



COMMUNITY EVENTS SENIOR SERVICES COMMUNITY PROGRAMS

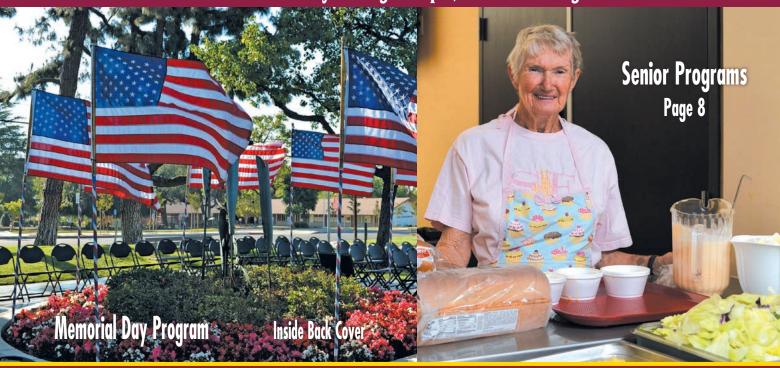


Montclair Human Services

ACTIVITIES & PROGRAMS

Winter/Spring 2021

We Create Community Through People, Parks and Programs









Caster Gastravaganza

To-Go Pancake

Breakfast

Say "HI" to the

EASTER
BUNNY!

A picture will be emailed to you.

2 PANCAKES, 2 SAUSAGE, AND 1 JUICE

while supplie last

FREE

Candy-Filled Easter Eggs and Treats

for children ages 12 and under, while supplies last.

Saturday,

April 3, 2021

9:00 - H:00 am

IMPORTANT

Please bring your own bag or basket to collect eggs and treats at the event.

Montclair Civic Center
5111 Benito St., Montclair

(Line starts at 9:00 a.m. in front of Parking Lot B on Fremont Avenue)

PRIZE EGGS and an opportunity drawing for a

LARGE EASTER BASKET

for children ages 12 and under

FOR MORE INFORMATION PLEASE CALL: (909) 625-9479

Presented by







MONTCLAIR FIRE FIGHTERS ASSOCIATION







MONTCLAIR CITY COUNCIL

The Montclair City Council holds its regular meetings on the first and third Mondays of each month at 7:00 p.m. in the City Council Chambers.

Javier John Dutrey
Bill Ruh
Tenice Johnson
Corysa Martinez
Benjamin "Ben" Lopez
Edward C. Starr
Mayor
Mayor Pro Tem
Council Member
Council Member
City Manager

HUMAN SERVICES STAFF

Marcia Richter
Fernando Saltos
Darrell Hickey
Leticia Gavilanes
Alyssa Colunga
Renee Walker
Adriana Navarrete

Director
Senior Recreation Supervisor
Senior Learning Coordinator
Health Education Specialist
Administrative Analyst
Administrative Specialist
Human Services Technician

CITY DIRECTORY

City General Information • 626-8571
City Hall, 5111 Benito Street, Montclair, CA 91763
Monday - Thursday 7:00 a.m.-6:00 p.m.
City buildings are closed to the public until further notice.
Please call to schedule an appointment.

HUMAN SERVICES DEPARTMENT

5111 Benito Street, Montclair, CA 91763

Located behind Montclair Library, accessible from Fremont Avenue.

Hours of Business Recreation Center

Monday - Friday 7:30 a.m.-9:30 p.m.*
*Hours subject to change due to COVID-19

MEDICAL CLINIC

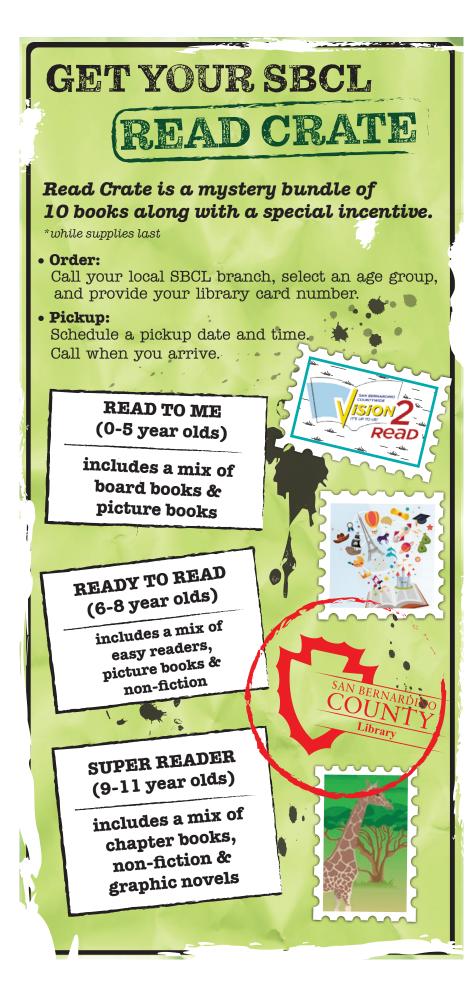
5050 San Bernardino Street, Montclair, CA 91763
(by appointment only)

Montclair Community Health Center Mon-Fri, 8:00 a.m.-5:00 p.m. Evening Clinic Mon, 5:30 p.m.-7:00 p.m.

HUMAN SERVICES TELEPHONE NUMBERS

Classes/Front Desk/Racquetball 625-9479
Facility Rentals
Family & Collaborative Services Montclair
Fax 399-9751
Healthy Montclair
Medical Day Clinic
(Montclair Community Health Center) 281-5800
Montclair Evening Medical Clinic 240-3808
Nutrition Site
Senior Center
Senior Transportation
Sports
Youth Services
Volunteer Opportunities/Information 625-9484

The Montclair Human Services Guide to Activities and Programs is published three times a year by the City of Montclair, Human Services Department.







COVID-19 VACCINATION EVENT

Montclair Senior Center, 5111 Benito Street, Montclair Monday, March 22 • 10:00 A.M.- 2:00 P.M.

SENIORS AGE 65 AND OLDER

(PFIZER VACCINE)

Please note, 2nd doses for people vaccinated at this event will be administered on **Monday, April 12, 2021**.

Clinic staff will help you schedule that appointment on site during your observation period.

To register online, please visit https://www.calvax.org/reg/3012652969

If you need assistance scheduling an appointment, please call (909) 891-3810 or (888) 743-1485.



Sign up to receive notifications for future vaccination events throughout the County at www.sbcovid19.com.





MONTCLAIR AFTER-SCHOOL PROGRAM

The City of Montclair is excited to provide your student an opportunity to participate in the 2020-2021 Montclair After-School Program (MAP). MAP is currently providing students with extracurricular activities in a distance-learning format. Our distance-learning model serves in place of our in-person programming until we receive further notice from State and local officials. Our curriculum includes tutorial videos in art, science, photography, "how to" and more. MAP staff is dedicated to creating a distance-learning program that will engage your child and provide them with an exciting educational and fun experience!

Applications for the 2020-2021 Montclair After-School Program are still being accepted!

- **Online** Visit cityofmontclair.org, click the MAP section, complete the online application, and submit.
- **By Appointment** Call (909) 625-9479 to pick up an application from 8:00 a.m.-5:00 p.m. (Monday-Friday) at the Montclair Recreation Center building at 5111 Benito Street, Montclair.

In the event the State and local officials allow for in-person programming, your child's enrollment in MAP is secure providing facilities, staff and other COVID-19 requirements are able to be met. If space limitations are required, enrollment for in-person MAP will be based on the order applications were received per grade level and school.

Proudly Serving:

El Camino • Howard • Kingsley • Lehigh • Mission • Monte Vista Montera • Moreno • Ramona • Serrano • Vernon

WE'RE HIRING! If you are interested in working with MAP as a Learning Leader, Senior Learning Leader or a Substitute Learning Leader, please view the application information at cityofmontclair.org under the "Employment" section.

Call (909) 625-9479 if you have questions about the Montclair After-School Program





Healthy Montclair

Improving access to physical activity, nutritious food and health care

Chronic Disease Self-Management

FREE!

This **FREE** workshop series, brought to you by Healthy Montclair and City of Hope, supports self-management of ongoing health conditions such as arthritis, heart disease, diabetes, high blood pressure, lung disease, and cancer. Registration is on a first-come basis. Once registered, you will receive an email confirming your enrollment. Questions? Please contact Leticia Gavilanes, at Igavilanes@cityofmontclair.org or call (909) 625-9485.

- Free virtual Zoom workshops held in English and Spanish
- Meets for 1 hour each week for six weeks
- Delivered by trained peer leaders
- Meet new people and gain social support
- Gives you tools to live a healthier life

The Chronic Disease Self-Management Program is made possible by the City of Montclair through a partnership with City of Hope and Partners in Care.

Please visit the **www.Healthymontclair.org** for more information on registration.



Montclair Community Health Center

DAY CLINIC

5050 San Bernardino St., Montclair, CA Monday - Friday, 8:00 a.m. - 5:00 p.m. Call (909) 281-5800 for an appointment. Insurance is accepted.

EVENING CLINIC

Second Monday of the Month 5:30 - 7:00 p.m. Call (909) 240-3808 for an appointment.

SHARPS DISPOSAL PROGRAM

Montclair residents can dispose of used sharps containers and obtain new containers

Monday - Friday, 8:00 a.m. - 5:00 p.m.



Health Service Alliance



COVID-19 COMMUNITY RECOGNITION AWARD

The City of Montclair has launched a COVID-19 Community Recognition Awards program. Nominations are open to recognize residents, businesses and organizations for their outstanding efforts in the community during the unprecedented and challenging COVID-19 pandemic. Criteria based on nominees displaying one or all of the following: Positive community contribution, Volunteerism, Acts of kindness, Providing an essential service, and Leadership and support within the community.

Award recipients will be presented with a City Council Certificate of Recognition and a City pin. One award will be presented per month at a regular City Council meeting (occurrence may increase depending on interest from the community and participation level).

Nominees must be able to attend a live Zoom Council meeting to accept the award. Council meetings occur on the first and third Mondays of each month at 7:00 p.m. Nominating entity/individual will be contacted for further details and instructions if their nominee is selected to receive the award.

REQUIREMENTS

- Must be nominated by the City or a business, nonprofit, agency, church, etc.
- Does not need to be a resident, but service must be in some way related to assisting the Montclair community during the past year to address the COVID-19 pandemic or other issues caused by it.
- City of Montclair employees, Council Members, Planning and Community Activities Commissioners, and any
 of those individuals' immediate family members are not eligible to be nominated for this recognition.

RECOGNIZING
OUTSTANDING
EFFORTS IN OUR
COMMUNITY

To submit a nomination for the COVID-19 Community Recognition Award, please visit

www.cityofmontclair.org

FOOD DISTRIBUTION

The Human Services Department and the Community Action Partnership of San Bernardino County coordinate to provide free food commodities to qualified residents, 18 years of age and older, on the third Thursday of each month on a first come, first served basis. To qualify you must meet the income guidelines located on the website and you must be a resident of San Bernardino County. Commodities to be given may include canned meat, canned vegetables, flour, corn meal, pudding, sauces, pasta, juices, and frozen items. The commodities change from month to month.

The drive-thru food distribution will be taking place at the Montclair City Hall parking lot. Due to COVID-19 and for your safety, we require all participants to wear a face mask and stay in your car. The boxes/bags of food will be placed in the trunk of your car. Participants must have their trunk cleared prior to arriving. Check the City of Montclair Facebook page for any location and time updates.

March 18, 2021 8:00 a.m.-10:00 a.m.* April 15, 2021 8:00 a.m.-10:00 a.m.* May 20, 2021 8:00 a.m.-10:00 a.m.*

*Food distribution hours are 8:30 - 10:00 a.m. or while supplies last.

For information on qualifying income guidelines, confirmation of dates and food items, please call (909) 625-9456.

YARD SALE INFORMATION

Yard sales are only allowed the first full weekends of the months of February, May, August, and November. Yard Sales may only be conducted on Friday, Saturday, and/or Sunday. Following is a list of "Yard Sale Weekends" for fall 2020.

May 7, 8, and 9, 2021

Please note that Yard Sales may not be conducted at any other time. No permit or fee for November yard sale event only! There is no need to come to City Hall to register your yard sale event.

In granting the ability to conduct Yard Sales, the City of Montclair continues to urge & expects all residents to adhere to state requirements & safety guidelines with respect to the wearing of masks in public and



practicing social distancing to impede the spread of the Novel Corona Virus

For more information or questions, please call (909) 625-9477.

SENIOR PROGRAMS

SENIOR SERVICES

Do you feel lost or overwhelmed when discussing issues that pertain to senior citizens? Are you in need of a service, but you don't know where to look? For information regarding senior services and assistance, please call the Senior Center at 909-625-9483.

HOLIDAY CLOSURES

Memorial Day

Monday, May 31, 2021

SENIOR PHONE BUDDIES



- Senior Phone Buddies calls seniors Monday through Friday afternoon to inform them about the services at the Montclair Senior Center, to provide a connection to the outside world, and to refer to services needed.
- You may be eligible to receive calls if you are age 60 and older and live in the City of Montclair
- If you are interested in receiving a senior buddy call, please contact the Montclair Senior Center at 909-625-9483

SENIOR CITIZEN ASSISTANCE



- If you are a Montclair Senior (Age 60 and older) in need of assistance, the Montclair
 Senior Center may be able to refer you to services in the community!
- Current information is provided on community service agencies, linking older adults and their families with appropriate resources such as transportation, Meals on Wheels, emergency food services, health needs, and more!

MEALS ON WHEELS

Are you or is someone you know, a Montclair resident who is home bound, and unable to shop or cook for yourself? If so, call the Montclair Meals on Wheels organization (Not affiliated with the City of Montclair). The Meals on Wheels Coordinator will provide more information about the program including fees, menu, and other resources. Call the Meals on Wheels Coordinator, Ester Vargas-Pipersky at 909-786-8137 for more information.

CHECK OUT OUR MONTHLY SENIOR NEWSLETTER!

 The Senior Center distributes a newsletter monthly at the senior lunch drive-thru and on the City Website! Check out the newsletter for fun brain games, recipes, crafts, the monthly lunch menu, and other events for the month!

FREE INCOME TAX ASSISTANCE



AARP Tax Representatives from AARP will be assisting with filing income taxes at the Rancho Cucamonga Senior Center, Chino Senior Center, and Gibson Senior Center in Upland. *Deadline to file taxes is May 17.*

Please call the center for more information and/ or to set up an appointment.

Rancho Cucamonga Senior Center (909) 477-2780

Chino Senior Center

(909) 591-9836 Gibson Senior Center in Upland

(909) 981-4501

Alternative tax preparation is available via Tax Aide. The AARP Foundation Tax-Aide service will be available through May 17. For more information, including what types of service are available near you and which documents you will need, visit aarpfoundation.org/taxaide or call 888-AARPNOW (888-227-7669).

Additional Tax Support: The San Bernardino County Transitional Assistance Department is offering additional assistance and tax support through:

IRS Certified TAD staff (909) 515-8715

Interactive Tax Assistant irs.gov/help/ita

IRS hotline (800) 829-1040

SENIOR NUTRITION PROGRAM

The Montclair Senior Center is currently offering a daily, well-balanced meal for curbside pickup during lunch, Monday through Friday from 11:30 a.m. to 12:30 p.m., until further notice.

NOTE: Menu is posted monthly at www.cityofmontclair.org and is subject to change without notice.

Suggested donation for seniors 60+ is \$2.50.

Dress up every Wednesday when you come to pick-up your lunch following our Wacky Wednesday themes:

3/3 March Madness

3/10 Dr. Seuss Theme

3/17 St. Patrick's

3/24 Spring Fling

3/31 Senior Birthday Easter Celebration

4/7 Baseball Opening Day

4/14 Bandana Day

4/21 Earth Day

4/28 Senior Birthday Hollywood Theme

5/5 Mini Fiesta

5/12 Mother's Day

5/19 Patriotic Day

5/26 Senior Birthday Celebrating Moms

6/2 Carnival Theme

6/9 Say Something Nice Day "Shout Out"

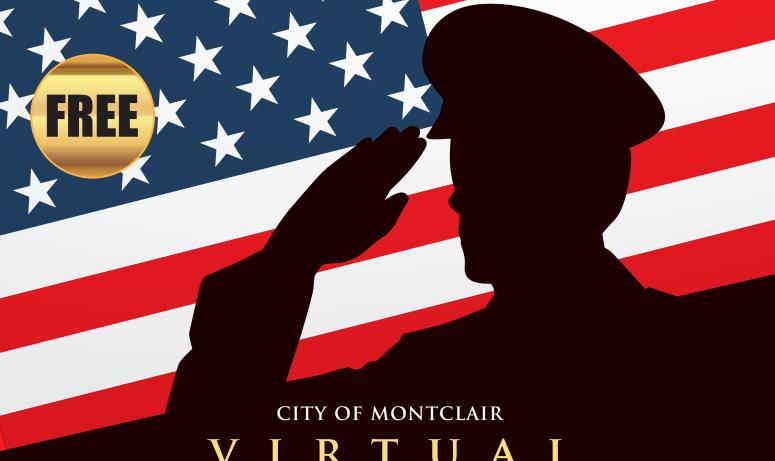
6/16 Flag Day

6/23 Father's Day

6/30 Senior Birthday Celebrating Dads

Funding for the nutrition program is provided by the City of Montclair and the San Bernardino County Department of Aging and Adult Services through a grant award from the California Department of Aging.

MONTCLAIR SENIOR PROGRAMS ARE A GREAT WAY TO STAY CONNECTED AND HEALTHY!



MONDAY, MAY 31, 2021

The virtual ceremony will be available for viewing on the City website, Facebook page, and YouTube channel on Memorial Day.

PATRIOTIC SONGS AND READINGS *

Join us for a virtual Memorial Day Ceremony, where we will be honoring the individuals who have plaques on our Veterans' Memorial Wall.

The wall pays tribute to deceased Montclair veterans from all branches of service whose families have purchased plagues. It remains as an ongoing dedication to those who served our country during any war or peacetime.

For more information call 625-9479. This event is sponsored by the Montclair Community Activities Commission.



City of Montclair Calendar of Events

For more information on these events, contact Montclair Human Services

5111 Benito Street, Montclair • 625-9479

DRIVE-THRU FOOD DISTRIBUTION

March 18, April 15, May 20 ● 8 am-10 am Montclair City Hall parking lot

see page 7





DRIVE-THRU EASTER EGGSTRAVAGANZA & TO-GO PANCAKE BREAKFAST

Saturday, April 3, 2021 • 9:00 - 11:00 am Montclair Civic Center, Parking Lot B

see inside front cover



COVID-19 VACCINATION EVENT

Monday, March 22 ● 10:00 A.M.- 2:00 P.M. For seniors age 65 and older by appointment only

see page 5



VIRTUAL MEMORIAL DAY CEREMONY

Monday, May 31, 2021
View on the City website, Facebook page,
or YouTube channel

