

September 2021

Montclair Senior Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>SITE MANAGER: PATTI PENNINGTON (909) 625-9488</p> <p>5111 BENITO ST. MONTCLAIR, CA. (909) 625-9483 MONDAY- FRIDAY: 11:30 a.m. - 12:30 p.m.</p>	<p>SUGGESTED DONATION FOR ADULTS AGES 60+: \$3.00</p> <p>MENU IS SUBJECT TO CHANGE.</p> <p>"WW" - Whole Wheat</p>	<p>1 WW SPAGHETTI & MEAT SAUCE Green Beans Loose Leaf Salad French Bread Fruit Cocktail</p>	<p>2 ROAST TURKEY Mashed Potatoes Buttered Corn Romaine Salad Banana WW Bread</p>	<p>3 High Sodium Meal BEEF SOFT TACO Taco Toppings WW Tortilla Pinto Beans Spanish Rice Pudding Orange Juice</p>
<p>6 <i>Closed</i></p> <p>HAPPY LABOR DAY</p>	<p>7 SLOPPY JOES w/WW Hamburger Bun Potato Salad Carrots Mixed Fruit Ambrosia</p>	<p>8 High Sodium Meal HAM w/GLAZED SAUCE Lentil Soup Sweet Potatoes Green Beans Romaine Salad Peaches Corn Bread</p>	<p>9 COLD TURKEY SANDWICH On WW French Roll Cream of Broccoli Soup Pasta Salad Carrot Raisin Salad Fresh Orange Cup</p>	<p>10 BAKED FISH w/Tartar Sauce Baked Potato Spinach Green Salad Apple WW Bread Orange Juice</p>
<p>13 BAKED PORK CHOP Macaroni & Cheese Stewed Tomatoes Green Salad Seasonal Melon WW Bread</p>	<p>14 OVEN BAKED CHICKEN Baked Potato Green Beans Green Salad Peaches WW Bread Orange Juice</p>	<p>15 PULLED BBQ PORK SANDWICH w/WW Hamburger Bun Potato Salad Green Beans Fresh Vegetable Salad Mixed Tropical Fruit Ambrosia</p>	<p>16 SHEPHERDS PIE Mashed Potatoes Mixed Vegetables Loose Leaf Salad Pineapple Chunks WW Bread</p>	<p>17 BBQ CHICKEN SANDWICH w/ WW Hamburger Bun Potato Salad Coleslaw Seasonal Melon</p>
<p>20 MEAT LOAF Mashed Potatoes Spinach Loose Leaf Salad Banana WW Bread</p>	<p>21 High Sodium Meal POLISH SAUSAGE Tomato Soup Boiled Potatoes Steamed Cabbage Fruit Cocktail Rye Bread</p>	<p>22 BAKED CHICKEN BREAST Baked Potato Spinach Carrot Raisin Salad Fresh Orange Cup WW Bread</p>	<p>23 PORK CHOP MEXICANA Spanish Rise Stewed Tomatoes Green Salad Seasonal Melon WW Bread</p>	<p>24 BAKED FISH w/Tartar Sauce Potato Wedges Corn Green Salad Bread Pudding Orange Juice</p>
<p>27 ROAST PORK w/ WW Bread Stuffing Mashed Potato Buttered Corn Apple WW Bread Orange Juice</p>	<p>28 High Sodium Meal CHICKEN TERIYAKI Steamed Rice Oriental Mixed Vegetables Romaine Salad Orange Slices WW Bread</p>	<p>29 Senior Birthdays! Theme: Fiesta! CHICKEN SOFT TACO Taco Toppings WW Tortilla Spanish Rice Refried Beans Fruit Cocktail</p>	<p>30 SWEDISH MEATBALLS On Noodles Barley Soup Peas and Carrots Loose Leaf Salad Seasonal Melon WW Bread</p>	

City of Montclair
Food Distribution

The next food distribution will be a walk-up event on **Thursday, September 16, 2021** in the Montclair Community Center from 8:30 a.m. to 9:30 a.m.

- All participants are responsible for picking-up their food in the Community Center and taking it to their car. (Participants may bring a cart or wagon to help carry the commodities to their vehicle).
- Food will be distributed on a first come, first serve basis or while supplies last.
- Please park in the Montclair Civic Center parking lots.
- Due to COVID-19 and for your safety, we require all participants to wear a face mask while in City buildings.

Check the City of Montclair Facebook page for any location and time updates.

<https://facebook.com/CityofMontclair>

We strive to provide high quality food and consistently follow our monthly menu; however, due to the COVID-19 pandemic, our supply of certain items on the daily menu may be low. We do our best to serve the items on our menu as advertised; however, we appreciate your understanding that the menu is subject to change daily. In addition, although we do our best to forecast how many meals will be needed daily, the demand for meals greatly varies and we may run out of the advertised menu; however, we will always have an option for lunch to provide any senior that participates in the daily nutrition program.

Thank you for your understanding. Please call Mayra Cano at (909) 625-9456 with any questions or concerns.

IMPORTANT INFORMATION
PLEASE READ

July 28, 2021

City of Montclair Senior Nutrition Program Update

Due to public health concerns because of the rise in the COVID-19 delta variant, **the Montclair Senior Center reopening is postponed until further notice.** We know this is very disappointing, your health and safety is of our utmost concern.

Curbside lunch pick-up will remain in place until further notice.

INTERESTED IN HELPING YOUR COMMUNITY?

We are looking for fully vaccinated volunteers to help with the food distribution events and senior lunch. **We cannot run our in-person programming without your help!** If you are interested, please contact Mayra Cano at (909) 625-9456.