



Spring 2021 Athletics Pod System COVID-19 Policy

COVID-19 Temp Checks

Mandatory

- Prior to leaving their place of residence, parents/players must self-check to identify symptoms and must stay home if they are not feeling well or showing symptoms.
- Each player will only be allowed to have two (2) adult spectators with them inside the MACC Baseball/ Softball Complex.
- We ask that you do not bring additional children that are not participants unless it is necessary.
- All players and coaches will have their temperatures checked and recorded prior to each practice and scrimmage upon entering the facility. Spectators will also have their temperature checked upon entering the facility.
- In the event that a player, coach or spectator becomes sick with a confirmed COVID-19 case, they must quarantine and be absent from the program for fourteen (14) days.
- If a player, coach, or spectator is determined to have been exposed to COVID-19 through a close contact, they must quarantine and be absent from the program for fourteen (14) days.
- We understand that this could mean a pod may take a short break if a positive test is confirmed.

Recommended

- Work with local health department to identify potentially infected or exposed individuals to help facilitate effective contact tracing notifications.
- Recreation Department should maintain a complete list of coaches, players, and leaders present at each practice or scrimmage to include the date, beginning and ending time of the event, plus name, address, and phone contact to be made available upon request from local health department.

COVID-19 Confirmed Case

Equipment

Mandatory

- **Uniforms** - In most cases, the Mebane Recreation and Parks Department will NOT provide uniforms to the participants.
- **Personal Equipment Use** - Players are encouraged to use their own equipment if possible. The Mebane Recreation and Parks Department will loan equipment to individuals who need it for the duration of the pod program when possible.
- **Sharing of Personal Items** – No personal items (water bottles, towels, athletic wear, etc.) will be shared at any point even between players within their pod. At all times, equipment and personal items should have proper separation and should not be shared; proper sanitation should be administered between uses.

Recommended

- **Uniforms** – Parents/Coaches may purchase uniforms for the players, but all players in the pod must receive the same uniform so players can be interchangeable within the pod.
- **Personal Equipment Used by Sport** - We recommend purchasing the following items for the sport your child is participating in:
 - Baseball:** Glove (required), helmet with face shield, bat, batter's gloves, non-metal cleats
 - Football:** Football gloves
 - Lacrosse:** Lacrosse stick
 - Softball:** Glove (required), helmet with face shield, bat, batter's gloves, non-metal cleats
 - T-Ball:** T-ball glove (required), helmet, bat

COVID-19 Regulations

Mandatory

- **Team Water Coolers** – NOT ALLOWED; players should bring a personal water bottle with their name on it to each session.
- **Hand Sanitizer** - Available upon entry to the MACC Baseball/Softball Complex; when practicing, players should sanitize between activities.
- **Limited Touch Rule** – Players should refrain from high fives, handshake lines, and other physical contact with pod mates, coaches, and spectators. A “thumbs up” can be used following the scrimmage in lieu of the handshake.

Cloth Face Coverings

- **Players** – Must wear a face covering at all times unless a medical exemption applies.
- **Spectators** - must wear a face covering at all times unless a medical exemption applies.
- **Coaches** - must wear a face covering at all times unless a medical exemption applies.
- **Face Shields** - Plastic face shields will be available for individuals with medical exemptions for cloth face coverings
- **Mask Usage & COVID-19 Regulations** Coaches must ensure that players are following all COVID-19 related prevention measures.

Recommended

- **Travel** - Athletes are strongly recommended to travel to the venue alone or with a member of their immediate household.
 - **Masks** - should be worn in vehicles during travel.
- **Water Bottles** – Players are recommended to bring their own water bottle to practices and scrimmages; no sharing of drinks. Concessions will not be available.
- **Water Fountain Usage** - Players are recommended not to use the water fountains at the MACC Baseball/ Softball Complex.

Before & After Practices & Scrimmages

Mandatory

- **Team Meetings** - may not take place at the facility or in the facility parking lot. No huddling will be allowed.
 - DO NOT CONDUCT VIRTUAL MEETINGS WHILE DRIVING
- Individuals may not congregate in common areas or parking lot before or following the event or practice.
- Individuals should not exchange items.
- Team meals should only occur in compliance with the guidelines issued for restaurants in the state of North Carolina.
- Time will be allotted in between scrimmages for the facility to clear out before the next pod.

Recommended

- **Team Meetings** - should occur virtually or over the phone.
 - It is recommended that these take place while players and spectators are in their vehicle or at home.

Pod System Structure

- All participants must register through the CIVIC Rec software; payment will be required at the time of registration.
- The Mebane Recreation and Parks Department will assign all players to their specific pods.
- Participants may request to be with a certain player or coach, but the Mebane Recreation and Parks Department cannot guarantee that all requests will be granted.
- Coaches may apply using the new online background check system.
- Each Pod will have two scheduled pod sessions each week; pod sessions that are canceled will not be made up.
- Coaches will split the players into equally talented teams for scrimmages.
 - Players can switch teams within their pod at any time during the season, but cannot switch PODS.