



SENIOR NEWSLETTER | NOVEMBER 2024

Montclair Senior Center

5111 Benito St. Montclair, CA 91763

Mon-Thu, 8:00AM-6:00PM; Fri, 9:00AM-5:00PM

(909) 625-9483

Daylight savings time ends on Sunday, November 3. Remember to set your clock backward one hour.

The Montclair Senior Center will be closed on the following dates:

Monday, November 11 in observance of Veterans Day

Thursday, November 28 and Friday, November 29 for Thanksgiving.



Veterans Day Dance



Wednesday, November 13, 2:00 PM - 5:00 PM

Montclair Senior Center

RSVP is required by Wednesday, November 6

Check out page 5 for more information.

Hot Cocoa & Cookies Christmas Sing Along

Check out page 5 for more information

RSVP Required by November 26 or until
capacity is reached.



WELCOME TO THE SENIOR CENTER!

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SENIOR BIRTHDAY PARTY!

THEME: *Friendsgiving*



**Wednesday, November 27
at 10:30 AM - 12:30 PM**

Join us at the Montclair Community Center in honoring
our November Birthdays!

Come dressed in your favorite flannel!

RSVP is recommended, Please sign up in person or call
(909) 625-9483.

*If you are not able to attend, please let us know 48 hours in
advance so we can give your seat to someone else.*

Food is ordered based on the number of RSVPs.

*Not showing up for more than 2 birthday parties that you
RSVP for will result in suspension of privileges to attend
future birthday parties.*

HICAP Counseling Presentation

Tuesday, November 5 at 12:45 PM

A HICAP Outreach Coordinator will be presenting on open
enrollment time frames, Medicare coverage and Medicare
advantage coverage, low income assistance programs, and
health or drug plan changes. HICAP provides free, unbiased
Medicare counseling to Medicare beneficiaries and their
families and can help you apply for these programs.

All are welcome.

Visit <https://www.cityofmontclair.org/senior-center/> for more updates and information on our programs.

SENIOR NUTRITION PROGRAM

Monday - Friday from 10:30 AM - 12:30 PM

Doors open at 8:00 AM for socializing.

Suggested contribution is \$3.00. Guests (under 60 years of age) are welcome at \$6.00 per person.

Please see **page 3** for this month's menu.

Join us for these upcoming activities during senior lunch:

November 27: Senior Birthdays! Theme: "Friendsgiving"

RSVP required, walk-ins are not guaranteed

admission. Please RSVP in person or call (909) 625-9483.

Services have been provided by San Bernardino County Department of Aging and Adult Services – Public Guardian (DAAS-PG). The materials or product were a result of a project funded by a contract with the California Department of Aging.

MONTCLAIR MEALS ON WHEELS

Montclair Meals on Wheels is a non-profit volunteer organization that delivers meals Monday-Friday to Montclair residents who are unable to shop and/or cook for themselves. If you need meal service or are interested in driving for Meals on Wheels, please contact Sue Yoakum at alsuey@verizon.net or (909) 986-5522.

CITY OF MONTCLAIR FOOD DISTRIBUTION

Thursday, November 21 from 9:30 AM - 10:30 AM

Montclair Community Center

To qualify you must bring a valid ID and live in San Bernardino County. All participants are responsible for picking-up their food in the Community Center and taking it to their car. (Participants may bring a cart or wagon to help carry the commodities to their vehicle). Food will be distributed on a first come, first served basis or while supplies last. Please park in the Montclair Civic Center parking lots. The program is coordinated with the CommunityAction Partnership of San Bernardino County. Commodities to be given may include canned meat, canned vegetables, flour, corn meal, pudding, sauces, pasta, juices, and frozen items. The commodities change from month to month. Call (909) 625-9483 for information on qualifying income guidelines, confirmation of dates and food items. Please refer to The Emergency Food Assistance Program (TEFAP) 2023 Income Guidelines found on the City of Montclair website to determine if you qualify.

SENIOR MOBILE PANTRY PROGRAM

by Feeding America

Wednesday, November 27 from 9 AM-11 AM

Recreation Center Patio All ages welcome (one per household). First come, first served.

MONTCLAIR WALKERS

Monday, Wednesday, Friday

from 10 AM - 11 AM

Note: Program Cancelled on 11/11 & 11/29

Upper level near The Canyon (5060 E Montclair Plaza Ln). If you're looking to add regular walking to your routine then join the Montclair Walkers!

Montclair Walkers is a FREE exercise program focused on Seniors and open to all ages sponsored by City of Montclair – Human Services Department and Montclair Place. It's a

great way to take steps towards staying healthy and make new friends. Earn those steps and become a part of the **100 Mile Club!** Registered

Walkers who log 100 miles (or more) receive a free 100 Mile Club shirt! Applications are

available on site with the program attendant or at the Montclair Senior Center. Walkers meeting **11/25 at 11:00 AM.** Location:

The Canyon of Montclair.



MONTCLAIR WEIGHT ROOM & RACQUETBALL COURTS

Monday - Friday from 7:30 AM - 6:30 PM

Montclair Seniors (60+) can use the weight room for FREE (must provide proof of address with a valid California ID and utility bill). The fee for Non-Resident Seniors (60+) is \$3.00/day or \$20.00/month. Racquetball courts are \$5.00/ per person per hour and can be reserved up to 24 hours in advance. For more information, call (909) 625-9479.

EXERCISES CLASSES AT THE SENIOR CENTER (EAST ROOM)

Montclair Senior Center is hosting two types of FREE exercise classes. **Space is limited.** We kindly request participants register for only **one type** of exercise class. Please see below for more class information.

Registration required.

1) Senior Exercise Class

Tuesdays & Thursdays from 10 AM - 11 AM

This class is for seniors who are physically active.

Registration required. Class ends **11/26**

Sponsored by West End Family Counseling.

2) Tai Chi

Every Tuesday from 9:00 AM - 10:00 AM

Tai Chi is a type of physical activity that helps with arthritis and fall prevention. Tai Chi is associated with many benefits, such as: posture improvement, increased flexibility and helps reduce stress. This program will be led by a certified instructor from the County of San Bernardino ending **11/12.**



November 2024

Montclair Senior Center Lunch Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| FOR MORE INFORMATION: 5111 BENITO ST. MONTCLAIR, CA. (909) 625-9483 MONDAY-FRIDAY: 11:30 AM - 12:30 PM | SUGGESTED CONTRIBUTION FOR ADULTS AGES 60+ \$3.00 GUESTS AGES 59 AND UNDER: \$6.00 MENU IS SUBJECT TO CHANGE . "WW" -Whole Wheat Milk is provided daily | HAPPY THANKS GIVING |  | 1 High Sodium Meal HAM & SPINACH QUICHE Green Beans Coleslaw Orange Slices Bread Pudding WW Bread |
| 4 SHEPHERDS PIE Loose Leaf Salad Banana Vanilla Pudding WW Bread | 5 High Sodium Meal BEEF SOFT TACO w/ Taco Toppings Spanish Rice Pinto Beans Pineapple WW Tortilla | 6 OVEN BAKED CHICKEN Baked Potatoes Green Beans Romaine Salad Peaches WW Bread | 7 BBQ PULLED PORK SANDWICH w/WW Hamburger Bun Potato Salad Vegetable Salad Orange Slices | 8 BAKED FISH Scalloped Potatoes Steamed Broccoli Loose Leaf Salad Apple WW Bread Orange Juice |
| 11 Closed Veterans Day  | 12 High Sodium Meal CHICKEN ENCHILADA CASSEROLE Refried Beans Mexican Rice Orange Slices | 13 LASAGNA w/WW PASTA Buttered Zucchini Romaine Salad Mixed Fruit Cup Garlic Bread | 14 BAKED PORK CHOP Macaroni and Cheese Peas and Carrots Green Salad Seasonal Melon WW Bread | 15 BBQ CHICKEN Baked Potato Mixed Vegetables Coleslaw Fresh Pineapple WW Bread |
| 18 WW SPAGHETTI & MEAT SAUCE Peas and Carrots Loose Leaf Salad Orange Slices French Bread | 19 PORK CHOP MEXICANA Brown Rice Cooked Zucchini Romaine Salad Peaches WW Tortilla | 20 MEAT LOAF Mashed Potatoes Green Beans Loose Leaf Salad Banana WW Bread | 21 COLD TURKEY SANDWICH Pasta Salad Carrot Raisin Salad Fresh Orange Cup | 22 BAKED FISH Potato Wedges Corn Coleslaw Bread Pudding WW Bread Orange Juice |
| 25 HERB BAKED CHICKEN Navy Bean Soup Steamed Rice Green Beans Loose Leaf Salad Fresh Orange Cup WW Bread | 26 ROAST PORK w/WW Bread Stuffing Mashed Potatoes Cooked Carrots Apple Orange Juice | 27 Senior Birthday! (RSVP Required) ROAST TURKEY Mashed Potatoes Buttered Corn Carrot Raisin Salad Oatmeal Cookie WW Bread Apple Juice | 28 HAVE A BLESSED Thanks Giving | 29 We will be closed for the holiday on November 28 and 29 |

FUNDING FOR THIS SERVICE HAS BEEN PROVIDED BY THE SAN BERNARDINO COUNTY DEPARTMENT OF AGING AND ADULT SERVICES- PUBLIC GUARDIAN THROUGH A GRANT AWARD FROM THE DEPARTMENT OF AGING.

We strive to provide high quality food and consistently follow our monthly menu. We do our best to serve the items on our menu as advertised; however, we appreciate your understanding that the menu is subject to change daily. In addition, although we do our best to forecast how many meals will be needed daily, the demand for meals greatly varies and we may run out of the advertised menu; however, we will always have an option for lunch to provide any senior that participates in the daily nutrition program. Thank you for your understanding. Please call (909) 625-9483 with any questions or concerns.

SPECIAL PRESENTATIONS

HYPERTENSION

Presented by IEHP

Friday, November 1, 8, 22 at 1:00 PM (English)

Are you or someone you know concerned about high blood pressure? We invite you to our upcoming workshop dedicated to understanding hypertension and its impact on your health.

Inland Empire Health Plan (IEHP).

WEST END FAMILY COUNSELING HEALTH AND WELLNESS

Monday, November 4 at 1:00 PM

- Presentation: *Coping with the Holiday Blues*

Monday, November 18 at 1:00 PM

- Activity: *Decoupage Wood Slice Ornaments*

THE REGIONAL COUNCIL ON AGING

(meets on the first Tuesday of the month)

Tuesday, November 5 at 9:00 AM - 10:30 AM

Montclair Senior Center

Come and learn about programs and services available to you. The Council also wants to hear about your needs and concerns.

All Seniors are welcome!

SPEAKERS BUREAU & ROUNDTABLE DISCUSSIONS

(meets on the second Tuesday of the month)

Tuesday, November 12 at 1:00 PM - 2:00 PM

Come and join our discussion, lets talk. We will talk about your issues and concerns every second Tuesday. Questions: Call Gwen at (909) 981- 6504 or gwen@cosmach.net

CULTIVATING WELLNESS

Wednesday, November 13 at 9:30 AM

Learn about the benefits of gardening through hands-on activities.

Presented by Healthy Montclair. For more information call (909) 625-9485.

LEGAL SERVICES

Thursday, November 14 from 10:00 AM - 12:00 PM

Appointments with Isabel from Inland Counties Legal Services will be available on by appointment only. Appointments are limited, no walk-ins available. Seniors can make an appointment by calling Isabel at (888) 245-4257.

DEPARTMENT OF AGING AND ADULT SERVICES - PUBLIC GUARDIAN (DAAS-PG)

(meets on the third Wednesday of the month)

Wednesday, November 20 from 10:00 AM - 12:00 PM

A DAAS-PG representative will be at the Montclair Senior Center to provide information and assistance on programs that are available to senior citizens. Bus passes may also be available for distribution for the current month; however bus distribution is not guaranteed and is dependent on supply. For more information, call the DAAS-PG office at (909) 948-6235.

HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP) COUNSELING SERVICES

Friday, November 22 from 9:30 AM - 12:30 PM

A HICAP Counselor will be available by appointment. Please call (909) 256-8369 to schedule an appointment.

SPOTLIGHT ACTIVITIES AT THE MONTCLAIR SENIOR CENTER

ARTS & CRAFTS WORKSHOP

Friday, November 1 at 9:30 AM

At this interactive workshop, participants will complete a project as taught by Recreation Staff! All skill levels are welcome! Space is limited, please sign up in person or call (909) 625-9483.



KARAOKE



Friday, November 8 from 2:00 PM - 4:00 PM

Sing your heart out and join us for some FREE Karaoke. RSVP is recommended, please sign up in person or by calling the Senior Center front desk at (909) 625-9483.

Scrapbooking Club

Tuesday, November 12 from 9:00 AM - 12:00 PM

Please join us for a scrapbooking club led by a volunteer! No craft skills needed, beginners are welcome. Supplies will be provided.

Please bring pictures for your page.



JOIN US AFTERNOON AT THE MOVIES



Friday, November 15 at 1:00 PM

We're popping the popcorn for an Afternoon at the Movies at the Montclair Senior Center! Come and enjoy a free screening of

Planes, Trains and Automobiles

For more information and to RSVP, call (909) 625-9483.

PAINT AND FUN WITH MEMO'S CANVAS

Tuesday, November 19 at 2:00 PM

Join us for a free class of Paint and Fun with Memo's Canvas. Supplies and light refreshments will be provided, Limited capacity, **RSVP required**. Please RSVP in person or by calling the Senior Center front desk at (909) 625-9483.

See's CANDIES®

Deadline to Order See's Candies:

Wednesday, November 20

It's that time of the year again! Order your See's Candy at a discount with the Montclair Senior Center to support the Women's Club of Montclair.

The deadline to order is Wednesday, November 20. The pick-up date will be Wednesday, December 4.

Please see pages 10-11 for this year's catalog and pricing.



BLANKET MAKING

(meets on the fourth Friday of the month)

Friday, November 22 at 1:00 PM

Join Soroptomist International, Montclair/Inland Valley to help support over 500 children in need per month by assisting in blanket making. Blankets made will be donated to the San Bernardino Assessment Center.





Veterans Day Dance



Wednesday, November 13, 2024, 2:00 PM - 5:00 PM
Montclair Senior Center

Join us as we honor and celebrate our Military Veterans with an afternoon of dancing. Please bring one military picture of you or a loved one to be displayed at the event. RSVP is required at the Montclair Senior Center or call (909) 625-9483 by **Wednesday, November 6, 2024**. Light Refreshments will be served



Hot Cocoa & Cookies Christmas Sing Along



Join us **Tuesday, December 3 from 1:00 PM - 3:00 PM** for a free hot cocoa, cookies, and Christmas songs as we celebrate the holiday season. Wear your favorite Christmas sweater for a picture with Santa.

RSVP Required by November 26 or until capacity is reached.



Montclair Holiday Food & Toy Basket Program

Join us in helping the less fortunate in Montclair. From Monday, November 12 through Friday, December 13 food donations and unwrapped gifts for teens will be accepted from 8:00 AM to 6:00 PM at the Montclair Senior Center. For the health and safety of those receiving baskets we cannot accept outdated, dented, bulging, perishable or open cans or packages.

Residents are also encouraged to adopt a family. A donation of \$75 to feed a parent and child or a donation of \$125 to feed a family of four can be made any time prior to December 13.

For more information on making a donation, please contact Jordi Ubaldo at (909) 625-9489 or email montclairevents@cityofmontclair.org



















November 2024

Daily Calendar of Activities



| Monday | Tuesday | Wednesday | Thursday | Friday |
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|  | |  |  | <p>1</p> <p>Arts & Crafts Workshop</p> <ul style="list-style-type: none"> 9:30 AM <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>IEHP: Hypertension (ENGLISH)</p> <ul style="list-style-type: none"> 1:00 PM |
| <p>4</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>Bingo</p> <ul style="list-style-type: none"> 1:00 PM - 4:00 PM <p>West End Counseling</p> <p>Presentation: Coping with the Holiday Blues</p> <ul style="list-style-type: none"> 1:00 PM | <p>5</p> <p>Tai Chi</p> <ul style="list-style-type: none"> 9:00 AM - 10:00 AM <p>Regional Council on Aging</p> <ul style="list-style-type: none"> 9:00 AM - 10:30 AM <p>Exercise Class</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>HICAP Counseling Presentation</p> <ul style="list-style-type: none"> 12:45 PM | <p>6</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM  | <p>7</p> <p>Exercise Class</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>Line Dancing</p> <ul style="list-style-type: none"> 1:00 PM - 2:00 PM  | <p>8</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>IEHP: Hypertension (ENGLISH)</p> <ul style="list-style-type: none"> 1:00 PM <p>Karaoke</p> <ul style="list-style-type: none"> 2:00 PM - 4:00 PM  |
| <p>11</p> <p>CLOSED IN OBSERVANCE OF</p>  | <p>12</p> <p>Tai Chi</p> <ul style="list-style-type: none"> 9:00 AM - 10:00 AM <p>Scrapbooking Club</p> <ul style="list-style-type: none"> 9:00 AM <p>Exercise Class</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>Speakers Bureau</p> <ul style="list-style-type: none"> 1:00 PM | <p>13</p> <p>Cultivating Wellness</p> <ul style="list-style-type: none"> 9:30 AM <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>Veterans Day Dance</p> <ul style="list-style-type: none"> 2:00 - 5:00 PM  | <p>14</p> <p>Excursion: San Antonio Winery & Olvera St.</p> <ul style="list-style-type: none"> 8:30 AM - 5:30 PM <p>Exercise Class</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>Legal Services (by appointment)</p> <ul style="list-style-type: none"> 10:00 AM - 12:00 PM <p>Line Dancing</p> <ul style="list-style-type: none"> 1:00 PM - 2:00 PM <p>Bunco</p> <ul style="list-style-type: none"> 1:00 PM - 4:00 PM | <p>15</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>Afternoon Movie: Planes, Trains and Automobiles</p> <ul style="list-style-type: none"> 1:00 PM  |
| <p>18</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>Bingo</p> <ul style="list-style-type: none"> 1:00 PM - 4:00 PM <p>West End Counseling</p> <p>Activity: Decoupage Wood Slice Ornaments</p> <ul style="list-style-type: none"> 1:00 PM | <p>19</p> <p>Exercise Class</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>Paint and Fun with Memo's Canvas (RSVP Required)</p> <ul style="list-style-type: none"> 2:00 PM | <p>20</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>DAAS-PG</p> <ul style="list-style-type: none"> 10:00 AM - 12:00 PM <p>Canasta</p> <ul style="list-style-type: none"> 12:45 PM - 4:30 PM <p>Loteria</p> <ul style="list-style-type: none"> 1:00 PM - 3:00 PM <p>SEE'S CANDY ORDER DEADLINE</p>  | <p>21</p> <p>Food Distribution</p> <ul style="list-style-type: none"> 9:30 AM - 10:30 AM <p>Exercise Class</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>Line Dancing</p> <ul style="list-style-type: none"> 1:00 PM - 2:00 PM <p>Bunco</p> <ul style="list-style-type: none"> 1:00 PM - 4:00 PM | <p>22</p> <p>HICAP services (by appointment)</p> <ul style="list-style-type: none"> 9:30 AM - 12:30 PM <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>Blanket Making</p> <ul style="list-style-type: none"> 1:00 PM <p>IEHP: Hypertension (ENGLISH)</p> <ul style="list-style-type: none"> 1:00 PM |
| <p>25</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>Bingo</p> <ul style="list-style-type: none"> 1:00 PM - 4:00 PM  | <p>26</p> <p>Exercise Class</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM | <p>27</p> <p>Senior Mobile Pantry Program by Feeding America</p> <ul style="list-style-type: none"> 9:00 AM <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 AM - 11:00 AM <p>Senior Birthday Party! Theme: Friendsgiving! (RSVP Required)</p> <ul style="list-style-type: none"> 10:30 AM - 12:30 PM <p>Canasta</p> <ul style="list-style-type: none"> 12:45 PM - 4:30 PM <p>Loteria</p> <ul style="list-style-type: none"> 1:00 PM - 3:00 PM  | <p>28</p> <p>29</p> <p>Happy Thanksgiving!</p> <p>We will be closed for the holiday on November 28 and 29.</p>   | |

TRANSPORTATION SERVICES AND MORE!



Hours of operation: Mon-Fri, 9:00 AM - 3:00 PM
For information call 625-9452.

This transportation program provides free curb-to-curb service for senior citizens age 60 and older who are Montclair residents and do not drive. The service includes transportation to the Senior Center and general errands within Montclair city limits.

Service outside Montclair is limited to medical appointments only. Reservations must be made 48 hours in advance, Monday – Friday by calling (909) 625-9452. Transportation services are not guaranteed.

This program is made available through funding from the City of Montclair, San Bernardino County Department of Aging and Adult Services - Public Guardian, and the San Bernardino County Economic Development Department.



OmniAccess & ADA Services | OmniAccess is a curb-to-curb ADA service complementing the fixed route bus system. To ride OmniAccess you must qualify for an OmniAccess Rider ID Card. Please visit the OmniAccess website at www.omnitrans.org/services/access-ada/ for OmniAccess ADA Certification forms or you may call (800) 966-6428 to request an ADA application package by mail.



Take an Uber ride!

Eligible residents of Rancho Cucamonga and the San Bernardino Valley now can use Uber for up to half of the cost, thanks to Omnitrans' Uber RIDE program!



CAN I RIDE

Community members who are 62 years or older, or have a disability, can take advantage of the Uber RIDE program.



WHAT'S THE COST

Uber RIDE users can have half of the cost or their ride subsidized, up to \$15 per trip and 15 trips per month.



WHERE CAN I TRAVEL

Uber RIDE can take you anywhere in Omnitrans' service area, as long as your trip begins or ends in one of the 15 cities it serves. Get details at omnitrans.org.



More information
909-379-7341

Scan QR to
complete your
application online.



Applications will be provided at the front desk of the Senior Center.

TRAVEL TIME TRIPS & TOURS 2025



DEATH VALLEY WILDFLOWER ADVENTURE

Friday, March 7 – Sunday, March 9

Share pp \$549.50

Single \$649.50

Tour includes two nights accommodations in Beatty, Nevada (Death Valley) at the Stagecoach Inn Hotel & Casino, which includes extensive sightseeing of the ghost-town, Furnace Creek Ranch (with buffet lunch), Borax Museum, Death Valley Visitor Center with film, Zabriskie Point, Shosone, Harmony Borax Works, Sand Dunes, Badwater, Death Valley Junction/Amargosa Opera House, and Stove Pipe Wells. You will see it all with a full breakfast included daily!

\$200.00 confirms your reservation with balance due January 31, 2025.

A GRAND TOUR OF NEW ORLEANS

Monday, April 7 – Friday, April 11

Share pp \$2599.00

Single \$2949.00

Just unpack once! Four nights one hotel, this spring we return to this beautiful City of New Orleans, Louisiana. Come discover the rich history of the south, enjoy a delicious get-acquainted dinner on Bourbon Street, narrated City/Cemetery/Garden District highlights tour, Dixieland Jazz Dinner Cruise on the Mississippi, Alligator Swamp Boat Tour, brunch at the Court of Two Sisters (Jazz music and all!), Oak Alley Plantation Tour including delicious buffet, visit the National World War II Museum (Tom Hanks-narrated Victory Theatre "Beyond All Boundaries" film included) PLUS lodging INSIDE the French Quarter (it's ALL included). Explore Bourbon Street, perhaps a visit to Preservation Hall . . . it's all here! Roundtrip airport transportation and airfare ALWAYS included with our fully escorted tour.

\$1,200.00 confirms your reservation with balance due February 18, 2025.



YOSEMITE NATIONAL PARK

Friday, April 18 – Friday, April 20

Share pp \$619.50

Single \$809.50

Located in central California on the Western slope of the Sierra Nevada range, this mountainous region offers unusual beauty, breathtaking scenery, and numerous waterfalls. The waterfalls are never more spectacular than in the spring. Accommodations will once again be just outside the park in Oakhurst at the Yosemite Southgate Hotel & Suites. Highlights include: Wawona Hotel, Bridalveil Fall, Yosemite Falls, El Capitan, Half Dome, Yosemite Village, the historic Ahwahnee Hotel and even a visit to picturesque Bass Lake. Price includes ranger narrated Yosemite Valley Floor Tour. Includes breakfast daily!

\$250.00 confirms your reservation with balance due March 14, 2025.

Detailed trip flyers, descriptions, and payment information are available at the Senior Center. For more information please call (909) 599-9325. You can also visit www.traveltimetours.com

Montclair Senior Center Excursions

Fantasy Springs Casino

Walk through the doors of Fantasy Springs Resort Casino and you're immediately transported to a world of elegance, exciting ambience and good luck. Here you'll find the newest and hottest games, low table minimums and the best odds in the Valley. For Dining options, you can try The Bistro, Joy Asian Cuisine, or the Fresh Grill Buffet to bring all the feeling of winning together!

*Note: All players will receive \$40 in game play and all new players will receive an additional \$40 in gameplay.

Thursday, January 9, 2025

8:30 a.m. – 5:30 p.m.

Fee: \$40 (Lunch Not Included).

Please make checks payable to: Montclair Senior Citizens.

Activity Code: E

Registration begins December 12, 2024 at the Senior Center.

Last Day to Register is January 6, 2025 or when capacity is reached.

All participants must have a signed code of conduct and registration on file.



San Bernardino County Museum & Mountain Grove Shopping Center

San Bernardino County Museum in Redlands features exhibits that highlights the history, art, anthropology, archaeology, biology, geology and paleontology unique to this Inland Southern California region. Visitors will find exhibits dedicated to the Inland Empire region, also depicting life in the town of Redlands and other surrounding areas. The collections and exhibits continue to expand as families, schools, and service organizations donate artifacts. After the Museum, we will visit the Mountain Grove shopping center for shopping and food, such as Jojo's Grill-A-Dog, Miguel's Jr, Ocean Pho, and more!

Date: Thursday, February 13, 2025

Time: 8:00 a.m. – 4:00 p.m.

Fee: \$40 (Lunch Not Included, Museum entrance fee included).

Please make checks payable to: Montclair Senior Citizens.

Activity Code: A

Registration begins January 3, 2025 at the Senior Center.

Last Day to Register is February 10, 2025 or when capacity is reached.

All participants must have a signed code of conduct and registration on file.



Activity Codes:

A = Active (Trip Includes walking and stair climbing)

E = Easy (Trip enjoyed by all)

M = Moderate (Trip includes walking and stair climbing but has rest)

For further information, please visit the Montclair Senior Center or call (909) 625-9483

All trips depart from the Montclair Police department parking lot located at 4870 Arrow Hwy., Montclair, CA 91763 (Corner of Arrow Hwy. & Monte Vista Ave). *Refunds* are not issued unless your space is resold or trip is cancelled.

GREAT STOCKING STUFFERS!!

Women's Club of Montclair

2024 See's Candy Fundraiser



\$8.00 ea (3.5 oz)
Merry Reindeer Box or
Twinkly Ornaments Box

Milk or Dark Chocolate Balls
\$8.00 ea (5 oz)
\$27.00 ea (1.5 lbs)
\$8.50 ea (8 oz)



Peanut Brittle



Little Pops

(4 oz)
\$6.50 ea



Lollypops
\$27.00/box
(1 lb 5oz)



Molasses Chips **\$14.00 ea**
 or **Peppermints** **(8 oz)**



Box of Chocolates:

Milk, Dark, Soft, Bridge,
Nuts & Chews, or Assorted

\$27.00 ea (1 lb)
\$51.00 ea (2 lbs)

Toffee-ettes
\$27.00 ea (1 lb)



Awesome Bars!
Peanut Brittle,
Nut & Chew, or
Walnut Square
\$20.00/box (8 bars)



See's Gift Cards
\$25 = \$23.00
\$10 = \$9.00

2024 GFWC WOMENS CLUB OF MONTCLAIR

SEE'S CANDY SALE

| ITEM | #ORDERED | X | COST | = | TOTAL |
|----------------------------------------------------------------------|----------|---|---------------------------|---|-------|
| 3.5 OZ.MERRY REINDEER BOX REG. \$11.00 | | X | \$8.00 | = | |
| 3.5 OZ.TWINKLING ORNAMENTS BOX, REG. \$11.00 | | X | \$8.00 | = | |
| 5 oz. PEANUT BRITTLE BOX, REG. \$9.75 | | X | \$8.00 | = | |
| 8 OZ.CHOCOLATE FOIL BALLS, (KSR), FLAVOR: MILK , REG. \$10.00 | | X | \$8.50 | = | |
| 8 OZ.CHOCOLATE FOIL BALLS, (KSR), FLAVOR: DARK , REG. \$10.00 | | X | \$8.50 | = | |
| 8 OZ.TRUFFLES, REG. \$17.25 | | X | \$15.00 | = | |
| 1 LB.TRUFFLES, REG. \$33.50 | | X | \$28.00 | = | |
| 1 LB.ASSORTED CHOCOLATES, REG. \$30.00 | | X | \$27.00 | = | |
| 2 LBS.ASSORTED CHOCOLATES, REG. \$57.00 | | X | \$51.00 | = | |
| 1 LB. MILK CHOCOLATES, REG. \$30.00 | | X | \$27.00 | = | |
| 2 LBS. MILK CHOCOLATES, REG. \$57.00 | | X | \$51.00 | = | |
| 1 LB.DARK CHOCOLATES, REG. \$30.00 | | X | \$27.00 | = | |
| 2 LBS.DARK CHOCOLATES, REG. \$57.00 | | X | \$51.00 | = | |
| 1 LB.SOFT CHOCOLATES, REG. \$30.00 | | X | \$27.00 | = | |
| 2 LBS.SOFTCHOCOLATES, REG. \$57.00 | | X | \$51.00 | = | |
| 1 LB.NUTS&CHEWS, REG. \$30.00 | | X | \$27.00 | = | |
| 2 LBS.NUTS&CHEWS, REG. \$57.00 | | X | \$51.00 | = | |
| 1 LB.BRIDGE MIX, REG. \$32.50 | | X | \$27.00 | = | |
| 1 LB.VICTORIA TOFFEE, REG. \$30.00 | | X | \$27.00 | = | |
| 1 LB.TOFFEE-ETTES(KSR), REG. \$30.00 | | X | \$27.00 | = | |
| 1 LB.8 OZ.PEANUT BRITTLE (KSR), REG. \$30.00 | | X | \$27.00 | = | |
| 12 oz.AWESOME WALNUT SQUARE BAR (KSR) 8 COUNT, REG. \$24.00 | | X | \$20.00 | = | |
| 12 oz.AWESOME NUT AND CHEW BAR (KSR) 8 COUNT, REG. \$24.00 | | X | \$20.00 | = | |
| 8 oz.AWESOME PEANUT BRITTLE BAR 8 COUNT, REG. \$24.00 | | X | \$20.00 | = | |
| 4 oz.LITTLE POPS,ASSORTED FLAVOR, REG. \$7.50 | | X | \$6.50 | = | |
| 8 oz. ASSORTED MOLASSES CHIPS, REG. \$15.25 | | X | \$14.00 | = | |
| 8 oz. ASSORTED PEPPERMINTS, REG. \$15.25 | | X | \$14.00 | = | |
| 1LB.5 OZ.ASSORTED LOLLIPOPS, REG. \$30.00 | | X | \$27.00 | = | |
| GIFT CARDS REG. \$10.00 | | X | \$9.00 | = | |
| GIFT CARDS REG. \$25.00 | | X | \$23.00 | = | |
| MAILER BOX, FOR ITEM(S): _____ | | X | \$1.00 | = | |
| TOTAL ITEMS ORDERED _____ | | | GRANDTOTAL\$ _____ | | |

NAME _____

PHONE# _____ (VERYIMPORTANT) RECEIVEDCHECK# _____ CASH _____

ORDERTAKENBY _____

MAKE CHECKS PAYABLE TO WOMEN'S CLUB OF MONTCLAIR

DEADLINETO ORDER – WED. NOV. 20 / PICK-UP WED. DEC. 4

Funds raised benefit Youth and Senior Citizen Programs



Holiday Events



Giving Tree Drop Off

November 8 – December 23

HELP A MONTCLAIR FAMILY IN NEED. Select a tag from the Giving Tree located at Montclair Place's Center Court. Purchase items on tag. Secure the tag to the new, unwrapped gift. Drop item at the Center Court Drop Box by December 23.

Holly Jolly Holiday **FREE!**

Thursday, December 5, 2024 • 6 p.m. - 8:30 p.m.

Montclair Youth Center, 5111 Benito Street

Tree Lighting Ceremony will kick off the event!

Photos! Free photos will be available with Santa.

Refreshments! Free hot cocoa and cookies will be available, while supplies last.

Letters to Santa! Children are welcome to bring a letter addressed to Santa Claus or write one at the event and drop it in the specially marked mailbox. Santa may personally reply by mail to those who have included a complete mailing address and child's name. Address and name must be legible.



Gift Lights! Residents are also invited to purchase a "gift light" for the community holiday tree in memory or in honor of a loved one. Each light costs \$10 and includes a commemorative certificate. The name of the person remembered or honored will also be placed in a permanent display at City Hall during the holiday season. Proceeds from gift light sales will benefit youth in Montclair. The application to purchase a "gift light" will be available at www.cityofmontclair.org/holly-jolly-holiday

This event is sponsored by the Community Activities Commission and the Women's Club of Montclair. For more information call (909) 625-9479.

Dashing Through Montclair

Saturday, December 7, 2024 • 12 p.m. - 7 p.m.

Santa, Mrs. Claus and their sleigh will be dashing through the streets of Montclair, greeting residents and spreading holiday cheer. Please note that while Santa wants to visit every street, Montclair is too big so the route is changed every year to see as many streets as possible. If there is inclement weather the event will be canceled.

To follow Santa's route and to see locations for toys to be donated visit

www.cityofmontclair.org/dashing-through-montclair or call (909) 625-9479 after December 1, 2024.



For more information visit www.cityofmontclair.org or contact the Recreation Center at (909) 625-9479.