



## Fall 2021 Athletic Programs COVID-19 Policy

Updated 8/17/2021

### COVID-19 Self-screening

#### Mandatory

- Prior to leaving their place of residence, athletes and family members must self-check to identify symptoms and must stay home if they are not feeling well or showing symptoms.

### COVID-19 Confirmed Case

- In the event that a player, coach or spectator becomes sick with a confirmed COVID-19 case, they must quarantine and be absent from the program for fourteen (14) days.
- If a player, coach, or spectator is determined to have been exposed to COVID-19 through a close contact, they must quarantine and be absent from the program for fourteen (14) days.
- This may mean that games will be canceled in the event of an outbreak within a team.

#### Recommended

- Work with local health department to identify potentially infected or exposed individuals to help facilitate effective contact tracing notifications.
- Recreation Department or coaches should maintain a complete list of coaches, players, and leaders present at each practice or game to include the date, beginning and ending time of the event, plus name, address, and phone contact to be made available upon request from local health department.

## Equipment

### Mandatory

- **Personal Equipment Use** - Players are encouraged to use their own equipment if possible. The Mebane Recreation and Parks Department will loan equipment to individuals who need it for the duration of the program when possible.
- **Sharing of Personal Items** – No personal items (water bottles, towels, athletic wear, etc.) will be shared at any point even between players within their program.
- At all times, equipment and personal items should have proper separation and should not be shared; proper sanitation should be administered between uses.

### Recommended

- **Personal Equipment Used by Sport** - We recommend purchasing the following items for the sport your child is participating in:  
  
**Football:** Football gloves  
**Golf:** Golf clubs  
**Lacrosse:** Lacrosse stick
- Disinfect any shared equipment between users with EPA approved disinfectant for SARS-CoV-2 with adequate contact time allowed for disinfectant as stated by the manufacturer.

## COVID-19 Regulations

### Mandatory

- **Team Water Coolers** – are only be used to refill personal water bottles; players should bring a personal water bottle with their name on it to each session.
- **Hand Sanitizer** - Available upon entry to the MACC Baseball/Softball Complex; when practicing, players should sanitize between activities.
- **Limited Touch Rule** – Players should refrain from high fives, handshake lines, and other physical contact with teammates, coaches, and spectators. A “thumbs up” can be used following the scrimmage in lieu of the handshake.
- All coaches, athletes, spectators and other participants must wear a face covering **indoors** unless a medical exception applies.
- **Mask Usage & COVID-19 Regulations**  
Coaches must ensure that players are following all COVID-19 related prevention measures.

## Cloth Face Coverings

### Recommended

- **Travel** - Athletes are strongly recommended to travel to the venue with members of their immediate household only.
- **Water Bottles** – Players are recommended to bring their own water bottle to practices and scrimmages; no sharing of drinks. Concessions will not be available.
- **Water Fountain Usage** - Players are recommended not to use the water fountains at the MACC Baseball/ Softball Complex.
- Coaches, athletes, spectators, and other participants should wear a face covering any time they are around non-household members are are unable to maintain 6 ft. of distance from others.
- When required, face coverings should be properly worn - covering both the nose and mouth.

## Before & After Group Activities

### Mandatory

- **Team Meetings** - Coaches officials, and others should modify communication to avoid close face to face communication.
- Team meals should only occur in compliance with the guidelines issued for restaurants in the state of North Carolina.

### Recommended

- **Team Meetings** - should occur virtually or over the phone.
  - It is recommended that these take place while players and spectators are at home.
- Individuals should not congregate in common areas or parking lot before or following the event or practice.

### Administrative Notes

- City of Mebane policies are subject to change, in keeping with any Governor's Executive Orders.
- Other municipalities and civic clubs have autonomy for their respective home events to enforce more restrictive policies/requirements.
- Competing teams are responsible for communicating with visiting teams regarding any face-covering policies and/or spectator requirements well in advance of scheduled contests.
- Exceptions for face coverings should be communicated between competing administrators prior to the contest.
- The City of Mebane follows NCDHHS guidance for youth sport programs.