








July 2021

Montclair Senior Center Drive Thru Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>SITE MANAGER: PATTI PENNINGTON (909) 625-9488</p> <p>5111 BENITO ST. MONTCLAIR, CA. (909) 625-9483 MONDAY- FRIDAY: 11:30 a.m. - 12:30 p.m.</p>	<p>SUGGESTED DONATION FOR ADULTS AGES 60+: \$3.00</p> <p>MENU IS SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY</p>		<p>1 Baked Ziti in Meat Sauce Green Beans Green Salad Pudding Garlic Bread Apple Juice</p>	<p>2 BAKED FISH w/Tartar Sauce Baked Potato Corn Green Salad Pudding WW Bread Orange Juice</p>
<p>5 <i>Closed</i> In observance of Independence Day</p> 	<p>6 High Sodium Meal CHICKEN TERIYAKI Steamed Rice Oriental Mixed Vegetables Romaine Salad Orange Slices WW Bread</p>	<p>7 SWEDISH MEATBALLS On Noodles Barley Soup Peas and Carrots Loose Leaf Salad Seasonal Melon WW Bread</p> <p><i>Stars and Stripes</i></p>	<p>8 CHICKEN SOFT TACO Taco Toppings WW Tortilla Spanish Rice Refried Beans Fruit Cup</p>	<p>9 CHILI BEANS w/Shredded Cheese Tortilla Soup Green Salad Corn Bread Fresh Orange Cup</p>
<p>12 STUFFED PEPPER Mashed Potatoes Carrots Lettuce/Tomato Salad Fruit Cocktail WW Bread</p>	<p>13 BAKED HERB CHICKEN Navy Bean Soup Rice Green Beans Fresh Orange Cup WW Bread</p>	<p>14 MEAT LOAF Baked Potato Corn Bread Pudding WW Bread Apple Juice</p> <p><i>Disney Day</i></p> 	<p>15 TUNA SALAD Corn Chowder 3 Bean Salad Pasta Salad Seasonal Melon WW Bread</p>	<p>16 LASAGNA w/WW PASTA Green Beans Romaine Salad Mixed Fruit Cup Garlic Bread Orange Juice</p>
<p>19 BBQ CHICKEN Split Pea Soup Baked Potato Green Beans Coleslaw Fruit Cocktail WW Bread</p>	<p>20 HAM & SPINACH QUICHE Vegetable Beef Soup Beet & Onion Salad 3 Bean Salad Orange Slices WW Bread</p>	<p>21 WW SPAGHETTI & MEAT SAUCE Green Beans Loose Leaf Salad French Bread Fruit Cocktail</p> <p><i>Western Day</i></p> 	<p>22 ROAST TURKEY Mashed Potatoes Buttered Corn Romaine Salad Banana WW Bread</p>	<p>23 High Sodium Meal BEEF SOFT TACO Taco Toppings WW Tortilla Pinto Beans Spanish Rice Pudding Orange Juice</p>
<p>26 CHICKEN ENCHILADA CASSEROLE Tortilla Soup Refried Beans Corn Orange Slices</p>	<p>27 SLOPPY JOES w/WW Hamburger Bun Potato Salad Carrots Mixed Fruit Ambrosia</p>	<p>28 Senior Birthdays! COLD TURKEY SANDWICH On WW French Roll Cream of Broccoli Soup Pasta Salad Carrot Raisin Salad Fresh Orange Cup</p> <p><i>Luau Day</i></p> 	<p>29 BAKED FISH w/Tartar Sauce Baked Potato Spinach Green Salad Apple WW Bread Orange Juice</p>	<p>30 CHICKEN FAJITA w/Flour Tortilla Black Beans Spanish Rice Jello with Fruit Orange Juice</p>

City of Montclair
Food Distribution

The next food distribution will be on **July 15, 2021**. Food will be distributed on a first come, first serve basis starting at 8:30 a.m. to 10:00 a.m. or while supplies last. The drive-thru food distribution will be taking place at the parking lot located behind the Montclair Public Library. Due to COVID-19 and your safety, we require all participants to wear masks and please stay in your car. The boxes/bags of food will be brought to your car and placed in the trunk of your car. Please have your trunk cleared prior to arriving. Check the City of Montclair Facebook page for any location and time updates.

<https://facebook.com/CityofMontclair>

WACKY WEDNESDAYS
AT THE MONTCLAIR SENIOR CENTER DRIVE-THRU LUNCH

Join us every Wednesday for the month of July 2021,
please dress in the theme of the day!

July 7 Stars and Stripes
July 14 Disney Day
July 21 Western Day
July 28 Senior Birthday Fun! Luau Day

We strive to provide high quality food and consistently follow our monthly menu; however, due to the COVID-19 pandemic, our supply of certain items on the daily menu may be low. We do our best to serve the items on our menu as advertised; however, we appreciate your understanding that the menu is subject to change daily. In addition, although we do our best to forecast how many meals will be needed daily, the demand for meals greatly varies and we may run out of the advertised menu; however, we will always have an option for lunch to provide any senior that participates in the daily nutrition program.

Thank you for your understanding. Please call Toni Carrillo at (909) 625-9456 with any questions or concerns.

Montclair Senior Nutrition Meal Program Contributions

June 2021

Thank you for participating in the City of Montclair's Senior Nutrition Meal program. We are privileged to serve our community during these difficult and uncertain times, but we need your help now more than ever! This program is primarily grant-funded, but still relies on the generous support of our community to continue serving healthy, daily meals to Montclair senior citizens.

We would like to inform you that our senior nutrition suggested donation will be increasing to \$3.00 effective July 1, 2021. However, not everyone can afford to contribute, and your donation is not a requirement for you to receive a meal if you are eligible for the program. Any extra small contribution will help to maintain the meal program we are providing.

The Montclair Senior Nutrition Meal Program is asking that you please contribute what you can to help support and continue this program. Your contribution will be used to make a positive impact in the lives of Montclair senior citizens in our community. If you have any questions, please call our Senior Center at 909-625-9483.

- Beginning July 1, 2021, our suggested donation per meal will be \$3.00 for eligible program participants. Contributions are voluntary and confidential.
- No eligible individual shall be denied participation because of failure or inability to contribute.
- If you are not an eligible program participant, a guest fee of \$6.00 per meal is required.
- Funding for this service has been provided by the San Bernardino County Department of Aging and Adult Services through a grant awarded from the California Department of Aging.