:30am Beach Yoga	

Pre-registration required for all classes. \$19 single class pass, multi-class passes available. Beach classes are held at Archibald Park, 15100 Gulf Blvd. Studio & Patio classes are in the Madeira Beach Recreation Center Campus, 200 Rex Place. Outdoor classes weather permitting. Registered students notified via text with any class location changes. Schedule subject to change without notice. Most current class schedule online. **727-401-7380** www.MadeiraBeachYoga.com