

Montclair

Human Services Department

ACTIVITY & PROGRAM GUIDE



(909) 625-9479

JOIN US!





FREE CANDY-FILLED EASTER EGGS AND TREATS

for children ages 12 and under, while supplies last

Montclair

EASTER EGGSTRAVA

& Pancake Breakfast

MARCH 30, 2024

9:00 - 11:00 am

(Weather permitting)





PHOTOS BUNNY!

\$3 photo, \$1 using own camera (cash only)





and an opportunity drawing for a large Easter Basket for children ages 3–12

PANCAKE BREAKFAST!

\$5 BREAKFAST

2 Pancakes, 2 Sausages, and 1 Juice, while supplies last (cash only)

Alma Hofman Park

5201 Benito St., Montclair

IMPORTANT: Please bring your own bag or basket to collect eggs and treats at the event

For more information please call: (909) 625-9479









MONTCLAIR FIRE FIGHTERS ASSOCIATION

MONTCLAIR CITY COUNCIL

The Montclair City Council holds its regular meetings on the first and third Mondays of each month at 7 p.m. in the City Council Chambers.

Javier John Dutrey
Tenice Johnson
Bill Ruh
Corysa Martinez
Benjamin " Ben" Lopez
Edward C. Starr

Mayor Pro Tem
Council Member
Council Member
Council Member
City Manager

HUMAN SERVICES STAFF

Marcia Richter Assistant City Manager/
Director of Human Services
Alyssa Colunga Assistant Director of Human
Services & Grants Manager
Fernando Saltos Recreation Manager

Fernando Saltos Recreation Manager
Jordi Ubaldo Community Services Supervisor
Darrell Hickey MAP Supervisor
Emanuel Gutierrez MAP Coordinator

John Sio MAP Coordinator
Emily Gomez-Medina Recreation Coordinator
Angela Franco
Leticia Gavilanes
Adriana Sahagun
Krystal Rabino MAP Coordinator
Recreation Coordinator
Health Education Specialist
Administrative Analyst
Administrative Specialist

CITY DIRECTORY

City General Information ● (909) 626-8571 City Hall, 5111 Benito Street Montclair, CA 91763

> Hours of Business Monday - Thursday 7 a.m.-6 p.m.

HUMAN SERVICES DEPARTMENT

5111 Benito Street, Montclair, CA 91763 Located behind Montclair Library,

accessible from Fremont Avenue.

Hours of Business
Recreation Center

Monday - Friday 7:30 a.m.-7 p.m.

HUMAN SERVICES TELEPHONE NUMBERS

Classes/Front Desk/Racquetball (909)	625-9479
Facility Rentals (909)	625-9481
OMSD Health and Wellness Services (909)	418-6923
Fax(909)	399-9751
Healthy Montclair	625-9485
MAP Montclair After-school Program (909)	625-9479
Montclair Community Health Center (909)	281-5800
Montclair Medical OMM Clinic (909)	625-9479
Nutrition Site(909)	625-9488
Senior Center	625-9483
Senior Transportation (909)	625-9452
Youth & Adult Sports	625-9481
Youth Services	625-9482
Volunteer Opportunities/Information (909)	625-9482

The Montclair Human Services Guide to Activities and Programs is published three times a year by the City of Montclair, Human Services Department.



WINTER/SPRING 2024

CITY OF MONTCLAIR HUMAN SERVICES

GUIDE TO ACTIVITIES & PROGRAMS









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www.cityofmontclair.org



Persons with disabilities are included in programs offered by the Human Services Department.

If you wish to request special accommodations for any activity, please notify the Recreation
Center, (909) 625-9479, at least three business days prior to the date of the activity.

YOUTH PROGRAMS





Montclair High School

START PLANNING!

DENTS and PAR

Earn a Two-Year **Paid Scholarship**

Chaffey College



A VALUE of approximately \$4,500





A Partnership of the City of Montclair, Chaffey College and Chaffey Joint Union High School District

Deadline to Apply: MARCH 1

What is Montclair to College?

Montclair to College (MTC) is a ONE-OF-A-KIND college readiness program brought to Montclair High School students and their families by the City of Montclair, Chaffey Joint Union High School District and Chaffey College.

If completed successfully, MTC provides students with the opportunity to earn a two-year paid scholarship to Chaffey College-a value of approximately \$4,500! The MTC scholarship includes tuition, textbooks, parking permit and other fees.

Who can apply to MTC?

ANY Montclair High School student can enroll in the program. Students must complete all 4 years at MHS and graduate from MHS without significant disciplinary action with at least a 2.0 GPA. The MTC application and 20 community services hours at a nonprofit organization can be started as early as your freshman (9th grade) year but both must be completed by March 1st of your senior (12th grade) year.

More information on MTC requirements can be found at www.montclairtocollege.org.

Benefits of enrolling in MTC - FREE COLLEGE

- ➤ PAID tuition, textbooks, fees, and parking for two years
- ➤ A dedicated counselor for all MTC students at Chaffey College
- Priority registration for two years



Apply at www.MontclairtoCollege.org by March 1. Information: MTC@montclaircf.org or (909) 625-9457.

MONTCLAIR AFTER-SCHOOL PROGRAM

The City of Montclair, in partnership with the Ontario-Montclair School District provides Expanded Learning Programs at our local schools at **no cost**. The program begins at school dismissal time and ends at 6:00 p.m.

Based on their grade level, students are assigned to a class where a trained City Employee will guide TK - 8th Grade Students in the daily components of MAP, including a well-balanced supper, time for homework, physical education, and academic enrichment.

Enrichment activities complement the curriculum taught during the school day; enrichment activities may include: art, drama, music, dance, games, and sports.

Enrollment for the After-School Program is held at the school site your child attends:

Buena Vista • El Camino • Elderberry • Kingsley • Lehigh • Monte Vista • Montera Moreno • Ramona • Serrano • Vernon

2024 SUMMER SESSION INFORMATION

Visit MontclairAfterschoolProgram.org for more information.

WE'RE HIRING!

If you are interested in working with MAP as a Learning Leader or a Substitute Learning Leader, please view the application information at

www.MontclairAfterschoolProgram.org







Call (909) 625-9479 if you have questions about the Montclair After-School Program



Summer of Super Fun!

SUMMER DAY CAMP

Montclair Summer Day Camp offers supervised activities for boys and girls entering first through eighth grade (2024-25 school year) and is staffed with trained recreation personnel. Summer Day Camp fees include all arts and crafts, cooking supplies, movies, snacks, recreational swimming, special events and field trips. Each camper will receive a summer recreation T-shirt. Registration is taken on a first come, first served basis.

Dates: May 28 - August 2

City of Montclair Youth Center, 5111 Benito St., Montclair

Days: Mondays - Fridays, 7:00 a.m. - 6:00 p.m.

Pre-registration: Monday, April 15 - Friday, May 24, open Monday through Friday from 7:30 a.m. - 7:00 p.m. at the Recreation Center (5111 Benito Street, Montclair 91763).

On-site Registration: May 28 - August 2 at the Youth Center

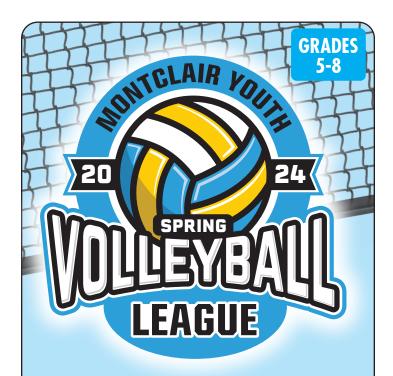
(5111 Benito Street, Montclair; camp site)

Fee: \$90 per week plan or \$60 for 3 day plan, plus an additional first time registration start up fee of \$10, \$5 off for each additional child in same family. \$20 off the week plan for May 27 and July 1 due to Memorial Day and Independence Day holidays. No refunds (\$20 processing fee, if applicable). Field trips included.

Information: (909) 625-9482



CAMP BEGINS



Coed teams will be formed for children born 2010-2013 or in fifth through eighth grade (2023-2024 school year). The league emphasizes fun, sportsmanship, and friendly competition. All players will receive a jersey and medal.

Volunteer coaches are needed for all divisions. For more information on the coaching application process please contact (909) 625-9479. All coaches will be fingerprinted by the Montclair Police Department.

REGISTRATION:

Monday, January 22 through Friday, March 1, open Monday through Friday from 7:30 a.m. - 7:00 p.m. at the Recreation Center (5111 Benito St., Montclair 91763).

FEE:

\$30 per player (includes jersey and medal)

DIVISIONS:

Division A: Division B: Girls and boys born 2010-2011 Girls and boys born 2012-2013

All players are required to attend a mandatory skills assessment in the Montclair Community Center Gymnasium on Saturday, March 9, 2024.

LEAGUE SIZE:

League is limited to 40 children per division

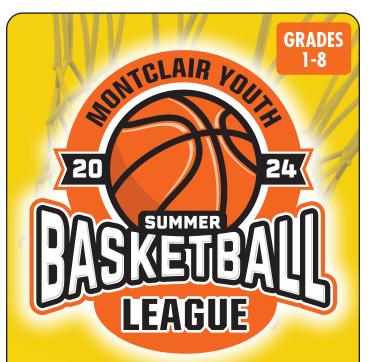
PRACTICES:

Practices will begin the week of March 25, 2024. Teams will have one to two practices per week. Practices will be held in the Montclair Community Center Gymnasium.

GAMES:

League games will be played in the Montclair Community Center Gymnasium. Games will be played on Saturdays for six weeks beginning April 13 - May 18, 2024

INFORMATION: (909) 625-9479



Coed teams will be formed for children born 2010-2017 or in first through eighth grade (2023-2024 school year). The league emphasizes fun, sportsmanship, and friendly competition. All players will receive a jersey and medal.

Volunteer coaches are needed for all divisions. For more information on the coaching application process please contact (909) 625-9479. All coaches will be fingerprinted by the Montclair Police Department.

REGISTRATION:

Pre- Registration: Saturday, March 23, 8:00 a.m. - 12:00 pm. **Registration:** Monday, March 25 through Friday, April 26, open Monday through Friday from 7:30 a.m. - 7:00 p.m. at the Recreation Center (5111 Benito St., Montclair 91763).

FEE:

\$40 per player (includes jersey and medal).

DIVISIONS:

Division A: Division B: Division C: Division D:
Boys and girls Boys and girls Boys and girls Boys and girls born 2010-2011 born 2012-2013 born 2014-2015 born 2016-2017

LEAGUE SIZE:

League is limited to 40 children per division

PRACTICES:

Practices will begin the week of May 27, 2024. Teams will have one to two practices per week. indoors at the Montclair Community Center Gymnasium and outdoors at Alma Hofman Park

GAMES

League games will be played at the Montclair Community Center Gymnasium. Games will be played on Saturdays for six weeks beginning week of June 10 through Saturday, July 20, 2024.

INFORMATION: (909) 625-9479

VOLUNTEER OPPORTUNITIES

VOLUNTEER! Montclair is THE PLACE TO BE!

THE PLACE TO BE, to volunteer, and participate in enriching activities with youth, special events, and senior programming. This is a great way to give back to your community, meet new people, or just have fun!

Kick-start your volunteering with the following City Programs:

Sports

- □ Garden Club □ Montclair Walkers **Stretch Leaders** ■ Senior Lunch
- Special Events

Youth Center

■ Food Distribution

*All of the programs and events listed above have different days and hours of operation, which provides you a variety of options.



For more information, please contact Emily Gomez-Medina, egmedina@cityofmontclair.org or (909) 625-9482.

RECRUITMENT OPPORTUNITIES



WE ARE HIRING!

SCAN THE QR CODE AND CHECK OUT ALL THE JOB OPPORTUNITIES AVAILABLE WITH THE CITY OF MONTCLAIR.

THE PLACE TO BE!



www.cityofmontclair.org/employment-opportunities

Volunteer Basketball & Volleyball

COACHES NEEDED!

Sign up today to help support our youth sports program.

Coaches will support, teach, and help players develop all around skills.

No experience is necessary.



For more information, please contact (909) 625-9482.



Plan Your Next Event with Us!







If you're looking for a place to host your next event look no further!

Our facilities have everything you need to host a birthday party, wedding reception, baby shower, small business seminars, and many more fun filled events.



For more information please visit the City of Montclair website and search Facility Rentals or contact (909) 625-9479.



MEN'S ADULT BASKETBALL

REGISTRATION DATES:

March 4 - 29, 2024

A maximum of eight teams will be allowed to register.

LEAGUE PLAY BEGINS:

April 11, 2024 (Thursday Night League)

LEAGUE FEES:

\$250 – Returning teams; \$275 – New teams \$50 OFF when you refer a new team to register

FORFEIT FEES:

\$100; must accompany league fees

OFFICIAL FEES:

\$30 per team, per game, paid at court, including playoffs



WOMEN'S ADULT VOLLEYBALL



REGISTRATION DATES:

March 4 - 29, 2024

A maximum of eight teams will be allowed to register.

LEAGUE PLAY BEGINS:

April 9, 2024 (Tuesday Night League)

LEAGUE FEES:

\$150 – Returning teams; \$175 – New teams \$50 OFF when you refer a new team to register

FORFEIT FEES:

\$48; must accompany league fees

OFFICIAL FEES:

\$17 per team, per game, paid at court, including playoffs

For more information please contact (909) 625-9479

The Youth Basketball League and Youth Volleyball League is looking for volunteers to coach players ages 6-13. Contact (909) 625-9481

SENIOR SERVICES

Do you feel lost or overwhelmed when discussing issues that pertain to senior citizens? Are you in need of a service, but you don't know where to look? Do you want to make new friends or go on an adventure? For information regarding senior services and assistance, please call the Senior Center at 625-9483.



SENIOR CENTER HOURS

5111 Benito Street, Montclair, CA 91763

Hours of Business

Monday - Thursday 8 a.m. - 6 p.m. Friday 8 a.m. - 5 p.m.

MEALS ON WHEELS

VOLUNTEER DRIVERS NEEDED

Montclair Meals on Wheels is a non-profit volunteer organization that delivers meals Monday-Friday to Montclair residents who are unable to shop and/or cook for themselves. If you need meal service or are interested in driving for Meals on Wheels, please contact Sue Yoakum at alsuey@verizon.net or (909) 986-5522.

HICAP INSURANCE COUNSELING

A state trained HICAP counselor is available free of charge to assist with problems regarding Medicare, HMO's supplemental (Medi-Gap) insurance and interpreting long-term care insurance policies. The last Friday monthly, by appointment between 9:30 a.m.-12:30 p.m. Call HICAP at (909) 256-8369 or 1-800-434-0222 for an appointment.

MONTCLAIR SENIOR CITIZEN'S CLUB

Membership is for persons over the age of 50 and the cost is \$12 per year. The membership goes through February 2025. With your membership, you will be mailed a monthly newsletter of all the upcoming programs and exclusive club perks. For more information call (909) 625-9483.

MONTCLAIR WALKING PROGRAM

The Montclair Walkers group, with the motto "Walking for Health and Fun," always welcomes new members. The group meets every Monday, Wednesday, and Friday from 10 a.m. to 11 a.m. near the Canyon at Montclair Place (5060 E. Montclair Plaza Lane). Warm-up exercises are held at 10 a.m. There is no fee to be a member of this health-conscious exercise group. The only requirements are completion of a membership



form and waiver. The group receives a monthly newsletter, and a group meeting is held the last Monday of each month. There are incentive programs for completing 100 miles of walking. To join our walking family, please join us at the Montclair Place. For further information, call the Senior Center at (909) 625-9483.

TRASH SERVICE DISCOUNT

Senior Citizens, 65 years of age and older who pay their own trash service, are eligible to receive a 10 percent discount on their bills. Applications may be obtained from the Senior Center or at the City Hall reception area.

FILE OF LIFE

The "File of Life" is a magnetic pocket holder that contains an information sheet with all your recent medical history. It attaches to the outside of your refrigerator and assists emergency medical personnel who may come to your home during an emergency. "File of Life" is free at the Montclair Senior Center.

LEGAL ASSISTANCE

Inland Counties Legal Services provides assistance with legal matters for seniors, age 60 and over, who are residents of San Bernardino County. Appointments are available at the Montclair Senior Center on the second Thursday monthly. Call Inland Counties Legal Services to schedule an appointment at (888) 245-4257.

VOLUNTEERS NEEDED FOR SENIOR PROGRAMS

Are you interested in helping others in your community? Do you want to make a difference in the life of someone else? Volunteer with the City of Montclair! The Montclair Senior Center is in need of volunteers to assist with the Senior Nutrition Program and Special Events. We are looking for passionate and dedicated volunteers who are committed to building a stronger Montclair and improving the quality of life for our residents. Volunteer applications are available at the Senior Center. For more information, please call 625-9483. (Fingerprinting required for certain placements)



SENIOR TRANSPORTATION

This transportation program provides free curb-to-curb service for senior citizens ages 60 and older who are Montclair residents and do not drive. The service includes transportation to the Senior Center and general errands within Montclair city limits. Service outside Montclair is limited to medical appointments only. This program is made available through funding from the City of Montclair, San Bernardino County Department of Aging and Adult Services - Public Guardian, and the San Bernardino County Economic Development Department. Hours of operation: 9 a.m.-3 p.m. Monday-Friday. For information call (909) 625-9452.

COUNSELING AND CASE MANAGEMENT

West End Family Counseling Service's Older Adult Community Services Program provides free counseling and case management services to adults 60 years and older who meet the requirements for Early Intervention and Prevention Services. If you would like to schedule an appointment, please contact Alma Valdez-Carreon, LCSW, at (909) 983-2020 ext. 2236 for more information. These services are funded through the Mental Health Services Act.

CARD GAMES

BINGO \$5 for the first pack, \$2 each additional. Mondays 1 p.m.-4 p.m.

LOTERIA .25 cents, Wednesdays 1 p.m.-3 p.m.

CANASTA Free, Wednesdays 12:45 p.m. - 4:30 p.m.

BUNCO \$3.50, Thursdays 1 p.m.-4 p.m.

LINE DANCE

FREE - Learn to dance if you are single or have a partner every Thursday, 1-2 p.m. in the Senior Center. Instructor George Messina will be teaching a variety of dances, but will focus on Line Dancing. All levels welcomed! If you have any questions please call (909) 625-9483.

SENIOR EXERCISE CLASS

Tuesdays & Thursdays 10-11 AM

Space is limited and registration is required. Please contact the Senior Center to sign-up. Sponsored by West End Family Counseling.



SENIOR NUTRITION PROGRAM

Montclair Senior Center

Monday-Friday, 11:30 a.m.-12:30 p.m.

Suggested contribution for seniors 60+ is \$3.00.

To view the lunch menu, please visit the Senior Center or visit: www.cityofmontclair.org/senior-center



WINTER/SPRING 2024 BIRTHDAY CELEBRATIONS

Feb. 28 Mar. 27 Apr. 24 May 29

For more information call the Senior Center at (909) 625-9483.

Funding for the nutrition program is provided by the City of Montclair and the San Bernardino County Department of Aging and Adult Services - Public Guardian through a grant award from the California Department of Aging.

AFTERNOON AT THE MOVIES

Third Friday Monthly at 1 p.m.

Feb. 16 Mar. 15 Apr. 19 May 17

FREE movies will be shown in the Senior Center. Refreshments will be provided.

SENIOR INFORMATION WORKSHOPS & EVENTS

FREE - The City of Montclair Human Services Department is hosting various seminars and events. We invite you to attend. These programs will be held in the Senior Center. Please RSVP to (909) 625-9483 if you plan on attending. An updated calendar of events can be found at the Senior Center or on the City of Montclair Website.

West End Family Counseling

West End Family Counseling will present a topic:

Benefits of Adult Coloring Presentation February 5

Fall Prevention March 4

Senior Safety April 1

Depression and Anxiety Prevention May 6

West End Family Counseling will lead an activity on the third Monday monthly:

Winter Wreath Crafts - Tuesday, February 20 Sunflower Mason Jar - Monday, March 18 Succulent Shadow Box - Monday, April 15 Britto Art Recreation - Monday, May 20

Valentine's Day Dance

February 14 from 2:30 p.m. - 4:30 p.m. - Please join us to celebrate love and friendship at the Valentine's Dance! RSVP is required by February 1 at the Senior Center. Walk-in guests are not guaranteed admission.

St. Patrick's Day Dance

March 13 from 2:00 PM to 5:00 PM- Please join us for an afternoon of fun and dancing. Cost: Senior Citizen's Club Members are FREE, Non-club members \$5. RSVP by March 6. Payment is required at the time of RSVP, sign-up in person at the Senior Center

Senior Prom

May 15 - more details to be announced RSVP is required by May 1 at the Senior Center. Walk-in guests are not guaranteed admission.

City of Hope Cancer Presentations

Presentations are held at 12:45 p.m. in the Senior Center:

Cervical Cancer - Tuesday, January 23 Colon Cancer - Tuesday, March 26 Cancer 101 - Tuesday, May 21

REGIONAL COUNCIL ON AGING

First Tuesday of the month • 9:30 a.m. - 11:30 a.m.

Come and learn about programs and services available to you. The Council also wants to hear about your needs and concerns. All Seniors are welcome.

REGIONAL COUNCIL ON AGING SPEAKERS BUREAU

Second Tuesday of the month • 1 p.m.

Join the Regional Council on Aging for the Speakers Bureau, experts will present on topics important to Seniors.

Department of Aging and Adult Services **PUBLIC GUARDIAN (DAAS-PG)**

Third Wednesday of the month • 10 a.m.- 12 p.m.

A DAAS-PG representative will be at the Montclair Senior Center to provide information and assistance on programs that are available to senior citizens. Bus passes may also be available for distribution on the third Wednesday monthly; however, bus pass distribution is not guaranteed and is dependent on supply. For more information, call the DAAS-PG office at (909) 948-6235.

FREE INCOME TAX ASSISTANCE



The City of Montclair is partnering with the San Bernardino County Transitional Assistance Department (TAD) for tax preparation. Tax preparation services will be available by APPOINTMENT ONLY at the Montclair Senior Center from 8:30 to 11:30 a.m. on February 14, March 20, March 29 and April 4. To schedule an appointment, please call (909) 421-4091 (909) 421-4093, or (877) 410-8829.

AARP TAXES

Volunteers from AARP will be assisting with filing income taxes at the Montclair Senior Center every Tuesday from February 6 through April 9 from 1 - 4 PM. Assistance will be provided on a first come, first served basis, space is limited. A sign-up sheet will be available as soon as the Senior Center opens on the day of each session. Sign-up must be taken in person and you must be present at the time you are called. No advanced registration will be taken.

ARTS & CRAFTS

Workshops to create a variety of arts & crafts projects are offered monthly at various times, please call the Senior Center to RSVP or for more information at (909) 625-9483.

Blanket Making

Join Soroptomist International, Montclair/Inland Valley and the Montclair Senior Center on the fourth Friday monthly at 1 p.m. to support over 500 children in need by assisting in Blanket Making. Blankets will be donated to the San Bernardino Assessment Center.

Arts & Crafts Workshops

Join us in making a variety of art projects in guided classes. Call for time of programming and project descriptions.



SENIOR TRIPS & TOURS



Trips are presented by Travel Time Tours and depart from Montclair. Detailed trip descriptions and flyers are available at the Senior Center. For information call (909) 599-9325 or visit www.traveltimetours.com.

LAUGHLIN, NEVADA

Wednesday, May 1 - Friday, May 3

Located in Southern Nevada, on the banks of the Colorado River, Laughlin is quickly becoming a more and more popular gambling and vacation resort (all upgraded rooms now include a refrigerator, coffee maker, free Wi-Fi, in-room safes and access to adult-only pool). Traveling by deluxe air-conditioned motor coach, we will arrive by early afternoon at one of Laughlin's most popular hotels & casinos, the Riverside Resort. The Riverside Resort Hotel & Casino features 660 rooms, full casino (1500 slot & poker machines), 4 restaurants, 2 swimming pools, 6 movie theaters and top name entertainment (currently subject to current COVID conditions). Each traveler will receive buffet of choice coupon, and an all taxes, hotel fun strip and casino fun book. \$150.00 deposit confirms your reservation with balance due March 15. 2024. Share pp \$344.50, Single \$419.50.

A GRAND TOUR OF NEW ORLEANS

Tuesday, April 2 - Saturday, April 6

This spring we again return to this "still" beautiful city of New Orleans, Louisiana. Come discover the rich history of the south, enjoy a delicious a get-acquainted dinner on Bourbon Street, narrated City/Cemetery/Garden District highlights tour, Dixieland Jazz Luncheon Cruise on the Mississippi, Alligator Swamp Boat Tour, Delicious brunch at the Court of Two Sisters (Jazz music and all!), Plantation Tour including delicious buffet, visit the National World War II Museum (Tom Hanks-narrated Victory Theatre "Beyond All Boundaries" film included) PLUS lodging INSIDE the French Quarter. Explore Bourbon Street, perhaps a visit to Preservation Hall. Roundtrip airport transportation and airfare included with our fully escorted tour. \$1200.00 deposit confirms your reservation with balance due February 13, 2024. Share pp \$2499.00, Single \$2899.00.





YOSEMITE NATIONAL PARK

Friday, April 19 - Sunday, April 21

Located in central California on the Western slope of the Sierra Nevada range, this mountainous region offers unusual beauty, breathtaking scenery, and numerous waterfalls. The waterfalls are never more spectacular than in the spring. Accommodations will once again be just outside the park in Oakhurst at the Yosemite Southgate Hotel & Suites. Highlights include: Wawona Hotel, Bridalveil Fall, Yosemite Falls, El Capitan, Half Dome, Yosemite Village, the historic Ahwahnee Hotel and even a visit to picturesque Bass Lake. Price includes ranger narrated Yosemite Valley Floor Tour. Includes breakfast daily! \$250.00 confirms your reservation with balance due by March 15, 2024. Share pp \$589.50, Single \$769.50



ZION NATIONAL PARK

Monday, May 13 - Wednesday, May 15

Now, here's one we haven't offered since 2019! Please join us as we repeat our visit to beautiful, picturesque ZION NATIONAL PARK, which will again include two nights lodging in Mesquite, Nevada (located just 70 miles north of Las Vegas) at the Casa Blanca Resort Hotel & Casino, \$12.00 per person daily breakfast voucher, a full day of extensive sightseeing in majestic Zion National Park, and even a stop in Las Vegas! \$200.00 deposit confirms your reservation with balance due by April 9, 2024. Share pp \$509.50, Single \$609.50

JOIN US at Montclair Place

Monday, Wednesday and Friday from 10-11 AM
Upper level near The Canyon

5060 E Montclair Plaza Ln Montclair, CA 91763





Montclair Walkers is a FREE exercise program open to all ages sponsored by Montclair Place and the City of Montclair-Human Services Department. It's a great way to take steps towards staying healthy and making new friends.

- Complete a program application and receive exclusive memberships perks!
- Applications are available on site with the program attendant or at the Montclair Senior Center.

For more information, contact (909) 625- 9483.







HEALTHY MONTCLAIR is part of a countywide effort to improve the health and well-being of all county residents by creating healthy environments and promoting healthful lifestyle choices. It serves as a resource for the City to become a healthy place to live, work, learn, and play.

Learn more about the recreational, sporting and healthful city activities offered throughout this brochure. For more information, please call (909) 625-9485.



Did you know Montclair has a community garden and a fruit park?



Montclair Community Garden 4495 Palo Verde St., Montclair, CA 91763



The Montclair Community Garden opened June 20, 2015, as part of the Healthy Montclair Initiative. The garden is organic. This means no chemical fertilizers, pesticides, weed killers, GMO seeds or plants. The Garden belongs to the community and all gardeners are responsible for helping maintain the garden grounds.

Montclair Community Garden

The Montclair Community Garden has 35 plus 3 ADA accessible raise beds plots for members of the community to rent on an annual basis. The Community Garden is currently full, if you are interested in adding your application to the waitlist to rent a plot please visit the QR code (bottom left) to apply and turn in to the Montclair Recreation Center Front Desk.

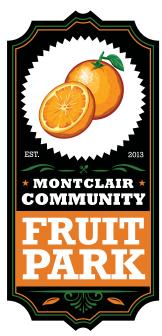
Small Plot measures (4' X 16'), Fee: \$35 Large Plot measures (4' X 25'), Fee: \$50

For more information please call (909) 625-9485.

Montclair Community Fruit Park

The Montclair Community Fruit Park was planted on October 26, 2013. The Fruit Park is home to over 20 different fruit trees, including Apple "Granny Smith," Lemon Eureka, Mexican Guava "White Pear," and many more! It is open to the community and fruit can be picked (when ripe) by the community to enjoy.

(909) 625-9485 • Igavilanes@cityofmontclair.org www.healthymontclair.org



Montclair Community Fruit Park 4351 Orchard St., Montclair, CA 91763





Montclair

Medical OMM Clinic

Medical Osteopathic Manipulative Medicine (OMM) Clinic will be held on the second Monday of the month from 6 p.m. to 8 p.m. and staffed by Western University medical student volunteers who will offer OMM, a form of treatment that physically manipulates the body's muscle tissue and bones. Patients will not be provided with prescriptions or other medical care.

Appointments are limited. Office visits are \$15 and payment is due at the time of the appointment. For more information and to schedule an appointment, please call (909) 625-9479.

5111 Benito St., Montclair, CA 91763 Second Monday of the month, 6 p.m. - 8 p.m.

Call (909) 625-9479 for an appointment

*Excluding holidays, dates are subject to change without notice.

SHARPS DISPOSAL PROGRAM

In partnership with the Montclair Community Health Center (MCHC) Montclair residents can dispose of used sharps containers and obtain new containers Monday-Friday from 9 a.m.- 5 p.m.

The MCHC address is 5050 San Bernardino St, Montclair, CA 91763. For more information please contact, (909) 281-5800.



COMMUNITY PROGRAMS





HOURS & INFORMATION Weight Room & Racquetball Courts

The Racquetball/Weight Room Complex is located in the Recreation Center and consists of three racquetball courts, and a weight room. The Complex is open to the public, five days a week; however, it is closed on major holidays. Weight room and Racquetball participants ages 14-17 years old must be accompanied by a parent or quardian.

MONDAY-FRIDAY • 7:30 A.M. - 6:30 P.M.

For racquetball reservations, please call (909) 625-9479.

Weight Room Fee	\$5.00/day	
Weight Room Senior Fee (60+)*	\$3.00/day	
Weight Room Montclair Senior Resident Fee (60+)* FREE		
Photo ID and proof of address (utility bill) required at the time of registration.		
Weight Room Membership Fee	\$20.00/month	

Racquetball Court Fee** (per person per hour) \$5.00

*Photo identification required

**Subject to court availability; can be reserved up to 24 hours in advance. Weight room and Racquetball participants ages 14-17 years old must be accompanied by a parent or guardian.

Food Commodities

The Human Services Department and Feeding America are coordinating to provide free food commodities to qualified San Bernardino and Riverside County residents. We would like to ask that all participants bring a grocery push cart for quick loading. Proof of income is NOT required. You will be asked to self-declare income.

Food kits vary and may provide a selection of fruit, juice, vegetables, milk, cheese, grains, protein. All dates/times are subject to change. Montclair Recreation Center, 5111 Benito St, Montclair, CA 91763.

Wednesday, February 28, 2024 9:00 a.m. - 11:00 a.m. Wednesday, March 27, 2024 9:00 a.m. - 11:00 a.m.

For more information, call (951) 359-4757 or visit FeedinglE.org/SeniorMobile

Food Distribution

The Human Services Department and the Community Action Partnership of San Bernardino County coordinate to provide free food commodities to qualified residents. 18 years of age and older, on the third Thursday of each month on a first come, first served basis. Residents must provide identification. The commodities vary from month to month, but may include canned meat, canned vegetables, flour, cornmeal, peanut butter, soups and juices.

Thursday, February 15, 2024 9:30 a.m. - 10:30 a.m. Thursday, March 21, 2024 9:30 a.m. - 10:30 a.m. Thursday, April 18, 2024 9:30 a.m. - 10:30 a.m. 9:30 a.m. - 10:30 a.m. Thursday, May 16, 2024

For more information or questions, please call (909) 625-9483.

Montclair Yard Sale Regulations



Yard Sales are only allowed on the first full weekends of the months of February, May, August, and November. Yard Sales may only be conducted on Friday, Saturday, and/or Sunday. Following is a list of "Yard Sale Weekends" for Winter/Spring 2024.

> February 2, 3, and 4, 2024 May 3, 4, and 5, 2024

Please note that Yard Sales may not be conducted at any other time. No permit and no fee for yard sales for 2024. For more information please visit www.citvofmontclair.org/vard-sale

Hazardous Waste

Montclair residents may dispose of their household hazardous waste, including used motor oil, oil filters, antifreeze, household cleaners, paint, batteries, and many other items found in most homes and garages. The following collection centers will accept, free of charge, up to 15 gallons or 125 pounds per trip:

CHINO

5050 Schaefer Avenue Second and fourth Saturdays 8 a.m.-1 p.m.

Closed the fourth Saturday of December

ONTARIO

Public Works Service Center 1430 S. Cucamonga Avenue Every Friday and Saturday 9 a.m.-2 p.m.

UPLAND

Upland Public Works 1370 North Benson Avenue Every Saturday 7:30 a.m. - 12:30 p.m.

COMMUNITY PROGRAMS

YOUTH SPORTS





The City of Montclair does not administer the operations of the youth leagues listed here. Please see contact iinformation to the right.

MONTCLAIR LITTLE LEAGUE

Email: Montclairlittleleague91763@gmail.com Website: Leagues.bluesombrero.com/montclairll Facebook.com/montclairlittleleague

CHALLENGER LITTLE LEAGUE

Service Children with Special Needs Email: challengerbaseball@hotmail.com

AYSO SOCCER-MONTCLAIR REGION #66

Registration Information: (909) 828-9013 or AYSO66.org

GOLDEN GIRLS SOFTBALL LEAGUE

Website: Montclairggteampages.com Email: Montclairgoldengirls@gmail.com



Montclair **Skate Park**

The park is open from 8 a.m. - 8 p.m. daily, but closed periodically for maintenance and inclement weather. A helmet, knee pads and elbow pads are required to enter the park.

Only skateboards, skates, inline skates, and non-motorized bicycles, scooters, or wheelchairs may be used in the park.

The park is unsupervised, and the City of Montclair is not liable for any injuries incurred by persons participating in such hazardous recreational activity.

Alma Hofman Park, 5201 Benito Street

Montclair Library

9955 Fremont Ave. (909) 465-5220 • www.sbclib.org MONDAY - WEDNESDAY 11 a.m. - 7 p.m.

THURSDAY - FRIDAY 10 a.m. - 6 p.m. SATURDAY

9 a.m. - 5 p.m. SUNDAY CLOSED

Closed: February 19, May 27

CHILDREN'S PROGRAMS

Little Artist (Ages 0-5) Mondays, 4:00 pm-5:00 pm Jan 1-Feb 10, Feb 25-Apr 6, Apr 21-June 1

Toddler Bootcamp (Ages 1-3) Mondays, 11:00 am-12:00 pm January 1-Feb 10, Apr 21-June1

Tiny Hoppers (Ages 1-3) Tuesday, 11:00 am-12:00 pm Jan 1-Feb 10

Movers and Shakers (Ages 3-5) Mondays, 11:00 am-12:00 pm

Feb 25-Apr 6, April 21-Jun 1

Kids on the Move (Ages 0-5) Tuesdays, 11:00 am-12:00 pm Feb 25-Apr 6

Storytime (Family) Wed, 4:00 pm-5:00 pm Jan 1-Feb 10, Feb 25-Apr 6, Apr 21-Jun 1

Craft Corner (Ages 6-11) Tuesdays, 4:00 pm-5:00 pm Jan 1-Feb 10, Feb 25-Apr 6, Apr 21-Jun 1

SPECIAL EVENTS

Black History Storytime

Thursday, Feb 15 3:00-4:00 pm

Family Paint Night

Wednesday, Feb 21 4:00 pm-5:30 pm

Classic Characters

Wednesday, Feb 28 4:00-5:00 pm

Women's History Storytime

Thursday, March 7 3:00-4:00 pm

Vita Tax Services

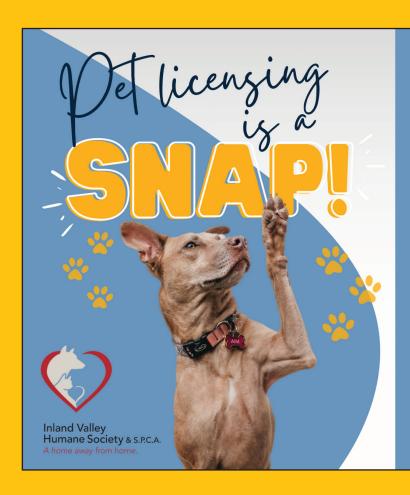
Monday, March 4 11:30 am-6:00 pm

Asian Pacific Storytime

Thursday, May 9 3:00-4:00 pm

Medieval Event

Thursday, May 23 3:00-4:00 pm



The Inland Valley Humane Society (IVHS) & SPCA monitors the licensing/rabies control program for residents living in the City of Montclair. Less than 1% of the animals that are rescued from the streets & temporarily placed into IVHS & SPCA's animal shelter have some form of I.D. on them.

Licensing your pet is mandatory by law for all dogs over 4 months in the state of California. Not only does a license number help find your dog, it also proves that your pet has been vaccinated for rabies.

License your dog today!

MONTCLAIR DOG LICENSE FEES

Unaltered Dog\$	100
Altered Dog	
Late Fee	

Licensing your pet is mandatory by law for all dogs over 4 months in the state of California. Failure to have a licensed dog on your property over the age of 4 months will result in additional fees.



For more information, contact the Licensing Department at (909) 623-9777 or license your pet online! Visit ivhsspca.org or scan the QR-code to be taken directly to the licensing page







Honoring Those Who Served

City of Montclair

VETERAN'S MEMORIAL WALL

APPLICATION AND PAYMENT IS DUE

FEBRUARY 23, 2024

To honor Montclair veterans the Community Activities Commission will be accepting new submissions for plaques on its Veteran's Memorial Wall. The new plaques will be dedicated on Memorial Day, May 27, 2024.

The wall, located in the Memorial Garden adjacent to City Hall, pays tribute to individual Montclair veterans from all branches of services who are deceased and remains as an ongoing dedication to those who served our country during any war or peacetime. Cost is \$425 per bronze plaque.

Once your application is received we will contact you to verify your plaque's information. For more information call (909) 625-9489.



VETERAN'S NAME	
YOUR NAME	
YOUR ADDRESS	
CITY	ZIP CODE
YOUR EMAIL ADDRESS	
YOUR PHONE	

Cost is \$425 per veterans' bronze plaque. Make checks made payable to City of Montclair.



Please mail or deliver complete applications and payment to the City of Montclair, Attn: Jordi Ubaldo, 5111 Benito St., Montclair, CA 91763 or fax to (909) 399-9751

NONTCLAIRFire Department—



Are you prepared?

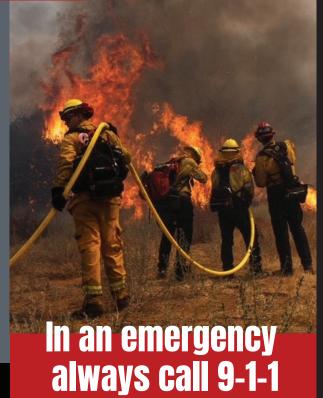
Make a plan - Your family might not be together when disaster strikes so its important to sit down together now and decide what you'll do in an emergency. For help building your plan visit ready.gov/plan.

Build a kit - After a disaster occurs you may need to be self sufficient for three days or more. To ensure you're prepared for when disaster strikes build an emergency supply kit! For more information visit ready.gov/kit

Be informed - The types of hazards Montclair might be affected by are identified in the City's Emergency Operations Plan and Hazard Mitigation Plan. To request this information please contact 909 448 3600.

Emergency Medical Services (EMS) Subscription Program

Each year thousands of 9-1-1 medical calls are received from Montclair residents and businesses. Unexpected emergencies can result in costly medical bills. By participating in the EMS Subscription Program you can protect yourself, your family or employees against unexpected emergency medical service fees. For more information please contact the Fire Department at (909) 447-3500.



An emergency is considered an event or occurrence demanding immediate action, or any condition endangering life or property. You should call 9-1-1 if you smell smoke; see a fire; or if there is a serious medical emergency or potentially dangerous situation.

Calling 9-1-1 is serious and calling unnecessarily may endanger someone else's life or property! When calling 9-1-1, give the dispatcher the following information: the phone number you are calling from, your name, your location, and the nature of the problem. Remain on the line until the dispatcher tells you it is okay to hang up.

A message from the

MONTCLAIR



POLICE

roperty crime, theft particularly, is an ever-present reality and there is no shortage of methods criminals can invent to separate you from your hard earned money and property. While some crime continues to be basic, such as theft from vehicles and home window-smash burglaries, technology has enabled a whole new way to take your money, often times with the victim willingly giving it away without knowing they are being victimized.

Thieves are now leveraging technology and knowledge of human behavior to trick victims into giving away their property. Fraudulent emails (phishing), malware (like a virus, but designed to steal your data), card skimming devices, and phone call/text scams, make the thieves anonymous and more difficult to track. The positive side to these scams is they are completely preventable, if you know what to look out for.

The two most common scams are phishing emails that look to be from a business or person you know, a financial institution, or a scam phone call or text, which appears to be from a government entity like the IRS or Immigration and Customs Enforcement, or your local police department. As with all of these scams, they all have one thing in common: There is an URGENT problem needing your IMMEDIATE attention. It could be suspected fraudulent activity on your bank card which you have to verify, or there are unpaid taxes which will result in your arrest. Often, the only way to correct the problem is with an immediate payment, often in a gift card or bank transfer. These are ALL scams designed to separate you from your money. Government agencies will never contact you by phone for collection purposes, and if ever in doubt, you can call the agency directly to verify. We will never ask for payment over the phone or email.

No business or government agency should be contacting you and ask for you to provide them with any information without your knowledge. Legitimate calls and emails will ask you to contact them, and you should always do so through the business or agencies own website/number, not any links or numbers provided to you. Never click on any links in suspicious emails, and never provide any personal information over the phone to someone who called you. Links in emails can be spoofed, or tricked into looking legitimate, but if you hover your mouse over the link, it will reveal the true destination. Remember, some apps will make a text message appear it is in fact coming from your bank or financial institution.

Technology is not all bad news though, as it can be used to help protect yourself as well. Home surveillance, once expensive and technologically inconvenient for most residents, is now easy and affordable. Products like Ring, Nest, and Blink make it easy to use and set up cameras that can be placed anywhere, and some even have the ability for two-way communication and video sharing with neighbors and police. Most cell-phone carriers have scam call filtering or number blocking, most email has phishing filters which can reduce the number of these attempts, and most computers have built in malware detection and elimination. As the technology is always evolving, it is important to keep all of your electronic devices and software up to date for maximum protection from these scams and to keep your information safe. If you are ever in doubt about a suspicious call, email, or other potential scam, you can always call the police department to speak to an officer to discuss your concern and receive additional guidance or information.



Join the Montclair Police Department as a police officer and earn a hiring bonus up to \$30,000 for experienced police officers and up to \$10,000 for entry-level officers. In addition, military veterans and college graduates may be entitled up to an additional hiring incentive of \$8,500.



FACILITIES & REGISTRATION

MONTCLAIR HUMAN SERVICES

Recreation Center Building 5111 Benito Street, Montclair, CA 91763

Hours of Business

Monday - Friday 7:30 a.m.- 7 p.m.

GENERAL INFORMATION

- Enrollment is limited.
- All fees must be paid at the time of registration.
- Payment can be made via cash, check, Visa or MasterCard.
- Make checks payable to the "City of Montclair".
- For programs with "no fee" register at the first meeting.
- Instructors are subject to change without notice
- Recreation facilities are wheelchair accessible.
 If you need additional information, or require special attention, contact the Recreation Center at (909) 625-9479.

CLASSES & WORKSHOPS

Registration will be accepted at the Recreation Center on weekdays. Pre-registration is requested, however, registration will be accepted at the first meeting if openings exist. Certain activities could be canceled prior to the first meeting if sufficient pre-registration is not received. Payment may be made in cash, check, Visa or MasterCard. Checks are to be made payable to "City of Montclair". A parent or guardian must register participants under the age of 18. For certain activities supply fees will be charged.

REFUND POLICY

Refunds for Contract Classes will be given only if requested before the first class meeting, or if the activity is canceled by the City or as otherwise noted.

LATE REGISTRATION PROCEDURES

If a class still has openings after the close of regular registration, sign-ups will be taken at the Recreation Center prior to or at the time of the first meeting.

CLASS CANCELLATION

When a class is canceled due to insufficient registration or other reasons, our office will notify you before the scheduled first meeting. If an alternate date has been set for the activity, you will have the option of transferring to that time period or receiving a refund. Refunds will be mailed in the form of a check and may take up to six weeks to be issued.

SPORTS LEAGUES, TRIPS, & SPECIAL EVENTS

Registration procedures will vary and will be announced in all special newsletters and announcements pertinent to those activities.

SPECIAL ACCOMMODATIONS

Persons with disabilities are included in the City's programs. If you wish to request special accommodations for any activity, please notify the Recreation Center, 625-9479, at least three business days prior to the date of the activity.

RENTING FACILITIES

The Montclair Human Services Department has facilities available for rent when they are not in use for City sponsored activities. Rates vary depending on the size of the facility needed and the type and duration of the activity. For more information on Facility Rentals please call (909) 625-9479 or visit the City's website at www.cityofmontclair.org.

Reminder: It is unlawful to cross the street in the City of Montclair:

- While engaged in a phone call
- While viewing a mobile electronic device
- With both ears covered or obstructed by personal audio equipment

Pursuant City of Montclair Municipal Code 8.28,020, it is unlawful to cross a street while distracted by a mobile electronic device.

FREQUENTLY USED NUMBERS

Police Telephone (Business) (909) 448-3600

Police Telephone (Emergency)

Fire Telephone (Business) (909) 447-3540

Fire Telephone (Emergency)

Report a Crime or Fire in Progress

OmniAccess & ADA Services (for Disabled Curb to Curb Transportation) 800-990-2404

300-990-2404 TDD 7-1-1

Chaffey Adult School (909) 391-5365

Chaffey Union High School District (909) 988-8511

Chamber of Commerce (909) 985-5104

OMSD Health and Wellness Services (909) 445-1616

OMSD Parent Education Center (909) 418-6715

Graffiti Abatement (909) 625-9429

Metrolink Commuter Rail 800-371-5465

Montclair Library (909) 465-5220

Omnitrans (Bus) 800-966-6428

Ontario-Montclair School District (909) 459-2500

Pomona Valley Humane Society (909) 623-9777

UTILITIES/OTHER RELATED SERVICES

Spectrum 888-892-2253

Burrtec Waste Industries, Inc. (909) 620-1353

Monte Vista Water District (909) 624-0035

Southern California Edison 800-655-4555

Southern California Gas 800-427-2200

Phone numbers for Montclair Human Services are located on Page 3 of this guide.



RESIDENTIAL CUSTOMER Dated Material - Please Rush

PRESORTED STD **U.S. POSTAGE PAID CLAREMONT, CA 91711 PERMIT NO. 133**



Friday, February 23 **Recreation Center** see page 23

MONTCLAIR TO COLLEGE

Deadline to Apply: March 1

see page 5

SUMMER DAY CAMP PRE-REGISTRATION

April 15 - May 24 Monday-Friday from 7:30 a.m. to 7:00 p.m. at the Recreation Center

ON-SITE REGISTRATION

May 28 - August 2 at the Youth Center see page 7



