



HealthyMontclair

SENIOR NEWSLETTER | OCTOBER 2023

Montclair Senior Center

5111 Benito St. Montclair, CA 91763

Mon-Thu 8AM-6PM; Fri 9AM-5PM

(909) 625-9483



MONSTER BASH DANCE

Wednesday, October 25 from 12:30 PM to 2:30 PM

Montclair Community Center

Wear your best costume! We will be celebrating spooky season with a DJ, photo area, and lots of dancing.

Desserts and refreshments will be served for your enjoyment.

RSVP is required for this event.

Please RSVP by Tuesday, October 17 by calling the Senior Center at (909) 625-9483.

BREAKING NEWS

Senior Trips and Tours have returned! ...See page 7 for a detailed list of upcoming trips! Brought to you by Travel Time Tours



- Refresh your driving skills and knowledge of the rules of the road.
- Learn techniques for handling left turns, right-of-way and roundabouts.
- Discover proven driving methods to help keep you and your loved ones safe on the road.

...See page 6 for details!

Karaoke

Friday, October 13 from 1:00 PM - 3:00 PM

Sing your heart out at the Montclair Senior Center! Warm up those vocal cords and join us for some FREE karaoke.

RSVP is recommended.

For more information and to RSVP, call (909) 625-9483.

Montclair Holiday Food Basket Program

Food baskets will be available to families that live in Montclair and meet specific income guidelines.

To be considered, applicants must complete an application.

Those interested must make an appointment by calling (909) 625-9485 by **Friday, Oct. 20.**

For more information on making a donation please call the Recreation Front Desk (909) 625-9479.

ARTS & CRAFTS WORKSHOP

9:00 AM-10:30 AM

Tuesday, October 3 - Amate Paper Art

In honor of Hispanic Heritage

Tuesday October 24- Non-Sew Beanies

In honor of Breast Cancer Awareness. Beanies will be donated to City of Hope for patients going through treatment.

Space is limited, please sign up in person or call (909) 625-9483.

Visit <https://www.cityofmontclair.org/senior-center/> for updates and information on our programs.

NUTRITION

SENIOR NUTRITION PROGRAM

Monday - Friday from 10:30 AM - 12:30 PM

Doors open at 8:00 AM for socializing.

Suggested donation is \$3.00. Guests (under 60 years of age) are welcome at \$6.00 per person.

Please see page 3 for this month's menu.

Join us for these upcoming activities during Senior Lunch.

- October 2-6: Pink Ribbon Week
- October 6: Fun Friday! Wear Pink
- October 13: Fun Friday! Hispanic Heritage Month Trivia
- October 25: Senior Birthdays! Theme: Halloween

MONTCLAIR MEALS ON WHEELS

Montclair Meals on Wheels is a non-profit volunteer organization that delivers meals Monday-Friday to Montclair residents who are unable to shop and/or cook for themselves.

If you need meal service or for additional information, please contact Sue Yoakum at alsuey@verizon.net or (909) 986-5522.

CITY OF MONTCLAIR FOOD DISTRIBUTION

Thursday, October 19 from 9:30 AM - 10:30 AM

Montclair Community Center

To qualify you must bring a valid ID and live in San Bernardino County. All participants are responsible for picking-up their food in the Community Center and taking it to their car. (Participants may bring a cart or wagon to help carry the commodities to their vehicle). Food will be distributed on a first come, first serve basis or while supplies last. Please park in the Montclair Civic Center parking lots.

The program is coordinated with the Community Action Partnership of San Bernardino County. Commodities to be given may include canned meat, canned vegetables, flour, corn meal, pudding, sauces, pasta, juices, and frozen items. The commodities change from month to month. Call (909) 625-9456 for information on qualifying income guidelines, confirmation of dates and food items.

Please refer to The Emergency Food Assistance Program (TEFAP) 2023 Income Guidelines to determine if you qualify.

SENIOR MOBILE PANTRY PROGRAM

by Feeding America

Wednesday, October 25 from 9:00 AM - 11:00 AM

Montclair Recreation Center Patio

All ages welcome (one per household)

FITNESS

MONTCLAIR WALKERS

Monday, Wednesday, Friday from 10:00 AM - 11:00 AM

Upper level near The Canyon (5060 E Montclair Plaza Ln). If you're looking to add regular walking to your routine then join the Montclair Walkers! Montclair

Walkers is a FREE exercise program focused on Seniors and open to all ages sponsored by the City of Montclair - Human Services Department and Montclair Place. It's a great way to take steps towards staying healthy and making new friends. Earn those steps and become a part of the **100 Mile Club!** Those who log 100 miles (or more) receive a cool, free 100 Mile Club shirt! Applications are available on site with the program attendant or at the Montclair Senior Center. For more information, contact the Senior Center at (909) 625-9483.



Tai Chi

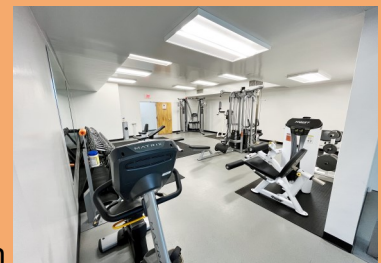
Every Thursday from 9:00 AM - 10:00 AM

Montclair Senior Center is hosting Tai Chi! This class is a type of physical activity that helps with arthritis and fall prevention. Tai Chi is associated with many benefits, such as: posture improvement, increased flexibility and helps reduce stress. This FREE program will be led by a certified instructor from the County of San Bernardino for 8 weeks. For more information please call 909-625-9483

MONTCLAIR WEIGHT ROOM & RACQUETBALL COURTS

Monday-Friday from 7:30 AM - 6:30 PM

Montclair Seniors (60+) can use the weight room for FREE. (must provide proof of address with a valid California ID and utility bill) The fee for Non-Resident Seniors (60+) is \$3.00/day or \$20.00/month. Racquetball courts are \$5.00/per person per hour and can be reserved up to 24 hours in advance. For more information, call (909) 625-9479.





October 2023



Montclair Senior Center Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 HERB BAKED CHICKEN Steamed Rice Green Beans Loose Leaf Salad Fresh Orange Cup WW Bread	3 High Sodium Meal ROAST PORK w/WW Bread Stuffing Mashed Potatoes Cooked Carrots Apple Orange Juice	4 BBQ CHICKEN Baked Potato Mixed Vegetables Coleslaw Fresh Pineapple WW Bread	5 CHILI BEANS w/Shredded Cheese Green Salad Corn Bread Fresh Orange Cup	6 Fun Friday! CHICKEN SOFT TACO w/ Taco Toppings Spanish Rice Black Beans Fruit Cocktail WW Tortilla
9 BAKED ZITI Cooked Zucchini Green Salad Orange Slices WW Bread	10 High Sodium Meal CHICKEN TERIYAKI Steamed Rice Mixed Vegetables Romaine Salad Fresh Pineapple WW Bread	11 STUFFED PEPPER Potato Salad Peas and Carrots Loose Leaf Salad Fruit Cocktail WW Bread	12 ROAST TURKEY Mashed Potatoes Buttered Corn Carrot Raisin Salad Oatmeal Cookie WW Bread Apple Juice	13 Fun Friday! TUNA SALAD Pasta Salad 3 Bean Salad Cantaloupe WW Bread
16 CHICKEN FAJITAS Brown Rice Black Beans Fresh Pineapple WW Tortilla	17 SWEDISH MEATBALLS On Noodles Peas and Carrots Loose Leaf Salad Seasonal Melon WW Bread	18 BAKED CHICKEN BREAST Mashed Potato Spinach Carrot Raisin Salad Fruit Cocktail WW Bread	19 MEAT LOAF Baked Potato Corn Romaine Salad Bread Pudding WW Bread Apple Juice	20 High Sodium Meal HAM & SPINACH QUICHE Green Beans Coleslaw Orange Slices WW Bread
23 SHEPHERDS PIE Loose Leaf Salad Seasonal Melon WW Bread	24 High Sodium Meal BEEF SOFT TACO w/ Taco Toppings Spanish Rice Pinto Beans Banana Vanilla Pudding	25 Senior Birthday! OVEN BAKED CHICKEN Baked Potato Green Beans Romaine Salad Peaches WW Bread	26 BBQ PULLED PORK SANDWICH w/WW Hamburger Bun Potato Salad Vegetable Salad Orange Slices	27 BAKED FISH Scalloped Potatoes Steamed Broccoli Loose Leaf Salad Apple WW Bread Orange Juice
30 SLOPPY JOE w/WW Hamburger Bun Potato Wedges Loose Leaf Salad Seasonal Melon Orange Juice	31 High Sodium Meal CHICKEN ENCHILADA CASSEROLE Refried Beans Corn Orange Slices	SUGGESTED CONTRIBUTION FOR ADULTS AGES 60+ : \$3.00 GUESTS AGES 59 AND UNDER: \$6.00 MENU IS SUBJECT TO CHANGE . "WW" -Whole Wheat Milk is provided daily		FOR MORE INFORMATION: 5111 BENITO ST. MONTCLAIR, CA. (909) 625-9483 MONDAY-FRIDAY: 11:30 AM - 12:30 PM

FUNDING FOR THIS SERVICE HAS BEEN PROVIDED BY THE SAN BERNARDINO COUNTY DEPARTMENT OF AGING AND ADULT SERVICES- PUBLIC GUARDIAN THROUGH A GRANT AWARD FROM THE DEPARTMENT OF AGING.

We strive to provide high quality food and consistently follow our monthly menu. We do our best to serve the items on our menu as advertised; however, we appreciate your understanding that the menu is subject to change daily. In addition, although we do our best to forecast how many meals will be needed daily, the demand for meals greatly varies and we may run out of the advertised menu; however, we will always have an option for lunch to provide any senior that participates in the daily nutrition program. Thank you for your understanding. Please call (909) 625-9483 with any questions or concerns.

PRESENTATIONS

WEST END FAMILY COUNSELING HEALTH AND WELLNESS

(meets on the first and third Monday of the month)

Monday, October 2 at 1:00 PM

- *Coping with Grief and Loss*

Monday, October 16 at 1:00 PM

- *Activity: Memorial Lantern Making*

THE REGIONAL COUNCIL ON AGING

(meets on the first Tuesday of the month)

Tuesday, October 3 at 9:30 AM - 11:30 AM

Montclair Senior Center

Come and learn about programs and services available to you. The Council also wants to hear about your needs and concerns. All Seniors are welcome.

SPEAKERS BUREAU

(meets the second Tuesday of the month)

Tuesday, October 10 at 1:00 PM

Montclair Senior Center Dining Room

Topic: A Continuation of Senior Housing Choices (A panel discussion led by our seniors) Come with all your questions!

LEGAL SERVICES

(available on the second Thursday of the month)

Thursday, October 12 from 10:00 AM - 12:00 PM

Appointments with Isabel from Inland Counties Legal Services are available on the second Thursday of the month. Appointments are limited, no walk-ins available. Seniors can make an appointment by calling Isabel at (888) 245-4257.

DEPARTMENT OF AGING AND ADULT SERVICES - PUBLIC GUARDIAN (DAAS-PG)

(meets on the third Wednesday of the month)

Wednesday, October 18 from 10:00 AM - 12:00 PM

A DAAS-PG representative will be at the Montclair Senior Center to provide information and assistance on programs that are available to senior citizens. Bus passes will also be available for distribution on October 18. For more information, call the DAAS-PG office at (909) 948-6235.

HICAP COUNSELING SERVICES

Friday, October 27 from 9:30 AM - 12:30 PM

A HICAP Counselor will be available by appointment. Please call (909) 256-8369 to schedule an appointment.



SPOTLIGHT ACTIVITIES

AT THE MONTCLAIR SENIOR CENTER



Join us in October to help support, encourage and honor those facing Breast Cancer!

- **October 2-6:** Pink Week
Wear your pink ribbon all week (will be handed out on 10/2)
- **October 6:** Fun Friday! Wear Pink
- **October 24:** Art Workshop-Non Sew beanies donated to City of Hope

JOIN US AFTERNOON AT THE MOVIES

Friday, October 20 at 1:30 PM

We're popping the popcorn for an Afternoon at the Movies at the Montclair Senior Center! Come and enjoy a free screening of **Selena (PG-13)**. The movie starts at 1:30 PM. For more information and to RSVP, call (909) 625-9483.



WARMING HEARTS: CRAFTING BLANKETS FOR KIDS IN NEED!



Friday, October 27 at 1:00 PM

Join Soroptomist International, Montclair/Inland Valley to help support over 500 children in need per month by assisting in blanket making. Blankets made will be donated to the San Bernardino Assessment Center.



DIA DE LOS MUERTOS

Honor loved ones who have passed away with our Senior Center Ofrenda!

October 31 - November 2

An Ofrenda is an altar built to honor lost loved ones. Please bring one 4x6 picture to add to the Community Ofrenda (One per participant).

Please submit at the front desk and they will make a copy, Photos displayed won't be returned.
No food will be accepted.

For more information, see the front desk or call (909) 625-9483

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM <p>West End Family Counseling Presentation</p> <ul style="list-style-type: none"> 1:00 PM <p>Bingo</p> <ul style="list-style-type: none"> 1:00 - 4:00 PM <p><i>Pink Week</i></p>	<p>3</p> <p>Art Workshop</p> <ul style="list-style-type: none"> 9:00 AM <p>Regional Council on Aging</p> <ul style="list-style-type: none"> 9:30 - 11:30 AM <p>City of Hope Breast Cancer Workshop</p> <ul style="list-style-type: none"> 12:45 PM 	<p>4</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM <p>Canasta</p> <ul style="list-style-type: none"> 12:45 - 3:00 PM <p>Loteria</p> <ul style="list-style-type: none"> 1:00 - 3:00 PM 	<p>5</p> <p>Tai Chi</p> <ul style="list-style-type: none"> 9:00 - 10:00 AM <p>Line Dancing</p> <ul style="list-style-type: none"> 1:00 - 2:00 PM <p>Bunco</p> <ul style="list-style-type: none"> 1:00 - 4:00 PM 	<p>6</p> <p>Fun Friday!</p> <ul style="list-style-type: none"> Wear Pink <p>Arts and Crafts Club</p> <ul style="list-style-type: none"> 9:00 - 10:00 AM <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM
<p>9</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM <p>Bingo</p> <ul style="list-style-type: none"> 1:00 - 4:00 PM <p></p>	<p>10</p> <p>Speakers Bureau</p> <ul style="list-style-type: none"> 1:00 PM <p></p>	<p>11</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM <p>Canasta</p> <ul style="list-style-type: none"> 12:45 - 3:00 PM <p>Loteria</p> <ul style="list-style-type: none"> 1:00 - 3:00 PM 	<p>12</p> <p>Tai Chi</p> <ul style="list-style-type: none"> 9:00 - 10:00 AM <p>Legal Services (by appointment)</p> <ul style="list-style-type: none"> 10:00 AM - 12:00 PM <p>Line Dancing</p> <ul style="list-style-type: none"> 1:00 - 2:00 PM <p>Bunco</p> <ul style="list-style-type: none"> 1:00 - 4:00 PM 	<p>13</p> <p>Fun Friday!</p> <ul style="list-style-type: none"> Hispanic Heritage Trivia <p>Arts and Crafts Club</p> <ul style="list-style-type: none"> 9:00 - 10:00 AM <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM <p>Karaoke</p> <ul style="list-style-type: none"> 1:00 - 3:00 PM
<p>16</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM <p>Bingo</p> <ul style="list-style-type: none"> 1:00 - 4:00 PM <p>West End Family Counseling Activity</p> <ul style="list-style-type: none"> 1:00 PM 	<p>17</p> <p></p>	<p>18</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM <p>DAAS-PG</p> <ul style="list-style-type: none"> 10:00 - 12:00 PM <p>Canasta</p> <ul style="list-style-type: none"> 12:45 - 3:00 PM <p>Loteria</p> <ul style="list-style-type: none"> 1:00 - 3:00 PM 	<p>19</p> <p>AARP Driving Course</p> <ul style="list-style-type: none"> 8:30 AM - 1:00 PM <p>Tai Chi</p> <ul style="list-style-type: none"> 9:00 - 10:00 AM <p>Food Distribution</p> <ul style="list-style-type: none"> 9:30 - 10:30 AM <p>Line Dancing</p> <ul style="list-style-type: none"> 1:00 - 2:00 PM <p>Bunco</p> <ul style="list-style-type: none"> 1:00 - 4:00 PM 	<p>20</p> <p>AARP Driving Course</p> <ul style="list-style-type: none"> 8:30 AM - 1:00 PM <p>Arts and Crafts Club</p> <ul style="list-style-type: none"> 9:00 - 10:00 AM <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM <p>Afternoon Movie: Selena (PG-13)</p> <ul style="list-style-type: none"> 1:00 - 3:00 PM
<p>23</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM <p>Bingo</p> <ul style="list-style-type: none"> 1:00 - 4:00 PM <p></p> <p>BIRTHDAY PARTY!</p>	<p>24</p> <p>Art Workshop</p> <ul style="list-style-type: none"> 9:00 AM <p></p> <p></p>	<p>25</p> <p>Feeding America</p> <ul style="list-style-type: none"> 9:00 - 11:00 AM <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM <p>Canasta</p> <ul style="list-style-type: none"> 12:45 - 3:00 PM <p>Loteria</p> <ul style="list-style-type: none"> 1:00 - 3:00 PM <p>Senior Birthday Party!</p> <ul style="list-style-type: none"> Theme: Halloween <p>Monster Bash Dance</p> <ul style="list-style-type: none"> 12:30 - 2:30 PM 	<p>26</p> <p>Tai Chi</p> <ul style="list-style-type: none"> 9:00 - 10:00 AM <p>Line Dancing</p> <ul style="list-style-type: none"> 1:00 - 2:00 PM <p>Bunco</p> <ul style="list-style-type: none"> 1:00 - 4:00 PM <p></p>	<p>27</p> <p>Arts and Crafts Club</p> <ul style="list-style-type: none"> 9:00 - 10:00 AM <p>HICAP Services (by appointment)</p> <ul style="list-style-type: none"> 9:30 AM - 12:30 PM <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM <p>Blanket Making</p> <ul style="list-style-type: none"> 1:00 PM
<p>30</p> <p>Montclair Walkers</p> <ul style="list-style-type: none"> 10:00 - 11:00 AM <p>Bingo</p> <ul style="list-style-type: none"> 1:00 - 4:00 PM 	<p>31</p> <p>Dia De Los Muertos</p> <ul style="list-style-type: none"> Bring your pictures <p>Happy Halloween!</p> <ul style="list-style-type: none"> Wear a costume or orange and black <p></p>	<p></p>	<p></p>	<p></p>

TRANSPORTATION SERVICES AND MORE!



Hours of operation: Mon-Fri, 9:00 AM - 3:00 PM
For information call 625-9452.

This transportation program provides free curb-to-curb service for senior citizens age 60 and older who are Montclair residents and do not drive. The service includes transportation to the Senior Center and general errands within Montclair city limits.

Service outside Montclair is limited to medical appointments only. Reservations must be made 48 hours in advance, Monday – Friday by calling 909-625-9452. Transportation services are not guaranteed.

This program is made available through funding from the City of Montclair, San Bernardino County Department of Aging and Adult Services - Public Guardian, and the San Bernardino County Economic Development Department.



OmniAccess & ADA Services | OmniAccess is a curb-to-curb ADA service complementing the fixed route bus system. To ride OmniAccess you must qualify for an OmniAccess Rider ID Card. Please visit the OmniAccess website at www.omnitrans.org/services/access-ada/ for OmniAccess ADA Certification forms or you may call (800) 966-6428 to request an ADA application package by mail.



Back by popular demand!
Join Us, with AARP for a Smart Driver classroom course.

October 19 & 20

8:30 AM - 1:00 PM in the Senior Center

\$20 for AARP members

\$25 for non-members

To reserve your spot, please pay via check only, made payable to AARP, at the Senior Center front desk.
For more information please call (909) 625-9483



VOLUNTEER AT THE SENIOR CENTER!

Volunteering is a great way to give back to your community, meet new people, or just have fun!

Jump start your volunteering with the following City Programs: 1) Senior Lunch, 2) Food Distribution, 3) Montclair Walkers Stretch Leaders or 4) the Montclair Meals on Wheels Organization as a Driver.

If you are interested in volunteering with City Senior Programs, please call the Senior Center at (909) 625-9483.

If you are interested in driving for Meals on Wheels please contact Sue Yoakum at (909) 986-5522.

SENIOR TRIPS & TOURS

FROM MEMPHIS TO BRANSON

NOV 8-13
(Wed-Mon)

Share People
\$2,899.00
Single
\$3,309.00



All Breakfasts, 3 Dinners, 1 lunch, 4 Shows, 2 attractions.
We will spend two nights in Memphis (breakfast included), with highlights to include admission and a tour of "Graceland," Elvis Presley's home, narrated City Tour, Sun Records Studio, Peabody Hotel Duck Walk, Beale Street, Lorraine Motel and admission to National Civil Rights Museum. Then, it's on to Branson, Missouri for three nights (breakfast included), with highlights to include 4 live shows, three dinners, one lunch, Veterans Day Parade plus a side trip to Eureka Springs, Arkansas (narrated City Tour, of course). Airfare and transportation to LAX included! \$2,000.00 deposit confirms your reservation.

THANKSGIVING IN LAUGHLIN NEVADA

NOV 22-24
(Wed-Fri)

Share People
\$339.50
Single
\$414.50



Enjoy the Riverside Hotel & Casino, located right on the river (Thanksgiving Buffet included, plus Casino Funbook and ALL Resort Fees)! \$150.00 deposit required with the **balance due by October 16, 2023.**

Departure from Montclair Police Department:
9:25 AM Returns: 5-6:00 PM

***Share People:** price is based on double occupancy of room

CHRISTMAS IN NEW YORK CITY

DEC 4-8
(Mon-Fri)

Share people
\$2,589.00
Single
\$3,294.00



This fully escorted tour includes transportation to LAX, roundtrip airfare, 4 nights deluxe accommodation (excellent midtown Manhattan accommodations in the center of Times Square), dinner in Little Italy (included) upon our arrival in NYC, Rockefeller Center Christmas Tree and Rink, two narrated City Tours over a 2-day period, evening Holiday Lights Walking Tour (featuring Times Square, Empire State Building, Macy's Christmas decorations and Bryant Park (featuring an ice skating rink, Christmas tree and numerous Holiday Shops), a fully narrated 2.5 Hr. Circle Line Cruise around Manhattan, including an excellent picture-taking view of the Statue of Liberty, as we sail right up to her, a visit to Ground Zero/9/11 Memorial (additional fee to enter 9/11 Museum), an opportunity for a Broadway show or even the "Rockettes Christmas Show" at Radio City Music Hall (optional), plus, believe it or not, ample free time to shop or visit any number of additional sights (9/11 Museum, Greenwich Village, Ellis Island, Battery Park, Museums, Empire State Building, Rockefeller Center Observatory, etc.). Start getting in shape now for this must-do active holiday adventure. \$2,000.00 deposit confirms your reservation.

Detailed trip flyers, descriptions and payment information are available at the Senior Center.

For more information please call
(909) 599-9325

You can also visit
www.traveltimetours.com

CITY OF MONTCLAIR

HALLOWEEN SPOOKTACULAR

SATURDAY, OCTOBER 28

**FAMILY
FUN!**

**6-9 P.M.
MONTCLAIR PLACE**

**TRICK OR
TREAT!**

*Bring your own bag for
the candy*

5060 N. MONTCLAIR PLAZA LN., MONTCLAIR, CA 91763



INSIDE MONTCLAIR PLACE: Costume Contest, Jumpers, Halloween Maze, Carinval-type games, Live DJ, Selfies stations, Crafts and Trick or Treat at participating tenants while supplies last.



**COSTUME
CONTEST!**

7:50pm in Main Stage area

WEAR YOUR FAVORITE COSTUME!

Contest Categories for Ages 0-6 & 7-12:

SCARIEST • MOST UNIQUE • CUTEST • FAMILY*

**Family category is for two or more family members (all ages) dressed in a theme.*



For more information,
contact the Recreation Center
at 625-9479 or visit
www.cityofmontclair.org/events

GREAT STOCKING STUFFERS!!

Women's Club of Montclair

2023 See's Candy Fundraiser Catalog



\$8.00 ea (3.5 oz)

Sleigh Box or

Holiday Llama Box

Milk or Dark

Chocolate Balls

\$8.00 ea (8 oz)



\$8.00 ea (5 oz)

\$26.00 ea (1.5 lbs)



Lollypops

**\$26.00/box
(1 lb 5 oz)**



Peanut Brittle

Little Pops

(4 oz)

\$6.00 ea



Box of Chocolates:

**Milk, Dark, Soft, Bridge,
Nuts & Chews, or Assorted**

\$26.00 ea (1 lb)

\$50.00 ea (2 lbs)

**Molasses Chips \$13.00 ea
or Peppermints (8 oz)**



Toffee-ettes

\$26.00 ea (1 lb)



Awesome Bars!

Peanut Brittle,

Nut & Chew, or

Walnut Square

\$15.00/box (8 bars)



See's Gift Cards

\$25 = \$23.00

\$10 = \$9.00

2023 GFWC WOMENS CLUB OF MONTCLAIR SEE'S CANDY SALE

ITEM	#ORDERED	X	COST	=	TOTAL
3.5 oz.MERRY MOOSE BOX REG.\$11.00		X	\$8.00	=	
3.5oz.DASHING DELIVERY BOX,REG.\$11.00		X	\$8.00	=	
5 oz. PEANUT BRITTLE,REG.\$11.00		X	\$8.00	=	
8 oz.CHOCOLATE FOIL BALLS, (KSR), FLAVOR:MILK ,REG. \$9.75		X	\$8.00	=	
8 oz.CHOCOLATE FOIL BALLS, (KSR), FLAVOR:DARK ,REG. \$9.75		X	\$8.00	=	
8oz.TRUFFLES,REG.\$16.50		X	\$15.00	=	
1LB.TRUFFLES,REG.\$32.00		X	\$28.00	=	
1LB.ASSORTED CHOCOLATES,REG.\$29.00		X	\$26.00	=	
2LBS.ASSORTED CHOCOLATES,REG.\$55.00		X	\$50.00	=	
1LB. MILK CHOCOLATES,REG.\$29.00		X	\$26.00	=	
2LBS. MILK CHOCOLATES,REG.\$55.00		X	\$50.00	=	
1LB.DARK CHOCOLATES,REG.\$29.00		X	\$26.00	=	
2LBS.DARK CHOCOLATES,REG.\$55.00		X	\$50.00	=	
1LB.SOFT CHOCOLATES,REG.\$29.00		X	\$26.00	=	
2LBS.SOFTCHOCOLATES,REG.\$55.00		X	\$50.00	=	
1LB.NUTS&CHEWS,REG.\$29.00		X	\$26.00	=	
2LBS.NUTS&CHEWSREG.\$55.00		X	\$50.00	=	
1LB.BRIDGE MIXREG.\$31.50		X	\$26.00	=	
1LB.VICTORIA TOFFEE,REG.\$29.00		X	\$26.00	=	
1LB.TOFFEE-ETTES(KSR),REG.\$29.00		X	\$26.00	=	
1LB.8OZ.PEANUT BRITTLE(KSR),REG.\$29.00		X	\$26.00	=	
8oz.AWESOME WALNUT SQUARE BAR(KSR),REG.\$17.50		X	\$15.00	=	
12oz.AWESOME NUT AND CHEW BAR(KSR),REG.\$17.50		X	\$15.00	=	
12oz.AWESOME PEANUT BRITTLE BAR,REG.\$17.50		X	\$15.00	=	
4oz.LITTLE POPS,ASSORTEDFLAVOR,REG.\$7.25		X	\$6.00	=	
8oz. ASSORTED.MOLASSES CHIPS,REG.\$14.50		X	\$13.00	=	
8oz. ASSORTED .PEPPERMINTS,REG.\$14.50		X	\$13.00	=	
1LB.5 OZ.ASSORTED LOLLYPOPS,REG.\$28.50		X	\$26.00	=	
GIFT CARDS REG. \$10.00		X	\$9.00	=	
GIFT CARDS REG.\$25.00		X	\$23.00	=	
MAILER BOX ,FOR ITEM(S):_____		X	\$1.00	=	
TOTAL ITEMS ORDERED _____			GRANDTOTAL\$ _____		

NAME _____

PHONE# _____ (VERYIMPORTANT) RECEIVEDCHECK# _____ CASH _____

ORDERTAKENBY _____

MAKE CHECKS PAYABLE TO WOMEN'S CLUB OF MONTCLAIR

DEADLINETO ORDER - WED. NOV. 15 / PICK-UP WED. NOV. 29

Funds raised benefit the Trisha Martinez Scholarship Fund and Youth Programs.

Montclair Community Health Fair

**THURSDAY,
NOVEMBER 2, 2023**
9 a.m. – 12 p.m.

MONTCLAIR COMMUNITY CENTER

5111 BENITO STREET • (909) 625-9479

- ✓ **FREE HEALTH SCREENINGS**
- ✓ **FREE FLU/COVID VACCINE CLINIC**
- ✓ **FREE GLUCOSE, BLOOD PRESSURE
& BODY STRUCTURAL SCREENINGS**
- ✓ **HEALTH CARE AGENCIES**
- ✓ **SOCIAL SERVICES AGENCIES**
- ✓ **HEALTH INSURANCE COMPANIES**
- ✓ **LAW ENFORCEMENT
& FIRE SAFETY**
- ✓ **FREE DOOR PRIZES**
- ✓ **NUTRITIOUS REFRESHMENTS**



FREE

*No Appointment
Necessary*

