

## Montclair

**Human Services Department** 

## **ACTIVITY & PROGRAM GUIDE**



## Montclair Community

## Health Fair



9 a.m. – 12 p.m.



#### MONTCLAIR COMMUNITY CENTER

5111 BENITO STREET • (909) 625-9479

- ✓ FREE HEALTH SCREENINGS
- ✓ FREE FLU/COVID VACCINE CLINIC
- ✓ FREE GLUCOSE, BLOOD PRESSURE & BODY STRUCTURAL SCREENINGS
- ✓ HEALTH CARE AGENCIES
- SOCIAL SERVICES AGENCIES
- ✓ HEALTH INSURANCE COMPANIES
- ✓ LAW ENFORCEMENT & FIRE SAFETY
- ✓ FREE DOOR PRIZES
- NUTRITIOUS REFRESHMENTS

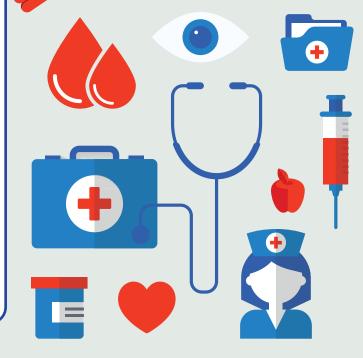








No Appointment Necessary



#### MONTCLAIR CITY COUNCIL

The Montclair City Council holds its regular meetings on the first and third Mondays of each month at 7 p.m. in the City Council Chambers.

Javier John Dutrey
Tenice Johnson
Bill Ruh
Corysa Martinez
Benjamin " Ben" Lopez
Edward C. Starr

Mayor Pro Tem
Council Member
Council Member
Council Member
City Manager

#### **HUMAN SERVICES STAFF**

Marcia Richter Assistant City Manager/ Director of Human Services Alyssa Colunga Assistant Director of Human Services & Grants Manager

Fernando Saltos Recreation Manager
Jordi Ubaldo Community Services Supervisor
MAP Supervisor

Emanuel Gutierrez
John Sio
Emily Gomez-Medina
Ramon Ramirez
Deondra Gutierrez
Angela Franco
Leticia Gavilanes
Adriana Navarrete
Krystal Rabino
MAP Coordinator
Recreation Coordinator
Recreation Coordinator
Recreation Coordinator
Health Education Specialist
Administrative Analyst
Administrative Specialist

#### **CITY DIRECTORY**

City General Information ● (909) 626-8571 City Hall, 5111 Benito Street Montclair, CA 91763

> Hours of Business Monday - Thursday 7 a.m.-6 p.m.

#### **HUMAN SERVICES DEPARTMENT**

5111 Benito Street, Montclair, CA 91763 Located behind Montclair Library, accessible from Fremont Avenue.

Hours of Business Recreation Center Monday - Friday 7:30 a.m.-7 p.m.

### HUMAN SERVICES TELEPHONE NUMBERS

Classes/Front Desk/Racquetball (909) 625-9479
Facility Rentals (909) 625-9481
OMSD Health and Wellness Services (909) 418-6937
Fax(909) 399-9751
Healthy Montclair (909) 625-9485
MAP Montclair After-school Program (909) 625-9479
Medical Day Clinic
(Montclair Community Medical Center) (909) 281-5800
Montclair Medical OMM Clinic (909) 625-9479
Nutrition Site(909) 625-9488
Senior Center
Senior Transportation (909) 625-9452
Youth & Adult Sports (909) 625-9481
Youth Services
Volunteer Opportunities/Information (909) 625-9482

The Montclair Human Services Guide to Activities and Programs is published three times a year by the City of Montclair, Human Services Department.



## CITY OF MONTCLAIR HUMAN SERVICES

#### **GUIDE TO ACTIVITIES & PROGRAMS**









#### 7 YOUTH PROGRAMS

Youth Center • Youth Sports After-School Program

#### 14 ADULT PROGRAMS

Adult Sports Volunteer Opportunities

#### 15 SENIOR PROGRAMS

Classes & Activities • Senior Services Special Events

#### 22 COMMUNITY PROGRAMS

## 26 FACILITIES & REGISTRATION

#### www.cityofmontclair.org



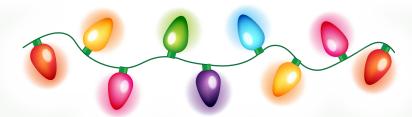
Persons with disabilities are included in programs offered by the Human Services Department.

If you wish to request special accommodations for any activity, please notify the Recreation
Center, (909) 625-9479, at least three business days prior to the date of the activity.



## HOLIDAY HOME DECORATION CONTEST







## Decorate your home for the holidays early!

Montclair residents are invited to submit their entries for the annual Holiday Home Decoration Contest. Work off your Thanksgiving dinner and enjoy some quality time with the family while you deck your house with decorations. Light up the night and be the envy of your neighborhood by transforming your home into the ultimate winter wonderland! All entries are due by Friday, December 1 at 6 p.m.

Entries will be judged by the Montclair Community Activities Commission. Judging will take place on December 11 (please make sure your lights are on at 5:30 p.m.) and awards will be presented at a future City Council meeting.

Please email entries to: MontclairEvents@cityofmontclair.org. Please type "Holiday Home Decoration Contest" in the email subject line.

Entries may also be dropped off at the City of Montclair, Human Services Department (Recreation Center), 5111 Benito Street, Montclair, CA 91763.

City employees, their families, City Council, Planning Commission and CAC Members are not eligible. Previous winners are ineligible for three years. Mobile homes and apartments are not eligible.

#### For more information call (909) 625-9479



Nominations must be submitted via email to MontclairEvents@cityofmontclair.org or dropped off at the Montclair Recreation Center Human Services Department (Recreation Center), Attn: Holiday Home Decoration Contest, 5111 Benito St., Montclair, CA 91763

YOUR NAME	YOUR PHONE	
NOMINEE'S NAME	NOMINEE'S PHONE	
NOMINEE'S ADDRESS		
COMMENTS		



## HOLIDAY FOOD & TOY BASKET PROGRAM **Montclair**



**JOIN US** 

in helping the less fortunate in Montclair.

From Monday, November 13 - Friday, December 15 food donations will be accepted from 8 a.m. to 6 p.m. at the Human Services Department (Recreation Center), located at 5111 Benito Street (behind the library).

For the health and safety of those receiving food baskets we can not accept outdated, dented, bulging, perishable or open cans or packages. Residents are also encouraged to adopt a family. A donation of \$75 to feed a parent and child or a donation of \$125 to feed a family of four can be made any time prior to December 13.

Food baskets will be available to families that live in Montclair and meet specific income guidelines. To be considered, applicants must complete an application. Please call (909) 625-9454 by Friday, October 20 to schedule an appointment. Families wishing to apply who have a child that attends a Montclair elementary or middle school should contact their school office for additional program information.





BANNER

- ★ Displayed February November on Montclair streets
- ★ Open to Montclair residents or Montclair High School graduates who are current members of the Armed Forces or are Veterans
- ★ Applications will be accepted until all banner spots are full, but no later than Wednesday, November 8, 2023 at 6 p.m.



Banner for Current Members of the Armed Forces

Sponsored by the Community Activities Commission in Honor of Veterans' Day.





Applications are available by scanning this QR code or visiting this website:

cityofmontclair.org/military-banner-program

**Contact:** Angela Franco

afranco@cityofmontclair.org

(909) 625-9457

## **YOUTH PROGRAMS**

## MONTCLAIR AFTER-SCHOOL PROGRAM

The City of Montclair, in partnership with the Ontario-Montclair School District provides Expanded Learning Programs at our local schools at **no cost**. The program begins at school dismissal time and ends at 6:00 p.m.

Based on their grade level, students are assigned to a class where a trained City Employee will guide TK - 8th Grade Students in the daily components of MAP, including a well-balanced supper, time for homework, physical education, and academic enrichment.

Enrichment activities complement the curriculum taught during the school day; enrichment activities may include: art, drama, music, dance, games, and sports.

Enrollment for the After-School Program is held at the school site your child attends:

Buena Vista • El Camino • Elderberry • Kingsley • Lehigh • Monte Vista • Montera Moreno • Ramona • Serrano • Vernon

24th Annual Nationwide After-school Celebration

### LIGHTS ON MONTCLAIR AFTER-SCHOOL PROGRAM

Thursday, October 26, 2023 • 6:30 - 8 p.m.

Montclair Community Center, 5111 Benito St.

An event featuring visual arts, dance, drama, and music, created and performed by participants in the City of Montclair After-School Program

#### **WE'RE HIRING!**

If you are interested in working with MAP as a Learning Leader or a Substitute Learning Leader, please view the application information at

www.cityofmontclair.org/montclair-after-school-program





Call (909) 625-9479 if you have questions about the Montclair After-School Program



**SATURDAY, OCTOBER 14, 2023 • 3 P.M.** 

All Youth ages 6-17 that live or attend school in Montclair are invited to audition for the Youth Talent Showcase. The grand prize winner will perform at our annual Country Fair Jamboree!

Beginning Tuesday, September 5, 2023, applications will be available at the Human Services Department (Recreation Center), located at 5111 Benito Street and on the City's web site at www.cityofmontclair.org.

#### **Applications Due**

Friday, September 29

All applications must be submitted to the Recreation Center building front desk or email egmedina@cityofmontclair.org.

#### **Mandatory Auditions**

Thursday, October 5 4 - 7 P.M.

All acts interested in participating in the show must attend auditions. Those acts selected for the show will be notified by email.

#### **Dress Rehearsal**

Thursday, October 12 4 - 7 P.M.

Selected acts will practice in performance attire.



SATURDAY, OCTOBER 28

FAMILY FUN! G-Q P.M. MONTELAIR PLACE

TRICK OR
TREAT

5060 N. MONTCLAIR PLAZA LN., MONTCLAIR, CA 91763



INSIDE MONTCLAIR PLACE: Costume Contest, Jumpers,
Halloween Maze, Carinval-style games, Live DJ, Selfies stations,
Crafts and Trick or Treat at participating tenants while supplies last.





## **WEAR YOUR FAVORITE COSTUME!**

Contest Categories for Ages 0-6 & 7-12:

MOST SCARIEST · MOST UNIQUE · MOST CUTEST · BEST IN FAMILY"

\*Family category is for two or more family members (all ages) dressed in a theme.















MONTCLAIR YOUTH in Grades 7-12\*

INDOOR BASKETBALL & VOLLEYBALL

ARTS & CRAFTS \* SPORTS CLUBS \* FOOD CRAFTS

GAMES \* FIELD TRIPS









## JOIN US for Fun, Supervised Activities with Your FRIENDS!

2-6 P.M. 12:30-6 P.M. Monday Tuesday 2-6 P.M. Wednesday 2-6 P.M. Thursday 2-6 P.M. Friday

5111 Benito Street (next to Alma Hofman Skate Park)

\*For youth in grades 7-12 who live in Montclair or attend a Montclair school (proof required).

For more information on volunteer opportunities or the Youth Center, please contact Recreation Coordinator, Emily Gomez-Medina, at (909) 625-9482 or egmedina@cityofmontclair.org

T

## **RECRUITMENT OPPORTUNITIES**





Volunteer Basketball & Volleyball

## COACHES NEEDED!

Sign up today to help support our youth sports program.

Coaches will support, teach, and help players develop during this 10-week program.

No experience is necessary.



For more information, please contact Ramon Ramirez, at rramirez@cityofmontclair.org or (909) 625-9481.



## Montelair High School STITTENTS and

START PLANNING!

## STUDENTS and PARENTS

Earn a Two-Year Paid Scholarship

Chaffey College

A VALUE of approximately \$4,500





A Partnership of the City of Montclair, Chaffey College and Chaffey Joint Union High School District

**Deadline to Apply: MARCH 1** 

#### What is Montclair to College?

Montclair to College (MTC) is a ONE-OF-A-KIND college readiness program brought to Montclair High School students and their families by the City of Montclair, Chaffey Joint Union High School District and Chaffey College.

If completed successfully, MTC provides students with the opportunity to earn a two-year paid scholarship to Chaffey College-a value of approximately \$4,500! The MTC scholarship includes tuition, textbooks, parking permit and enrollment fees.

#### Who can apply to MTC?

ANY Montclair High School student can enroll in the program. Students must complete all 4 years at MHS and graduate from MHS without significant disciplinary action with at least a 2.0 GPA. The MTC application and 20 community services hours at a nonprofit organization can be started as early as your freshman (9th grade) year but both must be completed by March 1st of your senior (12th grade) year.

More information on MTC requirements can be found at www.montclairtocollege.org.

### Benefits of enrolling in MTC - FREE COLLEGE

- ➤ PAID tuition, textbooks, fees, and parking for two years
- ➤ A dedicated counselor for all MTC students at Chaffey College
- Priority registration for two years



Apply at www.MontclairtoCollege.org by March 1. Information: MTC@montclaircf.org or (909) 625-9457.

## **VOLUNTEER OPPORTUNITIES**

## VOLUNTEER! Montclair is THE PLACE TO BE!

**THE PLACE TO BE**, to volunteer, and participate in enriching activities with youth, special events, and senior programming. This is a great way to give back to your community, meet new people, or just have fun!

#### **Kick-start you're volunteering with the following City Programs:**

- **Sports**
- Special Events
- Youth Center
- □ Garden Club
- Senior Lunch
- □ Food Distribution
- Montclair Walkers **Stretch Leaders**
- Police Department

\*All of the programs and events listed above have different days and hours of operation, which provides you a variety of options.



For more information, please contact Emily Gomez-Medina, egmedina@cityofmontclair.org or (909) 625-9482.



#### **MEN'S ADULT BASKETBALL**

#### **REGISTRATION DATES:**

November 20 - December 15, 2023 A maximum of eight teams will be allowed to register.

#### **LEAGUE PLAY BEGINS:**

January 11, 2024 (Thursday Night League)

#### **LEAGUE FEES:**

\$250 – Returning teams; \$275 – New teams \$50 OFF when you refer a new team to register

#### **FORFEIT FEES:**

\$100; must accompany league fees

#### **OFFICIAL FEES:**

\$30 per team, per game, paid at court, including playoffs



#### **WOMEN'S ADULT VOLLEYBALL**



#### **REGISTRATION DATES:**

November 20 - December 15, 2023 A maximum of eight teams will be allowed to register.

#### **LEAGUE PLAY BEGINS:**

January 9, 2024 (Tuesday Night League)

#### **LEAGUE FEES:**

\$150 – Returning teams; \$175 – New teams \$50 OFF when you refer a new team to register

#### **FORFEIT FEES:**

\$48; must accompany league fees

#### **OFFICIAL FEES:**

\$17 per team, per game, paid at court, including playoffs

For more information, please contact Recreation Coordinator Ramon Ramirez at (909) 625-9479

#### **SENIOR SERVICES**

Do you feel lost or overwhelmed when discussing issues that pertain to senior citizens? Are you in need of a service, but you don't know where to look? Do you want to make new friends or go on an adventure? For information regarding senior services and assistance, please call the Senior Center at 625-9483.



#### **SENIOR CENTER HOURS**

5111 Benito Street, Montclair, CA 91763

#### **Hours of Business**

Monday - Thursday 8 a.m. - 6 p.m. Friday 8 a.m. - 5 p.m.

## MEALS ON WHEELS

#### **VOLUNTEER DRIVERS NEEDED**

This program is designed for the frail, disabled senior citizen who is homebound. For more information, please call Sue Yoakum at (909) 986-5522.

## HICAP INSURANCE COUNSELING

A state trained HICAP counselor is available free of charge to assist with problems regarding Medicare, HMO's supplemental (Medi-Gap) insurance and interpreting long-term care insurance policies. The last Friday monthly, by appointment between 9:30 a.m. - 12:30 p.m. Call HICAP at (909) 256-8369 or 1-800-434-0222 for an appointment.

#### MONTCLAIR SENIOR CITIZEN'S CLUB

Membership is for persons over the age of 50 and the cost is \$10 per year. The membership goes through March 31, 2024. With your membership, you will be mailed a monthly newsletter of all the upcoming programs and exclusive club perks. For more information call (909) 625-9483.

## MONTCLAIR WALKING PROGRAM

The Montclair Walkers group, with the motto "Walking for Health and Fun," always welcomes new members. The group meets every Monday, Wednesday, and Friday from 10 a.m. to 11 a.m. near the Canyon at Montclair Place (5060 E. Montclair Plaza Lane). Warm-up exercises are held at 10 a.m. There is no fee to be a member of this health-conscious exercise group. The only requirements are completion of a membership



form and waiver. The group receives a monthly newsletter, and a group meeting is held the last Monday of each month. There are incentive programs for completing 100 miles of walking. To join our walking family, please join us at the Montclair Place. For further information, call the Senior Center at (909) 625-9483.

#### TRASH SERVICE DISCOUNT

Senior Citizens, 65 years of age and older who pay their own trash service, are eligible to receive a 10 percent discount on their bills. Applications may be obtained from the Senior Center or at the City Hall reception area.

#### **FILE OF LIFE**

The "File of Life" is a magnetic pocket holder that contains an information sheet with all your recent medical history. It attaches to the outside of your refrigerator and assists emergency medical personnel who may come to your home during an emergency. "File of Life" is free at the Montclair Senior Center.

#### **LEGAL ASSISTANCE**

Inland Counties Legal Services provides assistance with legal matters for seniors, age 60 and over, who are residents of San Bernardino County. Appointments are available at the Montclair Senior Center on the second Thursday monthly. Call Inland Counties Legal Services to schedule an appointment at (888) 245-4257.

## **VOLUNTEERS NEEDED FOR SENIOR PROGRAMS**

Are you interested in helping others in your community? Do you want to make a difference in the life of someone else? Volunteer with the City of Montclair! The Montclair Senior Center is in need of volunteers to assist with the Senior Nutrition Program and Special Events. We are looking for passionate and dedicated volunteers who are committed to building a stronger Montclair and improving the quality of life for our residents. Volunteer applications are available at the Senior Center. For more information, please call 625-9483. (Fingerprinting required for certain placements)



#### SENIOR TRANSPORTATION

This transportation program provides free curb-to-curb service for senior citizens ages 60 and older who are Montclair residents and do not drive. The service includes transportation to the Senior Center and general errands within Montclair city limits. Service outside Montclair is limited to medical appointments only. This program is made available through funding from the City of Montclair, San Bernardino County Department of Aging and Adult Services - Public Guardian, and the San Bernardino County Economic Development Department. Hours of operation: 9 a.m.-3 p.m. Monday-Friday. For information call (909) 625-9452.

## COUNSELING AND CASE MANAGEMENT

West End Family Counseling Service's Older Adult Community Services Program provides free counseling and case management services to adults 60 years and older who meet the requirements for Early Intervention and Prevention Services. If you would like to schedule an appointment, please contact Alma Valdez-Carreon, LCSW, at (909) 983-2020 ext. 2236 for more information. These services are funded through the Mental Health Services Act.

#### **CARD GAMES**

**BINGO** \$5 for the first pack, \$2 each additional. Mondays at 1 p.m.-4 p.m.

LOTERIA .25 cents, Wednesdays at 1 p.m.-2 p.m.

**CANASTA** Free, Wednesdays at 1 p.m.-4 p.m.

**BUNCO** \$3.50, Thursdays at 1 p.m.-3 p.m.

#### TAI CHI

8 week session starting September 7 at 9 a.m.-10 a.m. Tai Chi is a type of physical activity that is associated with many benefits, such as: posture improvement, increased flexibility, fall prevention, helps with arthritis and reduces stress. This FREE program will be led by a certified instructor from the County of San Bernardino for 8 weeks beginning September 7. For more information please call (909) 625-9483.

STAY FIT, HEALTHY, AND ACTIVE!





#### **LINE DANCE**

**FREE** - Learn to dance if you are single or have a partner every Thursday, 1-2 p.m. in the Senior Center. Instructor George Messina will be teaching a variety of dances, but will focus on Line Dancing. All levels welcomed! If you have any questions please call (909) 625-9483.

## SENIOR INFORMATION WORKSHOPS & EVENTS

**FREE** - The City of Montclair Human Services Department is hosting various seminars and events. We invite you to attend. These programs will be held in the Senior Center. Please RSVP to (909) 625-9483 if you plan on attending. Refreshments will be served.

#### **Veterans Day Dance**

Wed, November 8 • 2 p.m. - 5 p.m.

Help us honor our military veterans. Veterans, please bring a picture to be displayed at the honors table. Please call the Senior Center at (909) 625-9483 to RSVP by November 1.

#### **West End Family Counseling**

West End Family Counseling will present a topic the first Monday monthly:

#### **Senior Safety**

September 18 • 1 p.m. - 2 p.m.

Learning about the different environmental and social dangers and how to keep ourselves safe.

#### **Grief and Loss Presentation**

October 2 • 1 p.m. - 2 p.m.

Learning about the stages and how to cope with loss

#### Coping with the Holiday Blues

November 6 • 1 p.m. - 2 p.m.

#### **Holiday Coloring Cards Celebration**

December 4 • 1 p.m. - 2 p.m.

West End Family Counseling will lead an activity the third Monday monthly:

#### **DIY Suncatcher**

September 18 • 1 p.m. - 2 p.m.

#### Dia de los Muertos

October 16 • 1 p.m. - 2 p.m.

Design your own mini altar.

#### **Gratitude Wreaths**

November 20 • 1 p.m. - 2 p.m.

**December** No workshop

## REGIONAL COUNCIL ON AGING

First Tuesday of the month • 9:30 a.m. - 11:30 a.m.

Come and learn about programs and services available to you. The Council also wants to hear about your needs and concerns. All Seniors are welcome.

## REGIONAL COUNCIL ON AGING SPEAKERS BUREAU

Second Tuesday of the month • 1 p.m.

Join the Regional Council on Aging for the Speakers Bureau, experts will present on topics important to Seniors.

## Department of Aging and Adult Services PUBLIC GUARDIAN (DAAS-PG)

Third Wednesday of the month • 10 a.m.- 12 p.m.

A DAAS-PG representative will be at the Montclair Senior Center to provide information and assistance on programs that are available to senior citizens. Bus passes will also be available for distribution on the third Wednesday monthly. For more information, call the DAAS-PG office at (909) 948-6235.

#### **ARTS & CRAFTS**

Workshops to create a variety of arts & crafts projects are offered monthly at various times, please call the Senior Center for more information. Please RSVP to (909) 625-9483 if you plan on attending. Refreshments will be served.

#### **Arts & Crafts Club**

**FREE** - The Arts & Crafts Club meets every Friday at 9 a.m. To be added to the waitlist please call the Montclair Senior Center (909) 625-9483.

#### **Blanket Making**

Join Soroptomist International, Montclair/Inland Valley and the Montclair Senior Center on Sept 29 and Oct 27 at 1 p.m. to support over 500 children in need by assisting in Blanket Making. Blankets will be donated to the San Bernardino Assessment Center.

#### **Arts & Crafts Workshops**

Join us in making a variety of art projects. Oct. 3, Nov 7, Dec. 5. Call for time of programing and project description.



## **SENIOR TRIPS & TOURS**



Trips are presented by Travel Time Tours and depart from Montclair. Detailed trip descriptions and flyers are available at the Senior Center. For information call (909) 625-9483.

#### FROM MEMPHIS TO BRANSON

#### Wednesday, November 8 - Monday, November 13

All breakfasts, 3 dinners, 1 lunch, 4 shows. We will spend two nights in Memphis (breakfast included), with highlights to include admission and a tour of "Graceland," Elvis Presley's home, narrated City Tour, Sun Records Studio, Peabody Hotel Duck Walk, Beale Street, Lorraine Motel and admission to National Civil Rights Museum. Then, it's on to Branson, Missouri for three nights, with highlights to include 4 live shows, Veterans Day Parade plus a trip to Eureka Springs, Arkansas. Airfare and transportation to LAX included. \$2000 deposit confirms your reservation. Share pp \$2899, Sgl \$3309.

## THANKSGIVING IN LAUGHLIN, NEVADA

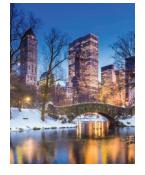
#### Wednesday, November 22 - Fri, November 24

Enjoy the Riverside Hotel & Casino, located right on the river (Thanksgiving Buffet included, plus Casino Funbook and ALL Resort Fees)! \$150 deposit required with the balance due by October 16, 2023. Depart: West Covina/Senior Center 9:00 am. Montclair/Police Departure: 9:25 am Return: 5-6:00 pm. Share pp \$339.50, Sql \$414.50

## CHRISTMAS IN NEW YORK CITY

#### Monday, December 4 - Friday, December 8

This fully escorted tour includes transportation to LAX, roundtrip airfare, 4 nights deluxe accommodation (excellent midtown Manhattan accommodations in the center of Times Square), dinner in Little Italy (included) upon our arrival in NYC, Rockefeller Center Christmas Tree and Rink, two narrated city tours over a 2-day period, evening Holiday Lights Walking Tour (featuring Times Square, Empire State Building, Macy's Christmas decorations and Bryant Park (featuring an ice skating rink, Christmas tree and



numerous Holiday Shops), a fully narrated 2.5 hr. Circle Line Cruise around Manhattan, including an excellent picture-taking view of the Statue of Liberty, a visit to Ground Zero/911 Memorial (additional fee to enter 911 Museum), an opportunity for a Broadway show or even the "Rockettes Christmas Show" at Radio City Music Hall (optional), PLUS, ample free time to shop or visit any number of additional sights. \$2000 deposit confirms your reservation. Share pp \$2589, Sgl \$3294.



## HEARST CASTLE AT CHRISTMAS

#### Sunday, December 10 - Monday, December 11

SORRY, WAIT LIST ONLY! Yikes, this Hearst Castle Getaway (our first since 2019) actually sold out in just 7 days! See below for the next available date. Once again, this year's tour will again allow us time for a stop in Solvang, all beautifully decorated for the holidays. And our oceanfront lodging at the fantastic Cavalier Oceanfront Resort in San Simeon is always "just about" the highlight of the tour! This evening we will



once again enjoy a festive "step back in time" with our very special Hearst Castle Tour (a combination of all 4 tours, with the castle beautifully decorated for the holidays including all docents in '30s period clothing). Optional IMAX showing available. \$150 is required with a balance due by November 6, 2023. Please be aware that our Hearst Castle tour includes a total of approximately 300 stairs. Departure: Montclair PD 5:40 am. Return: 6-7:00 pm. Share pp \$369.50, Sql \$459.50.

#### Sunday, Dec 17 - Monday, December 18

2ND DEPARTURE JUST ADDED! Our oceanfront lodging at the fantastic Cavalier Oceanfront Resort in San Simeon is always "just about" the highlight of the tour! This evening we will once again enjoy a festive "step back in time" with our very special Hearst Castle Tour (a combination of all 4 tours, with the castle beautifully decorated for the holidays including all docents in '30s period clothing). Optional IMAX showing available. \$150 is required with a balance due by November 13, 2023. Please be aware that our Hearst Castle tour includes a total of approximately 300 stairs. Additional date "may" also become available; inquire today! Depart: Montclair PD 5:40 am. Return: 6-7:00 pm. Share pp \$369.50, Sgl \$459.50.

**RSVP EARLY TO SAVE YOUR PLACE!** 

## JOIN US at Montclair Place

Monday, Wednesday and Friday from 10-11 AM Upper level near The Canyon

5060 E Montclair Plaza Ln Montclair, CA 91763





Montclair Walkers is a FREE exercise program open to all ages sponsored by Montclair Place and the City of Montclair-Human Services Department. It's a great way to take steps towards staying healthy and making new friends.

- Complete a program application and receive exclusive membership perks!
- Applications are available on site with the program attendant or at the Montclair Senior Center



montclair place

For more information, contact Recreation Coordinator, Deondra Gutierrez at (909) 625-9456 or via email at dgutierrez@cityofmontclair.org



**HEALTHY MONTCLAIR** is part of a countywide effort to improve the health and well-being of all county residents by creating healthy environments and promoting healthful lifestyle choices. It serves as a resource for the City to become a healthy place to live, work, learn, and play.

Learn more about the recreational, sporting and healthful city activities offered throughout this brochure. For more information, please call (909) 625-9485.



## Did you know Montclair has a community garden and a fruit park?



Montclair Community Garden 4495 Palo Verde St., Montclair, CA 91763



The Montclair Community Garden opened June 20, 2015, as part of the Healthy Montclair Initiative. The garden is organic. This means no chemical fertilizers, pesticides, weed killers, GMO seeds or plants. The Garden belongs to the community and all gardeners are responsible for helping maintain the garden grounds.

#### **Montclair Community Garden**

The Montclair Community Garden has 35 plus 3 ADA accessible raise beds plots for members of the community to rent on an annual basis. The Community Garden is currently full, if you are interested in adding your application to the waitlist to rent a plot please visit the QR code (bottom left) to apply and turn in to the Montclair Recreation Center Front Desk.

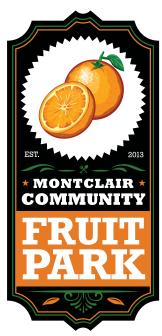
Small Plot measures (4' X 16'), Fee: \$35 Large Plot measures (4' X 25'), Fee: \$50

For more information please call (909) 625-9485.

#### **Montclair Community Fruit Park**

The Montclair Community Fruit Park was planted on October 26, 2013. The Fruit Park is home to over 20 different fruit trees, including Apple "Granny Smith," Lemon Eureka, Mexican Guava "White Pear," and many more! It is open to the community and fruit can be picked (when ripe) by the community to enjoy. For more information please call 625-9485.

(909) 625-9485 • Igavilanes@cityofmontclair.org www.healthymontclair.org



Montclair Community Fruit Park 4351 Orchard St., Montclair, CA 91763





#### Montclair

## **Medical OMM Clinic**

Medical Osteopathic Manipulative Medicine (OMM) Clinic will be held on the second Monday of the month from 6 p.m. to 8 p.m. and staffed by Western University medical student volunteers who will offer OMM, a form of treatment that physically manipulates the body's muscle tissue and bones. Patients will not be provided with prescriptions or other medical care.

Appointments are limited. Office visits are \$15 and payment is due at the time of the appointment. For more information and to schedule an appointment, please call (909) 625-9479.

5111 Benito St., Montclair, CA 91763 Second Monday of the month, 6 p.m. - 8 p.m.

Call (909) 625-9479 for an appointment

\*Excluding holidays, dates are subject to change without notice.

#### **SHARPS DISPOSAL PROGRAM**

In partnership with the Montclair Community Health Center (MCHC) Montclair residents can dispose of used sharps containers and obtain new containers Monday-Friday from 9 a.m.- 5 p.m.

The MCHC address is 5050 San Bernardino St, Montclair, CA 91763. For more information please contact, (909) 625-9485.



## **COMMUNITY PROGRAMS**





## HOURS & INFORMATION Weight Room & Racquetball Courts

The Racquetball/Weight Room Complex is located in the Recreation Center and consists of three racquetball courts, and a weight room. The Complex is open to the public, five days a week; however, it is closed on major holidays. Weight room participants ages 14-17 years old must be accompanied by a parent or guardian.

#### MONDAY-FRIDAY • 7:30 A.M. - 6:30 P.M.

For racquetball reservations, please call (909) 625-9479.

Weight Room Fee		
Weight Room Senior Fee (60+)*\$3.00/day		
Weight Room Montclair Senior Resident Fee (60+)* FREE		
Weight Room Membership Fee \$20.00/month		
Photo ID and proof of address (utility bill) required at the time of registration.		
Racquetball Court Fee** (per person per hour) \$5.00		

\*Photo identification required

\*\*Subject to court availability; can be reserved up to 24 hours in advance. Weight room participants ages 14-17 years old must be accompanied by a parent or guardian.

#### **Montclair Skate Park**



The park is open from 8 a.m. - 8 p.m. daily, but closed periodically for maintenance and inclement weather. A helmet, knee pads and elbow pads are required to enter the park. Only skateboards, skates, inline skates, and non-motorized bicycles, scooters, or wheelchairs may be used in the park. The park is unsupervised, and the City of Montclair is not liable for any injuries incurred by persons participating in such hazardous recreational activity.

Alma Hofman Park, 5201 Benito Street

#### **Food Distribution**

The Human Services Department and the Community Action Partnership of San Bernardino County coordinate to provide free food commodities to qualified residents. 18 years of age and older, on the third Thursday of each month on a first come, first served basis. Residents must provide identification. The commodities vary from month to month, but may include canned meat, canned vegetables, flour, cornmeal, peanut butter, soups and juices.

October 19, 2023 9:30 a.m. - 10:30 a.m. November 16, 2023 9:30 a.m. - 10:30 a.m. **December 14, 2023** 9:30 a.m. - 10:30 a.m.

For more information or questions, please call (909) 625-9483.

#### **Montclair Yard Sale Regulations**



Yard Sales are only allowed on the first full weekends of the months of February, May, August, and November. Yard Sales may only be conducted on Friday, Saturday, and/or Sunday. Following is a list of "Yard Sale Weekends" for Fall 2023.

#### November 3, 4, and 5, 2023

Please note that Yard Sales may not be conducted at any other time. No permit and no fee for vard sales for 2023. For more information please visit www.cityofmontclair.org/yard-sale

#### **Hazardous Waste**

Montclair residents may dispose of their household hazardous waste, including used motor oil, oil filters, antifreeze, household cleaners, paint, batteries, and many other items found in most homes and garages. The following collection centers will accept, free of charge, up to 15 gallons or 125 pounds per trip:

#### **CHINO**

5050 Schaefer Avenue Second and fourth Saturdays 8 a.m.-1 p.m.

Closed the fourth Saturday of December

#### **ONTARIO**

Public Works Service Center 1430 S. Cucamonga Avenue Every Friday and Saturday 9 a.m.-2 p.m.

#### **UPLAND**

Upland Public Works 1370 North Benson Avenue Every Saturday 7:30 a.m. - 12:30 p.m.

## **COMMUNITY PROGRAMS**

## YOUTH SPORTS





The City of Montclair does not administer the operations of the youth leagues listed here. Please see contact iinformation to the right.

#### MONTCLAIR LITTLE LEAGUE

Email: montclairlittleleague@gmail.com Leagues.bluesombrero.com/montclairll Facebook.com/montclairlittleleague

#### CHALLENGER LITTLE LEAGUE

Service Children with Special Needs Email: challengerbaseball@hotmail.com

#### AYSO SOCCER-MONTCLAIR REGION #66

Registration Information: (909) 828-9013 or AYSO66.org

#### GOLDEN GIRLS SOFTBALL LEAGUE

www.eteamz.com/goldengirls

## Montclair Library

9955 Fremont Ave. (909) 465-5220 www.sbclib.org

#### **BRANCH HOURS**

MONDAY - WEDNESDAY 11 a.m. - 7 p.m.

THURSDAY - FRIDAY 10 a.m. - 6 p.m.

SATURDAY 9 a.m. - 5 p.m.

> SUNDAY CLOSED







#### CHILDREN'S PROGRAMS

**Little Artist** (Ages 0-5) Mondays, 4 p.m.

**Totally Toddlers** (Ages 1-3) Tuesdays, 11 a.m.

**Preschool Storytime** (Ages 3-5) Thursdays, 11 a.m. AND 3:30 p.m.

**Craft Corner** (Ages 6-11) Tuesdays, 4 p.m.

#### **ADULT PROGRAMS**

#### **Computer Class**

Mondays, 4 p.m. - 5 p.m.

#### **Book Club**

The first Wednesday of each month, 2 p.m. - 3 p.m.

#### SPECIAL EVENTS

All Ages Fall Craft- Wind Chime

Wednesday, September 20, 4 p.m.

Hispanic Heritage Month Special Storytime

Wednesday, October 4, 11 a.m.-12 p.m.

American Indian/Alaskan Native
Heritage Special Storytime

Monday, November 6, 11 a.m.-12 p.m.

**Christmas Event- Storytime with Santa Claus** 

Monday, December 11, 4 p.m.-6 p.m.

#### **Family Paint Night**

Tuesday, September 26, 4 p.m. Wednesday, October 25, 4 p.m. Wednesday, December 20, 4 p.m.

#### Montclair Library and all SB County Libraries will be closed on the following dates:

September 4, 2023 – Labor Day • October 9, 2023 – County Holiday • November 10-11, 2023 – Veterans Day • November 23-24, 2023 – Thanksgiving Holiday December 24-26, 2023 – Christmas Holiday • December 31, 2023 – January 2, 2024 – New Year's Holiday

# MONTCLAIR Fire Department—



## **Are you prepared?**

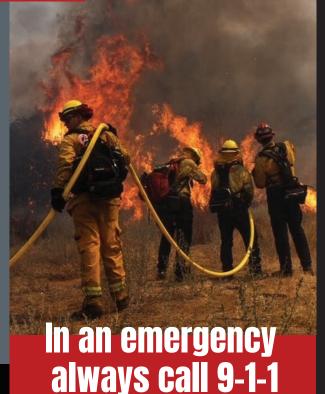
Make a plan - Your family might not be together when disaster strikes so its important to sit down together now and decide what you'll do in an emergency. For help building your plan visit ready.gov/plan.

Build a kit - After a disaster occurs you may need to be self sufficient for three days or more. To ensure you're prepared for when disaster strikes build an emergency supply kit! For more information visit ready.gov/kit

Be informed - The types of hazards Montclair might be affected by are identified in the City's Emergency Operations Plan and Hazard Mitigation Plan. To request this information please contact 909 448 3600.

## **Emergency Medical Services (EMS) Subscription Program**

Each year thousands of 9-1-1 medical calls are received from Montclair residents and businesses. Unexpected emergencies can result in costly medical bills. By participating in the EMS Subscription Program you can protect yourself, your family or employees against unexpected emergency medical service fees. For more information please contact the Fire Department at 909 447 3500.



An emergency is considered an event or occurrence demanding immediate action, or any condition endangering life or property. You should call 9-1-1 if you smell smoke; see a fire; or if there is a serious medical emergency or potentially dangerous situation.

Calling 9-1-1 is serious and calling unnecessarily may endanger someone else's life or property! When calling 9-1-1, give the dispatcher the following information: the phone number you are calling from, your name, your location, and the nature of the problem. Remain on the line until the dispatcher tells you it is okay to hang up.

# MONTCLAIR FIRE Holiday Safety Tips



The year-end holiday season - Halloween, Thanksgiving, Hanukkah, Christmas, Kwanzaa, New Year's - is a prime time for residential fires. Decorative lights, candles, and the onset of the heating season, all increase the likelihood of a fire.

Candles: Instead of using candles in jack-o-lanterns, try battery operated tea candles. Never burn candles near a Christmas tree. Keep candles away from curtains and other combustibles. Don't leave candles burning unattended or within the reach of small children.

Holiday Lights: Throw away any set of lights that has cracked or frayed cords, or loose or damaged sockets. Do not overload electrical outlets or run extension cords under carpets, across doorways, or near heaters. Never use electrical lights on a metal Christmas tree.

Fireplaces: Have chimneys inspected by a professional at least once a year and have it cleaned if necessary. Use a fire screen, and burn only materials appropriate for fireplaces - never burn trash or paper in a fireplace.



## Tips for a Safe Halloween

- Trick-or-Treat when there is still light outside.
- Cross the street at corners. Never cross in between cars or mid-block.
- Trick-or-Treat with a parent or older sibling.
- Wear a costume that makes it easy for you to walk, see, and be seen.
- Carry a flashlight with you.
- Use makeup instead of a mask.
- If you go out at night, pick welllighted streets!

## FACILITIES & REGISTRATION

#### **MONTCLAIR HUMAN SERVICES**

Recreation Center Building 5111 Benito Street, Montclair, CA 91763

#### **Hours of Business**

Monday - Friday 7:30 a.m.- 7 p.m.

#### **GENERAL INFORMATION**

- Enrollment is limited.
- All fees must be paid at the time of registration.
- Payment can be made via cash, check, Visa or MasterCard.
- Make checks payable to the "City of Montclair".
- For programs with "no fee" register at the first meeting.
- Instructors are subject to change without notice
- Recreation facilities are wheelchair accessible.
   If you need additional information, or require special attention, contact the Recreation Center at (909) 625-9479.

#### **CLASSES & WORKSHOPS**

Registration will be accepted at the Recreation Center on weekdays. Pre-registration is requested, however, registration will be accepted at the first meeting if openings exist. Certain activities could be canceled prior to the first meeting if sufficient pre-registration is not received. Payment may be made in cash, check, Visa or MasterCard. Checks are to be made payable to "City of Montclair". A parent or guardian must register participants under the age of 18. For certain activities supply fees will be charged.

#### **REFUND POLICY**

Refunds for Contract Classes will be given only if requested before the first class meeting, or if the activity is canceled by the City or as otherwise noted.

### LATE REGISTRATION PROCEDURES

If a class still has openings after the close of regular registration, sign-ups will be taken at the Recreation Center prior to or at the time of the first meeting.

#### CLASS CANCELLATION

When a class is canceled due to insufficient registration or other reasons, our office will notify you before the scheduled first meeting. If an alternate date has been set for the activity, you will have the option of transferring to that time period or receiving a refund. Refunds will be mailed in the form of a check and may take up to six weeks to be issued.

### SPORTS LEAGUES, TRIPS, & SPECIAL EVENTS

Registration procedures will vary and will be announced in all special newsletters and announcements pertinent to those activities.

### SPECIAL ACCOMMODATIONS

Persons with disabilities are included in the City's programs. If you wish to request special accommodations for any activity, please notify the Recreation Center, 625-9479, at least three business days prior to the date of the activity.

#### RENTING FACILITIES

The Montclair Human Services Department has facilities available for rent when they are not in use for City sponsored activities. Rates vary depending on the size of the facility needed and the type and duration of the activity. For more information on Facility Rentals please call (909) 625-9481 or visit the City's website at www.cityofmontclair.org.

Reminder: It is unlawful to cross the street in the City of Montclair:

- While engaged in a phone call
- While viewing a mobile electronic device
- With both ears covered or obstructed by personal audio equipment

For further information, please visit: www.cityofmontclair.org/distracted



### FREQUENTLY USED NUMBERS

Police Telephone (Business) (909) 448-3600

Police Telephone (Emergency)

Fire Telephone (Business) (909) 447-3540

Fire Telephone (Emergency)

Report a Crime or Fire in Progress

OmniAccess & ADA Services (for Disabled Curb to Curb Transportation) 800-990-2404

TDD 7-1-1

Chaffey Adult School (909) 391-5365

Chaffey Union High School District (909) 988-8511

**Chamber of Commerce** (909) 985-5104

OMSD Health and Wellness Services (909) 445-1616

OMSD Parent Education Center (909) 418-6715

**Graffiti Abatement** (909) 625-9429

Metrolink Commuter Rail 800-371-5465

**Montclair Library** (909) 465-5220

Omnitrans (Bus) 800-966-6428

Ontario-Montclair School District (909) 459-2500

Pomona Valley Humane Society (909) 623-9777

### UTILITIES/OTHER RELATED SERVICES

**Spectrum** 888-892-2253

Burrtec Waste Industries, Inc. (909) 620-1353

Monte Vista Water District (909) 624-0035

Southern California Edison 800-655-4555

Southern California Gas 800-427-2200

Phone numbers for Montclair Human Services are located on Page 3 of this guide.









## FREE

#### **Holly Jolly Holiday**

Thursday, November 30, 2023 • 6 - 8:30 p.m.

Montclair Youth Center, 5111 Benito Street

Tree Lighting Ceremony will kick off the event!

Photos! Free photos will be available with Santa.

Refreshments! Free hot cocoa and cookies will be available, while supplies last.

Letters to Santa! Children are welcome to bring a letter addressed to Santa Claus or write one at the event and drop it in the specially marked mailbox. Santa may personally reply by mail to those who have included a complete mailing address and child's name. Address and name must be legible.



Gift Lights! Residents are also invited to purchase a "gift light" for the community holiday tree in memory or in honor of a loved one. Each light costs \$10 and includes a commemorative certificate. The name of the person remembered or honored will also be placed in a permanent display at City Hall during the holiday season. Proceeds from gift light sales will benefit youth in Montclair. The application to purchase a "gift light" will be available at www.cityofmontclair.org/holly-holiday

This event is sponsored by the Community Activities Commission and the Women's Club of Montclair. For more information call (909) 625-9479.

#### **Holiday Home Decoration Contest**

Entries due: Friday, December 1, 2023 at 6 p.m.

Montclair residents are invited to submit their entries for the annual Holiday Home Decoration Contest. Work off your Thanksgiving dinner and enjoy some quality time with the family while you deck your house with decorations. Light up the night and be the envy of your neighborhood by transforming your home into the ultimate winter wonderland! All entries are due by Friday, December 1 at 6 p.m.

#### **Dashing Through Montclair**

Saturday, December 2, 2023 • 2:00 p.m. - 6:00 p.m.

Santa, Mrs. Claus and their sleigh will be dashing through the streets of Montclair, greeting residents and spreading holiday cheer. Please note that while Santa wants to visit every street, Montclair is too big so the route is changed every year to see as many streets as possible. If there is inclement weather the event will be canceled.

To follow Santa's route and to see locations for toys to be donated visit www.cityofmontclair.org/dashing-through-montclair or call (909) 625-9479 after November 28, 2023.

PRESORTED STD U.S. POSTAGE PAID CLAREMONT, CA 91711 PERMIT NO. 133

#### HALLOWEEN SPOOKTACULAR

Saturday, Oct 28, 2023 • 6-9 p.m.

Inside Montclair Place

see page 9

#### **HOLLY JOLLY HOLIDAY**

Thursday, Nov 30, 2023 • 6 p.m.

Montclair Youth Center

see inside back cover

## DASHING THROUGH MONTCLAIR

Saturday, Dec 2, 2023 • 2-6 p.m.

Throughout Montclair

see inside back cover

#### **WE ARE HIRING!**

Check out job opportunities available with the City of Montclair

see page 11

